



# BENZIE

## SENIOR RESOURCES

April 2025

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April is: National Volunteer Appreciation Month, National Poetry Month, Keep America Beautiful Month, National Humor Month, Oral Cancer Awareness Month, Parkinson's Awareness Month, Jazz Appreciation Month, and it is the National Month of Hope.

April 13th is the full moon known as the Pink Moon or Sprouting Grass Moon, Sometimes the Egg Moon or Fish Moon. The Lyrid Meteor Shower will peak on the 21st.

# THE SENIOR SCOOP



Our agency can function because we have the grace of at least 172 volunteers who help with so much—helping at the front desk at The Gathering Place, delivering home delivered meals, putting together our holiday bags for seniors, leading a parade entry for us, helping to care for flowers out front at TGP, leading activities and workshops, playing music on Tuesdays, and so much more. Our volunteers gave us over 12,000 hours of their time and their personal commitment this past year to our seniors. Our every day is possible every day because of our volunteers. *Thank you so very much!*





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Website: [www.BenzieSeniorResources.org](http://www.BenzieSeniorResources.org)  
Facebook: [@benzieseniorresources.org](https://www.facebook.com/benzieseniorresources.org)

Benzie Senior Resources Office Hours  
Monday – Friday: 9:00 a.m. – 3:00 p.m.

The Gathering Place Senior Center Hours:  
Monday — Friday,  
8:00 a.m.— 4:00 p.m. with exception  
for special events and inclement weather.

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Benzie Senior Resources is a 503 (c) 3 organization funded by Benzie County residents through a property tax millage, federal and state funds through the Aging & Adult Services Agency, Area Agency on Aging of Northwest Michigan, and grants from: Allen Foundation, Art & Mary Schmuckal Foundation, Benzie County Community Chest, Benzie County Sunrise Rotary Foundation, Cherryland Cares Electric Co-op, Father Lovett Foundation, Grand Traverse Band of Ottawa and Chippewa Indians, Grand Traverse Regional Community Foundation, Herbert H. and Barbara C. Dow Foundation, John L. Mulvaney Foundation, Seabury Foundation, Wayne and Joan Webber Foundation, and Willoughby Rotary Foundation. In addition, we are supported by generous donations from individuals, community businesses, churches and service clubs. We are grateful for each and every gift!

## THE SENIOR SCOOP IS A MONTHLY PUBLICATION BROUGHT TO YOU BY:

Brigit Hassig, Executive Director  
Angela Haase, Issue Editor  
Benzie Senior Resources  
10542 Main Street  
Honor, MI 49640

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If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00. There is no charge for emailing. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at [benzieseniorresources.org](http://benzieseniorresources.org) under the NEWS tab, at our Benzie Senior Resources office and at The Gathering Place.

# From Our Director

## A Fresh Start with Spring!

It's so uplifting to see spring peeking out this month, bringing fresh energy and new life to all we do at Benzie Senior Resources! Since joining this wonderful organization, I've been amazed by the pace at which we move forward—always striving to serve and support the older adults in our community.

As we step into the new season, we're wrapping up tax assistance, winding down (hopefully!) our snow voucher program, introducing exciting new offerings at our center, serving Lenten meals, and planning investments in our physical spaces. There's never a dull moment!

Thanks to the generosity of the Grand Traverse Band of Ottawa and Chippewa Indians, Benzie Community, Cherryland Electric, and a private donor, we've added a new vehicle to our home-delivered meals fleet. This will make service delivery even more efficient for our incredible volunteers!

We're also thrilled to receive a grant from the Groundworks Building Resilient Communities Fund. These funds will allow us to purchase a label-making machine that will streamline our kitchen operations, ensuring accurate labeling of frozen meals while saving hours of manual work.

On the advocacy front, we're joining forces with organizations across Michigan to push for the adoption of a **Silver Alert system**. While 38 states already use Silver Alerts to help locate missing and vulnerable older adults, Michigan has yet to implement this crucial program. We are committed to advocating for this important cause.

With spring in the air, we're looking forward to all the opportunities ahead to serve, support, and engage with Benzie County's older adults. We hope to see you soon at The Gathering Place or at our Human Services office across the street!



## State of Michigan FAQ on Silver Alerts

### Why Silver Alerts Matter:



**Time-Sensitive Response:** The first six hours are critical in locating missing seniors, especially those with dementia or cognitive impairments.

**Public Involvement:** Silver Alerts notify the public through highway signs, news outlets, and social media to increase awareness and facilitate recoveries.

**Saving Lives:** When seniors go missing, they face immediate danger from accidents, harsh weather, or becoming disoriented. A Silver Alert can mean the difference between life and death.

### Michigan's Current System Falls Short

Michigan's Mozelle Senior or Vulnerable Adult Medical Alert Act (Act 176 of 2012) allows law enforcement to share information through the Law Enforcement Information Network (LEIN) and media sources. However, it does not provide an emergency public notification system that enables Michigan residents to assist in searches, drastically reducing the chances of rapid recovery.

### Proven Success in Other States

In North Carolina, 128 Silver Alerts were issued in 2008, resulting in 118 successful recoveries. Data consistently shows that states with Silver Alert programs see faster recovery times and more lives saved. Michigan must follow their lead!

### We Need Your Help NOW!

We are at a pivotal moment! With a quarter of Michigan residents now age 60 or older, it's crucial to implement a comprehensive and effective Silver Alert system. Lawmakers are listening—but they need to hear from YOU.

☒ Sign the petition now! ☒ Share with your friends, family, and community! ☒ Call on Michigan legislators to act TODAY!  
Here is a link to the petition for your ease of use: <https://chnq.it/jXkdk9Hbs>



# April Menu

Our meals meet 1/3 of the recommended daily allowance nutrition requirements (RDA)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>We accept cash, Visa, Mastercard, and Discover. Personal Checks also accepted — made out to BSR Lunch is served 11:30am to 1:30pm</b>	<p>1</p> <p>Homestyle Franks and Baked Beans, Steamed Broccoli Florets, Steamed Cauliflower Florets, Fresh Cut Watermelon</p>	<p>2</p> <p>Grand Rapids Style Wet Burrito, Authentic Refried Beans, Tortilla Chips with Fire Roasted Salsa, Oven Baked Spiced Apples</p>	<p>3</p> <p>Build Your Own Cheeseburger Bar, Baked Beans with Bacon, Malibu Vegetable Blend, Fresh Banana</p>	<p>4</p> <p>Shrimp Scampi over Pasta, Steamed Parisian Carrots, Whole Wheat Garlic Toast, Diced Pears</p>
	<p>7</p> <p>Chicken Lo Mein with Asian Vegetables, Thai Style Spring Roll, Steamed Broccoli Florets, Lucky Fortune Cookie, Mandarin Oranges</p>	<p>8</p> <p>Whole Wheat Cinnamon French Toast, Savory Sausage Links, Freshly Scrambled Eggs, Oven Baked Spiced Apples</p>	<p>9</p> <p>Boneless Pork Chops with Herbed Stuffing, Oven Baked Potato, Steamed Spinach, Stoneground Wheat Bread, Diced Peaches</p>	<p>10</p> <p>Deluxe Pizza, Italian Vegetable Blend, Steamed Sweet Corn, Soft Baked Breadsticks, Diced Pears</p>
	<p>11</p> <p>Creamy Chicken Primavera, <b><u>Lenten offering is Fish</u></b> <b><u>Filet upon request,</u></b> Venetian Vegetable Blend, Steamed Sweet Peas, Whole Wheat Garlic Toast, Tropical Fruit Blend</p>	<p>14</p> <p>Country Style Beef Fritters and Gravy, Herb Buttered Potatoes, Malibu Vegetable Blend, Stoneground Wheat Bread, Apricot Halves</p>	<p>15</p> <p>Spaghetti and Italian Meatballs, Sicilian Vegetable Blend, Pesto Infused Cauliflower, Whole Wheat Garlic Toast, Fresh Plums</p>	<p>16</p> <p>Zesty Steak Fajitas, Fire Roasted Corn and Black Beans, Tortilla Chips with Fire Roasted Salsa, Oven Baked Pears</p>
	<p>17</p> <p>Grilled Chicken Caesar Salad, Soft Baked Breadsticks, Fresh Banana</p>	<p>18</p> <p>Crispy Crab Cakes, Crispy Smashed Potatoes, Caribbean Vegetable Blend, Stoneground Wheat Bread, Fresh Grapes</p>	<p>21</p> <p><b><u>Easter Dinner!</u></b> Pineapple Dijon Baked Ham, Whipped Sweet Potatoes, Malibu Vegetable Blend, Sweet Hawaiian Rolls, Pineapple Tidbits</p>	<p>22</p> <p>Stuffed Cabbage Rolls, Steamed Cauliflower Florets, Oven Roasted Asparagus, Stoneground Wheat Bread, Fresh Plums</p>
	<p>23</p> <p>Shredded Chicken Taco Bar, Latin Style Rice, Tortilla Chips with Fire Roasted Salsa, Oven Baked Peaches</p>	<p>24</p> <p>Greek Style Pita Sandwich, Oven Baked Tater Tots, Capri Vegetable Blend, Classic Fruit Cocktail</p>	<p>25</p> <p>Slow Roasted Beef, Herbed Mashed Potatoes, Italian Style Green Beans, Stoneground Wheat Bread, Fresh Grapes</p>	<p>28</p> <p>Asian Style Chicken Salad, Croissant, Raspberry Carrot Salad, Cranberry Applesauce</p>
<p>29</p> <p>Smoky Ham and Bean Soup, Capri Vegetable Blend, Green bean Blend, Oyster Crackers, Fresh Banana</p>	<p>30</p> <p>Beef Empanadas with Latin Rice, Authentic Refried Beans, Tortilla Chips with Fire Roasted Salsa, Diced Peaches</p>	<p><b>\$4.00 suggested donation for age 60 and older.</b></p> <p><b>Under 60 is \$8.00</b></p> <p><b>Caregivers under 60 are \$4.00</b></p>		

### Helping Your Loved Ones Eat Well this Spring

Spring is a season of renewal, offering the perfect opportunity for helping your loved ones eat well while focusing on well-being. For older adults, maintaining a healthy diet is essential to managing health problems, supporting blood pressure, and reducing the risk of heart disease. With the abundance of fresh fruits and vegetables, spring makes it easier to prepare delicious and nutritious meals for your senior loved one, and all of your loved ones.

Thankfully, healthy eating is a little easier in the spring. Fresh fruits and vegetables populate the shelves, allowing us the opportunity to create healthier, delicious meals. A balanced diet is essential when helping your family eat well this spring, so they get the nutrients they need on a daily basis. Meals should be broken into these key percentages. Encourage meals that consist of:

**½ Fruits and Vegetables:** Leafy greens, berries, and seasonal produce like asparagus and strawberries.

**¼ Whole Grains:** Brown rice, quinoa, or whole-grain bread.

**¼ Lean Protein:** Chicken, fish, eggs, or plant-based alternatives like lentils.

Incorporate healthy fats like olive oil for cooking, which can support maintaining a healthy weight and improve overall heart health. Vary the foods to keep meals interesting and flavorful while ensuring your loved one receives all the essential nutrients.

Using seasonal foods not only promotes a healthy diet but also makes meals more enjoyable and appealing for your loved ones. Many make the mistake of eating healthy meals but indulging in less-than-healthy snacks. While they may taste good, these options don't actually provide seniors with the energy boost they need between meals. Replace high-fat, high-sugar options with nutritious alternatives: **Fresh fruit slices, low-fat yogurt, whole-grain crackers.**

Cooking can be a therapeutic and fun activity for your family, but it's helpful to choose simple recipes that don't require a lot of effort. Consider these quick and healthy meal ideas:

**Vegetable Stir-Fry:** Use fresh asparagus, broccoli, and carrots with a light olive oil dressing.

**Fruit Salad:** Combine strawberries, oranges, and blueberries for a refreshing dessert or snack.

**Grain Bowls:** Mix quinoa with roasted vegetables and grilled chicken for a balanced meal.

Don't forget that staying hydrated is crucial to each of our bodily functions. As the weather gets warmer, seniors may be more susceptible to dehydration, which can lead to fatigue and other health problems. Encourage your loved one to drink plenty of water and other liquids to stay hydrated. Instead of sugary drinks and drinks high in dairy, offer them water, coffee, and tea. If they do have juice, make sure it's 100% fruit juice.

Ensuring your loved one's health this spring goes beyond food—it includes helping your loved ones eat healthy this spring and creating a lifestyle that fosters happiness and well-being.



# Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>10:30 The Melody Makers 11:30-1:30 Lunch</p> <p><b>3:30 NO CHAIR YOGA</b></p>	<p>2</p> <p>11:30-1:30 Lunch</p> <p>12:30 Bingo 2:00 Mexican Train Dominoes</p>	<p>3</p> <p>10:30 Corner Stone-Christian Book Group 11:30-1:30 Lunch</p> <p>1:30 BUNCO <b>1:30 Snack and Learn w/ Pursuit Physical Therapy</b></p>	<p>4</p> <p>9:30 BUNCO <b>10:30 Walk Fit w/ Rebecca</b> 11:30-1:30 Lunch 1:00 Wii Bowling 1:30 Crochet, Knit &amp; Sew Circle</p>
	<p>7</p> <p>9:30 Stretch and Balance 11:30-1:30 Lunch <b>1:30 Tai Chi For Better Sleep</b></p> <p><b>5:30 Zumba is Back!</b></p>	<p>8</p> <p>10:30 The Melody Makers 11:30-1:30 Lunch</p> <p>3:30 Chair Yoga</p>	<p>9</p> <p>8:30 Zumba 11:30-1:30 Lunch</p> <p>12:30 Bingo 2:00-4:00 Mexican Train Dominoes</p>	<p>10</p> <p><b>10:00 Thread Catcher With Debbie</b> 10:30 BP Clinic 10:30 Corner Stone-Christian Book Group 11:30-1:30 Lunch 1:30 BUNCO <b>5:00 PINGO meal</b> <b>6:00 PINGO game!</b></p>
<p>14</p> <p>9:30 Stretch and Balance 11:30-1:30 Lunch</p> <p><b>1:30 Tai Chi For Better Sleep</b></p> <p><b>5:30 Zumba</b></p>	<p>15</p> <p>10:30 The Melody Makers 11:30-1:30 Lunch</p> <p>3:30 Chair Yoga</p>	<p>16</p> <p>8:00 leave for Little River Casino! 8:30 Zumba 11:30-1:30 Lunch 12:30 Bingo 2:00-4:00 Mexican Train Dominoes <b>4:30 Board of Director's Meeting</b></p>	<p>17</p> <p><b>10:00 Coffee w/ Vets</b> <b>10:00 Wine Cork Trivet with Sandy</b> 10:30 Corner Stone-Christian Book Group 11:30-1:30 Lunch 1:30 BUNCO <b>5:00 Karaoke with Ruby Rose</b> <b>5:10 Dinner!</b></p>	<p>18</p> <p>9:30 BUNCO <b>10:30 Walk Fit w/ Rebecca</b></p> <p>11:30-1:30 Lunch 1:00 Wii Bowling 1:30 MITTEN KITTENS Workshop</p>
<p>21</p> <p>9:30 Stretch and Balance</p> <p>11:30-1:30 Lunch</p> <p><b>1:30 Tai Chi For Better Sleep</b></p> <p><b>5:30 Zumba</b></p>	<p>22</p> <p>10:30 The Melody Makers 11:30-1:30 Lunch</p> <p>3:30 Chair Yoga</p>	<p>23</p> <p>8:30 Zumba 11:30-1:30 Lunch</p> <p>12:30 Bingo 2:00 Mexican Train Dominoes</p>	<p>24</p> <p><b>10:00 TGP Book Group</b></p> <p>11:30-1:30 Lunch</p> <p>1:30 BUNCO</p>	<p>25</p> <p>9:30 BUNCO <b>10:30 Walk Fit w/ Rebecca</b> 11:30-1:30 Lunch 1:00 Wii Bowling 1:30 Crochet, Knit &amp; Sew Circle <b>NO TRIVIA this month</b> <b>Back in May!</b></p>
<p>28</p> <p>9:30 Stretch and Balance</p> <p>11:30-1:30 Lunch <b>1:30 Quilt Block #6 w/ Joan</b> <b>NO Tai Chi —</b></p> <p><b>5:30 Zumba</b></p>	<p>29</p> <p>10:30 The Melody Makers 11:30-1:30 Lunch</p> <p>3:30 Chair Yoga</p>	<p>30</p> <p>8:30 Zumba 11:30-1:30 Lunch</p> <p>12:30 Bingo 2:00 Mexican Train Dominoes</p>		



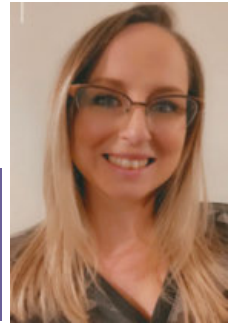
## Staff Milestones and More



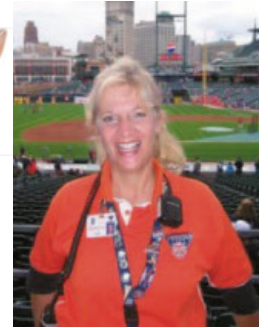
Angie celebrates her birthday on April 4th. Angie is our Assistant Cook at The Gathering Place. She shares, "I can't say enough about what a blessing becoming a member of the Benzie Senior Resources family has become in my life! I've met so many amazing people and have made many friends!" Happy birthday Angie!



Kathryn's birthday is April 6th. Her Home Health Care clients greatly appreciate her positive outlook and her thoughtfulness. We are so happy that Kathryn is part of our team! Happy Birthday!

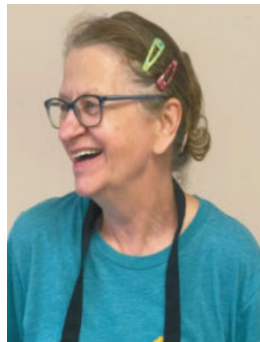


Erica Celebrates her anniversary on April 11 and her birthday on the 18th! Erica is part of our Home Health Care team. She enjoys being out in the community and all the different people she meets. She loves doing things outdoors, especially rock hunting and bird watching. She hopes to take up pickle ball this summer for both exercise and to feed her competitive spirit! Thanks and happy Birthday Erica!



Rebecca always enjoys her April 13th birthday. That's because she loves Spring! Time for fresh air, spring flowers and the return of baseball! All of her favorite things. We treasure her and appreciate her as our Senior Center Assistant! Happy Birthday Rebecca!

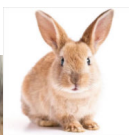
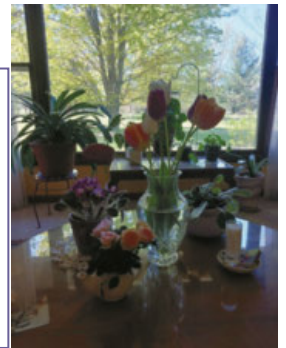
Bea's 3rd anniversary with us is on April 18th as one of our Kitchen Assistants. Bea is a point of light for us all. She shares, "I am so excited to know now that the freighters go up the Manistee River! Now I won't have to go to the UP to see them!" Thanks and have fun! Happy Anniversary Bea!



Eric's first anniversary with us is April 16th as our Fiscal Manager. He's risen to the daily challenges and been making the position his own. He and his wife Jenya have much to be proud of —their daughters Lucy and Victoria, and their grand dog, Brooks! Thanks for all that you do Eric!

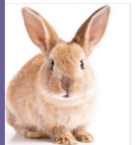


We celebrate Donna's 2nd anniversary on the 26th. Donna is one of our RN's and shares, "A big thank you to all of our BSR clients and staff on my second anniversary with you! Looking forward to spring and this view from my living room window." Thanks and Happy Anniversary Donna!



Happy Birthday Brigit on April 13th! As Executive Director, Brigit is happy to see Benzie Senior Resources and northern Michigan as part of her next journey. She is a lifelong learner and comes from a family that lives well into their 90s so "Grow On!" She has two wonderful adult daughters that she loves to spend time with. When not advocating for older lifestyles, she can be found trail hiking, gardening, crafting, building projects and anything related to the outdoors.

**Who are we?** Benzie Senior Resources is an inclusive organization serving Benzie County residents ages 60 and above of any income level (some services are based on sliding scale fees), and Medicaid-waiver disabled adults with special needs. BSR does not discriminate against any individual or group on the basis of ethnicity, gender, marital status, national origin, physical disability, political beliefs, race, religion or lack thereof, sexual orientation or weight.





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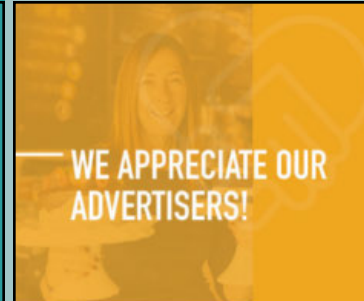
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## Bulletin Board

Are you a Veteran? Need benefit help?



Call Karen Korolenko,  
Director at Benzie County  
Department of Veterans  
Affairs. 231.882.0034 or

Email [kkorolenko@benzieco.net](mailto:kkorolenko@benzieco.net).

### FOOT CARE CLINIC

BY APPOINTMENT

Wednesdays at Benzie Senior Resources  
Office with our RN Stacey  
for Age 60 and over for Benzie only residents.  
Call 231-525-0600 to set yours up.  
There is a service fee for each client session —  
\$20.00/client.

Frankfort Area Vet to Vet Group  
is held the 1<sup>st</sup> Monday every month  
6:30pm at Trinity Lutheran Church  
in Frankfort at 955 James Street.

Come join us! Welcome home...

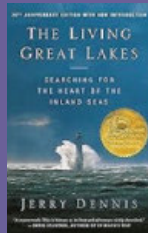


### Free Computer Help—Fall hours

The Darcy Library in Beulah  
Thursdays 10 a.m. to 12 p.m. Noon  
Use your computer or one at the library.  
Questions? Call Carol at 231.882.4037

The Gathering Place Book Club  
Book Group meets April 24th  
10:00 am

*The Living Great Lakes*  
by Jerry Dennis

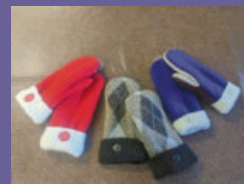


### Essential Estate Planning

Benzie Senior Resources offers Essential Estate  
Planning by appointment only. Meet with an  
estate planning attorney for free to review, update  
and/or create an estate plan.

Call 231-525-0600  
to schedule your appointment.

Bring us wool sweaters and cool buttons...  
See what we do with them! Mittens for sale at  
TGP \$20.00



Please bring clean, gently used  
or new Flannel fabric, Fleece  
fabric for projects! Thanks!!!  
We appreciate your help!



Have you considered where your volunteer hours might  
have the most local impact? We'd love to chat with  
compassionate people who could help us deliver daily  
meals to Benzie County home-bound seniors. Our  
Home Delivered Meals Program helps ensure seniors  
are food secure, and also provides a caring check-in on  
delivery days--such peace of mind for out of town fami-  
ly members. We have the delivery vehicles, and pur-  
chase the gas. **Learn more by calling Michelle at 231-  
525-0601, ext. 202.** She may be out delivering meals, so  
please leave a message!

**IMPORTANT:** Call our office to  
cancel your BSR worker/contractor  
for Home Healthcare or for your  
Homemaking Service if you're sick  
or need to reschedule. Let's keep  
each other healthy! (231) 525-0600





## Tai Chi for Better **SLEEP**

This program combines the benefits of **Tai Chi for Arthritis and Fall Prevention and Sleep Education for Everyone**. Tai Chi has been shown to increase strength, improve balance, and prevent falls. Participants will also learn techniques to improve the quality and quantity of their sleep.

The **FREE** program consists of **8- 2-hour sessions**. Each session will include:

- Tai Chi Warm-ups
- Tai Chi Lesson
- Tai Chi Cool Downs
- Sleep Education: the relationship between pain and sleep, sleep hygiene, and techniques to improve sleep.
- Goal Setting

*This work is supported by the Rural Health and Safety Education program, project award no. 2024-46100-42884, from the U.S. Department of Agriculture's National Institute of Food and Agriculture.*

### **DATES/TIME:**

Mondays: 4/7, 4/14, 4/21,  
5/5, 5/12, 5/19, and 5/26  
From: 1:30–3:30 pm

*\*Participants should plan to attend all 8 sessions!*

### **LOCATION:**

The Gathering Place  
Benzie Senior Center  
10579 Main St. Honor, MI

### **REGISTRATION:**

Please pre-register at the  
Gathering Place front desk or  
by calling 231-525-0601

### **INSTRUCTOR:**

Naomi Hyso  
MSUE Health Educator  
[hysonaom@msu.edu](mailto:hysonaom@msu.edu)

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# Word Search

spring

T	S	E	L	S	V	R	N	L	D	E	E	S	H
S	P	S	L	I	D	T	B	L	O	I	A	A	O
A	S	U	S	P	E	E	N	T	R	F	D	E	D
E	E	O	I	O	L	Y	W	P	C	R	T	A	U
S	O	H	I	R	I	H	A	Y	E	I	O	E	F
V	N	D	T	D	C	I	R	N	H	A	E	N	R
E	M	R	S	W	I	T	M	I	L	T	O	S	E
F	O	I	E	O	O	T	O	T	M	E	L	T	S
R	S	B	N	N	U	N	M	H	E	E	O	O	H
O	S	S	U	S	S	E	T	E	Y	B	N	W	E
S	O	E	E	S	V	R	V	L	N	L	A	T	I
T	L	S	E	N	A	I	A	A	N	I	T	I	L
Y	B	S	O	E	L	E	T	P	U	S	R	I	H
L	W	T	O	A	T	T	B	E	S	D	A	M	P

DELICIOUS  
SUNNY  
FROSTY  
BIRDHOUSE  
SNOWDROP  
AIR  
FRESH  
EARTH  
DAMP  
ALIVE  
TINY  
WARM  
MELT  
SEED  
BLOSSOM  
NEST

**Spring is like a perhaps hand**

Spring is like a perhaps hand  
(which comes carefully  
out of Nowhere) arranging  
a window, into which people look  
(while  
people stare  
arranging and changing placing  
carefully there a strange  
thing and a known thing here) and

changing everything carefully

spring is like a perhaps  
Hand in a window  
(carefully to  
and fro moving New and  
Old things, while  
people stare carefully  
moving a perhaps  
fraction of flower here placing  
an inch of air there) and

without breaking anything.

—ee cummings

Play this puzzle online at : <https://thewordsearch.com/puzzle/142422/>



## April Birthdays

Keith Behm	1	Joanne Rafferty	8	Dudley Cogburn	20
Patricia Carr	1	Gloria Holtrey	9	Marie Cote	20
Olga Horn	1	Fran Wallace	9	Lynn Vanderplow	20
Michael Poe	1	Charlotte Wheaton	9	Robin Groesbeck	23
Richard Bandstra	2	Mary Anderson	10	Linda Middleton	24
Bonnie Ness	2	Evelyn Goethals	10	Carol Bear	25
Eric Kalis	3	Don Greene	11	Carol Crawford	27
Joan Harwood	4	Sue Sheffield	11	Elaine Vanderberg	27
Laura Payment	4	Pat Laarman	12	Gordon Armstrong	28
Fred Delaney	5	Connie Schrock	12	Norris Cutler	28
Art Leffring	5	Matt Torres	15	Larry Lozen	28
Sharon Murphy	5	Lolita Brownell	16	Ron Blough Sr.	29
Anna Nordbeck	5	Sally Hennessee	16	Lisa Davidson	29
David Favreau	6	Dan Berndt	17	Jack Sage	29
Gloria Pierce	6	Barb Bowlby	17	Mike Bailey	30
Jed Jaworski	6	Bill Dowd	17	Oscar Jaquish	30
Loretta Sheets	6	Thomas Haan	17	Susie Owen	30
Bill Buck	7	Marsha Behm	18	Vince Palazzolo	30
Viva Fender	7	Jean Bowers	18	Bonnie Rodgers	30
Lester Brownell	8	Shirley Bolling	20	Marge Wright	30
Darrell Edgley	8	Lee Brooks	20		



## Produce Bingo

Produce Bingo is April 10th. We want to thank recent supporters of PINGO— Denny the Library Dog , and Chris Martin! We really appreciate your help!

We'll be having: Homestyle BBQ Meatballs and Veggie Tray

Please sign up in advance at TGP!

Trivia is cancelled for April but we'll eat together before Karaoke April 17th

Singing starts at 5:00 p.m.

Dinner starts shortly after at 5:10 p.m.

We'll be having: Spaghetti, Corn Garlic Toast, Applesauce, and Cake

Call 231.525.0601 to sign up or stop by to see us at TGP!





## PROPERTY FRAUD ALERT

**PROPERTY FRAUD** occurs when someone records a fraudulent document in the county land records office, making it look like they own your home or property.



**PROPERTY FRAUD ALERT** is a notification service that alerts subscribers against the possibilities of fraudulent activity being committed against their property.

**SIGN UP FOR FREE** by visiting [PropertyFraudAlert.com](http://PropertyFraudAlert.com), by scanning the QR code with your phone camera, or call the Property Fraud Alert Hotline at 800-728-3858.



Register in English or Spanish  
Regístrate en inglés o español

Choose how you want to be notified!



Brought to you by  
**PAULA EBERHART**  
Benzie County Register



Benzie County is no longer immune to property fraud. Recently local residents came home from their winter home to find a sign had been placed in their yard. They thought perhaps it belonged to one of their neighbors and had been mistakenly placed on their property. But no, someone was trying to sell the property that belonged to them!

Property fraud can happen in a number of ways— Benzie County officials have warned property owners of fraudulent property cases in northern Michigan, including Benzie County, and have advised residents to be careful about what they sign when receiving unsolicited offers on their property. Per Paula Eberhart, our Registrar at the Register of Deeds office, one scam which is called seller impersonation fraud, involves fraudsters impersonating property owners to illegally sell their property, sometimes they use someone's social security and driver's license numbers. Another scam involves purchase agreements that use high pressure tactics to get victims to pay for services or give up their property.

"If you see signs popping up that are unexpected or unusual, let your neighbors know," Eberhart said. She also said property owners can get mailings from companies offering to provide a copy of a deed for a fee, or even buy the property. These mailings may not be outright scams, but they could be predatory. "Our seniors are vulnerable, and we hope to be of help to curtail this." You can sign up for the Benzie County Register of Deeds' Property Fraud Alert to receive notifications when a document is recorded in your name. There's a link on the Benzie County Government website. You can stop into the office at the Benzie County Government Center in Beulah for more information, too. You may also call the Register of Deeds office in Beulah at 231.882.0032.



## Donation Information

Giving is not just about making a donation. It's about making a difference.  
**We Need Your Support!**

Benzie Senior Resources is an independent 501 c3 nonprofit organization. We depend on donations to sustain our programs and we need **your** support to continue providing reliable and professional services to the seniors of Benzie County. Traditional funding sources are failing to keep up with the growing needs of the rapidly increasing population of people over age 60. Your donation will help us continue our important work!

We are dedicated to supporting older adults and the friends, family, and community who surround them. No matter the age or situation, we have professional, reliable services to help keep Benzie seniors living independently—with dignity—in their own homes. You can be assured we are good stewards of all tax-deductible gifts. If you would like to designate your gift as a Legacy or Memorial Gift, please call or email us with your wishes. If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102, or email at [info@BenzieSeniorResources.org](mailto:info@BenzieSeniorResources.org).

### DONOR INFORMATION:

**Legacy Giving:** Planned gifts are a thoughtful way to remember Benzie seniors. Please consider us in your estate planning or have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

**Memorial Gifts:** Tribute gifts can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

Type of Donation (please circle): Legacy    Tribute    Other

Make Checks Payable To: Benzie Senior Resources, Mail to: 10542 Main Street, Honor, MI 49640

☐ Check here if you wish to remain ANONYMOUS

***Benzie Senior Resources is an independent 501 (c) 3 not-for-profit organization. Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S. regulations. Consult your tax or legal advisor for details.***

**Privacy Policy**—Benzie Senior Resources (BSR) does not sell or distribute donor information. Be assured your information is secured and protected, and used only by BSR when processing your donation and supplying you with BSR information.



SCAN ME





**BENZIE**  
**SENIOR RESOURCES**

10542 Main Street, Honor, MI 49640

Nonprofit Org.  
U.S. Postage  
Paid  
Honor, MI  
Permit No. #1

Address Service Requested

