

# August Menu Our meals meet 1/3 of the recommended daily allowance nutrition requirements (RDA)

Monday	Tuesday	Wednesday	Thursday	Friday	
<i>We accept cash, Visa, Mastercard, &amp; Discover. Personal Checks also accepted made out to BSR</i>	1 Greek Style Pita Sandwich Sweet Potato Bites Pesto Infused Cauliflower Diced Peaches	2 Shredded Chicken BBQ Sandwich Baked Beans w/ Bacon Steamed Parisian Carrots Classic Fruit Cocktail Ice Cream Sandwich	3 Homemade Sloppy Joes Oven Roasted Squash & Zucchini Steamed Sweet Peas Fresh Cut Watermelon	4 Chicken Pesto Linguini Steamed Spinach Capri Vegetable Blend Soft-baked breadsticks Fresh Peach	
	7 Texas Style BBQ Chili Steamed Sweet Corn Oven Roasted Asparagus Oyster Crackers Fresh Peach	8 Homestyle Salisbury Steak Herbed Mashed Potatoes Key West Vegetable Blend Stoneground Wheat Bread Fresh Cut Oranges	9 Deluxe Chicken Sandwich Oven Baked Tater Tots Oven Roasted Squash & Zucchini Fresh Grapes Tropical Rice Pudding	10 Hand-rolled Sweet & Sour Meatballs Steamed Cauliflower Florets Japanese Vegetable Blend Lucky Fortune Cookie Mandarin Oranges	11 Slow Roasted Beef Herbed Mashed Potatoes Venetian Vegetable Blend Birthday Cake Bites Diced Pears
	14 Authentic Sesame Chicken over Rice Asian Vegetable Blend Steamed Broccoli Florets Lucky Fortune Cookie Mandarin Oranges	15 Freshly Chopped Chef's Salad Soft-baked breadsticks Fresh Banana	16 Bratwurst w/ Sauteed Peppers & Onions, Crispy Smashed Potatoes, Steamed Parisian Carrots, Apricot Halves	17 Cornmeal Dusted Catfish, Herb Buttered Potatoes, Normandy Vegetable Blend, Stoneground Wheat Bread, Fresh Cut Cantaloupe	18 Loaded Baked Potato Bar Sicilian Vegetable Blend Italian Style Green Beans Stoneground Wheat Bread Fresh Cherries
	21 BBQ Glazed Chicken Whipped Sweet Potatoes Steamed Cauliflower Florets Sweet Hawaiian Rolls Classic Applesauce	22 Pepperoni Stuffed Calzone California Vegetable Blend Italian Style Green Beans Soft-baked breadsticks Pineapple Tidbits	23 Chicken tenders w/ House Dip Sauce Cheddar Bacon Mashed Potatoes Caribbean Vegetable Blend Stoneground Wheat Bread Fresh Plums	24 Belgian Waffle w/ Berries 'N Cream Freshly Scrambled Eggs Savory Sausage Links	25 Roasted Veggie Lasagna Malibu Vegetable Blend Green Bean Blend Soft-baked breadsticks Tropical Fruit Blend
28 Shrimp Scampi over Pasta Normandy Vegetable Blend Steamed Broccoli Florets Soft-baked breadsticks Fresh Banana	29 Seasoned Beef Taco Bar Authentic Refried Beans Oven Baked Peaches Tortilla chips w/ Fire-Roasted Salsa	30 Freshly Made Submarine Sandwich Bar Raspberry Carrot Salad Cranberry Applesauce	31 Five Cheese Stuffed Manicotti, Sicilian Vegetable Blend, Pesto Infused Cauliflower Whole Wheat Garlic Toast, Fresh Cut Honeydew Melon, Trail Mix	<b>Meal price is a \$4.00 suggested donation for age 60 and older. Under 60 is \$7.50</b>  <b>Caregivers under 60 are \$4.00</b>	