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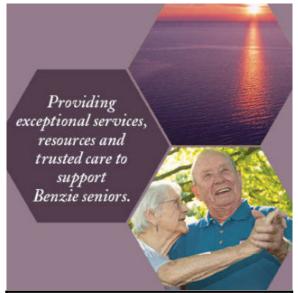
August is:
National Picnic Month
National Eye Exam Month
Peach Month
National Golf Month
National Catfish Month



Joyce decided that she wanted to celebrate her birthday at The Gathering Place surrounded by her dear friends.

A huge THANK YOU to our Advisory Council and volunteers who set up and ran the July Yard Sale. It was such a success!

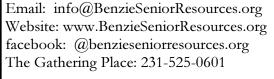




DIRECTORY

Phone: 231-525-0600 or Toll Free: 888-893-1102

Fax: 231-325-4855



Benzie Senior Resources Office Hours Monday - Friday: 8:30 a.m. - 4:00 p.m.

The Gathering Place Senior Center Hours are Monday — Friday 8:00 a.m.— 4:00 p.m. with exception to special events and inclement weather.

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Benzie Senior Resources is funded by Benzie County residents through a property tax millage; federal and state funds through the Aging & Adult Services Agency, Area Agency on Aging of Northwest Michigan; private donations; from GT Band of Ottawa and Chippewa Indians 2% Allocation, Benzie County Community Chest, Delta Dental Foundation, Grand Traverse Regional Community Foundation, Benzie County Sunrise Rotary Foundation, Cherryland Cares and Meals on Wheels of America. Benzie Senior Resources will not discriminate against any individual or group because of race, sex, religion, age, national origin, marital status, disability, or political beliefs.

THE SENIOR SCOOP IS A MONTHLY PUBLICATION BROUGHT TO YOU BY:

Benzie Senior Resources 10542 Main Street Honor, MI 49640



Douglas Durand, Executive Director

Dawn Bousamra, Assistant Director/ Editor Angela Haase copy/finish edits

NEWSLETTER SUBSCRIPTION FORM NAME ______ DOB: ____/____ CITY/ST/ZIP _____ DATE ____

If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00. There is no charge for emailing. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at benzieseniorresources.org under the NEWS tab, at our Benzie Senior Resources office and at The Gathering Place.



Adventures



Turtle Creek Casino—August 17th. Leave The Gathering Place at 8:30 a.m. Please come 10 minutes early if you haven't filled out the paperwork yet. Trip fee is \$10. Sign-up sheet is at the front desk at The Gathering Place or call 231.525.0601.



Upcoming Little River Casino Dates—November 16th and December 21st. Leave The Gathering Place at 8:30 a.m. Trip fee is \$10. The dates are on Senior Day so after 10:00 a.m. if you get two points you can go to the kiosk machine to win Little River credits. Sign-up sheet is at the front desk at The Gathering Place or call 231.525.0601.



Tunnel of Trees Trip! October 13, 2022! Leaving at 8:30 a.m. and will return around 5:00 p.m. We stop at Friske's Orchard for a quick break and then on to Good Hart General Store where you can buy a Homemade Chicken Pot Pie (if you'd like—they are AMAZING!) for later. We'll grab lunch at Legs Inn. Call to sign up at (231) 525-0601. Trip fee is \$10.00 and you are responsible for buying your own lunch.





Thank you Lester for teaching a Build-a-Birdhouse class. There was fun, laughter and power tools! More pics on the back page.



August Menu Our meals meet 1/3 of the recommended daily allowance nutrition requirements (RDA)

8		T		-
Monday	Tuesday	Wednesday	Thursday	Friday
Southern Style Pork Fritters & Gravy Herbed Mashed Potatoes California Vegetable Blend Stoneground Wheat Bread Fresh Apricot	Greek Style Pita Sandwich Sweet Potato Bites Pesto Infused Cauliflower Diced Peaches Ice Cream Sandwich	3 Homemade Sloppy Joes Oven Roasted Squash & Zucchini Fresh Cut Watermelon	4 Shredded BBQ Chicken Sandwich Baked Beans with Bacon Steamed Parisian Carrots Classic Fruit Cocktail	5 Chicken Pesto Linguine Steamed Spinach Capri Vegetable Blend Soft Baked Breadsticks Fresh Peach
8 Deluxe Chicken Sandwich Oven Baked Tater Tots Oven Roasted Squash & Zucchini Fresh Grapes	9 Homestyle Salisbury Steak Herbed Mashed Potatoes Key West Vegetable Blend Stoneground Wheat Bread Fresh Cut Oranges	Texas Style BBQ Chili Steamed Sweet Corn Oven Roasted Asparagus Oyster Crackers Fresh Peach	Hand Rolled Sweet & Sour Meatballs Steamed Cauliflower Florets Japanese Vegetable Blend Lucky Fortune Cookie Mandarin Oranges	Slow Roasted Beef Herbed Mashed Potatoes Venetian Vegetable Blend Stoneground Wheat Bread Diced Pears
15 BBQ Glazed Chicken Whipped Sweet Potatoes Steamed Cauliflower Florets Sweet Hawaiian Rolls	16 Bratwurst with Sauteed Peppers & Onions Crispy Smashed Potatoes Steamed Parisian Carrots Apricot Halves	17 Freshly Chopped Chef's Salad Soft Baked Breadsticks Fresh Banana	18 Cornmeal Dusted Catfish Herb Buttered Potatoes Normandy Vegetable Blend Stoneground Wheat Bread Fresh Cut Cantaloupe	19 Loaded Baked Potato Bar Sicilian Vegetable Blend Italian Style Green Beans Stoneground Wheat Bread Fresh Cherries
Authentic Sesame Chicken over Rice Asian Vegetable Blend Steamed Broccoli Florets Lucky Fortune Cookie Mandarin Oranges	Pepperoni Stuffed Calzone California Vegetable Blend Italian Style Green Beans Soft Baked Breadsticks Pineapple Tidbits	24 Belgian Waffle "N Berries Freshly Scrambled Eggs Savory Sausage Links Oven Baked Spiced Apples	25 Chicken Tenders with House Dip Sauce Cheddar Bacon Mashed Potatoes Caribbean Vegetable Blend Stoneground Wheat Bread Fresh Plums	26 Roasted Veggie Lasagna Malibu Vegetable Blend Green Bean Blend Soft Baked Breadsticks Tropical Fruit Blend
29 Seasoned Beef Taco Bar Authentic Refried Beans Oven Baked Peaches Tortilla Chips with Fire Roasted Salsa	30 Shrimp Scampi over Pasta Normandy Vegetable Blend Steamed Broccoli Florets Soft Baked Breadsticks Fresh Banana	Freshly Made Submarine Sandwich Bar Raspberry Carrot Salad Cranberry Applesauce Trail Mix	Meal price is a \$4.00 suggested donation for age 60 and older Under 60 is \$7.50 Caregivers under 60 are \$4.00	We accept cash, Visa, Mastercard and Discover. Personal Checks also accepted made out to BSR. Menu is subject to change based on product availability

The Kitchen Uncovered

Some of you may have noticed I missed submitting an article for last month's Scoop. The reason for the lack of kitchen wit and taletelling was that my family and I were deep in the forests of Maine on a family vacation. We were fortunate that the weather was perfect. We hiked for miles, saw whales and a moose, and even did some fishing on a lobster boat. As guilty as I felt skipping the article, I knew Benzie Senior Resources would benefit from this trip.

Traveling is one of my favorite things to do. Whether it's throughout our beautiful state, especially our incredible Upper Peninsula, or far across this amazing country-- traveling and eating new foods is what I truly enjoy. Many of the meals enjoyed at The Gathering Place Senior Center are inspired by my travels. Our Hawaiian Style Chicken and Rice is inspired by a luau I attended in Hawaii. Our authentic Enchiladas Verde is inspired by my honeymoon to Mexico. And our Southern Style Succotash came to be after I traveled to Atlanta. In Chicago I learned ketchup is not for hotdogs, but it is for Pasties in the Keweenaw Peninsula. I learned the difference between Gumbo and Jambalaya while in New Orleans. In Alaska I learned, unfortunately, we can't afford to put Halibut on our menu. On this trip in Maine, I discovered what a Whoopie Pie is, had blueberry pop, and pulled up, cooked, and thoroughly enjoyed the freshest lobster I have ever had! While we probably won't be cracking open fresh lobster anytime soon, we might be able to swing a lobster bisque.

Hopefully these meals are interesting and enjoyable for everyone. It is important to have many food options to keep things interesting and exciting. Maybe next time we have a meal not common place in Northern Michigan, it can be a few moments to travel to another great place!

Meantime. take care!

David Main Executive Chef

MySeniorCenter

Have you noticed this screen at our front desk at The Gathering Place? It's a system called myseniorcenter and it's a way for us to save paper and collect data for our grants and reports.

Don't worry! We are not replacing our incredibly valuable desk volunteers.

Some of you already have your keycard and have learned how to check-in. You may have seen Nicole or Dawn getting people set up in the system. It's a very simple process and our goal is to get everyone up and running by the end of August.



So, please see Nicole or Dawn (sometimes I'm there!) to be sure to get your keycard for scanning. And if you volunteer as a meal delivery driver or in any other capacity you also need one!

Thank you for helping us move this along!

August Calendar of Events							
Monday	Monday Tuesday Wednesday		Thursday	Friday			
1 10:00 Stretch & Balance 11:30-1:30 Lunch 5:30 Zumba	2 10:30 The Melody Makers 11:30-1:30 Lunch NO CHAIR YOGA	3 8:30 Zumba 11:30-1:30 Lunch 12:30 Bingo	4 10:30 Honor All School Reunion Meeting 11:30-1:30 Lunch 1:30 BUNCO	5 9:30 BUNCO 10:30 Thompsonville Lunch & Music 11:30-1:30 Lunch 1:00 Wii Bowling			
8 10:00 Stretch & Balance 11:30-1:30 Lunch 5:30 Zumba	9 10:30 The Melody Makers 11:30-1:30 Lunch 3:30 Chair Yoga	10 8:30 Zumba 11:30-1:30 Lunch 12:30 Bingo 1:00-4:00 Open Sew	11 10:00 Blood Pressure/ Glucose Tests 11:30-1:30 Lunch 12:00 Rosie (DOG) and her handler Kristal 1:30 BUNCO	12 9:30 BUNCO 11:30-1:30 Lunch 1:00 Wii Bowling			
15 10:00 Stretch & Balance 11:30-1:30 Lunch 1:30 Cribbage 5:30 Zumba	16 10:30 The Melody Makers 11:30-1:30 Lunch 3:30 Chair Yoga	17 8:30 Zumba 11:30-1:30 Lunch 12:30 Bingo	18 10:00 Paper Embroidery Cards with Dorothy, Part 1 11:30-1:30 Lunch 1:30 BUNCO	19 9:30 BUNCO 11:30-1:30 Lunch 12:00 Willow (DOG) and her handler Karleen 1:00 Wii Bowling			
22 10:00 Stretch & Balance 11:30-1:30 Lunch 1:30 Paper Embroidery Cards with Dorothy, Part 2 5:30 Zumba	23 10:30 The Melody Makers 11:30-1:30 Lunch 3:30 Chair Yoga	24 8:30 Zumba 11:30-1:30 Lunch 12:30 Bingo 2:00-4:00 Historian Group 4:30 Board of Directors Meeting	25 10:00 Book Group 11:00 Balance Class 12:00 Ice Cream Social 11:30-1:30 Lunch 1:30 BUNCO	26 9:30 BUNCO 12:00 Bascom (DOG) & Handler Sue 11:30-1:30 Lunch			
29 10:00 Stretch & Balance 11:30-1:30 Lunch 1:30 Pebble Art with Cindy 5:30 Zumba	30 10:30 The Melody Makers 11:30-1:30 Lunch 3:30 Chair Yoga	31 8:30 Zumba 11:30-1:30 Lunch 12:30 Bingo	SUMMER BREEZE	RF			



Staff Milestones

Staff Birthdays



Happy Birthday to Mellie Long! Mellie is a BSR Home Health Aide. She's been married for 36 years, has two sons and two grandchildren. She loves seafood, Mexican food, gardening, and scrapbooking.



Chef David Main is celebrating his 40th birthday on August 19th. In the past David has enjoyed traveling, live music, and hiking. He recently hiked the infamous Beehive Loop Trail in Acadia National Park.

Free Computer Help

The Darcy Library in Beulah Thursdays 12:00 p.m.-4:00 p.m. Use your computer or one at the library. Questions? Call Carol at 231.882.4037

Essential Estate Planning

Benzie Senior Resources offers Essential Estate Planning by appointment only. Meet with an experienced estate planning attorney for free to review, update and/or create an estate plan. Call 231-525-0600 to schedule your appointment.



Are you a Veteran? Need benefit help? Call Karen Korolenko, Director at Benzie County Department of Veterans Affairs. 231.882.0034 or Email kkorolenko@benzieco.net.

FOOT CLINIC

Wednesdays at Benzie Senior Resources Office, BY APPOINTMENT.

Please call 231-525-0600 to schedule yours. We don't charge a fee, but donations are appreciated.

Benzonia Library has a Talking Library. They partner with Traverse Area District Library and will mail you books on CD. They are open M-F 10am to 6 pm with curbside service available Monday thru Friday 12-4pm. Free WiFi is available there 24/7. For more information they can be reached at 231.882.4111.

Staff Anniversaries



Sabra Boyle, 16 years! Sabra is a lover of all animals and takes extra special care of her own. She enjoys the quiet of home, chili, and Java Monster. Go Frankfort Panthers! We appreciate her dedication to Benzie's seniors.



Shari Ingersoll, 4 years Shari is a Certified Nurses Aide and works as a Home Health Aide for BSR. She is committed to her clients and works hard caring for them.



Michelle Francis, 1 year Michelle Francis is celebrating her first anniversary! She camps and is found running multiple kitchens in many of the music festivals across Michigan. She and her husband are currently renovating a school bus for future camping and music festival adventures!



Kylie Habedank our Director of Home Health is celebrating her 1 year with BSR. Her favorite food is FOOD! Family vacations include: the Dakota's, Glacier National Park, OK, North Carolina, MT, WI and many trips to the UP. They never plan—just wing it!

Book Group Book List for Upcoming Months

August—Recipe Box by Viola Shipman September—Windigo Moon by Robert Downs October—How Beautiful We Were by Imboto Mbue November —Isadore's Secret by Mardi Link December—Christmas Train by David Baldacci

Copemish/ Thompsonville Produce Bingo & Lunch

Join Manistee County Council on Aging & Benzie Senior Resources on Wednesday, August 24th at The Copemish American Legion at 10:30 a.m. for Produce Bingo and then enjoy lunch at noon. All Seniors 60 and over are welcome. Please call either Manistee County Council on Aging at 231-723-6477 or Benzie Senior Resources at 231-525-0601 to sign up. Lunch is a suggested \$4 donation.

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Bulletin Board



WOW! A HUGE thank you to the crew at Crystal Lake Auto Detailing for the amazing detailing job on our meal delivery van. By the way, they did it for free. Every day, five of our vehicles hit the road to deliver meals all over Benzie County. Our volunteers navigate varied terrain at each clients' home—mud, sand, snow, grass, dog slobber—you name it and it finds it's way into the vehicles. Thanks to Crystal Lake Auto Detailing, one of our delivery vehicles will be detailed, once a month, giving our volunteers a clean vehicle to travel around Benzie County delivering meals.

I really miss complaining about the cold.



Q: What do you call a Labrador at the beach in August?
A: A hot dog!

Q: What do you get when you combine an elephant with a fish?

A: Swimming trunks!



Benzie Senior Resources has partnered with Benzie Bus to offer Health Rides for Benzie seniors age 60 and older. Personalized, door-to-door rides to medical appointments and procedures. Fees are based on a sliding scale. Call us for more information at 231,525,0600.

You shop. Amazon gives.

If you happen to shop at Amazon.com, please start out at smile.amazon.com and choose Benzie Senior Resources as your charity. Amazon will donate 0.5% of your order dollars to our agency!

WALK-A-THON

WALK • RUN • BIKE

SATURDAY, AUGUST 6th

FRANKFORT'S BELLOWS PARK ON CRYSTAL LAKE

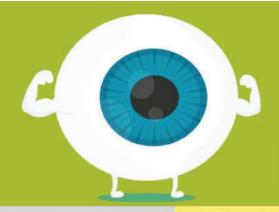
(Corner of Bellows Avenue and South Shore Drive)

Register and Begin Your Walk Between 7:30 a.m. and 9:00 a.m.

Benzie Bus Rides

You no longer need the pink Benzie Bus passes to ride free on Benzie Bus. As long as you are age 60 or older and a resident of Benzie County call us at 231.525.0600 and we'll get you on their list. Please drop any extra bus passes at either the Benzie Senior Resources office or The Gathering Place. You can also mail them to BSR, 10542 Main Street, Honor, MI 49640. THANKS!





11 VITAMIN-RICH FOODS TO IMPROVE EYE HEALTH

CARROTS



- Contains beta-carotene
- Aids in the smooth functioning of the retina

LEAFY GREEN VEGETABLES



- Great antioxidants to maintain eye health
- Can prevent cataracts and macular degeneration

RAW RED BELL PEPPERS



- Great source of vitamin C
- Helps maintain the eye's blood vessels
- Reduces risk of developing cataracts

SUNFLOWER SEEDS AND NUTS



- Great source of vitamin E
- Can reduce the chances of macular degeneration

5 SALMON



- Filled with omega-3 fatty acids
- Helps maintain eye health
- Aids in treatment of eye problems

FISH OIL



- Great source of omega-3 fatty acids
- Accessible and affordable

EGGS



- Contains lutein and zeaxanthin
- Helps lower the risk of macular degeneration

CITRUS FRUITS
AND BERRIES



- Filled with vitamin C
- Helps maintain eye pressure
- Aids in normalizing blood pressure

9 WHOLE GRAINS



- Great source of complex carbohydrates
- Helps maintain blood sugar levels
- Can prevent cataracts and macular degeneration

10 LEGUMES



- Contains bioflavonoids and zinc
- Helps protect the retina
- Can prevent macular degeneration and cataracts

11 LEAN BEEF



- Great source of zinc
- Helps bring vitamin A to your retina
- Aids in creating a protective pigment

For more tips on keeping your eyes healthy through natural, homeopathic methods, visit healingtheeye.com



Recipe/ Eye Health

Quick Peach Cobbler—just 5 ingredients!

August is national peach month so here's an easy recipe for you to enjoy! In the winter you can use canned peaches, but for summer the fresh peaches are so wonderful!

Ingredients:

- 1 stick butter
- 1 cup self-rising flour
- 1 cup sugar
- 1 cup milk
- 2 cups of peaches (or other fruit another time)..if for some reason the fresh peaches seem dry, add a small amount of apple or orange juice (1/4 cup or less)

Directions:

- 1. Melt the butter in the bottom of an 8×8 or 9×9 square pan.
- 12. Mix flour, sugar, milk together in a medium bowl.
- 13. Pour over butter. Do not stir!
- 14. Pour fruit on top and bake at 400 degrees until browned on top, about 30 minutes.



August is National Eye Exam month, the perfect time for you to schedule a comprehensive eye exam. It can help you determine your eye health and possibly other potential health concerns.

Here are some reasons why it's important to have an eye examination:

 Save a headache. If you have been having unexplained, constant headaches, your solution could be visiting your optometrist. An eyecare professional can quite possibly pinpoint the problem of your headaches.



- Determine prescription. Your eyes change over time. An optometrist can determine if you need
 eyeglasses or contact lenses, or if you need a stronger prescription to reduce eyestrain and help you see
 better.
- Detect other health as well as eye conditions/health challenges. An optometrist is able to spot the early onset signs of diabetes, high blood pressure, glaucoma, and high cholesterol just by conducting an eye exam. Therefore, an optometrist can see the early signs of diseases, such as macular degeneration or cataracts. Early detection is important to prevent serious damage.

So, make an eye exam appointment for your eye health and overall health!



		August	Birthdays		
Roger Griner	1	Sally Stone	10	Cheryl Herington-Ba	tes 20
Aldo Davis	2	Sue O'Boyle	11	Darlene Knudsen	20
Janet Burch	3	Ray Pendygraft	11	Lois Lumbert	20
Ron Tandy	3	Esther Delong-Tl	hornton 12	Cynthia Miller	20
Dodie Toman	3	Kathy Gorden	12	Ted Rineer	20
Allen Vanderplow	3	Virginia Raz	12	Mary Robling	20
Kate Combs	4	Peggy Wright	12	Ruth Catton	21
Donald Culp	4	Joan Batchelor	13	Jerry Wood	21
Janice Culp	4	Kay Bond	13	Mary Finch	22
Hans Danke	4	Alex Cooper	13	Brenda Kastenschmid	dt 22
Karen Houser	4	Anna Harris	13	Susan Kelsey	22
Marsha Flack	5	Diana Priest	13	Virginia Wohlscheid	22
Madelyn Morey	5	Joyce Marciniak	14	Dick Haan	23
Janie Parrotte	5	Anita McKibben	14	Dale Mathias	23
Deb Rogers	5	Barb Schneider	14	Jill Lutz	24
Eugene Forester	6	Alexis Skiver	14	Florence Bixby	25
James Johnson	6	Jan Mick	15	Ron Troutman	25
Janice Thomas	6	Dorothy Kerby	16	Ofelia Bolado	26
Karen Bora	7	Chuck Mange	16	Arlene Larson	26
Donna Dalson	7	Lorraine Stiles	16	Linda Lemon	26
Lou Glatzer	7	Shirley Wollam	16	Elaine Walton	26

Thomas Centlivre

James Cramer

Susan Morrow

Jane Weisbrodt

Constance Carroll

Candy Shinabarger

George Milligan

Ruby Davidson

Bev Popp

Linda Nugent

Jimmy Landwehr

Sandy Link

Frank Pelky

Pat McCash

Gary Mehrer

Maurice Mummey

Joann Morrell

Deborah Frisbie

Mary Couturier

Penelope Dahl

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If we forgot your birthday we are truly sorry. Please remind us for next year. If you'd like your name removed from the birthday list, please let us know.

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Anniversary Dates and Stories Wanted

We'd love a picture and a chance to share your story. Where did you meet? Where did you go on your first date? Email us at: bousamrad@BenzieSeniorResources.org or call Dawn at 231.525.0601. Mail the form to: Benzie Senior Resources, 10542 Main Street, Honor, MI 49640. ATTN: Dawn

Name	_Anniversary Date
Yes, I'd love to share my story you! Please call me at I don't want a story but please share my anniversary date.	



27

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Eldon Blood

Anne Pardington

Dale Sundstrom

Gayle Boecker

Robert Dumont

Ramona Hulce

William Pearson

Dewey Ackerman

Word Search

Summer Break

M	Α	Ε	R	С	Ε	С	I	M	0	٧	I	Е	S
Н	0	Т	D	0	G	S	Α	U	В	Ε	Α	С	Н
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Α	J	U	L	Υ	G	N	I	M	M	I	W	S	L
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BASEBALL ICE CREAM LIMEADE DRAMA FREE LEMONADE **CHEESEBURGERS SWIMMING** SHOPPING CAMP VACATION LAKE BEACH HOT DOGS **MANOFSTEEL** SLEEP IN JULY JUNE MOVIES **AUGUST BOATING**

Play this puzzle online at : https://thewordsearch.com/puzzle/503/



Donation Information

Giving is not just about making a donation. It's about making a difference.

Benzie Senior Resources is an independent 501 c-3 nonprofit organization. We depend on donations to sustain our programs and we need **your** support to continue providing reliable and professional services to the seniors of Benzie County. Traditional funding sources are failing to keep up with the growing needs of the rapidly increasing population of people over age 60. Your donation will help us continue our important work!

We are dedicated to supporting older adults and the friends, family and community who surround them. No matter the age or situation, we have professional, reliable services to help keep Benzie seniors living independently—with dignity—in their own homes. You can be assured we will continue to be good stewards of all tax-deductible gifts. If you would like to designate your gift as a Legacy or Memorial Gift, please call or email us with your wishes. If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102, or email at info@BenzieSeniorResources.org.

Legacy Giving: Planned gifts are a thoughtful way to remember Benzie seniors. Please consider us in your estate planning or have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

Memorial Gifts: Tribute gifts can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

DONOR INFORMATION:

Name:		
Check here if you wish to remain ANO	ONYMOUS	
Mailing Address:		
City:	_State:	_ Zip:
Phone Number:	Amount Enclosed:	
Type of Donation (please circle): Legacy	Tribute	Other
Make Checks Payable To: <u>Benzie Senior F</u>	Resources, Mail to: 1054	2 Main Street, Honor, MI 49640

Benzie Senior Resources is an independent 501 (c) 3 not-for-profit organization.

Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S. regulations.

Consult your tax or legal advisor for details.

Donor Privacy Policy—Benzie Senior Resources (BSR) does not sell or distribute donor information. Be assured your information is secured and protected, and used only by BSR when processing your donation and supplying you with BSR information.





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