

Labor Day

September 2024

Directory/Subscription	2
From our Director	3
Menu	4
Blueberry Dash Fun!	5
Calendar of Events	6
Bulletin Board	7
Ads	8, 9
Ads Wordsearch, Pingo, Trivia	8, 9 10
Wordsearch, Pingo, Trivia	10
Wordsearch, Pingo, Trivia Birthdays & a Special Day	10 11
Wordsearch, Pingo, Trivia Birthdays & a Special Day Nutrition/Higgins Hearing	10 11 12

September's full moon is the Harvest Moon & on the 18th! It is also a SU-PER moon! There is also a partial lunar eclipse on the 18th. The Autumnal Equinox is on the 22nd.

September is National Senior Center Month, National Apple Month, National Classical Music Month, Suicide Prevention Month, Alzheimer's Awareness Month, Skin Cancer Awareness Month, Happy Cat Month, Healthy Aging Month, and the International Day of Peace is September 21st.

Thank You to our 2024 Blueberry Dash Sponsors!! Baymont Inn

Blaine Christian Church Cherryland Electric Cooperative Comfort Keepers Mountain View Mini Mart/Papano's Pizza State Savings Bank The Roadhouse Mexican Bar & Grill

Be home.

Edward Jones - Justin Keillor Labadie's Summer Place Casuals Munson Medical Center - Paul Oliver Hospital St. Andrews Presbyterian Church The Jon Zickert Group at Real Estate One





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The Cherry Hut Restaurant Webber Insurance Agency

We greatly appreciate your support of our event in August! Our sponsors, participants, & donors all become part of what we do daily by being a part of this special & crucial fundraiser.

We are also grateful for the support of our millage by this wonderful community helping us care for our seniors!



DIRECTORY

Phone: 231-525-0600 or Toll Free: 888-893-1102

Fax: 231-325-4855

Email:

info@BenzieSeniorResources.org

Website: https://BenzieSeniorResources.org Facebook: @benzieseniorresources.org The Gathering Place: 231-525-0601

BENZIE

Benzie Senior Resources Office Hours Monday – Friday: 8:30 a.m. – 4:00 p.m.

The Gathering Place Senior Center Hours are Monday — Friday 8:00 a.m.— 4:00 p.m. with exception to special events and inclement weather.

BENZIE SENIOR RESOURCES BOARD OF DIRECTORS

Nancy Mullen Call, *President* Leo Hughes, *Secretary* Rev. Dinah Haag Rosemary Russell

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Benzie Senior Resources is funded by Benzie County residents through a property tax millage, federal and state funds through the Aging & Adult Services Agency, Area Agency on Aging of Northwest Michigan, private donations and grants from GT Band of Ottawa and Chippewa Indians 2% Allocation, Benzie County Community Chest, Oleson Foundation, Grand Traverse Regional Community Foundation, Benzie County Sunrise Rotary Foundation, Cherryland Cares, Meals on Wheels of America, The Herbert H. and Barbara C. Dow Foundation, Rotary Charities of Traverse City, The Wayne & Joan Webber Foundation, The Father Lovett Foundation, The Allen Foundation, & the Willoughby Rotary Foundation, and the generous support of community businesses, churches, service clubs, and individuals. Benzie Senior Resources will not discriminate against any individual or group because of race, sex, religion, age, national origin, sexual orientation, marital status, disability, or political beliefs.

THE SENIOR SCOOP IS A MONTHLY PUBLICATION BROUGHT TO YOU BY:

Benzie Senior Resources
10542 Main Street
Honor, MI 49640
Douglas Durand, Executive Director
Angela Haase, Issue Editor

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If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00. There is no charge for emailing. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at benzieseniorresources.org under the NEWS tab, at our Benzie Senior Resources office and at The Gathering Place.

From our Director

Hello Friends,

I'm thankful that the end of this summer finds me giving a HUGE THANK YOU to the voters of Benzie County for supporting the Benzie County Commission on Aging Senior Millage! We are so grateful for the trust shown in Benzie Senior Resources in supporting the seniors of Benzie County.

A note of caution, however, as we celebrate: The additional funding does not begin to help us <u>until October 2025</u>. *This means we must continue to live within our current budget*. For over two years, we've been having to utilize reserve funding to continue serving our ever-growing senior population. Additionally, there are no projected increases in funding for the Older American's Act Senior Programs, which helps fund home delivered meals, congregate meals and other in-home services. Looking into the crystal ball for the upcoming fiscal year 2025, we know we'll need to once again make some difficult decisions in order to balance our budget. We'll do the very best we can to continue the quality services being provided by our dedicated professional staff, volunteers, and independent contractors.

And now back to celebrating-- September is **National Senior Center Month**, with this year's theme being "Powering Connections." This theme is natural for us, as The Gathering Place (TGP) Senior Center Director Susan Glass and her assistant Rebecca Webb continually work to foster the creative socialization opportunities that foster these connections.

At TGP there are activities that help stimulate minds, promote cognitive function and mental sharpness while remaining socially connected. These include educational classes, arts and crafts, discussion groups, and even technology training. Fitness and wellness are also areas of focus at TGP with classes and health screenings offered to help seniors monitor their health and remain active.

We also know there is no better way to make connections than through food. It's human nature to plan our gatherings around sharing a wonderful meal. If you have never visited TGP or your last visit was quite some time ago, I would encourage you to stop in for lunch. Many folks travel from neighboring counties to enjoy our meals, which are the creation of Executive Chef, David Main and his wonderful crew! Their passion for serving creative and delicious food is continually apparent.

Don't just take my word on the above...take a look through the rest of this newsletter for September's scheduled menu and calendar of events.

As we celebrate National Senior Center Month, we must acknowledge the wonderful group of volunteers who regularly create such a welcoming and supportive environment. What a gift these folks are for our seniors in Benzie County. We are grateful for them!

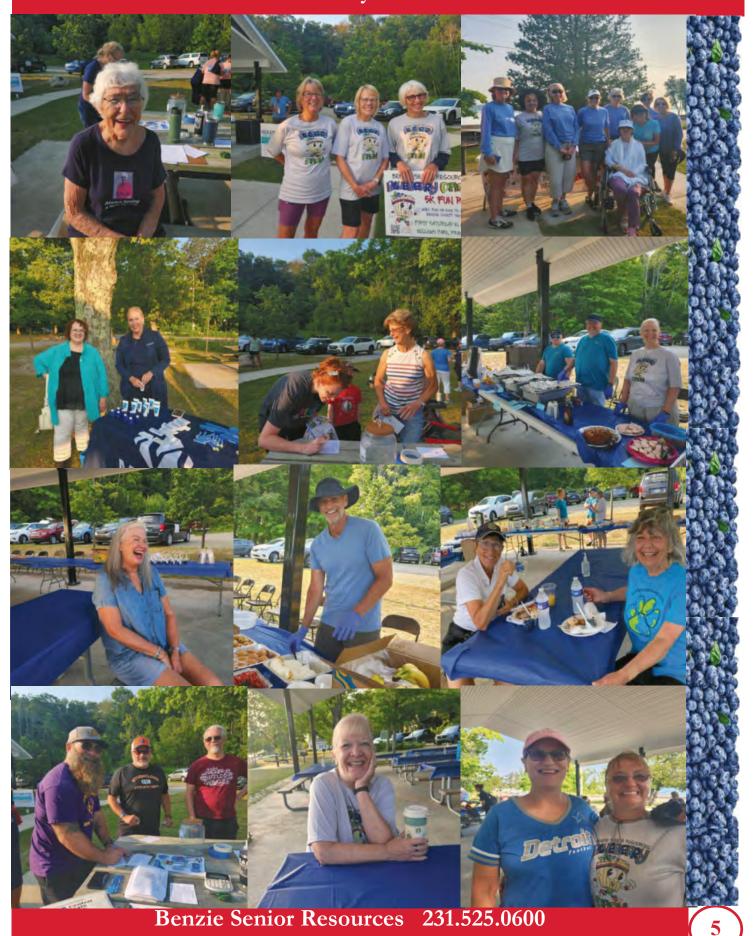
Celebrate with us this month and enjoy the transition from Summer to Fall—family gatherings, cooler evening temperatures, and the bountiful harvest of fruits and vegetables!

In gratitude, *Qouglas*



${ m Menu}$ Our meals meet 1/3 of the recommended daily allowance nutrition requirements (RDA)				
Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED For Labor Day!	3 Country Breakfast Skillet, Oven Roasted Potatoes, Oven Baked Spiced Apples	4 Chicken Cordon Bleu, Steamed Sweet Corn, Steamed Broccoli Florets, Stoneground Wheat Bread, Classic Fruit Cocktail	5 Greek Style Pita Sandwich, California Vegetable Blend, Steamed Sweet Peas, Apricot Halves	6 Homemade Glazed Meatloaf, Cheddar Bacon Mashed Potatoes, California Vegetable Blend, Stoneground Wheat Bread, Diced Peaches
9 Homestyle Turkey Stew, Steamed Sweet Corn, Fresh Baked Biscuits, Cranberry Applesauce	Classic Hot Beef Sandwich, Herbed Mashed Potatoes, Venetian Vegetable Blend, Stoneground Wheat Bread, Diced Pears	Classic Chicken Cacciatore, Malibu Vegetable Blend, Italian Style Green Beans, Whole Wheat Garlic Toast, Fresh Cut Oranges	Pecan Encrusted Tilapia, Herb Buttered Potatoes, Normandy Vegetable Blend, Stoneground Wheat Bread, Fresh Banana	Hand Breaded Baked Chicken, Southern Style Succotash, Sicilian Vegetable Blend, Stoneground Wheat Bread, Fresh Cut Cantaloupe
Classic Beef Stroganoff, Steamed Broccoli Florets, Steamed Parisian Carrots, Stoneground Wheat Bread, Fresh Plums	17 Thai Style Peanut Chicken, Asian Vegetable Blend, Green Bean Blend, Lucky Fortune Cookie, Mandarin Oranges	Georgia Style BBQ Pork Sandwich, Crispy Smashed Potatoes, Key West Vegetable Blend, Cranberry Applesauce	Build Your Own Cheeseburger Bar, Oven Baked Tater Tots, Malibu Vegetable Blend, Pineapple Tidbits	Slow Roasted Beef, Herbed Mashed Potatoes, Italian Vegetable Blend, Stoneground Wheat Bread, Fresh Grapes
23 Crispy Cod Sandwich, Sweet Potato Bites, Japanese Vegetable Blend, Classic Fruit Cocktail	24 Hawaiian Style Chicken & Rice, Steamed Spinach, Caribbean Vegetable Blend, Sweet Hawaiian Rolls, Tropical Fruit Blend	25 Baked Penne w/ Italian Sausage, Pesto Infused Cauliflower, Italian Style Green Beans, Soft Baked Breadsticks, Fresh Banana	26 Homestyle Cheesy Chili Mac, Fire Roasted Corn & Black Beans, Oyster Crackers, Oven Baked Pears	Pineapple Dijon Baked Ham, Whipped Sweet Potatoes, Scandinavian Vegetable Blend, Sweet Hawaiian Rolls, Classic Applesauce
30 Homestyle Franks & Baked Beans, Capri Vegetable Blend, Crispy Potato Chips, Oven Baked Peaches	Come join us for Trivia Night! Dinner & Fun September 27th at TGP Dinner at 5:00 p.m. Trivia 6:00 p.m.	September 20th Bring your Teddy Bear to TGP day!	We accept cash, Visa, Mastercard, & Discover. Personal Checks also accepted — made out to BSR Lunch is served 11:30am to 1:30pm	\$4.00 suggested donation for age 60 and older. Under 60 is \$8.00 Caregivers under 60 are \$4.00

Blueberry Dash Fun!



Calendar of Events				
Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED For Labor Day	3 10:30 The Melody Makers 11:30-1:30 Lunch 3:30 Chair Yoga	4 830 Zumba 11:30-1:30 Lunch 12:30 Bingo 2:00-4:00 Mexican Train Dominoes	5 10:30 BP Clinic 11:30-1:30 Lunch 1:00 Rag Quilt Class #5 1:30 BUNCO	9:30 BUNCO 10:30 Line Dancing 11:30-1:30 Lunch 1:00 Wii Bowling 1:30 Crochet, Knit & Sew Circle
9 9:30 Stretch & Balance 11:30-1:30 Lunch 1:30 Rag Quilt Class #6 5:30 pm Zumba	10 10:30 The Melody Makers 11:30-1:30 Lunch 3:30 Chair Yoga	11 830 Zumba 11:30-1:30 Lunch 12:30 Bingo 2:00-4:00 Mexican Train Dominoes	12 10:00 Altered Books w/ Pam 11:30-1:30 Lunch 1:30 BUNCO 5:00 Dinner 6:00 Produce Bingo (PINGO)	13 9:30 BUNCO 9:30-1:30 Flu & Covid Shot Clinic 11:30-1:30 Lunch 1:30 Wii (new time) 1:30 Crochet, Knit & Sew Circle
16 9:30 Stretch & Balance 11:30-1:30 Fall Prevention Lunch & Learn! 11:30-1:30 Lunch 1:30 Make tote bags w/ Joan 5:30 pm Zumba	17 10:30 The Melody Makers 10:30 Meet for going to Northern Blessings Alpacas & lunch at The Cherry Hut 11:30-1:30 Lunch 3:30 Chair Yoga	18 8:30 Leave for Little River Casino- \$10 w/ sign up 8:30 Zumba 11:30-1:30 Lunch 12:30 Bingo 2:00-4:00 Mexican Train Dominoes 4:30 Board of Director's Meeting	19 10:00 Coffee & Donuts w/ Vets with Karen 10:00 Dementia Support Group 11:30-1:30 Lunch 1:30 BUNCO	20 Teddy Bear Day! Bring your bear to TGP! 9:30 BUNCO 10:30 Line Dancing 11:30-1:30 Lunch 1:00 Wii Bowling 1:30 Sew w/ Joan & Marleen
23 9:30 Stretch & Balance 11:30-1:30 Lunch 1:30 Dip & Design w/ Sheila 530 pm Zumba	24 10:30 The Melody Makers 11:30-1:30 Lunch 3:30 Chair Yoga	25 830 Zumba 11:30-1:30 Lunch 12:30 Bingo 2:00-4:00 Mexican Train Dominoes	26 10:00 Book Group 10:30 BP Clinic 11:30-1:30 Lunch 1:30 BUNCO	9:30 BUNCO 10:30 Line Dancing 11:30-1:30 Lunch 1:00 Wii Bowling 1:30 Crochet, Knit & Sew Circle – Mitten Kittens 5:00 Dinner 6:00 Trivia Night**
30 9:30 Stretch & Balance 11:30-1:30 Lunch 1:30 Jar Openers & Kitchen Sponges w/ Debbie 5:30 pm Zumba	September 17th We are going out to Northern Blessings Alpaca Farm & then The Cherry Hut for Lunch. Cost \$10 plus you pay for your lunch & things from the gift shop. Meet at TGP 10:30am Sign-up ahead if you can!	Please bring us items for crafts, And prizes for Bingo. We appreciate it as these are self-supporting activities at our facility! Your help is needed! THANKS!	Line Dancing will be happening most Friday mornings moving forward. Come join us for some movement & fun. The exception is the 13th as we have a Flu & Covid Shot Clinic.	**Trivia Night— New this month! We'll have dinner at 5:00pm and Trivia games will begin at 6:00pm Come have fun & win prizes!!!

Bulletin Board

Are you a Veteran? Need benefit help?

Call Karen Korolenko, Director at Benzie County Department of Veterans Affairs. 231.882.0034 or email kkorolenko@benzieco.net. Free Computer Help—Darcy Library in Beulah
Thursdays 10:00 a.m. until Noon
We recommend that you call ahead
231.882.4037 and speak with Carol

List for The Gathering Place Book Club

Book Group meets next on September 26th at TGP at 10:00 a.m.

September's Book—Killers of the Flower Moon by David Grann

October's Book—Lessons in Chemistry by Bonnie Garmus

November's Book—Love Medicine by Louise Erdrich

Our Thompsonville lunch, music, and bingo is <u>cancelled until</u> <u>further notice</u>.

Essential Estate Planning

Benzie Senior Resources offers Essential Estate Planning by appointment only. Meet with an estate planning attorney for free to review, update and/or create an estate plan.

Call 231-525-0600

to schedule your appointment.

IMPORTANT: Call our office to cancel your BSR worker/contractor for Home Healthcare or for your Homemaking Service if you're sick or need to reschedule. Let's keep each other healthy! (231) 525-0600

Join us to make wool mittens from wool sweaters and cool buttons August 16th at 1:30 pm at TGP with Joan & Marleen...

This is for fundraising for more activities, so if you learn & join in you can make a difference & have fun! We usually meet at TGP on Friday afternoons.









FOOT CARE CLINIC

BY APPOINTMENT

Wednesdays at Benzie Senior Resources office, for Age 60 and over.

Call 231-525-0600 to set yours up.

Starting October 1st, each session will be \$20.00/client.

Have you considered where your volunteer hours might have the most local impact? We'd love to chat with compassionate people who could help us deliver daily meals to Benzie County home-bound seniors. Our Home Delivered Meals Program helps ensure seniors are food secure, and also provides a caring check-in on delivery days--such peace of mind for out of town family members. We have the delivery vehicles, and purchase the gas. Learn more by calling Michelle at 231-525-0601, ext. 202. She may be out delivering meals, so please leave a message!



Estate Planning with Attorney Courtney J. Marshall -(231) 947-6800-

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Autumn



HARVEST CHILLY THANKFUL WHEAT MAZE RED COLORS MAPLE TREE GEESE SWEATER ORCHARD PUMPKIN PEAR BROWN HAY LEAVES RAKE OCTOBER APPLE ORANGE



Come join us the last Friday of the month, Sept. 27th for Trivia Night!

We'll have dinner first at 5:00 p.m. and then games begin at 6:00 p.m.

You'll have great food & fun! You can win prizes, too!

Call to sign up: 231.525.0601

Produce Bingo & Ol' Time Gathering & Trivia

Produce Bingo is September 12th.

We'll be having:: Spaghetti w/ Meat Sauce, Garlic Toast, Corn, Applesauce, & Cake

Ol' Time Gathering is canceled for September.

We will be holding a Trivia Night in its place Sept. 27th

The meal for Trivia Night will be: Deluxe Chicken Sandwich, Coleslaw, Potato Chips, & Brownie

Please <u>sign up</u> in advance. If possible.
Call **231.525.0601**or stop by TGP!





September Birthdays

Randy Bell	1	Ricky Lannin	11	Ann Fouchey	22	3
Ellen Gibson	1	Bob Torp	11	Will Lynch	22	3 W
Nancy McKinley	1	Cathy Demitroff	12	Vicki MacKenzie	22	A 10
Jan Noecker	1	Randy Favreau	12	Lucy McGregor	22	
Joan Peck	1	Charles Fouchey	12	Marc Harrison	23	
Helen Ritter	1	Virginia Gardner	12	William Isham	23	
Nancy Berndt	2	Wanda Hancock	12	Margie Jenkins	23	ACCOUNT
Debbie Jensen	2	Dorla Link Lindsey	13	Anne Stubbs	23	1
Gary MacChioni	2	Eleanor Nordbeck	13	Gayle French	24	- 10
Grant Sheets	2	Shirley Villeneuve	13	Denny Link	24	34 15
Kay Fischer	3	Janice Webb	13	Lou Řastelli	24	7
Carroll Frankenberger	3	Barb Lynch	14	Jane Gerschick	25	
Jeffery Pataky	3	Michael Lynn	14	Susan Marihugh	25	7
Linda Robotham	5	Michael Cooney	16	James Marek	25	ALC: N
Brenda Smith	5	Shannon Geetings	16	Kim Beechraft	26	- 16
Etta Erdman	6	Sharon Harris	16	Beverly Harris	26	-
Steven Henry	6	Janice Herringa	16	Bonnita Baker	26	
Kay Nydam	6	Sharon Trumbell	16	Marilyn Berndt	27	Charles of the last
Linda Stockman	6	Mike Bishop	17	Linda Nelson	27	
Jack Dulaney	7	Janet Brown	17	Mary Olney	27	4.760
Irene Saxton	7	Jim Stamm	17	Marlene Wood	27	24
Denise Kerridge	8	Sally Majszak	18	Lina Dean	28	3/15
Alan Piotrowski	8	Glenda Golanda	19	Mary Johnstone	28	- W
Richard Sosnowski	8	Judy Stovak	19	Barb Pracher	28	30.1
Dottie Blank	9	Pat Delorme	20	Katie Rosa	28	
Linda Martin	9	JoAnne Hawkins	20	Joe Bolado	29	
Carolyn Pletz	9	Diana Sosnowski	20	Ken Chlebo	29	
Wayne Taylor	9	Suzanne Waring	20	Larry Poulisse	29	- 16
Mary Ann Wichtner	9	Jack Brown	21	Sandy VanHeynigen	29	1
Phyllis Heniser	10	Jean Noah	21	Sylvia Beardsley	30	10
James Morrell	10	Marvin Rosa	21	John Beeman	30	
Maren Bailey	11	Nena Bondarenko	22	Karen Mendrea	30	
Janet Dixon	11	Linda Brooks	22			
						PW W

If we forgot your birthday we are truly sorry. Please remind us for next year. If you prefer your name be removed from the birthday list, please let us know.



1954 was quite a year for Gene & Phyllis Heniser! They graduated from high school and got married shortly after.

September 11th is the blessed day they united in marriage.

Happy 70th Anniversary!





Nutrition Notes



Enjoy the Power of Protein

People of all ages need protein for strong, healthy bodies. Some older adults do not get the protein they need to maintain muscle mass, fight infection and recover from an accident or surgery. Chewing protein foods such as meat can be a problem for some older adults. Here are a few tasty tips to pump up your protein intake, without upsetting your food budget or energy balance.

Enjoy More Beans. Add canned beans to salads, soups, rice dishes and casseroles.

Make Your Crackers Count. Spread peanut butter on whole-grain crackers and eat them as snacks or alongside soup, chili or salad.

Amp Up Your Eggs. Mix grated, low-fat cheese, or extra egg whites into scrambled eggs.

Cook with Milk. Use fat-free or low-fat milk or fortified soy milk rather than water, to make creamy soups or oatmeal.

Use Dry Milk Powder. Mix a spoonful of dry milk into fluid milk, cream soups and mashed potatoes.

Source: www.eatright.org





Come meet with us at
Benzie Senior Resources
Friday September 20th
10am –12pm by appointment
231.525.0600

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Staff Milestones



Ryan Couturier 9/18

Ryan enjoys time with his daughter & time at the beach. We're thankful for his being part of our days at TGP! He and his daughter have a terrific cat who follows them on walks. Ryan looks forward to snowshoeing in the Andes this next winter and learning the didgeridoo. Happiest of birthdays Ryan!



Donna Heinrich 9/14

Donna is in the middle here with family on an adventure. She and her husband Jim have three kids. They are often part of these wonderful times. As Donna grew up as a "military brat" her love of travel was instilled early on. We are blessed to have her experience in nursing as part of her tremendous gift while working with our clients. Have a great birthday Donna!



More fun at TGP!



Benzie Senior Resources 231.525.0600

Medicare Minute

As we near open enrollment time there are many times the phone rings and we won't/don't recognize the number. Robocall scams can often seem random, but that's not always the case. Sometimes they are highly targeted - as with older Americans whose Medicare eligibility opens the door to health insurance fraud.

Be aware that *bad actors* may spoof the number that appears on your caller ID so that an incoming call seems to be from a government agency or a health provider that you already know and trust. They do this to entice you to answer. When you pick up, a scam caller usually starts chatting you up to engage you, asking you conversational questions to put you at ease. Whatever scam scenario follows, the caller is trying to get your personal information, such as your Medicare card number, your Social Security Number, or other health insurance identification.

For your awareness: Medicare does not call you uninvited and ask you for personal or private information. You will usually get a written statement in the mail before you get a phone call from a government agency. Calls requesting health insurance information should not be trusted.

Medicare.gov advises that you take the following precautions:

Never give your Medicare card, Medicare Number, Social Security card, or Social Security Number to anyone except your doctor or people you know should have it (like insurers acting on your behalf or people who work with Medicare, like your State Health Insurance Assistance Program (SHIP). Get the contact information for your local SHIP.

- → Do NOT accept offers of money or gifts for free medical care.
- → Don't allow anyone, except your doctor or other Medicare providers, to review your medical records or recommend services.
- Never Join a Medicare health or drug plan over the phone unless YOU called Medicare. If someone asks you for your information, for money, or threatens to cancel your health benefits if you don't share your personal details, hang up and call 1-800-MEDICARE (1-800-633-4227) or visit medicare.gov.

<u>Be vigilant</u>. Scammers can be very convincing, and they may know a little – or a lot – about you, especially if they have access to some of your personal information already. Follow <u>these simple tips to avoid spoofing scams</u>:

- → Don't answer calls from unknown numbers.
- ♦ If you answer and the caller isn't who you expected, hang up immediately.
- Never give out personal information such as account numbers, Social Security numbers, mother's maiden names, passwords or any other self-identifying response to an unexpected call.
- ◆ Use caution if you are being pressured for information immediately. If a caller claims to represent a health insurance provider or a government agency, simply hang up. You can then call back using a phone number on an account statement, in the phone book, or on an official website to verify the caller's authenticity.

Stay informed

"Medicare & You: Preventing Medicare Fraud," a video from the Centers for Medicaid and Medicare Services, advises you to "hang up the phone if someone calls and asks for your Medicare number." It also urges you to guard your Medicare number like you would your credit card numbers.

You can browse FCC <u>Consumer Help Center Posts</u> and <u>Scam Glossary</u> to learn about similar scams, include <u>open enrollment health insurance scams</u>.

You can also file consumer complaints about phone scams with the <u>FCC</u> or the <u>FTC</u>. Read the <u>FCC Complaint</u> <u>Center FAQ</u> to learn more about the FCC's informal complaint process, including how to file a complaint, and what happens after a complaint is filed. —shared by the Federal Communications Commission

* The FCC does not endorse any commercial product or service.

MMAP is a free counseling service for Medicare and/or Medicaid beneficiaries and their caregivers. MMAP counselors are not associated with any health insurance company and can provide you with unbiased information and assistance on public benefits and health insurance issues. They are trained in Medicare and Medicaid law and regulations and related insurance products. Our volunteer is available for appointments either over the phone or in-person by calling our office at 231.525.0600.

Donation Information

Giving is not just about making a donation. It's about making a difference.

We Need Your Help!

Benzie Senior Resources is an independent 501 c-3 nonprofit organization. We depend on donations to sustain our programs and we need **your** support to continue providing reliable and professional services to the seniors of Benzie County. Traditional funding sources are failing to keep up with the growing needs of the rapidly increasing population of people over age 60. Your donation will help us continue our important work!

We are dedicated to supporting older adults and the friends, family and community who surround them. No matter the age or situation, we have professional, reliable services to help keep Benzie seniors living independently—with dignity—in their own homes. You can be assured we will continue to be good stewards of all tax-deductible gifts. If you would like to designate your gift as a Legacy or Memorial Gift, please call or email us with your wishes. If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102, or email at info@BenzieSeniorResources.org.

DONOR INFORMATION:

Legacy Giving: Planned gifts are a thoughtful way to remember Benzie seniors. Please consider us in your estate planning or have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

Memorial Gifts: Tribute gifts can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

Name:		
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