



BENZIE

SENIOR RESOURCES

August 2021

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August is:

National Picnic Month

National Eye Exam Month

Peach Month

National Golf Month

National Catfish Month

THE SENIOR SCOOP



*Be connected.
Be supported.
Be home.*

We're back at it! Our **Craft with Susan** class enjoyed their first get together since the pandemic. Join Susan for August crafts on the 12th and the 19th at 10:00 a.m. Call 231.525.0601 to sign up!



VOLUNTEERS NEEDED!

- Deliver hot, nutritious meals to homebound seniors
- Popcorn popper
- Yoga Instructor
- Book Group Leader
- The Gathering Place Front Desk
- Stretching & Balance Instructor
- Newsletter Delivery to businesses

Call 231.525.0601 for a volunteer application, go online at www.BenzieSeniorResources.org to download one, or stop by The Gathering Place and pick one up!



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THE SENIOR SCOOP IS A MONTHLY PUBLICATION BROUGHT TO YOU BY:

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The Gathering Place: 231-525-0601

Benzie Senior Resources Office Hours
Monday – Friday: 8:30 a.m. – 4:00 p.m.

The Gathering Place Senior Center Hours
are Monday — Friday 8:00 a.m.— 4:00 p.m.
with exception to special events and
inclement weather.

NEWSLETTER SUBSCRIPTION FORM

NAME _____ DOB: ____/____/____

ADDRESS _____

CITY/ST/ZIP _____ DATE _____

EMAIL _____

If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00. There is no charge for emailing. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at benzieseniorresources.org under the NEWS tab, at our Benzie Senior Resources office and at The Gathering Place.

From Our Director

Greetings,

As I write this article, we have just completed our 2nd week of being fully open at The Gathering Place Senior Center and our Administrative Office. We've had a steady increase in the number of people coming in for lunch and activities. All of us at BSR have missed the camaraderie with you and by your responses it's easy to see that many of you feel the same.

Although we are fully open, we need to be mindful that the Coronavirus is still present-- and a new variant has emerged. Please, stay home if you are sick, practice good hygiene by washing your hands often, use hand sanitizer, allow for adequate personal space and wear a mask if you are not yet fully vaccinated.

It's hard to believe that we are already into our 4th quarter of the current fiscal year (October 1, 2020 – September 30, 2021). Although we just reopened The Gathering Place Senior Center and Administrative Office, we were open to provide services throughout the pandemic. The information below is a summary of the past 9 months of dedicated hard work performed by the staff of Benzie Senior Resources for our seniors of Benzie County.

Home Delivered Meals-Meals Delivered

1 st Quarter 10/01/2021-12/31/2021	2 nd Quarter 1/01/2021-3/31/2021	3 rd Quarter 4/01/2021-6/30/2021	Year-to-Date Total
18,585	17,486	20,269	56,340 Meals

Curbside Meals Pickup-Meals ordered ahead and picked up at TGP

2,122	1,888	2,149	6,159 Meals
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Homemaking Services – Number of Service Units Provided

1,020	1,054	1,156	3,230
-------	-------	-------	-------

Home Healthcare Hours (Personal and Respite Care, Nursing Assessments and Med Management)

2,625	2,643.50	2,770	8,038.50 Hours
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Information and Assistance by Phone

2,788	3,695	3,668	10,151 Phone Calls
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Number of Staff Hours for Benzie Senior Resources

10,373	10,023	9,663	30,059 Hours
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Number of paid senior Benzie Bus Rides

2,561	2,695	2,675	7,931 rides
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Other Services over the past 9 months:

Number of snowplows provided: 850

Number of lawn service mows with fall and spring cleanup: 481

Number of individuals assisted with Income Tax Filing: 251

Number of individuals assisted with Medicare & Medicaid Assistance: 131

Number of households who have received Project Fresh \$20 coupons: 168

Number of Individuals who have received financial assistance with Dental Services: 9

Number of individuals who have received financial assistance through the Senior Essential Needs Fund: 18

Number of in-home foot care visits provided by our team of Registered Nurses: 84



As you can see by the numbers, we have been very busy and it's our privilege to care for the seniors of Benzie County. We love what we do!

Take care,

Doug

August Menu

Our meals meet 1/3 of the recommended daily allowance nutrition requirements (RDA)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Freshly Made Submarine Sandwich Bar</p> <p>Raspberry Carrot Salad</p> <p>Cranberry Applesauce</p> <p>Ice Cream Sandwich</p>	<p>3</p> <p>Greek Style Pita Sandwich</p> <p>Sweet Potato Bites</p> <p>Pesto Infused Cauliflower</p> <p>Freshly made Macaroni Salad</p> <p>Fresh Cut Watermelon</p>	<p>4</p> <p>Homestyle Sloppy Joes</p> <p>Oven Roasted Squash & Zucchini</p> <p>Steamed Sweet Peas</p> <p>Diced Peaches</p>	<p>5</p> <p>Shredded BBQ Chicken Sandwich</p> <p>Baked Beans with Bacon</p> <p>Steamed Parisian Carrots</p> <p>Classic Fruit Cocktail</p>	<p>6</p> <p>Chicken Pesto Linguine</p> <p>Steamed Spinach</p> <p>Capri Vegetable Blend</p> <p>Whole Wheat Garlic Toast</p> <p>Fresh Peach</p>
<p>9</p> <p>Deluxe Chicken Sandwich</p> <p>Crispy Smashed Potatoes</p> <p>Scandinavian Vegetable Blend</p> <p>Fresh Grapes</p>	<p>10</p> <p>Homestyle Salisbury Steak</p> <p>Herbed Mashed Potatoes</p> <p>Key West Vegetable Blend</p> <p>Stoneground Wheat Bread</p> <p>Fresh Cut Oranges</p>	<p>11</p> <p>Texas Style BBQ Chili</p> <p>Steamed Sweet Corn</p> <p>Oven Roasted Asparagus</p> <p>Oyster Crackers</p> <p>Fresh Peach</p>	<p>12</p> <p>Sweet & Sour Meatballs</p> <p>Oven Roasted Brussel Sprouts</p> <p>Japanese Vegetable Blend</p> <p>Lucky Fortune Cookie</p> <p>Mandarin Oranges</p>	<p>13</p> <p>Roasted Veggie Lasagna</p> <p>Malibu Vegetable Blend</p> <p>Green Bean Blend</p> <p>Tropical Fruit Blend</p> <p>Soft Baked Breadsticks</p> <p>Birthday Cake Bites</p>
<p>16</p> <p>BBQ Glazed Chicken</p> <p>Whipped Sweet Potatoes</p> <p>Steamed Cauliflower Florets</p> <p>Sweet Hawaiian Rolls</p> <p>Classic Applesauce</p>	<p>17</p> <p>Shrimp Scampi over Pasta</p> <p>Normandy Vegetable Blend</p> <p>Steamed Parisian Carrots</p> <p>Whole Wheat Garlic Toast</p> <p>Apricot Halves</p>	<p>18</p> <p>Freshly Chopped Chef's Salad</p> <p>Soft Baked Breadsticks</p> <p>Fresh Banana</p>	<p>19</p> <p>Cornmeal Dusted Catfish</p> <p>Herb Buttered Potatoes</p> <p>Normandy Vegetable Blend</p> <p>Stoneground Wheat Bread</p> <p>Fresh Cut Cantelope</p>	<p>20</p> <p>Loaded Baked Potato Bar</p> <p>Sicilian Vegetable Blend</p> <p>Italian Style Green Beans</p> <p>Stoneground Wheat Blend</p> <p>Fresh Cherries</p>
<p>23</p> <p>Authentic Sesame Chicken over Rice</p> <p>Asian Vegetable Blend</p> <p>Steamed Broccoli Florets</p> <p>Lucky Fortune Cookie</p> <p>Mandarin Oranges</p>	<p>24</p> <p>Belgian Waffle with Berries 'N Cream</p> <p>Freshly Scrambled Eggs</p> <p>Savory Sausage Links</p> <p>Oven Baked Spiced Apples</p>	<p>25</p> <p>Seasoned Beef Taco Bar</p> <p>Authentic Refried Beans</p> <p>Oven Baked Peaches</p> <p>Tortilla Chips with Fire Roasted Salsa</p>	<p>26</p> <p>Chicken Tenders with House Dip Sauce</p> <p>Cheddar Bacon Mashed Potatoes</p> <p>Caribbean Vegetable Blend</p> <p>Stoneground Wheat Bread</p>	<p>27</p> <p>Slow Roasted Beef</p> <p>Herbed Mashed Potatoes</p> <p>Venetian Vegetable Blend</p> <p>Stoneground Wheat Bread</p> <p>Diced Pears</p>
<p>30</p> <p>Pepperoni Stuffed Calzone</p> <p>California Vegetable Blend</p> <p>Italian Style Green Beans</p> <p>Soft Baked Breadsticks</p> <p>Pineapple Tidbits</p>	<p>31</p> <p>Prime Rib</p> <p>Oven Baked Potato</p> <p>Steamed Broccoli Florets</p> <p>Stoneground Wheat Bread</p> <p>Fresh Banana</p>	<p><i>We accept cash, Visa, Mastercard and Discover. Personal Checks also accepted made out to BSR.</i></p>	<p>Lunch ~ \$4.00 suggested donation for age 60 and older. Under 60 ~ \$7.50</p> <p>Caregivers under 60 are \$5.00</p>	<p>Lunch inside or on our patio 11:30am -1:00pm. Takeout meals available ~ please order in advance.</p> <p>Call 231.525.0601</p>

The Kitchen Uncovered

Wow! What a month! Our dining room is open. We are utilizing all of our new equipment and adjusting our many procedures. We are trying to remember how things worked in the past. We innovate as we go along. It's quite the ride! You may have noticed we are not fully staffed yet. This seems to be a national issue at this time, but we anticipate filling our vacant positions quickly. (Grab an application before it's too late-- if you or someone you know may be interested in working with us!)

We appreciate all of the positivity and flexibility of you, our incredible community as we get our bearings and re-learn a few things. Everyone has been so eager to be back at The Gathering Place and there are so many wonderful & patient smiles. While self-service is missed, I think everyone appreciates the flow and efficiency of having the kitchen staff serve our meals. However you may feel about our changes, I ask that you to do these two things:

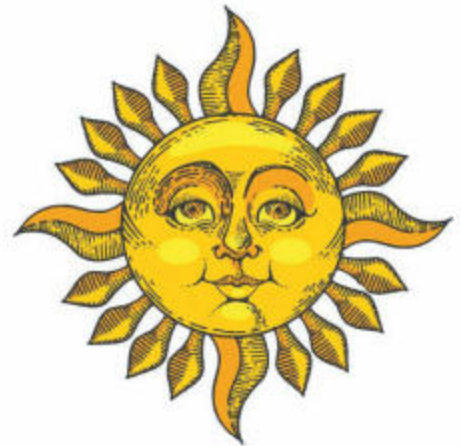
First, please remain patient as we go along. Things are already smoothing themselves out, but there are many details that pop up daily which we may not have even thought about yet. Know that the kitchen staff is working hard to maintain our high standards while being temporarily short-staffed, adjusting to a very different work environment, as well as waiting for the pandemic to end and get back to some form of normal.

Second, I ask you to utilize our comment cards. They are the most efficient way to communicate how you feel about things here at The Gathering Place. Positive or negative, they are always read and discussed. The more constructive a comment is when it's submitted, the more weight it will carry when it is read. Vague comments, whether positive or negative, tend to make far less of an impact than well thought out suggestions or comments.

What I've shared can be applied wherever you find yourself these days. The reopening of our society coupled with an historic labor shortage is stressful on everyone. But those who have shown show up to do the job can use all of the grace and patience and support that you can muster during these times!

Take care,

David Main
Executive Chef
The Gathering Place
Benzie Senior Resources



August Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>National Ice Cream Day!</p> <p>10:00 Stretching & Balance (instructor needed)</p> <p>11:30 Lunch</p> <p>5:30 Zumba</p>	<p>3</p> <p>National Watermelon Day!</p> <p>10:30 Music by The Melody Makers</p> <p>11:30-1:00 Lunch</p> <p>3:30 Chair Yoga</p>	<p>4</p> <p>8:30 Zumba</p> <p>11:30-1:00 Lunch</p> <p>12:30 Bingo</p> 	<p>5</p> <p>11:30-1:00 Lunch</p> <p>1:30 BUNCO</p> 	<p>6</p> <p>9:30 BUNCO</p> <p>10:30 Thompsonville Lunch & Music</p> <p>11:30-1:00 Lunch</p> <p>1:30 Wii Bowling</p>
<p>9</p> <p>10:00 Stretching & Balance (instructor needed)</p> <p>11:30 Lunch</p> <p>5:30 Zumba</p>	<p>10</p> <p>10:30 Music by The Melody Makers</p> <p>11:30-1:00 Lunch</p> <p>3:30 NO CHAIR YOGA</p>	<p>11</p> <p>8:30 Zumba</p> <p>11:30-1:00 Lunch</p> <p>12:30 Bingo</p> 	<p>12</p> <p>10:00 Craft with Susan</p> <p>11:30-1:00 Lunch</p> <p>1:30 BUNCO</p> 	<p>13</p> <p>9:30 BUNCO</p> <p>11:30-1:00 Lunch—August Birthday Celebration</p> <p>1:30 Wii Bowling</p>
<p>16</p> <p>10:00 Stretching & Balance (instructor needed)</p> <p>11:30 Lunch</p> <p>1:00 Movie</p> <p>Monday</p> <p>5:30 Zumba</p>	<p>17</p> <p>10:30 Music by The Melody Makers</p> <p>11:30-1:00 Lunch</p> <p>3:30 NO CHAIR YOGA</p>	<p>18</p> <p>8:30 Zumba</p> <p>11:30-1:00 Lunch</p> <p>12:30 Bingo</p> 	<p>19</p> <p>10:00 Craft with Susan</p> <p>11:30-:00 Lunch</p> <p>1:30 BUNCO</p> 	<p>20</p> <p>9:30 BUNCO</p> <p>11:30-1:00 Lunch</p> <p>1:30 Wii Bowling</p> 
<p>23</p> <p>10:00 Stretching & Balance (instructor needed)</p> <p>11:30-1:00 Lunch—Music with Robert</p> <p>5:30 Zumba</p>	<p>24</p> <p>National Waffle Day!</p> <p>10:30 Music by The Melody Makers</p> <p>11:30-1:00 Lunch</p> <p>3:30 NO CHAIR YOGA</p>	<p>25</p> <p>8:30 Zumba</p> <p>11:30-1:00 Lunch</p> <p>12:30 Bingo</p> 	<p>26</p> <p>10:00 Book Group</p> <p>11:30-1:00 Lunch</p> <p>1:30 BUNCO</p> 	<p>27</p> <p>9:30 BUNCO</p> <p>11:30-1:00 Lunch</p> <p>1:30 Wii Bowling</p> 
<p>30</p> <p>10:00 Stretching & Balance (instructor needed)</p> <p>11:30-1:00 Lunch</p> <p>12:00-1:30 Ice Cream Social</p> <p>5:30 Zumba</p>	<p>31</p> <p>10:30 Music by The Melody Makers</p> <p>11:30-1:00 Lunch</p> <p>3:30 Chair Yoga</p>			



BENZIE
SENIOR RESOURCES

Be connected. Be supported. Be home.

WALK-A-THON

WALK • RUN • BIKE

SATURDAY, AUGUST 7

**FRANKFORT'S BELLOWS PARK
ON CRYSTAL LAKE**

(Corner of Bellows Avenue and South Shore Drive)

Anniversary Dates and Stories Wanted

We'd love a picture and a chance to share a little more than just your name and anniversary date. Where did you meet? Where did you go on your first date? Email us at: bousamrad@BenzieSeniorResources.org or call Dawn at 231.525.0601. Mail the form to: Benzie Senior Resources, 10542 Main Street, Honor, MI 49640. ATTN: Dawn

Name _____ Anniversary Date _____

☐ Yes, I'd love to share my story you! Please call me at _____

☐ I don't want a story but please share my anniversary date.

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you happen to shop at Amazon.com, please start out at smile.amazon.com and choose Benzie Senior Resources as your charity. Amazon will donate 0.5% of your order dollars to our agency!

FREE PIANO

We are replacing our piano with a keyboard. If you want it, please let us know. Call The Gathering Place Senior Center.
231.525.0601.



Have an idea for the newsletter?

Want to write a guest column?

Email Dawn at Bousamrad@BenzieSeniorResources.org

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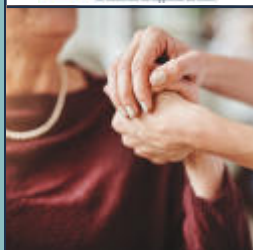
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3-D-5-5

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15-0688

Staff Milestones



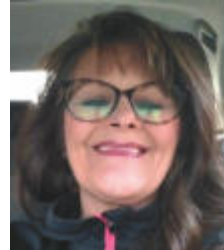
Happy Birthday on August 19th to our Chef, David Main! When Dave isn't cooking up a storm in the kitchen, he enjoys spending time with his family having outdoor adventures.



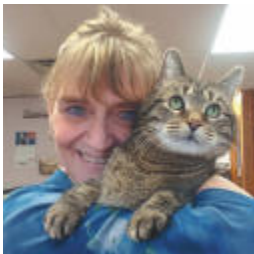
Happy Birthday to Home Health Aide Mellie Long on August 15th! You'll always find Mellie with a smile on her face.



Congratulations to Jessica Rastelli on your **2nd Anniversary** working as a Home Health Aide with Benzie Senior Resources!



Congratulations to Home Health Aide, Shari Ingersoll on your **Three Year Anniversary** with Benzie Senior Resources!



Congratulations to Sabra Boyle on your **15th Anniversary** working as our Fiscal Manager and serving Benzie County Seniors!



Momma is happy to be back to work!



WANTED:

Sweaters, all sizes, preferably with some wool content; sweater vests; wool coats; wool fabric; fleece fabric; buttons; thread wool and fleece blankets. Drop off at The Gathering Place. Eventually, we'll be making mittens from these supplies. Call Susan at 231.525.0601 for more information. Please, do NOT drop off items not listed here.

Heartland
Hospice Care
Support Groups
Growing Through Grief

Evening Grief

THURSDAY'S
5:15 PM - 6:15 PM

*BY PHONE

Mindfulness & Grief

THURSDAY'S
11:30 AM - 12:30 PM

*BY PHONE

We are using Mindfulness & Grief
book by Heather Stang
(Please call ahead to receive a copy)

Please call during a scheduled group time:

For Phone Conference Dial

1-877-381-1617

Enter Conference Code:

423-157-6795#

State name and Press #

(You'll be placed on hold until the conference begins)



August Birthdays

Roger Griner	1	Beth Bechler	15
Ray Antel	2	Viva Kastl	15
Aldo Davis	2	Jan Mick	15
Janet Burch	3	Thomas Edwards	16
Ron Tandy	3	Dorothy Kerby	16
Dodie Toman	3	Chuck Mange	16
Allen Vanderplow	3	Lorraine Stiles	16
Kate Combs	4	Shirley Wollam	16
Donald Culp	4	Mary McPherson	17
Janice Culp	4	Juan Mendez	17
Mel Keranen	5	James Cramer	18
Madelyn Morey	5	Linda Nugent	18
Judy Parker	5	Jane Weisbrodt	18
Janie Parrotte	5	Constance Carroll	19
Deb Rogers	5	Ruby Davidson	20
Eugene Forster	6	Cheryl Herington-Bates	20
Janice Thomas	6	Darlene Knudsen	20
Sanda Willsey	6	Lois Lumbert	20
Donna Dalson	7	Cynthia Miller	20
Lou Glatzer	7	Mary Robling	20
Jimmy Landwehr	7	Roxann Stevens	20
Sandy Link	7	Ruth Catton	21
Joann Morrell	7	Jerry Wood	21
Deb Frisbie	8	Mary Finch	22
Frank Pelky	8	Brenda Kastenschmidt	22
Mary Couturier	9	Sue Kelsey	22
Penelope Dahl	9	Gerald McPherson, Jr.	22
Patricia McCash	9	Jeffrey Rayle	22
Gary Mehrer	9	Dick Haan	23
Karl Loucks	10	Dale Mathias	23
Sally Stone	10	Jill Lutz	24
Sue O'Boyle	11	Ethel McGuire	24
Ray Pendencygraft	11	Florence Bixby	25
Esther DeLong-Thornton	12	Joseph Obruba	25
Kathy Gorden	12	Ron Troutman	25
Virginia Raz	12	Arlene Larson	26
Peggy Wright	12	Linda Thompson	26
Joan Batchelor	13	Eldon Blood	27
Kay Bond	13	Anne Pardington	27
Alex Cooper	13	Robert Dumont	28
Polly Herscher	13	William Pearson	28
Diana Priest	13	Rolland Gokey	29
Marcia Lee	14	Dewey Ackerman	30
Joyce Marciniak	14	David Tank	30
Doris Marshall	14	Ramona Hulce	31
Barb Schneider	14		

If we forgot your birthday we are truly sorry. Please remind us for next year.
If you'd like your name removed from the birthday list, please let us know.

Walk Benzie County with Us!

DATE	MILES
August 1	
August 2	
August 3	
August 4	
August 5	
August 6	
August 7	
August 8	
August 9	
August 10	
August 11	
August 12	
August 13	
August 14	
August 15	
August 16	
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August 29	
August 30	
August 31	Total Miles:

Let's walk around Benzie County! Not all of our favorite spots are within walking distance, so walk where you feel safe and tally up the miles each month. The tally sheet to the left will help keep track of your daily miles. If you need a pedometer, stop by The Gathering Place. At the end of August, drop your sheet off at The Gathering Place and you'll get a prize!

2000 STEPS = 1 MILE

Let's continue our walk starting at the Point Betsie Lighthouse, our last stop in July. Head 4.8 miles to Frankfort public beach, a wonderful quaint beach with swings for kids, volleyball nets for the older ones, and a great place to fly a kite!

From the shore you can walk .5 miles out to the Frankfort Lighthouse. Fish off the pier or enjoy the sights and sounds of Lake Michigan. Always use caution on windy days if the waves are splashing over the break wall.

Let's walk to downtown Frankfort and enjoy the shops and sites along the way. It is about one mile to 21 Lake street, where we can go back in time and enjoy a meal along with a famous root beet float at the A&W restaurant. They will bring your meal right to your car (when driving) or you can eat inside and listen to music from an old time jukebox.

After our meal, head 5.1 miles to the Crystal Lake Alpaca farm on 4907 River Road. Owners, Christine and David Nelson are welcoming and happy to have visitors to the farm. It's a fun place to bring the kiddo's and a great time shopping their boutique.

Next, just .3 miles down the road is Gwen Frostic's studio. Her artwork representing Michigan's natural world is easily recognizable. Drawn in by subtle colors found in nature, her forest creatures and plants are printed on everything from greeting cards to place mats. At the studio, where Frost installed a dozen Heidelberg presses, the illustrator could step outside to find inspiration for her next work.

Let's continue to be inspired by art and walk 11.9 miles to 12500 Crystal Mountain Drive, the home of Michigan Legacy Art Park. The park features over 50 sculptures, poetry stones, and an outdoor amphitheater. The Art Park is open year-round from dawn to dusk, and is accessible by foot, cross-country skis or even snowshoes. Admission is \$5 per adult. Kids ages 17 and under are free. To walk the trails it is 1.6 miles.

3.5 miles you'll find our last August adventure—Iron fish Distillery at 14234 Dzuibanek Road in Thompsonville. Michigan's first farm based distillery, Iron Fish distills a full line of premium quality, small batch spirits (vodka, gin, rum and whiskey) from grains farmed on their fields and carefully source whiskies to age and barrel finish at the farm. With a custom, state-of-the-art production facility and full service tasting room and bar, Iron fish is a great place for food, atmosphere, tours and events.

After enjoying our time at Iron fish why don't we take a walk on the dirt road it is located on for 2 miles just to stretch our legs.

Total August miles, 30.7



Stay Hydrated!

It's important for your body to have plenty of fluids each day. Water helps you digest your food, absorb nutrients, and then get rid of the unused waste.

With age, some people may lose their sense of thirst. To further complicate matters, some medicines might make it even more important to have plenty of fluids.

Drinking enough fluids every day also is essential if you exercise regularly. Check with your doctor, however, if you've been told to limit how much you drink.

Go4Life has the following tips:

- Try to add liquids throughout the day.
- Take sips from a glass of water, milk, or juice between bites during meals.
- Have a cup of low-fat soup as an afternoon snack.
- Drink a full glass of water if you need to take a pill.
- Have a glass of water before you exercise or go outside to garden or walk, especially on a hot day.
- Remember, water is a good way to add fluids to your daily routine without adding calories.
- Drink fat-free or low-fat milk, or other drinks without added sugars.
- If you drink alcoholic beverages, do so sensibly and in moderation. That means up to one drink per day for women and up to two drinks for men.
- Don't stop drinking liquids if you have a urinary control problem. Talk with your doctor about treatment.



Quick Tip

For more on making smart food choices, read *What's on Your Plate? Smart Food Choices for Healthy Aging*.
www.nia.nih.gov/health

VISIT

www.nia.nih.gov/Go4Life

- Read more tips for adding physical activity to your day.
- Print useful tools.
- Share your exercise story.



National Institute on Aging

National Institutes of Health

U.S. Department of Health & Human Services

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Board Games

T	R	S	E	T	S	A	T	A	A	E	I	E	I
E	R	W	T	B	C	I	W	A	S	E	C	H	E
R	E	R	T	R	R	R	I	N	L	Z	R	C	E
W	C	I	I	S	A	G	S	N	Z	T	A	O	P
E	R	S	E	O	B	T	T	R	E	H	N	P	I
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H	T	T	T	R	L	E	R	G	G	Y	U	R	S
W	W	S	T	Y	E	L	O	L	O	R	M	A	E
S	P	I	C	T	I	O	N	A	R	Y	B	T	L
S	S	I	Y	R	O	N	S	L	I	H	R	I	T
E	N	Y	G	M	D	N	I	O	W	Z	S	O	T
U	O	Y	R	N	U	O	S	S	E	H	C	N	A
G	O	E	T	E	L	O	L	L	E	H	T	O	B
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BATTLESHIP
 LUDO
 Pictionary
 SCRABBLE
 YAHTZEE
 OPERATION
 JENGA
 STRatego
 RISK
 GUESS WHO
 TWISTER
 SORRY
 CRANIUM
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Play this puzzle online at : <https://thewordsearch.com/puzzle/115/>

Tuesday
music is
back!



Donation Information

Giving is not just about making a donation.
It's about making a difference.

Benzie Senior Resources is an independent 501 c-3 nonprofit organization. We depend on donations to sustain our programs and we need **your** support to continue providing reliable and professional services to the seniors of Benzie County. Traditional funding sources are failing to keep up with the growing needs of the rapidly increasing population of people over age 60. Your donation will help us continue our important work!

*Donations made to
Benzie Senior
Resources:*

*In memory of
Betty Kelly*

We are dedicated to supporting older adults and the friends, family and community who surround them. No matter the age or situation, we have professional, reliable services to help keep Benzie seniors living independently—with dignity—in their own homes. You can be assured we will continue to be good stewards of all tax-deductible gifts. If you would like to designate your gift as a Legacy or Memorial Gift, please call or email us with your wishes. If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102, or email at info@BenzieSeniorResources.org.

Legacy Giving: Planned gifts are a thoughtful way to remember Benzie seniors. Please consider us in your estate planning or have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

Memorial Gifts: Tribute gifts can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

DONOR INFORMATION:

Name: _____
Check here if you wish to remain ANONYMOUS

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ Amount Enclosed: _____

Type of Donation (please circle): Legacy Tribute Other

Make Checks Payable To: Benzie Senior Resources, Mail to: 10542 Main Street, Honor, MI 49640

***Benzie Senior Resources is an independent 501 (c) 3 not-for-profit organization.
Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S. regulations.
Consult your tax or legal advisor for details.***

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- Part-time Home Health Aide/ CENA
 - Part-time Kitchen Assistant
 - Part-time Senior Center Assistant
 - Full-time R.N.

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