



BENZIE SENIOR RESOURCES



December 2024

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Wishing you love, joy, and peace
this Christmas and every day—
from all of us

at Benzie Senior Resources
and The Gathering Place Senior Center



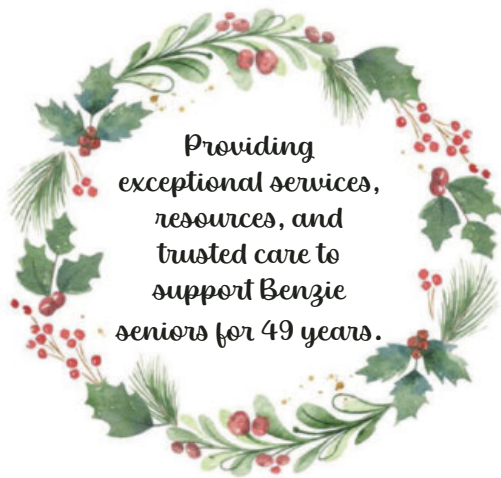
The full moon is 12/15 is known as the cold Moon or Long Nights Moon or the Moon Before Yule. The Geminid meteor showers peak 12/13-12/14. It's Read a New Book Month, Stress-Free Family Holiday Month, Universal Human Rights Month, Seasonal Affective Disorder Awareness Month, Write A Friend Month, and National Cat Herders Day is the 15th. Festivus is the 23rd. The 30th is National Bacon Day!

A special shout out to Family Fare—Benzonia store for all of their continued support to keep our seniors from being at nutritional risk, for their thoughtfulness & spirit of giving in community-mindedness. Thank you so very much!

BENZIE SENIOR RESOURCES BOARD OF DIRECTORS

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Benzie Senior Resources is funded by Benzie County residents through a property tax millage, federal and state funds through the Aging & Adult Services Agency, Area Agency on Aging of Northwest Michigan, private donations and grants from GT Band of Ottawa and Chippewa Indians 2% Allocation, Benzie County Community Chest, Oleson Foundation, Grand Traverse Regional Community Foundation, Benzie County Sunrise Rotary Foundation, Cherryland Cares, Meals on Wheels of America, The Herbert H. and Barbara C. Dow Foundation, Rotary Charities of Traverse City, The Wayne & Joan Webber Foundation, The Father Lovett Foundation, The Allen Foundation, The Willoughby Rotary Foundation, The Seabury Foundation, and the generous support of community businesses, churches, service clubs, and individuals. Benzie Senior Resources will not discriminate against any individual or group because of race, sex, religion, age, national origin, sexual orientation, marital status, disability, or political beliefs.

DIRECTORY

Phone: 231-525-0600 or
Toll Free: 888-893-1102
Fax: 231-325-4855

Email:
info@BenzieSeniorResources.org
Website: <https://BenzieSeniorResources.org>
Facebook: @benzieseniorresources.org
The Gathering Place: 231-525-0601



Benzie Senior Resources Office Hours
Monday – Friday: 8:30 a.m. – 4:00 p.m.

The Gathering Place Senior Center Hours
are Monday — Friday 8:00 a.m.— 4:00 p.m.
with exception to special events and
inclement weather.

THE SENIOR SCOOP IS A MONTHLY PUBLICATION BROUGHT TO YOU BY:

Douglas Durand, Executive Director
Angela Haase, Issue Editor

Benzie Senior Resources
10542 Main Street
Honor, MI 49640

NEWSLETTER SUBSCRIPTION FORM

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If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00. There is no charge for emailing. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at benzieseniorresources.org under the NEWS tab, at our Benzie Senior Resources office and at The Gathering Place.

From our Director

Reflections...

Greetings,

I admit to having many mixed emotions as I write because this will be my last article for the Senior Scoop Newsletter. As many already know, I will be entering a new life chapter upon my December 31st retirement from Benzie Senior Resources.

It is hard to believe that the desire to focus on support and care for our greatest generation led to a work life of over 40 years. Each of those years brought new lessons, changes and opportunity for growth—both my own and the agency's. It's been more rewarding than I could have ever imagined.

One of the largest changes came about through letting those lessons guide me in spearheading the 2016 merger when we officially became Benzie Senior Resources. By bringing together what was formerly Benzie County Council on Aging and Benzie Home Healthcare, the "NEW" agency grew operations by substantially increasing programs and services. To date, Benzie Senior Resources has helped countless seniors continue to live safely and independently in their own homes.

Over the past 11 years, we have continued to implement new programs based on our senior needs assessments surveys and community outreach discussions. In other words, we listen to you! Our outreach is designed around your critical needs in nutrition, home healthcare, advocacy, and socialization activities at The Gathering Place. Through it all, my goal has always been to find ways to enhance individual well-being and bring peace of mind to each of our seniors and their families.

My time here has been shared with an excellent staff, group of volunteers and independent contractors. Together we worked through the challenges of the merger, and together we weathered the Covid-19 pandemic. During a time of great stress, uncertainty and sadness in the senior population, I'm proud to say that the way Benzie Senior Resources stepped up and continued to serve was second to none.

As director, I've also been blessed by the support of Benzie County, our past and current Board of Directors, countless individual donors, foundations and local businesses who put their trust and faith in our work. Their financial support has allowed us to keep eyes fixed firmly on our mission while continuing to meet the needs of an ever-growing senior population.

In closing, you all have been instrumental in my life journey and growth as a person. I have shared many laughs with you along the way, and also many times of sadness and tears. I will forever hold all of this close to my heart.

Take care,

Douglas







Menu Our meals meet 1/3 of the recommended daily allowance nutrition requirements (RDA)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Chicken 'N Dumplings, Southern Style Succotash, Stoneground Wheat Bread, Diced Peaches</p>	<p>3</p> <p>Potato Encrusted Tilapia, Crispy Smashed Potatoes, Normandy Vegetable Blend, Stoneground Wheat Bread, Fresh Plums</p>	<p>4</p> <p>Grand Rapids Style Wet Burrito, Authentic Refried Beans, Tortilla Chips w/ Fire Roasted Salsa, Oven Baked</p>	<p>5</p> <p>Smoked Sausage & Sauerkraut, Italian Vegetable Blend, Warm Diced Beets, Stoneground Wheat Bread, Classic Applesauce</p>	<p>6</p> <p>Homemade Meatloaf w/ Gravy, Herbed Mashed Potatoes, Sicilian Vegetable Blend, Stoneground Wheat Bread, Fresh Cut Oranges</p>
<p>9</p> <p>Chicago Style Italian Beef Sandwich, Oven Baked Tater Tots, Malibu Vegetable Blend, Diced Pears</p>	<p>10</p> <p>NO meal at TGP Citrus Chicken over Rice/Caribbean Vegetable Blend, Steamed Sweet Peas, Stoneground Wheat Bread, Fresh Banana</p>	<p>11</p> <p>Cornmeal Dusted Catfish, Oven Baked Potato, Steamed Spinach, Stoneground Wheat Bread, Diced Peaches</p>	<p>12</p> <p>New Orleans Bourbon Chicken 'N Rice, Japanese Vegetable blend, Green Bean Blend, Lucky Fortune Cookie, Mandarin Oranges</p>	<p>13</p> <p>Slow Roasted Beef, Herbed Mashed Potatoes, Steamed Broccoli Florets, Stoneground Wheat Bread, Apricot Halves</p>
<p>16</p> <p>Savory Sausage Cassoulet, Capri Vegetable Blend, Green Bean Blend, Stoneground Wheat Bread, Fresh Grapes</p>	<p>17</p> <p>Classic Chicken Parmesan, Italian Vegetable Blend, Steamed Parisian Carrots, Soft Baked Breadsticks, Fresh Cut Oranges</p>	<p>18</p> <p>Whole Wheat Blueberry Pancakes, Freshly Scrambled Eggs, Savory Sausage Links, Fresh Veggie Sticks, Oven Baked Pears</p>	<p>19</p> <p>Homestyle Beef Stew, California Vegetable Blend, Steamed Sweet Corn, Fresh Baked Biscuits, Apricot Halves</p>	<p>20</p> <p>Chicken Tenders w/ House Dip Sauce, Parmesan Garlic Mashed Potatoes, Malibu Vegetable Blend, Stoneground Wheat Bread, Fresh Banana</p>
<p>23</p> <p>Christmas Meal Pineapple Dijon Baked Ham, Whipped Sweet Potatoes, Caribbean Vegetable Blend, Sweet Hawaiian Rolls, Fresh Cut Oranges</p>	<p>24</p> <p>Closed for Christmas</p> 	<p>25</p> <p>Closed for Christmas</p>	<p>26</p> <p>Smothered Chicken Breast, Oven Roasted Potatoes, Pesto Infused Cauliflower, Soft Baked Breadsticks, Fresh Grapes</p>	<p>27</p> <p>Roasted Turkey w/ Stuffing, Herbed Mashed Potatoes, Venetian Vegetable Blend, Multi-Grain Dinner Roll, Bonnie's Famous Cranberry Sauce</p>
<p>30</p> <p>Classic Liver & Onions w/ Bacon/or Salisbury Steak, Herbed Mashed Potatoes, Steamed Broccoli Florets, Stoneground Wheat Bread, Diced Pears</p>	<p>31</p> <p>Closed for New Year's</p> 	<p>January 1st</p> <p>Closed for New Year's</p>	<p>\$4.00 suggested donation for age 60 and older. Under 60 is \$8.00 Caregivers under 60 are \$4.00</p>	<p>We accept cash, Visa, Mastercard, & Discover. Personal Checks also accepted —made out to BSR</p> <p>Lunch is served 11:30am –130pm</p>

That Guy Who's Been the Best Boss of Us



Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Stretch & Balance 11:30-1:30 Lunch 1:30 5:30 pm Zumba	3 10:30 The Melody Makers 11:30-1:30 Lunch 3:30 Chair Yoga	4 830 Zumba 11:30-1:30 Lunch 12:30 Bingo 2:00-4:00 Mexican Train Dominoes	5 10:30 Christian Book Club 11:00 Caption Call Presentation 11:30-1:30 Lunch 1:30 Presentation on Pain & Loneliness 1:30 BUNCO	6 9:30 BUNCO 10:30 Line Dancing <i>11:00 Higgins Hearing-clean & screen</i> 11:30-1:30 Lunch 1:00 Wii Bowling 1:30 Crochet, Knit & Sew Circle
9 9:30 Stretch & Balance 11:30-1:30 Lunch NO Afternoon Activities	10  TGP Closed We are packing our Christmas Bags! 	11 830 Zumba 11:30-1:30 Lunch 12:30 Bingo 2:00-4:00 Mexican Train Dominoes	12 10:00 Coffee w/ Vets <i>10:00 Altered Books</i> 10:00 Book Group 11:30-1:30 Lunch 1:30 BUNCO	13 9:30 BUNCO <i>11:30-1:30 Cookie Decorating</i> 11:30-1:30 Lunch 1:00 Wii Bowling 1:30 Crochet, Knit & Sew Circle
16 9:30 Stretch & Balance 11:30-1:30 Lunch <i>1:30 Quilt Block Potholder w. Joan #2</i> 5:30 pm LAST Zumba for the year	17 10:30 The Melody Makers 11:30-1:30 Lunch 3:30 Chair Yoga	18 NO ZUMBA 11:30-1:30 Lunch 12:30 Bingo 2:00-4:00 Mexican Train Dominoes 4:30 Board of Director's Meeting	19 10:00 Dementia Support Group <i>10:00 Infinity Scarf w/ Joan</i> 10:30 BP Clinic 11:30-1:30 Lunch 1:30 BUNCO	20 9:30 BUNCO 11:30-1:30 Lunch 11:30-2:30 Day of Doug—Come see Doug at TGPI! 1:00 Wii Bowling 1:30 MITTEN KITTENS Workshop
23 9:30 Stretch & Balance 11:30-1:30 Lunch	24 Closed for Christmas 	25 Closed for Christmas	26 11:30-1:30 Lunch 1:30 BUNCO	27 9:30 BUNCO 11:30-1:30 Lunch 1:00 Wii Bowling 1:30 Crochet, Knit & Sew Circle
30 9:30 Stretch & Balance 11:30-1:30 Lunch	31 Closed for New Year's 	January 1st Closed for New Year's	On December 5th, Community Connections will present with the University of Michigan School of Public Health a focus group for those 60+ w/ chronic pain & who are experiencing loneliness. Earn \$25	NO Produce Bingo in December. Look for us in January! Trivia Night will be back, too!

Bulletin Board

Are you a Veteran?
Need benefit help?

Call Karen Korolenko, Director
at Benzie County
Department of Veterans Affairs.
231.882.0034 or email
kkorolenko@benzieco.net.



Free Computer Help—Darcy Library in Beulah
Thursdays 10:00 a.m. until Noon
We recommend that you call ahead
231.882.4037 and speak with Carol

List for The Gathering Place Book Club
Book Group meets next on
at TGP
10:00 a.m.

December's Book—*Lessons in Chemistry*
by Bonnie Garmus

January's Book—*All Girls Filling Station*
by Fannie Flagg

February's Book—*Hour of the Witch*
by Chris Bohjalian

Our Thompsonville
lunch, music, and
bingo is **cancelled until**
further notice.

Essential Estate Planning

Benzie Senior Resources offers Essential Estate
Planning **by appointment only**. Meet with an
estate planning attorney for free to review,
update and/or create an estate plan.

Call 231-525-0600
to schedule your appointment.

**IMPORTANT: Call our office to
cancel your BSR worker/contractor
for Home Healthcare or for your
Homemaking Service if you're sick
or need to reschedule. Let's keep
each other healthy! (231) 525-0600**

Join us to make wool mittens from wool sweat-
ers and cool buttons at TGP with Joan &
Marleen...check the calendar!

This is for fundraising for more
activities, so if you learn & join
in you can make a difference &
have fun! We usually meet at
TGP on Friday afternoons.

Come see what else we have for sale at TGP!



FOOT CARE CLINIC

BY APPOINTMENT

Wednesdays at Benzie Senior Resources
office, for Age 60 and over.

Call 231-525-0600 to set yours up.

Starting October 1st,
each session will be \$20.00/client.

Have you considered where your volunteer hours might
have the most local impact? We'd love to chat with com-
passionate people who could help us deliver daily meals
to Benzie County home-bound seniors. Our Home De-
livered Meals Program helps ensure seniors are food se-
cure, and also provides a caring check-in on delivery
days--such peace of mind for out of town family mem-
bers. We have the delivery vehicles, and purchase the
gas. **Learn more by calling Michelle at 231-525-0601,**
ext. 202. She may be out delivering meals, so please
leave a message!



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Christmas

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A	C	A	A	E	T	N	D	M	I	N	Y	O	D
C	T	M	E	R	S	M	C	A	V	E	N	W	E
K	F	T	F	B	S	E	O	N	I	G	S	F	C
F	R	S	A	R	E	R	C	G	T	I	A	L	O
R	I	I	M	E	N	R	R	E	A	F	N	A	R
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S	N	H	L	N	C	C	C	Y	E	S	A	E	T
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R	G	G	K	O	N	T	R	E	E	L	A	N	N
F	J	E	N	I	A	S	S	S	O	O	U	L	S
A	N	G	E	L	C	F	M	J	N	A	S	A	I

CANDY CANES
TREE
JOLLY
JACK FROST
GINGERBREAD
SNOWFLAKE
CRACKERS
MANGER
CHRISTMAS
MERRY
FRIENDS
DECORATIONS
NATIVITY
SANTA CLAUS
GIFTS
FAMILY
ANGEL



Play this puzzle online at : <https://thewordsearch.com/puzzle/124/>

Inclement Weather —

*If Benzie Central Schools are closed, Home Delivered Meals will **not** be delivered. The Gathering Place Senior Center will remain open and the meal served at The Gathering Place Senior Center will consist of soup and our salad bar. The scheduled activities may change, or be cancelled. Call The Gathering Place Senior Center at 231.525.0601 to verify if an activity is still scheduled and if we are open. When the Benzie Central Schools are on a 2-hour delay, regular business hours will continue and meal delivery will continue as scheduled. The Executive Director or their designee will monitor weather conditions and if a general alert is issued by the Michigan State Police, Benzie County Sheriff's Office or the Benzie County Road Commission requesting drivers to remain off the roads, then The Gathering Place Senior Center will be closed.*

The closure of The Gathering Place will be announced on 9 & 10 News, 7 & 4 News, WTCM 103.5 & WCCW 107.5. Look for updates on our Facebook page at www.facebook.com/BenzieSeniorResources.



December Birthdays

Ed Fay	2	Gary Koenig	11	Gene Nowak	21
James Foote	2	Lisa Clement	12	Scott Wills	21
Tom Hafer	2	Claudia VanBrocklin	12	Patricia Hudson	23
Cindy Ivy	2	Rachel Hopkins	13	Linda Buie	24
Steve Post	2	David Jahr	13	Melborn Chick	24
Jim Buzzell	3	David Kilian	13	Niel Haugen	24
Kathleen Crosby	3	Jeff Stockman	13	Ed Osga	24
Dick Haase	3	Richard Clark	14	Tanya Struble	24
Barb Skurdall	3	Stacy Wagenknecht	14	Chris Brookens	25
Glen Dorshimer	4	David Best	15	Alvin Gray	25
Bill Higman	4	Corliss Mick	15	Lorna Hogue	25
Charles Myers	4	Kyle Converse	16	Carol VanSlambrouck	25
Nicholas Puscas	4	Kim Maginity	16	Kathy Horton	26
Nancy Sheffer	4	Nancy Goerisch	17	Rena Johnston	26
Mary Smeltzer	4	Kay Hammond	17	Karen Packer	26
Jeffrey Bowlby	5	Jean Johnson	17	Lewis Small	27
Al Francik	5	Fred Taylor	17	Steve Walton	27
Luann May	5	Bill Ward	17	Gayle Dixon	28
Flo Moutsatson	5	Mark Ludwig	18	Dan Haswell	28
Linda Rackow	5	Patty Matyas	18	Keith Jewell	28
Jeanette Dunigan	6	Lois Schram	18	Diane Thompson	28
Mary Lou Gass	6	Leonard Sheridan	18	Pattie Rodebush	29
Harley Osborne	6	Paul Stiles	18	Marie Thomason	29
Paula Smeltzer	6	Silvia Bolado	19	Peggy Witzke	29
John Stubbs	6	Art Gauthier	19	Cindy Boyd	30
Shirley Dudinetz	7	Jeanette Huddleston	19	Vera Carmien	30
Ricky Frederick	7	Duncan Ramsay	19	Allen Forrester	30
Jerry Heiman	7	Rosemary Abbett	20	Ruth Larson	30
Craig Jackson	7	Phil Gagliano	20	Janice Misner-Heniser	30
Charlotte Putney	8	Elizabeth Rodgers Hill	20	Nancy Adadow-Gray	31
Delphine Sullivan	8	Daniel Culp	21	Toni Hillier	31
Shelley Fast	9	Virginia Daugherty	21	Carol Wagner	31
Gary Witzke	9	Chris Jahr	21		
Ed Faltinowski	10	Elizabeth Kimbrough	21		

If we forgot your birthday we are truly sorry. Please remind us for next year. If you prefer your name be removed from the birthday list, please let us know.



Before & After...

Thank you to all who make these gift bags possible!

Health Notes



Boost Your Energy with Smart Food Choices

Is what you're eating helping you power through your day or putting you in nap mode? Your diet plays a key role in maintaining energy levels. Choosing the right foods can help nourish your body and fight fatigue throughout the day.

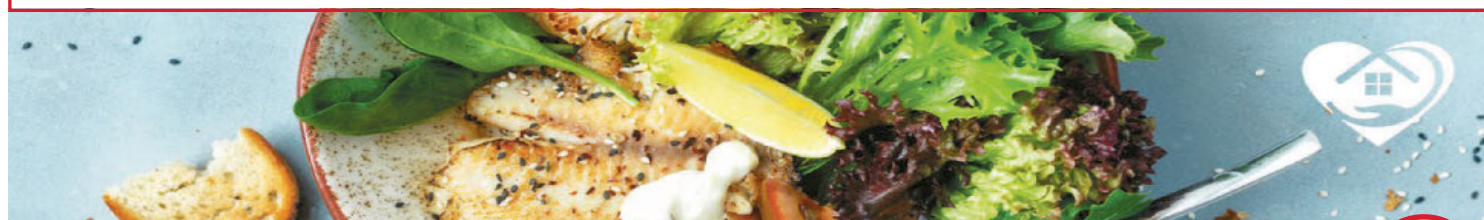
- Fast food, frozen dinners, candy, and energy drinks might seem quick and easy, but they don't give your body the good stuff it needs and can slow you down. Choose fresh, unprocessed foods.
- If you're looking for energy-boosting foods, you can't go wrong with fruit and vegetable options. Choose apples, bananas, oranges, blueberries, strawberries, pears, asparagus, broccoli, sweet potatoes, spinach, and beans.
- Steer clear of sugary stuff like cookies, sweets, and white bread that lack nutrients and can make you tired. Choose whole grain foods for added fiber and steady energy.
- Proteins are slow to digest, which helps fight off fatigue; the key is to choose lean proteins.

Chicken, turkey, and fish provide quality protein without excess saturated fat. Eggs, beans, and yogurt are great protein choices, too.

- Avocado, olive oil, almonds, walnuts, and pistachios offer lasting energy and support brain function.
- Caffeine is okay in moderation and provides a short-term boost, but it doesn't truly energize the body. Skip the soda and energy drinks that can make you crash later. Choose unsweetened tea, coconut water, or a fruit smoothie. Water is also a smart choice. Even mild dehydration can cause fatigue!

Remember, balance is key. Aim for a variety of nutrient-dense foods, drink enough water, and listen to what your body tells you. By making mindful choices, you'll have more energy and be ready to take on the day!

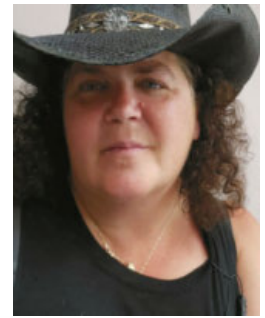
Source: Cleveland Clinic, go.iastate.edu/WWK50G



Staff Milestones



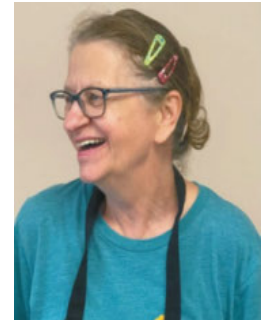
Traci's birthday is 12/2 and her eighth anniversary is on 12/8. Traci's compassion and care for our clients these past eight years have been immeasurably appreciated. We hope that her birthday and anniversary are special and that she knows how grateful we are for her on our team! Happy birthday & anniversary Traci!



Lori's birthday is 12/3 and we hope she has time with her family with lots of good food & laughter! As one of our Home Health Aides, her motto of always helping those who can't help themselves is a terrific guide.. That with her capacity for kindness are what makes her so very special to us! Happy Birthday Lori!



Bea celebrates her birthday on 12/13. She loves that her birthday is so close to Christmas—her house is already decorated with her advent wreath, nativity scene & Christmas tree, gifts all over the house. She said she will treat herself to an elf puzzle. Happy Birthday Beate!



Ray's first anniversary as Kitchen Crew Leader is 12/13! After 30 years in cooking adventures, his favorite part of it all is making seniors smile. Ray has passions for photography and fishing.. He played drums as a kid and has tattooed proof of it. We're happy you've come to us & that you're staying Ray...Happy Anniversary!



Upcoming Trip!

BENZIE SENIOR RESOURCES PRESENTS

Beautiful Vermont



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- † Admission to Shelburne Museum
- † Visit to Cold Hollow Cider Mill
- † Tour of Rock of Ages Granite Quarry
- † Visit to Stowe Village

For more pictures, video, and information visit:
www.GroupTrips.com/benzieseniorresources

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Rock of Ages Granite Quarry



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Cold Hollow Cider Mill



Beautiful Vermont Scenery

Departure: Save A Lot, 1579 Michigan Ave, Benzonia, MI @ 8 am

Day 1: Board your spacious, video and restroom equipped Motorcoach and set off for beautiful Vermont! Tonight, check into an en route hotel for a good night's rest.

Day 2: Today after enjoying Continental Breakfast, you'll arrive in the beautiful state of Vermont! Dine at a local restaurant tonight before returning to your hotel for a four night stay.

Day 3: After enjoying a Continental Breakfast, you'll depart for the Shelburne Museum. NOT your typical museum, this OUTDOOR museum spans 45 acres with 39 antique buildings. See all this stunning attraction has to offer with ease! A shuttle circumnavigates their "campus" all day long. It takes about 15 minutes to do the circuit of this massive attraction, with whatever stops you like to get off at along the way to explore! It has a collection of 150,000 items including circus pieces, toys, carriages, vehicles, furniture, and more. The buildings are arranged to welcome visitors and tell informal stories. The buildings include houses, a schoolhouse, a jail, lighthouse, railroad station, barns, and 220 foot steamboat. Next, you'll head to downtown Burlington's Church Street Marketplace. This award-winning open air mall is a hub of activity where you'll find architecture and over 100 places to shop and dine. This evening, enjoy a scenic Dinner Cruise on beautiful Lake Champlain, complete with entertainment and dance floor.

Day 4: Today, you'll have a Continental Breakfast followed by a Guided Tour of the spectacular Rock of Ages Granite Quarry - the world's largest granite quarry. The scenery at this attraction is stunning! At the Craftsmen Center, you will watch talented sculptors transform granite into lifelike statuary. Then visit Montpelier, the State Capitol of Vermont. Upon arrival, you'll enjoy a visit to the Vermont History Museum. This afternoon, you'll enjoy a tour of an authentic Vermont Maple Farm. With a history dating back hundreds of years, you'll learn how generations of tradition has gone into making real Vermont Maple Syrup from the tree to your table. This evening, you'll enjoy a Dinner Party with Entertainment.

Day 5: After enjoying a Continental Breakfast, you'll take a scenic drive to the Cold Hollow Cider Mill, one of the leading New England producers of fresh apple cider. Today, the mill produces more than one million gallons of cider every year. You'll also enjoy a taste of fresh apple cider while learning how it's made. Then you will visit Stowe Village, a charming New England village. Later, you will take a tour of the world-famous Ben & Jerry's Ice Cream Factory. Nestled in Vermont's Green Mountains, this fully guided factory tour will show you the complete ice cream making process. After your tour, you'll be able to try a sample of their freshly made ice cream. This evening, dine at a local restaurant.

Day 6: Enjoy a Continental Breakfast before leaving for the 1000 Islands Skydeck in Lansdowne, ON. This evening, relax at your en route hotel.

Day 7: Today after enjoying a Continental Breakfast, you depart for home... A perfect time to chat with your friends about all the fun things you've done, the great sights you've seen and where your next group trip will take you!

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FOR INFORMATION & RESERVATIONS CONTACT:

Lynn Vanderplow @ (231) 944-5463 or
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Donation Information

Giving is not just about making a donation. It's about making a difference.

We Need Your Help!

Benzie Senior Resources is an independent 501 c-3 nonprofit organization. We depend on donations to sustain our programs and we need **your** support to continue providing reliable and professional services to the seniors of Benzie County. Traditional funding sources are failing to keep up with the growing needs of the rapidly increasing population of people over age 60. Your donation will help us continue our important work!

We are dedicated to supporting older adults and the friends, family and community who surround them. No matter the age or situation, we have professional, reliable services to help keep Benzie seniors living independently—with dignity—in their own homes. You can be assured we will continue to be good stewards of all tax-deductible gifts. If you would like to designate your gift as a Legacy or Memorial Gift, please call or email us with your wishes. If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102, or email at info@BenzieSeniorResources.org.

DONOR INFORMATION:

Legacy Giving: Planned gifts are a thoughtful way to remember Benzie seniors. Please consider us in your estate planning or have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

Memorial Gifts: Tribute gifts can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ Amount Enclosed: _____

Type of Donation (please circle): Legacy Tribute Other

Make Checks Payable To: Benzie Senior Resources, Mail to: 10542 Main Street, Honor, MI 49640

Check here if you wish to remain ANONYMOUS _____

Benzie Senior Resources is an independent 501 (c) 3 not-for-profit organization. Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S. regulations. Consult your tax or legal advisor for details.

Privacy Policy—Benzie Senior Resources (BSR) does not sell or distribute donor information. Be assured your information is secured and protected, and used only by BSR when processing your donation and supplying you with BSR information.

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