



# BENZIE SENIOR RESOURCES

December 2022

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December is...

Read a New Book Month  
Stress-Free Family Holiday Month  
Fruit Cake Month  
Human Rights Month  
Safe Toys and Gift Month  
Write a Friend Month



A HUGE thank you to the Benzie County 100 Women Who Care for choosing Benzie Senior Resources as the recipient of their generous donation. We will finally be able to replace our convection oven!

Pictured L to R: Susie Hughes, our Chef, David Main and Executive Director, Doug Durand



We will be at Family Fare in Benzonia on Wednesday, December 7th from 10:00 a.m. to 6:00 p.m. collecting donations for the annual Christmas Gift Bags that we deliver to homebound seniors in Benzie County. Please, stop by, donate and say hi!



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trusted care to  
support Benzie  
Seniors.*

## BENZIE SENIOR RESOURCES BOARD OF DIRECTORS

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Benzie Senior Resources is funded by Benzie County residents through a property tax millage; federal and state funds through the Aging & Adult Services Agency, Area Agency on Aging of Northwest Michigan; private donations; from GT Band of Ottawa and Chippewa Indians 2% Allocation, Benzie County Community Chest, Delta Dental Foundation, Grand Traverse Regional Community Foundation, Benzie County Sunrise Rotary Foundation, Cherryland Cares and Meals on Wheels of America. Benzie Senior Resources will not discriminate against any individual or group because of race, sex, religion, age, national origin, marital status, disability, or political beliefs.

### DIRECTORY

Phone: 231-525-0600 or

Toll Free: 888-893-1102

Fax: 231-325-4855

Email:

info@BenzieSeniorResources.org

Website: www.BenzieSeniorResources.org

Facebook: @benzieseniorresources.org

The Gathering Place: 231-525-0601

Benzie Senior Resources Office Hours

Monday – Friday: 8:30 a.m. – 4:00 p.m.

The Gathering Place Senior Center Hours  
are Monday — Friday 8:00 a.m.— 4:00 p.m.  
with exception to special events and  
inclement weather.

## THE SENIOR SCOOP IS A MONTHLY PUBLICATION BROUGHT TO YOU BY:

Benzie Senior Resources  
10542 Main Street  
Honor, MI 49640

Douglas Durand, Executive Director  
Dawn Bousamra, Assistant Director/ Editor  
Angela Haase copy/finish edits

### NEWSLETTER SUBSCRIPTION FORM

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CITY/ST/ZIP \_\_\_\_\_ DATE \_\_\_\_\_

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If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00. There is no charge for emailing. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at benzieseniorresources.org under the NEWS tab, at our Benzie Senior Resources office and at The Gathering Place.





## All Ages at The Gathering Place



The Benzie Central Middle School Interact Club helped out at The Gathering Place. Some even participated in Princess Day! Thank you to Val Gerhardt with Benzie Sunrise Rotary Club for setting this up and brightening our day.



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Candice and Ken with Higgins Hearing and Audiology will be at Benzie Senior

Resources Administration office Friday, December 9th from 10:00 a.m.–noon. They will be doing ear check-ups, cleaning hearing aids, checking for too much wax, etc. Call 231-525-0600 to schedule an appointment.

# December Menu

Our meals meet 1/3 of the recommended daily allowance nutrition requirements (RDA)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We accept cash, Visa, Mastercard and Discover.</p> <p>Personal Checks also accepted made out to BSR</p>	<p><b>Menu is subject to change based on product availability</b></p>	<p>Meal price is a \$4.00 suggested donation for age 60 and older</p> <p>Under 60 is \$7.50</p> <p>Caregivers under 60 are \$4.00</p>	<p>1</p> <p>Chicken 'N Dumplings Southern Style Succotash Italian Style Green Beans Stoneground Wheat Bread Apricot Halves</p>	<p>2</p> <p>Cheddar &amp; Chive Encrusted Cod Crispy Smashed Potatoes Normandy Vegetable Blend Stoneground Wheat Bread Fresh Plums</p>
<p>5</p> <p>Chicago Style Italian Beef Sandwich Oven Baked Tater Tots Caribbean Vegetable Blend Diced Pears</p>	<p>6</p> <p>Classic Hot Turkey Sandwich Herbed Mashed Potatoes Key West Vegetable Blend Cranberry Applesauce</p>	<p>7</p> <p>Cornmeal Dusted Catfish Oven Baked Potato Steamed Spinach Stoneground Wheat Bread Diced Peaches</p>	<p>8</p> <p>New Orleans Bourbon Chicken 'N Rice Japanese Vegetable Blend Green Bean Blend Mandarin Oranges Soft Baked Brownies</p>	<p>9</p> <p>Caribbean Style Roasted Pork Whipped Sweet Potatoes Malibu Vegetable Blend Sweet Hawaiian Rolls Tropical Fruit Blend Birthday Cake Bites</p>
<p>12</p> <p>Smoked Sausage &amp; Sauerkraut Italian Vegetable Blend Warm Diced Beets Stoneground Wheat Bread Classic Applesauce</p>	<p>13</p> <p><b>Home Delivered Meals only</b> Homestyle Shepard's Pie Steamed Parisian Carrots Steamed Sweet Peas Stoneground Wheat Bread Fresh Banana</p>	<p>14</p> <p>Whole Wheat Blueberry Pancakes Freshly Scrambled Eggs Savory Sausage Links Oven Baked Pears</p>	<p>15</p> <p>Homestyle Beef Stew California Vegetable Blend Steamed Sweet Corn Fresh Baked Biscuits Fresh Grapes</p>	<p>16</p> <p>Homemade Meatloaf with Gravy Herbed Mashed Potatoes Steamed Broccoli Florets Stoneground Wheat Bread Fresh Cut Oranges</p>
<p>19</p> <p>Roasted Turkey with Herbed Stuffing Herbed Mashed Potatoes Venetian Vegetable Blend Multigrain Dinner Roll Bonnie's Famous Cranberry Sauce</p>	<p>20</p> <p>Classic Liver &amp; Onions with Bacon Herbed Mashed Potatoes Steamed Broccoli Florets Stoneground Wheat Bread Diced Pears</p>	<p>21</p> <p>Sweet &amp; Sour Chicken over Rice Crispy Egg Roll Asian Vegetable Blend Lucky Fortune Cookie Pineapple Tidbits</p>	<p>22</p> <p>Pineapple Dijon Baked Ham Whipped Sweet Potatoes European Vegetable Blend Sweet Hawaiian Rolls Fresh Cut Oranges</p>	<p>23</p> <p>Closed</p> 
<p>26</p> <p>Closed</p> 	<p>27</p> <p>Grand Rapids Style Wet Burrito Authentic Refried Beans Oven Baked Peaches Tortilla Chips with Fire Roasted Salsa</p>	<p>28</p> <p>Smothered Chicken Breast Oven Roasted Potatoes Pesto Infused Cauliflower Soft Baked Breadsticks Fresh Grapes</p>	<p>29</p> <p>Savory Sausage Cassoulet Capri Vegetable Blend Green Bean Blend Stoneground Wheat Bread Apricot Halves</p>	<p>30</p> <p>Closed</p> 



## Pigeon Forge Trip/ Share the Love Event!

### Pigeon Forge and Smoky Mountains Show Trip

**When:** May 15-20, 2023—6 days and 5 nights

**Cost:** \$715 based on double occupancy

**Included:**

- \* 7 meals—5 breakfasts and 2 dinners
- \* Shows! See Smith Morning Variety Show; Magic of Terry Evanswood; Soul of Motown & Country Tonite
- \* Admission to Dollywood
- \* Guided tour of The Great Smoky Mountains National Park
- \* Free time to explore Historic Downton Gatlinburg



**Stop by Benzie Senior Resources for a full trip itinerary and to sign up today!**

**Only \$144 deposit is needed to get on the list.**



### SHARE THE LOVE EVENT

As part of a national partnership with Meals on Wheels America, Subaru of America, Inc. will donate \$250 to the purchaser's choice of participating charities – one of them is Meals on Wheels – for every new vehicle purchased or leased from November 17, 2022, through January 3, 2023. Since the Subaru Share the Love Event began in 2008, Subaru and its participating retailers have donated nearly 4 million meals and friendly visits to seniors being served by local Meals on Wheels programs across the country. For more information, visit [www.MealsonWheelsAmerica.org/ShareTheLove](http://www.MealsonWheelsAmerica.org/ShareTheLove).

My **Senior** Center—Have you noticed this screen at our front desk at The Gathering Place? It's a system called myseniorcenter and it's a way for us to save paper and collect data for our grants and reports. Don't worry! We are not replacing our incredible desk volunteers.



Some of you already have your keycard and have learned how to check-in. Please let our desk volunteer know if you don't have one and we'll have it ready for you the next time you visit. And if you volunteer as a meal delivery driver or in any other capacity you also need one! **We have reached a point where everyone must scan their keycard for all activities, lunches and volunteering. Thank you!**

## December Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <p>11:30-1:30 Lunch 11:30 Music by Parson-McNamara 12:00—1:00 Rosie (DOG) with her handler Krystal 1:30 BUNCO</p>	<p>2</p> <p>9:30 BUNCO 10:30 Thompsonville Lunch &amp; Music 11:30-1:30 Lunch 1:00 Wii Bowling 1:30 Crochet Circle</p>
<p>5</p> <p>10:00 Stretch &amp; Balance 11:30-1:30 Lunch 1:30 Euchre 5:30 Zumba</p>	<p>6</p> <p>10:30 The Melody Makers 11:30-1:30 Lunch 3:30 Chair Yoga</p>	<p>7</p> <p>8:30 Zumba 11:30-1:30 Lunch 12:30 Bingo</p>	<p>8</p> <p>10:00 Apple and Orange Pomander Class 10:30 Blood Pressure/ Blood Sugar Clinic 11:30-1:30 Lunch 1:30 BUNCO</p>	<p>9</p> <p>9:30 BUNCO 10:00 Hearing Clinic (at BSR office—appointment required) 11:30-1:30 Lunch 1:00 Wii Bowling 1:30 Crochet Circle</p>
<p>12</p> <p>10:00 Stretch &amp; Balance 11:30-1:30 Lunch 1:30 Financial Scam Workshop 5:30 Zumba</p>	<p>13</p> <p>Closed</p> 	<p>14</p> <p>8:30 Zumba 11:30-1:30 Lunch 12:30 Bingo 4:30 Board of Directors Meeting</p>	<p>15</p> <p>11:30-1:30 Lunch 1:30 BUNCO</p>	<p>16</p> <p>9:30 BUNCO 11:30-1:30 Lunch 12:00—1:00 Rosie (DOG) with her handler Krystal 1:00 Wii Bowling 1:30 Crochet Circle</p>
<p>19</p> <p>10:00 Stretch &amp; Balance 11:30-1:30 Lunch 11:30-1:30 Decorate Christmas Cookies 1:30 Euchre</p>	<p>20</p> <p>10:30 The Melody Makers 11:30-1:30 Lunch 3:30 Chair Yoga</p>	<p>21</p> <p>11:30-1:30 Lunch 12:30 Bingo</p>	<p>22</p> <p>11:30-1:30 Lunch 1:30 BUNCO</p>	<p>23</p> <p>Closed</p> 
<p>26</p> <p>Closed</p> 	<p>27</p> <p>10:30 The Melody Makers 11:30-1:30 Lunch 3:30 Chair Yoga</p>	<p>28</p> <p>8:30 Zumba 11:30-1:30 Lunch 12:30 Bingo</p>	<p>29</p> <p>10:00 Book Group 11:30-1:30 Lunch 1:30 BUNCO 5:00—9:00 New Year's Eve Party</p>	<p>30</p> <p>Closed</p> 



## Staff Milestones

### Staff Birthdays



Traci Hultman, December 2nd.  
Traci loves listening to country music and is always ready to share a laugh. She is also celebrating 6 years as a Home Health Aide and just completed her CENA certification. Congrats Traci!



Jeff Stockman, December 13th.  
Jeff works hard to ensure our Home Delivered Meals clients receive their hot meals every weekday. When home he's tending to his goats and garden. Also, he tends to win radio contests. Ask him!



Bea Raffaele, December 13th.  
Bea is an avid rock hound and loves to spend time outside in her garden. She is from Stuttgart, Germany and moved to America in 1990.



Marti Alexander, December 31st.  
Marti is a talented cook and baker. She fought and won a war with wasps and loves her sweet dog Tugg. She is most content on or near water and would walk for days along Lake Michigan's shoreline.



Benzie Senior Resources has partnered with Benzie Bus to offer Health Rides for Benzie seniors age 60 and older.

Personalized, door-to-door rides to medical appointments and procedures. Fees are income-based and are on a sliding scale. Call us for more information at 231.525.0600.

Benzie Bus passes are no longer necessary to ride the bus. You must be 60 or older and a resident of Benzie County. Call 231.525.0600 and we'll get you on the list. Drop your old pink bus passes at either Benzie Senior Resources or The Gathering Place. You can also mail them to us at: BSR, 10542 Main Street, Honor, MI 49640. Thanks!

### Staff Anniversaries



Kathy Frederick, 9 years.  
Kathy is our Assistant Cook at The Gathering Place. She loves her family and so proud of her grandbabies! We appreciate her extra touches in the kitchen when creating meals for our folks.

### FOOT CLINIC

Wednesdays at Benzie Senior Resources Office,  
**BY APPOINTMENT.**

Please call 231-525-0600 to schedule yours.  
We don't charge a fee, but donations are appreciated.

### Essential Estate Planning

Benzie Senior Resources offers Essential Estate Planning **by appointment only**. Meet with an experienced estate planning attorney for free to review, update and/or create an estate plan. Call 231-525-0600 to schedule your appointment.



Upcoming Little River Casino Trip is December 21st. Leave The Gathering Place at 8:30 a.m. Trip fee is \$10. The dates are on Senior Day so after 10:00 a.m. if you get two points you can go to the kiosk machine to win Little River credits. Sign-up sheet is at the front desk at The Gathering Place or call 231.525.0601.



Are you a Veteran? Need benefit help?

Call Karen Korolenko,  
Director at Benzie County  
Department of Veterans Affairs.  
231.882.0034 or Email [kkorolenko@benzieco.net](mailto:kkorolenko@benzieco.net).

### Free Computer Help

The Darcy Library in Beulah  
Thursdays 12:00 p.m.-4:00 p.m.  
Use your computer or one at the library.  
Questions? Call Carol at 231.882.4037

Benzonina Library has a Talking Library. They partner with Traverse Area District Library and will mail you books on CD. They are open M-F 10am to 6 pm with curbside service available Monday thru Friday 12-4pm. Free WiFi is available there 24/7. For more information they can be reached at 231.882.4111.







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**Justin C Keillor**

Financial Advisor

1505 Benzie Hwy Suite 105  
Benzonia, MI 49616

Bus: 231-882-4822

Fax: 877-843-3746

[Justin.Keillor@edwardjones.com](mailto:Justin.Keillor@edwardjones.com)

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## Books and Workshops

BOOK GROUP LIST FOR The Gathering Place Book Club.  
MEET LAST THURSDAY OF THE MONTH@ 10

DEC – WHERE THE CRAWDADS SING -DELIA OWENS  
JAN – ISADORE’S SECRET – MARDI LINK  
FEB – TATTOOIST OF AUSCHWITZ - HEATHER MORRIS  
MARCH -THE STRANGER IN THE LIFEBOAT-MITCH ALBOM  
APRIL – BEING MORTAL – ATUL GAWANDE  
MAY – THE FOUR WINDS – KRISTIN HANNAH  
JUNE – LONG BRIGHT RIVER – LIZ MOORE  
JULY – IT’S ALL RELATIVE – AJ JACOBS  
AUGUST – THE MOVIEGOER – WALKER PERCY  
SEPT – THE RED WHEELBARROW- BRIONY STEWART  
OCT – THE WAVES – VIRGINIA WOOLF  
NOV – SAVING ARCADIA – HEATHER SHUMAKER  
DEC – A WOMAN IS NO MAN – ETAF RUM



### Financial Scam Workshop

Alyssa Kerner with Honor Bank will be at The Gathering Place for a Financial Scam Workshop On December 12th at 1:30 p.m.



MICHIGAN STATE  
UNIVERSITY

Extension

## Healthy Holidays

### PRESENTATION SUMMARY:

Holidays can be a difficult time to stay active and eat healthy. Let MSU Extension be your guide to a healthy holiday.

- Learn tips and tricks to make delicious and healthy foods.
- Make small recipe substitutions to your favorite dishes, without losing the fabulous flavor.
- How to avoid mindless eating at the buffets and snack bowls.
- Substitutions for less healthy holiday dishes, how to deal with unhealthy snacks and more tips to help keep those holiday pounds away!

MSU is an affirmative-action, equal-opportunity employer. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status. MSU is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact two weeks prior to the start of the event. Requests received after this date will be honored whenever possible.

### DATE & TIME:

December 15th  
10:00 AM—11:45 AM

### LOCATION:

The Gathering Place  
10579 Main St.  
Honor, MI 49640

### CONTACT:

Caitlin Lorenc  
lorencca@msu.edu

### AUDIENCE:

Adults

### REGISTER HERE:

With Susan Glass

Join us for a **FREE** presentation to learn about healthy eating during the holidays!





## Winter Nutrition Tips

Winter brings cold and flu season, and less access to local fresh produce. **This is why it is important for seniors to maintain a nutritious diet that will keep the immune system strong enough to fight oncoming illness.** Below are tips on how to maintain a nutritious diet throughout the upcoming winter:



### 1) Fill Up on Produce

**Dark colored fruits and veggies carry important vitamins, enzymes and antioxidants. Frozen produce is also an option, as long as it has not been stored for longer than 1 year from purchase. For those who have a hard time consuming hard foods, steaming vegetables or making smoothies is always an option.**

### 2) Favor Whole Grains

When cruising down the bread, cereal or pasta aisles at the store - choose the whole wheat options. Brown rice and quinoa are great fiber boosters. Those with intestinal issues should always consult with their doctor before increasing their daily fiber intake.

### 3) Small Meals, Big Benefits

It is crucial for seniors to maintain their weight and blood sugar levels throughout every season. Eating 5-6 small meals a day can boost your calorie intake, improve digestion and keep insulin levels normal. This method of eating can also be helpful for seniors who do not have the appetite for large meals or get bored eating a lot of the same things.

### 4) Hydration is Key

Proper water intake during cold weather season can help aid digestion and blood circulation, while also improving joint and muscle performance. Aiding your joints and muscles during the winter is important, since many seniors do not exercise as much outdoors when it is cold. Hydration can also aid in recovering from colds and flu. If water seems too boring for you - eat more soups, drink real fruit juices, drink milk or decaffeinated coffees and teas.

*Nutritional information obtained from the MedLine Plus website, an agency of the U.S. Dept. of Health and Human Services.*



## AARP and Inclement Weather

**55 OR OLDER, UNEMPLOYED AND LOOKING FOR WORK? WE CAN HELP!** For more than 50 years, AARP Foundation Senior Community Service Employment Program (SCSEP) has provided people over age 55 with opportunities to fill entry-level and mid-level positions in their local communities.

**HOW IT WORKS.** SCSEP trainees are placed in a variety of community service activities at nonprofit organizations, public facilities like day care and senior centers, libraries, schools and hospitals. Participants work an average of 20 hours a week and are paid the highest federal, state or local minimum wage.

**WHO'S ELIGIBLE?** Seniors must be age 55 and older, unemployed and seeking work and meet the income qualification to apply. Program participants receive support services that include Individual Employment Plan (IEP) development, specialized training to prepare for job placements and assistance in securing future employment.

For more information or to find out if you qualify, contact the AARP Foundation SCSEP program office at 231-252-4544.



Do you have a talent that you would like to share as an activity at The Gathering Place?  
Call Susan at 231.525.0600.

### Inclement Weather

If Benzie Central Schools are closed, Home Delivered Meals will not be delivered. The Gathering Place Senior Center will remain open and the meal served will consist of soup and salad. Scheduled activities may change. Call The Gathering Place Senior Center at 231-525-0601 to verify if an activity is still scheduled and if we are open. When Benzie Central Schools are on a 2-hour delay regular business hours and meal delivery will continue as scheduled. The Executive Director or their designee will monitor weather conditions and if a general alert is issued by the Michigan State Police, Benzie County Sheriff's Office or the Benzie County Road Commission requesting drivers to remain off the roads, then The Gathering Place Senior Center will be closed. The closure of The Gathering Place will be announced on 9 & 10 News, 7 & 4 News, WTCM 103.5 & WCCW 107.5. Look for updates on our Facebook page at [www.facebook.com/BenzieSeniorResources](http://www.facebook.com/BenzieSeniorResources).





## December Birthdays

Rick St. Pierre	1	Delphine Sullivan	8	Gene Nowak	21
Ed Fay	2	Shelley Fast	9	Patricia Hudson	23
James Foote	2	Ed Faltinowski	10	Melborn Chick	24
Tom Hafer	2	Gary Koenig	11	Niel Haugen	24
Cynthia Ivy	2	Claudia VanBrocklin	12	Edward Osga	24
Steve Post	2	Rachel Hopkins	13	Tanya Struble	24
Kathleen Crosby	3	David Jahr	13	Alvin Gray	25
Richard Haase	3	David Kilian	13	Lorna Hogue	25
Barb Skurdall	3	Judy Mead	14	Carol VanSlambrouck	25
Cheryl Supnick	3	Stacy Wagenknecht	14	Kathy Horton	26
Tom Burton	4	David Best	15	Rena Johnston	26
Glen Dorshimer	4	Kay Hammond	17	Karen Packer	27
Bill Higman	4	Jean Johnson	17	Lewis Small	27
Charles Myers	4	Fred Taylor	17	Steve Walton	27
Nicholas Puscas	4	William Ward	17	Gayle Dixon	28
Nancy Sheffer	4	Laura Ward	17	Dan Haswell	28
Mary Smeltzer	4	Patricia Matyas	18	Keith Jewell	28
Denis Crosby	5	Lois Schram	18	Diane Thompson	28
Al Francik	5	Leonard Sheridan	18	Lola Lee Kring	29
Dino Kortesis	5	Paul Stiles	18	Peggy Witzke	29
Luann May	5	Joanne Brown	19	Nancy Adadow-Gray	31
Flo Moutsatson	5	Art Gauthier	19	Cindy Boyd	30
Linda Rackow	5	Duncan Ramsay	19	Vera Carmien	30
Paula Smetlzer	6	Rosemary Abbett	20	Allen Forrester	30
Shirley Dudinetz	7	Phil Gagliano	20	Janice Miner-Heniser	30
Ricky Frederick	7	Elizabeth Rodgers Hill	20	Toni Hillier	31
Jerry Heiman	7	Chris Jahr	21	Carol Wagner	31
Craig Jackson	7	Elizabeth Kimbrough	21		

If we forgot your birthday we are truly sorry. Please remind us for next year.  
If you'd like your name removed from the birthday list, please let us know.

Items needed—yarn, buttons, glue sticks and sea shells.  
Please drop off at The Gathering Place between the hours of 8:00 a.m. and 4:00 p.m.

### *Anniversary Dates and Stories Wanted*

We'd love a picture and a chance to share your story. Where did you meet? Where did you go on your first date?  
Email us at: [bousamrad@BenzieSeniorResources.org](mailto:bousamrad@BenzieSeniorResources.org) or call Dawn at 231.525.0601. Mail the form to: Benzie Senior Resources, 10542 Main Street, Honor, MI 49640. ATTN: Dawn

Name \_\_\_\_\_ Anniversary Date \_\_\_\_\_

☐ Yes, I'd love to share my story you! Please call me at \_\_\_\_\_

☐ I don't want a story but please share my anniversary date.



## Santa Claus



ELVES  
SLEIGH  
BELLY  
REINDEER  
CUPID  
PRANCER  
DANCER  
DASHER  
RUDOLPH  
SACK  
BLITZEN  
SANTA  
COOKIES  
CHIMNEY  
MILK  
DONNER  
VIXEN  
CLAUS  
NORTH POLE

I	S	E	R	N	E	R	E	L	K	N	K	R	L
G	V	L	C	E	B	E	L	L	Y	N	H	V	S
C	I	O	L	D	O	I	C	R	C	U	P	I	D
O	X	P	A	A	H	N	S	E	E	E	E	E	A
Y	E	H	U	S	M	D	B	C	E	R	U	U	M
R	N	T	S	H	I	E	L	N	S	E	S	R	S
U	A	R	N	E	L	E	I	A	A	N	E	O	L
D	I	O	I	R	K	R	T	D	N	N	I	O	P
O	E	N	H	R	H	E	Z	K	T	O	K	E	R
L	S	L	E	I	G	H	E	U	A	D	O	O	A
P	L	L	V	A	A	E	N	E	X	A	O	E	N
H	E	I	E	E	B	A	C	S	S	A	C	K	C
U	I	N	I	S	S	E	O	E	P	R	E	E	E
Y	E	N	M	I	H	C	V	S	A	C	I	L	R

Play this puzzle online at : <https://thewordsearch.com/puzzle/125/>



### MEDICARE OPEN ENROLLMENT

Every year October 15th through December 7th is Open Enrollment for Medicare prescription drug and Medicare Advantage plans. If you want help reviewing your options during open enrollment you can make an appointment to talk with a certified MMAP counselor at Benzie Senior Resources. Just call (231) 525-0600 to make an appointment.





# Donation Information

Giving is not just about making a donation.  
It's about making a difference.



Benzie Senior Resources is an independent 501 c-3 nonprofit organization. We depend on donations to sustain our programs and we need **your** support to continue providing reliable and professional services to the seniors of Benzie County. Traditional funding sources are failing to keep up with the growing needs of the rapidly increasing population of people over age 60. Your donation will help us continue our important work!

We are dedicated to supporting older adults and the friends, family and community who surround them. No matter the age or situation, we have professional, reliable services to help keep Benzie seniors living independently—with dignity—in their own homes. You can be assured we will continue to be good stewards of all tax-deductible gifts. If you would like to designate your gift as a Legacy or Memorial Gift, please call or email us with your wishes. If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102, or email at [info@BenzieSeniorResources.org](mailto:info@BenzieSeniorResources.org).

**Legacy Giving:** Planned gifts are a thoughtful way to remember Benzie seniors. Please consider us in your estate planning or have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

**Memorial Gifts:** Tribute gifts can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

## DONOR INFORMATION:

Name: \_\_\_\_\_  
*Check here if you wish to remain ANONYMOUS*

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

Type of Donation (please circle): Legacy    Tribute    Other

Make Checks Payable To: Benzie Senior Resources, Mail to: 10542 Main Street, Honor, MI 49640

***Benzie Senior Resources is an independent 501 (c) 3 not-for-profit organization.  
Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S.  
regulations. Consult your tax or legal advisor for details.***

**Donor Privacy Policy**—Benzie Senior Resources (BSR) does not sell or distribute donor information. Be assured your information is secured and protected, and used only by BSR when processing your donation and supplying you with BSR information.

SCAN ME





**BENZIE**  
SENIOR RESOURCES

10542 Main Street, Honor, MI 49640

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Address Service Requested



We celebrated Veterans Day on Friday, November 11th with a free lunch for all vets and their spouses. We appreciate their service and are grateful they are part of our community.