

June 2025

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June is PTSD Awareness Month, Alzheimer's and Brain Awareness Month, National Great Outdoors Month, Pride Month, Cancer Survivors Month. Often dubbed the month of weddings, June is also the month of love and marriage, and it is the National Month of Roses, symbolizing joyfulness and peace.

The full moon is June 11th. It 's known as the Strawberry Moon, the Honey Moon, and the Rose Moon. Summer Solstice is June 21st.

THE SENIOR SCOOP



*Be connected.
Be supported.
Be home.*

Blueberry Dash 5K!

Join us Saturday, August 2nd for the 2025 Blueberry Dash 5K! (Formerly the Benzie Senior Resources Walk-A-Thon). This is our **major fundraiser** for the year! All proceeds from this event support our programs and our services.

The race route begins at the South Shore Drive crosswalk in front of Bellows Park (intersection of Bellows Avenue and Thomas Road, Frankfort), and follows the picturesque Crystal Lake shoreline to the marked 1.55 mile turnaround point (and then doubling back).

The race has its own Facebook page (Blueberry Dash 5K) where updates will be available, as well as our thanks to our sponsors. Registration can be done before the race at this link: <https://runsignup.com/Race/MI/Frankfort/BlueberryDash5K> Registration may also be completed on Race Day beginning at 7:00 a.m. Children ages 17 and under are welcome to run or walk with parents or other adult supervisors, at no cost. For more information, please contact Kelly Ottinger, ottingerk@benzieseniorresources.org

Participants may elect to run the timed race (shotgun start at 8:15 a.m.), or walk the course on their own time and pace. Family groups welcome!

All registered adult participants receive a tee shirt, and all participants receive a participation ribbon. As people finish the race, they may enjoy a time of fellowship in the Bellows Park pavilion, where there will be fresh fruit (including fresh blueberries, of course) granola bars, water and coffee.

Also, join us for the Blueberry Dash 5K after party the night of the race, at the Cabbage Shed in Elberta. Arrive early and enjoy a delicious dinner and or beverage. Entertainment will be provided on the back patio by The Benzie Playboys, our local grammy-nominated Zydeco band, from 7:00 p.m. until 9:00 p.m. No Cover Charge!





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Seniors for 49 years

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Email: info@BenzieSeniorResources.org
Website: www.BenzieSeniorResources.org
Facebook: [@benzieseniorresources.org](https://www.facebook.com/benzieseniorresources.org)

Benzie Senior Resources Office Hours
Monday – Friday: 9:00 a.m. – 3:00 p.m.

The Gathering Place Senior Center Hours:
Monday — Friday,
8:00 a.m.— 4:00 p.m. with exception
for special events and inclement weather.

BENZIE SENIOR RESOURCES BOARD OF DIRECTORS

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Benzie Senior Resources is a 503 (c) 3 organization funded by Benzie County residents through a property tax millage, federal and state funds through the Aging & Adult Services Agency, Area Agency on Aging of Northwest Michigan, and grants from: Allen Foundation, Art & Mary Schmuckal Foundation, Benzie County Community Chest, Benzie County Sunrise Rotary Foundation, Cherryland Cares Electric Co-op, Father Lovett Foundation, Grand Traverse Band of Ottawa and Chippewa Indians, Grand Traverse Regional Community Foundation, Herbert H. and Barbara C. Dow Foundation, John L. Mulvaney Foundation, Seabury Foundation, Wayne and Joan Webber Foundation, and Willoughby Rotary Foundation. In addition, we are supported by generous donations from individuals, community businesses, churches and service clubs. We are grateful for each and every gift!

THE SENIOR SCOOP IS A MONTHLY PUBLICATION BROUGHT TO YOU BY:

Brigit Hassig, Executive Director
Angela Haase, Issue Editor
Benzie Senior Resources
10542 Main Street
Honor, MI 49640

NEWSLETTER SUBSCRIPTION FORM

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If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00. There is no charge for emailing. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at benzieseniorresources.org under the NEWS tab, at our Benzie Senior Resources office and at The Gathering Place.

From Our Director

Benzie Senior Resources recently made some changes to staff roles and positions. We made these changes now so we can keep supporting older adults in the best way possible—without cutting programs. These changes were not made lightly. State and federal funding, which helps pay for many of our programs, is now uncertain; this funding is 16% of our total budget. Thanks for supporting staff as they lead us into the future to best help our community.

David Main, Executive Chef & Nutrition Director

David brings leadership and creativity to the meals we serve. He will continue to create healthy, delicious menus and expand food programs at The Gathering Place. Home-delivered meals will now be part of our larger mission to support food security for all older adults.

Stacey Moseler-Sweeney, Director of Home Health Services

Stacey brings a tireless, steadfast capacity to our home health services, reaching over 75 clients. Her experience in compassionate, straight forward assessments and skills with those with declining capacities brings dignity to our clients and their families.

Michelle Francis, Program Director

Michelle will help us grow by creating new partnerships and bringing more activities to The Gathering Place and into the community. She is also focused on reaching those who are homebound, helping everyone feel included, connected, and able to be active.

Rebecca Webb, Senior Center Coordinator

Rebecca's creativity and energy will help make The Gathering Place a warm and welcoming place to be. She'll help bring to life the new programs that she and Michelle are building, ensuring they are fun, meaningful, and well-run.

Angela Martin, Assistant Chef

Angela will manage the daily work in the kitchen and help deliver some of the best meals served at any senior center in Michigan. Her experience supports the 250+ meals we serve every day.

Ray Stark, Production and Kitchen Assistant

Ray's strength in organization helps keep the kitchen running smoothly. He also prepares our frozen meals and is helping us improve with better labeling for easier use at home.

Angie Haase, Program Coordinator

Angie knows Benzie County well and has worked deeply with many of our programs. Her experience will help us continue to deliver the right programs for a wide range of needs—and bring new ideas into our community. You'll be seeing more of her at The Gathering Place, too!

Juli Love, Records and Data Coordinator

Juli is focused on accuracy and efficiency, helping us stay on track with reports and funding requirements. Also, Juli can guide us to consider more efficient ways to record our activity. She also supports important behind-the-scenes work like human resources.



June Menu

Our meals meet 1/3 of the recommended daily allowance nutrition requirements (RDA)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Homemade Sloppy Joes, Oven Baked Tater Tots, Capri Vegetable Blend, Fresh Strawberries</p>	<p>3</p> <p>Homestyle Salisbury Steak, Herbed Mashed Potatoes, Key West Vegetable Blend, Stoneground Wheat Bread, Fresh Blueberries</p>	<p>4</p> <p>Smokehouse BBQ Chili, Steamed Sweet Corn, Steamed Spinach, Oyster Crackers, Fresh Banana</p>	<p>5</p> <p>Housemade Egg Salad on Croissant, Pea & Peanut Salad, Tropical Fruit Blend</p>	<p>6</p> <p>Shrimp Scampi over Pasta, Oven Roasted Squash & Zucchini, Pesto Infused Cauliflower, Soft Baked Breadsticks, Fresh Nectarine</p>
<p>9</p> <p>Freshly Made Submarine Sandwich Bar, Raspberry Carrot Salad, Crispy Potato Chips, Cranberry Applesauce</p>	<p>10</p> <p>Loaded Mac'n Cheese, Venetian vegetable Blend, Steamed Sweet Peas, Stoneground Wheat Bread, Fresh Cut Oranges</p>	<p>11</p> <p>Seasoned Beef Taco Bar, Latin Style Rice, Tortilla Chips w/ Fire Roasted Salsa, Oven Baked Peaches</p>	<p>12</p> <p>Shredded BBQ Chicken Sandwich, Baked Beans w/ Bacon, Caribbean Vegetable Blend, Classic Fruit Cocktail</p>	<p>13</p> <p>Southern Style Pork Fritters & Gravy, Herbed Mashed Potatoes, Italian Style Green Beans, Stoneground Wheat Bread, Fresh Plums</p>
<p>16</p> <p>Special Father's Day Lunch BBQ Glazed Chicken Cheddar Bacon Mashed Potatoes, Steamed Broccoli Florets, Stoneground Wheat Bread, Pineapple Tidbits</p>	<p>17</p> <p>Belgian Waffle w/ Berries 'N Cream, Freshly Scrambled Eggs, Savory Sausage Links, Oven Baked Spiced Apples</p>	<p>18</p> <p>Cornmeal Dusted Catfish, Herb Buttered Potatoes, Italian Vegetable Blend, Stoneground Wheat Bread, Fresh Cut Cantaloupe</p>	<p>19</p> <p>Freshly Chopped Chef's Salad, Soft Baked Breadsticks, Fresh Cherries</p>	<p>20</p> <p>Slow Roasted Beef, Herbed Mashed Potatoes, Malibu Vegetable Blend, Stoneground Wheat Bread, Fresh Cut Honeydew</p>
<p>23</p> <p>Five Cheese Stuffed Manicotti, Sicilian Vegetable Blend, Italian Style Green Beans, Soft Baked Breadsticks, Fresh Peach</p>	<p>24</p> <p>Chicken Tenders w/ House Dip Sauce, Oven Roasted Potatoes, Steamed Parisian Carrots, Stoneground Wheat Bread, Fresh Cut Oranges</p>	<p>25</p> <p>Beef Pepperoni Stuffed Calzone, California Vegetable Blend, Green Bean Blend, Soft Baked Breadsticks, Fresh Grapes</p>	<p>26</p> <p>Zesty Chicken Fajitas, Fires Roasted Corn & Black Beans, Tortilla Chips w/ Fire Roasted Salsa, Oven Baked Pears</p>	<p>27</p> <p>Chicken Pesto Linguine, Malibu Vegetable Blend, Steamed Spinach, Whole Wheat Garlic Toast, Cranberry Applesauce</p>
<p>30</p> <p>Crispy Crab Cakes, Malibu Vegetable Blend, Steamed Sweet Peas, Stoneground Wheat Bread, Fresh Cut Oranges</p>		<p>We accept cash, Visa, Mastercard, and Discover. Personal Checks also accepted — made out to BSR Lunch is served 11:30am to 1:30pm</p>		<p>\$4.00 suggested donation for age 60 and older.</p> <p>Under 60 is <u>\$8.00</u> Caregivers under 60 are \$4.00</p>

Nutrition Notes & Produce Bingo

Practice Mindful Eating

Mindful eating means paying attention to how you feel when you eat. Studies show that people who practice mindful eating are more likely to order healthy foods and feel more satisfied with their meals. Here are three steps to starting a mindful eating journey:

- 1) Use all five senses to enjoy your food.
- 2) Eat slowly.
- 3) Stop eating when you are full.

Also, keep in mind that being flexible and enjoying the occasional meal out is okay. Focus on how the meal fits with your overall diet. If you are making healthy choices most of the time, a splurge once in a while can be good for the body and soul.—The StayWell Company, LLC

This is Just to Say

I have eaten
the plums
that were in
the icebox
and which
you were probably
saving
for breakfast
Forgive me
they were delicious
so sweet
and so cold

—William Carlos Williams



Strawberries!

In Michigan, strawberry production is a significant agricultural industry, with growers harvesting over 10,000 acres annually and generating substantial revenue.

While the state-wide average yield is around 3,000 to 4,000 pounds per acre, many growers achieve significantly higher yields, reaching 6,000 -7,000 pounds or even more in some plantings.

Produce Bingo

Produce Bingo is June 12th.
We want to thank our supporters
of PINGO. We really appreciate your help!

We'll be having: Chicken Chimichangas
and a Veggie Tray before the games.

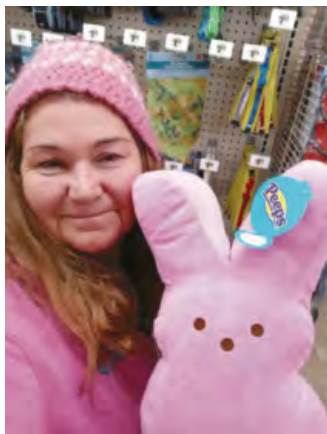
Please sign up in advance at TGP!



Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>9:30 Stretch and Balance 11:30-1:30 Lunch 1:30-3:30 Tai Chi</p> <p>5:30 Zumba</p>	<p>3</p> <p>9-2 Farm Market 10:30 The Melody Makers 11:30-1:30 Lunch</p> <p>2:15 Walk Fit 3:30 Chair Yoga</p>	<p>4</p> <p>8:30 Zumba 9-2 Farm Market 11:30-1:30 Lunch</p> <p>12:30 Bingo 2:00 Mexican Train Dominoes</p>	<p>5</p> <p>10:00 Dance Connection w/ Jed 11:30-1:30 Lunch</p> <p>1:30 BUNCO 1:30 Functional Movement w/ Pursuit Physical Therapy</p>	<p>6</p> <p>9:00 leave for Pit Spitters game \$20/person 9:30 BUNCO 11:30-1:30 Lunch 1:00 Wii Bowling 1:30 Crochet, Knit & Sew Circle</p>
<p>9</p> <p>9:30 Stretch and Balance 11:30-1:30 Lunch 1:30 Dip & Design-Painting w/ Sheila \$15</p> <p>5:30 Zumba</p>	<p>10</p> <p>10:30 The Melody Makers 11:30-1:30 Lunch</p> <p>2:15 Walk Fit 3:30 Chair Yoga</p>	<p>11</p> <p>8:30 Zumba 9-2 Farm Market 10:00 Benzie Bus Talk w/ Rob*</p> <p>11:30-1:30 Lunch 12:30 Bingo 2:00-4:00 Mexican Train Dominoes</p>	<p>12</p> <p>10:00 Altered Books w/ Pam 11:30-1:30 Lunch</p> <p>1:30 BUNCO 5:00 PINGO meal 6:00 PINGO game!</p>	<p>13</p> <p>9:30 BUNCO 11:30-1:30 Lunch</p> <p>1:00 Wii Bowling 1:30 Crochet, Knit, & Sew Circle</p>
<p>16</p> <p>9:30 Stretch and Balance 11:30-1:30 Lunch</p> <p>1:30 Button Shadowbox w/ Rebecca 5:30 Zumba</p>	<p>17</p> <p>9-2 Farm Market 10:30 The Melody Makers 11:30-1:30 Lunch</p> <p>2:15 Walk Fit 3:30 Chair Yoga</p>	<p>18</p> <p>8:00 leave for Little River Casino! 8:30 Zumba 11:30-1:30 Lunch 12:30 Bingo 2:00-4:00 Mexican Train Dominoes 4:30 Board of Director's Meeting</p>	<p>19</p> <p>10:00 Coffee w/ Vets with Karen 10:00 Daily Life w/ Technology with Nevin</p> <p>11:30-1:30 Lunch 1:30 BUNCO</p>	<p>20</p> <p>9:30 BUNCO 10:30 Walk Fit w/ Rebecca</p> <p>11:30-1:30 Lunch 1:00 Wii Bowling 1:30 MITTEN KITTENS Workshop</p>
<p>23</p> <p>9:30 Stretch and Balance 11:30-1:30 Lunch</p> <p>1:30 Button Craft Rooster w/ Cindy 5:30 Zumba</p>	<p>24</p> <p>9-2 Farm Market 10:30 The Melody Makers 11:30-1:30 Lunch</p> <p>2:15 Walk Fit 3:30 Chair Yoga</p>	<p>25</p> <p>8:30 Zumba 11:30-1:30 Lunch</p> <p>12:30 Bingo 2:00 Mexican Train Dominoes</p>	<p>26</p> <p>10:00 TGP Book Group 11:30-1:30 Lunch</p> <p>1:30 BUNCO</p>	<p>27</p> <p>9:30 BUNCO 10:30 Walk Fit w/ Rebecca 11:30-1:30 Lunch 1:00 Wii Bowling 1:30 Crochet, Knit & Sew Circle</p>
<p>30</p> <p>9:30 Stretch and Balance 11:30-1:30 Lunch</p> <p>5:30 Zumba</p>			<p>Come see us at the Honor Artist & Makers Market Tuesdays June 3rd thru August 26th 9am –2pm.</p> <p>We have great items to share. Mittens, notecards, & more! Come see us!</p>	<p>*Benzie Bus Talk w/ Rob on June 11th— To share survey results & plans on how we want to grow, and improve service to support your health & well-being. Come see us at 10:00 am June 11th</p>

Staff Milestones and More



Happy birthday Tammy on 6/2! We are so fortunate to have Tammy as part of our Home Health Care team! She loves spending time at the beach with her dad and step-mom. She's also a big fan of all things pink, ladybugs, and really good tacos. And when she gets to get down to Texas to see her and Mike's grandbabies, it's so very wonderful. Happy Birthday Tammy!



Kelly is celebrating anniversary #2 with us on 6/19! She will continue fundraising and marketing, and in May also stepped into the new role of Deputy Director. She piles miles onto her car during weekend trips to Indiana, visiting two grandkids and her 92 year old mother. Thanks Kelly!



Davina celebrates her birthday 6/26! We hope it will be a beautiful day and that it will find her out adventuring with husband James as they enjoy hiking, and all sorts of fun outdoors! We are so happy Davina is part of our TGP Kitchen Team and we send her our very best birthday wishes! Happy Birthday Davina!



Who We Are: Our Core Values



Relationships/Teamwork

We communicate effectively and achieve shared goals.



Trustworthiness/Integrity

We demonstrate honesty, reliability, transparency and consistency.



Respect/Dignity

We treat people politely, appreciatively and with acceptance.



Innovation

We improve lives by trying new ideas and better ways to serve.



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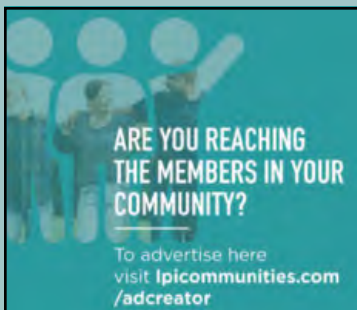


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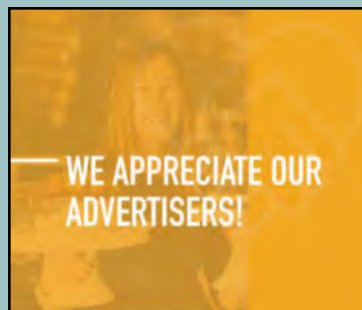
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Bulletin Board

Are you a Veteran? Need benefit help?



Call Karen Korolenko,
Director at Benzie County
Department of Veterans
Affairs. 231.882.0034 or

Email kkorolenko@benzieco.net.

FOOT CARE CLINIC

BY APPOINTMENT

Wednesdays at Benzie Senior Resources
Office with our RN Stacey
for Age 60 and over for Benzie only residents.

Call 231-525-0600 to set yours up.

There is a service fee for each client session —
\$20.00/client.

**Frankfort Area Vet to Vet Group
is held the 1st Monday every month
6:30pm at Trinity Lutheran Church
in Frankfort at 955 James Street.**

Come join us! Welcome home...



Free Computer Help

The Darcy Library in Beulah

Thursdays 10 a.m. to 12 Noon

Use your computer or one at the library.

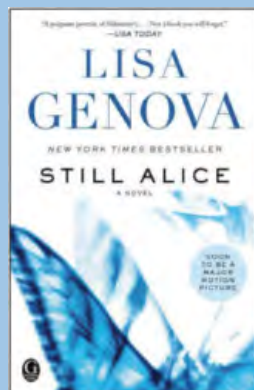
Questions? Call Carol at 231.882.4037

**The Gathering Place
Book Club Book Group
meets**

10:00 a.m. June 26th

Our book is

***Still Alice* by Lisa Genova**



Essential Estate Planning

Benzie Senior Resources offers Essential Estate Planning by appointment only. Meet with an estate planning attorney for free to review, update and/or create an estate plan.

Call 231-525-0600

to schedule your appointment.

Have you considered where your volunteer hours might have the most local impact? We'd love to chat with compassionate people who could help us deliver daily meals to Benzie County home-bound seniors. Our Home Delivered Meals program helps ensure seniors are food secure, and also provides a caring check-in on delivery days-- peace of mind for out of town family members. We have the delivery vehicles, and purchase the gas. **Learn more by calling Michelle at 231-525-0601, ext. 202.** She may be out delivering meals, so please leave a message!



**Benzie Bus
celebrates**

“Try Transit Week”

June 2nd thru 7th

June 4th is Senior

Appreciation Day—

Free fare to all Seniors 60+ that day!



Bring us wool sweaters and cool buttons...

**See what we do with them! Mittens for sale at
TGP \$20.00**

Please bring clean, gently used
or new Flannel fabric, Fleece
fabric for projects! Thanks!!!
We appreciate your help!



Community Partner Support



This is Pothole Pete out front at the Benzie County Road Commission. Under his right arm facing us is one of our home delivered meals vehicles. Without the BCRC crews out on the roads, and their vehicle maintenance crew, we would not be able to get around for our seniors-- for meals, for home care, not for anything. We are interdependent, and our end of it is to share how important their needs are with our community.

There will be a millage in August, or possibly November that will determine if new headquarters for the road commission at the site of the former Platte River Elementary School will be possible. The plans include truck barns, maintenance shops, offices and utilities designed to accommodate newer vehicles with larger bays and multiple entrances for improved traffic flow.

The original building went up in 1934. Since then additions have been made, time has passed, equipment has been evolving. There are structural issues due to time and material erosion, corrosion. The current facility lacks a fire suppression system. A new building would be around \$18 million which likely gave sticker shock to voters last fall. If approved, a millage wouldn't be levied until 2026 or 2027, and that total amount shall be for a period not to exceed 20 years.

The Benzie County Road Commission is near and dear to me because my dad was a heavy equipment operator for BCRC from some time in the early 1960's until he had to retire due to health issues in 1985. I learned how to tell time so I would know when he would be home. His coveralls hanging in the hallway held the scent of heat and work and road dust. His plow route was M22. One time he slid sideways down Stratton Hill. It was the only time mother had to take him a change of clothes. Some of the guys still call finding a treasure alongside the road finding a "Joe" --he had a hawk's eye and could spot a lost wrench or whatever a quarter mile up the road.

Please consider how important it is to keep each other safe on these roads, especially during the winter months. Support for our community partner, the Benzie County Road Commission is crucial.

If you would like a tour of the current BCRC facility, please give Troy a call at (231) 325-3051 ext. 207. You can see for yourself what challenges are currently faced, and talk about what can make things better and easier for the future. At the very least check out their website as there are pictures that clearly show the current conditions. <https://www.benziecr.org/millage-requests>

— Angela Knauer Haase

Word Search

Drums

H	T	T	S	S	M	A	A	D	E	D	I	R	L
G	O	S	T	T	N	G	O	N	G	G	L	O	S
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L	S	S	K	T	H	O	C	T	N	A	S	E	H
L	H	A	G	I	H	K	S	E	M	S	T	S	S
E	R	A	N	S	S	C	Y	M	B	A	L	G	A
A	B	A	S	S	D	R	U	M	M	A	D	A	R
T	H	R	O	N	E	H	A	L	C	L	D	D	C
T	L	E	R	A	W	D	R	A	H	N	A	E	S

COWBELL
CHINA
SNARE
GONG
BRUSHES
THRONE
MALLET
PEDAL
BEAT
BASSDRUM
CYMBAL
STICKS
SKINS
SPLASH
HARDWARE
TOM
TUNE
STAND
RIDE
CRASH

Play this puzzle online at : <https://thewordsearch.com/puzzle/2684/>



It's another **FUN**
Dip and Design
Painting Class in
scheduled for
Monday June 9 at
1:30PM. Mark your
calendar for this
favorite class. \$15.



BENZIE
SENIOR RESOURCES



June Birthdays

Joan Giddis	1	Harold Case	8	Leonard Corey	19
Deb Lindgren	1	Paul Kline	8	Susie Harold	19
Dan Ostrowski	1	Trilby Novak	8	Betty Kalis	19
Mark Stoltz	1	Orlin Reed	8	Sandra Schlueter	19
Bobby Erickson	2	Debra Reed	9	Pat Vertucci	19
Sheree Frost	2	Ed Wrona	9	Guy Fast	20
Dan Giddis	2	Blanche Blacklock	10	Bess Butler	21
Ellen Heit	2	Pat Dluzin	10	Mabel Foust	21
Jean Revnell	2	Susan Heacock	10	Jack Swander	21
Karen Yager	2	Jim Morse Jr.	10	Gloria McPherson	22
Jan Yost	2	Sharon Zak	10	Penny Parkin	22
Conrad Caris	3	Robbie Leffring	11	Robert Glass	24
Denny Cheylava	3	Tammy McKaskle	11	Fran Johnson	24
Jeanne Joslyn	3	Patricia Campbell	12	Wanda Smigiel	24
Bob Kage	3	Lois Johnson	12	Russell Bonney	25
Walter Stevens	3	Jonathon Putney	12	Jeri Bushong	26
Rita Drake	4	Sheila Smith	12	Randall Buckner	27
Kristi Gray	4	Patty Braem	13	Tess Keillor	27
Barbara Rennie	4	Chris Sheaks	13	Gloria Troutman	27
Joy Brozofsky	5	Sherry Edinger-		Carlos Velasquez	27
Mary Ferens	5	Goethe	14	Wanda Cudney	28
Paul Kerridge	5	Ken Keillor	14	Jim Kilgus	28
Ray Wittig	5	Greg Wilkins	14	Mark Majszak	28
Charlene Burgess	6	Jane Buth	15	Fred McConnel	28
Sandy Keeler	6	Ginny Istnick	15	Elsa Miller	28
James Marsden	6	Carole Anne Huft	16	Phyllis Mowen	28
Sue McGregor	6	William Gray	17	Lucy Swanson	28
Pauline Barnes	7	Fern Plant	17	Cheryl Hettinger	29
Janice Cooney	7	Sue Freshour	18	Robin Peer	29
Bruce Doyon	7	Dan Kelsey	18	June Armstrong	30
Patricia Baase	8	Joanne Peterson	18	Mary Elen Brown	30
				Jeff Lepke	30



Our friend and probably yours, Nancy Kage will be turning 104 years old on July 11th. We ask that you please send us a card for her!

You can send it to us with her name on the envelope. Nancy Kage c/o Benzie Senior Resources 10542 Main St., Honor, MI 49640

Nancy and her son Bob live in Beulah and truly enjoy the summer months when family comes to visit and there's more sunlight each day. We are so glad to know Nancy. It is a privilege and an honor to be her friend.
Please send a card!



Here We Are



Benzie Senior Resources 231.525.0600

Donation Information

Giving is not just about making a donation. It's about making a difference.
We Need Your Support!

Benzie Senior Resources is an independent 501 c3 nonprofit organization. We depend on donations to sustain our programs and we need **your** support to continue providing reliable and professional services to the seniors of Benzie County. Traditional funding sources are failing to keep up with the growing needs of the rapidly increasing population of people over age 60. Your donation will help us continue our important work!

We are dedicated to supporting older adults and the friends, family, and community who surround them. No matter the age or situation, we have professional, reliable services to help keep Benzie seniors living independently—with dignity—in their own homes. You can be assured we are good stewards of all tax-deductible gifts. If you would like to designate your gift as a Legacy or Memorial Gift, please call or email us with your wishes. If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102, or email at info@BenzieSeniorResources.org.

DONOR INFORMATION:

Legacy Giving: Planned gifts are a thoughtful way to remember Benzie seniors. Please consider us in your estate planning or have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

Memorial Gifts: Tribute gifts can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ Amount Enclosed: _____

Type of Donation (please circle): Legacy Tribute Other

Make Checks Payable To: **Benzie Senior Resources**

Mail to: 10542 Main Street, Honor, MI 49640

☐ Check here if you wish to remain ANONYMOUS _____

Benzie Senior Resources is an independent 501 (c) 3 not-for-profit organization. Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S. regulations. Consult your tax or legal advisor for details.

Privacy Policy—Benzie Senior Resources (BSR) does not sell or distribute donor information. Be assured your information is secured and protected, and used only by BSR when processing your donation and supplying you with BSR information.

SCAN ME





BENZIE

SENIOR RESOURCES

10542 Main Street, Honor, MI 49640

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Honor, MI
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Address Service Requested



Bill Dowd was a key part of our home delivered meals program as one of our volunteers. He started in August of 2013 and just recently retired. While with us Bill gave us 4708.75 hours of service, was on 1202 routes, and delivered at least 30,050 meals into the homes and hands of our clients. Thank you Bill! We appreciate all your help over these past years! It was a matter of choosing to be closer to family... he and his wife Christine have chosen to move from Frankfort to be nearer to their dear ones. We wish Bill and his family all the best!