



BENZIE SENIOR RESOURCES

October 2020

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Maxine's
Crabby Road 10-27-12

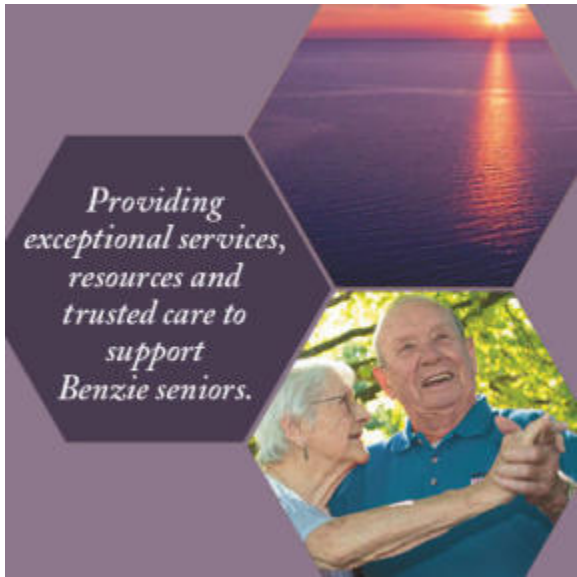
I found a really scary costume for Halloween. I'm going as my driver's license photo.

Department of Motor Vehicles

J. Wagner

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 The Gathering Place: 231-525-0601

Benzie Senior Resources Office Hours
 Monday – Friday: 8:30 a.m. – 4:00 p.m.

The Gathering Place Senior Center Hours
 are Monday — Friday 8:00 a.m.— 4:00 p.m.
 with exception to special events and
 inclement weather.

**THE SENIOR SCOOP IS A MONTHLY
PUBLICATION BROUGHT TO YOU BY:**

Benzie Senior Resources
 10542 Main Street
 Honor, MI 49640

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Angela Haase copy/finish edits

NEWSLETTER SUBSCRIPTION FORM

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If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00. There is no charge for emailing. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at benzieseniorresources.org under the NEWS tab, at our Benzie Senior Resources office and at The Gathering Place.

From our Director

Greetings and a welcome to Autumn!

It's hard to believe that October is here! Where did this unprecedented summer season go? At times it seemed to drag on. Yet at other times it flew by. One thing I do know, it was a summer to remember.

As we transition into a new season, I so wish that The Gathering Place Senior Center was re-opening and returning to some type of normal operations. The safety and well-being of our patrons are at the forefront of every decision we make during this pandemic. Currently, Benzie County has had over 20 positive cases of COVID-19 just during the month of September. With the predictions of a second wave this fall and into winter, we have decided to remain closed until further notice.

Since Spring we have faced many challenges. To ensure the safety of our clients, volunteers and staff we adjusted our priorities while maintaining many of our core services. It was imperative that the needs of our most vulnerable seniors were being addressed and met. Hot meals still went out daily, and in fact, we had an increase of over 50% in new clients and meals delivered. Our personal and respite care services, in-home medication set-up and in-home footcare continued as well. Lawn chore services began in May and homemaking services was reinstated after a brief pause.

We offered care packages, shelf stable foods and fresh produce boxes through partnerships which were distributed throughout the summer. We are working out the details to ensure these "extras" will continue through the fall. The Senior Project Fresh Program was completed with 200 books of \$20 coupons distributed through the mail. We answered on average 1,000 plus phone calls a month during this period to assist those in need or find answers to questions, solutions to scenarios. Not to mention the calls we made to our clients to make sure they were doing well while sheltering in place. But one thing that remained consistent was when it mattered, we were there for our seniors!

We are looking ahead and will be there for those who need assistance with the upcoming Medicare Open Enrollment. It begins October 15th and ends December 7th. We have a full-page article devoted in this newsletter to explain how the program will work this fall within our agency. We are confident this will be a successful and helpful season for our clients!

We are busy organizing the Snow Removal Program to ensure that we will be ready for whatever Mother Nature throws at us during the upcoming winter season.

I want to express our appreciation to the community for your continued support of Benzie Senior Resources through donations and many wonderful words of praise and gratitude! Our Virtual Walk-a-Thon Fundraiser was successful, and we are very grateful for the support that enables us to continue to ensure the safety and health of our seniors in Benzie County.

Please stay safe and healthy! Head out for a drive to take in the fall colors as nature puts on her beautiful display.

Warm regards,

Douglas



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THE SENIOR SCOOP

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- Sign it!
- Review it carefully.
- Check if you have adequate postage.
- Mail it in EARLY.



1. Apply for a ballot

Voters can apply for an absentee ballot by mail or in person



2. Receive your ballot

You can pick up a ballot in person at your local clerk's office



3. Vote your ballot

Fill in your ballot - make sure to check both sides



4. Return your ballot

Return your ballot by mail, or drop it off at your local clerk's office

APPLY

RECEIVE

VOTE

RETURN



Sign your Application

Your local clerk will verify your signature and can mail a ballot to you



Voting by mail

You can have a ballot mailed directly to you



Sign your envelope

Your clerk will verify your signature and secure your ballot



All ballots are counted

All absentee ballots are opened and counted on election day

Self-Quarantining

Are you still out-of-town or just returning? We want to remind you of the importance of a 14-day quarantine when returning home to Benzie County. Health officials continue to advocate for a 14-day quarantine after you have traveled. This is a long-time health practice. You may not have any symptoms of COVID-19, but could have been exposed, be a carrier and develop the disease within the 14-day timeframe.

The CDC is encouraging everyone to voluntarily self-quarantine after travel to prevent the spread of COVID-19. WE understand this may be challenging. Please contact our office at 231.525.0600 or the Benzie-Leelanau District Health Department at 231.256.0200 with questions.

Have an idea for the newsletter?
Want to write a guest column?



Email Dawn at
Bousamrad@BenzieSeniorResources.org

Karen Korolenko is the Director at the Benzie County Department of Veterans Affairs. She can be reached at 231.882.0034 or by email at kkorolenko@benzieco.net.



October Menu

Our meals meet 1/3 of the recommended daily allowance nutrition requirements (RDA)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>You can still get your daily meals from us either by Curbside Pick-up or Home Delivered Meals. Call us at 231.525.0601 or 231.525.0600 for more Information!</p>	<p>We accept cash, Visa, Mastercard and Discover. Personal Checks also accepted Made out to BSR</p>	<p>Meal price is a \$4.00 suggested donation for age 60 and older Under 60 is \$7.50 Caregivers under 60 are \$5.00</p>	<p>1 Chicken Cordon Bleu Oven Baked Potato Steamed Spinach Stoneground Wheat Bread Classic Fruit Cocktail</p>	<p>2 Beef Stir-fry over Rice Crispy Egg Roll Asian Style Chicken Salad Lucky Fortune Cookie Mandarin Oranges</p>
<p>5 Spaghetti with Hearty Meat Sauce Capri Vegetable Blend Steamed Sweet Peas Whole Wheat Garlic Toast Diced Peaches</p>	<p>6 Classic Beef Stroganoff Oven Roasted Brussel Sprouts Steamed Parisian Carrots Stoneground Wheat Bread Fresh Plums</p>	<p>7 Classic Chicken Cacciatore Italian Style Green Beans Steamed Sweet Corn Whole Wheat Garlic Toast Diced Pears</p>	<p>8 Baked Tilapia Almondine Oven Baked Tater Tots Normandy Vegetable Blend Stoneground Wheat Bread Fresh Banana Homemade Coleslaw</p>	<p>9 Homemade Glazed Meatloaf Cheddar Bacon Mashed Potatoes Caribbean Vegetable Blend Stoneground Wheat Bread Fresh Grapes Birthday Cake Bites</p>
<p>12 Creole Style Chicken Gumbo Black Eyed Peas with Bacon Steamed Spinach Stoneground Wheat Bread Diced Peaches</p>	<p>13 Classic Hot Beef Sandwich Herbed Mashed Potatoes Steamed Cauliflower Florets Fresh Cut Oranges</p>	<p>14 Homestyle Turkey Stew European Vegetable Blend Steamed Sweet Corn Fresh Baked Biscuits Cranberry Applesauce Classic Pumpkin Pie</p>	<p>15 Hand Rolled BBQ Meatballs Crispy Smashed Potatoes Key West Vegetables Stoneground Wheat Bread</p>	<p>16 Slow Roasted Beef Herbed Mashed Potatoes Malibu Vegetable Blend Stoneground Wheat Bread Pineapple Tidbits</p>
<p>19 Pineapple Dijon Baked Ham Whipped Sweet Potatoes Scandinavian Vegetable Blend Sweet Hawaiian Rolls Chunky Applesauce</p>	<p>20 Hawaiian Style Chicken & Rice Caribbean Vegetable Blend Steamed Broccoli Florets Stoneground Wheat Bread Tropical Fruit Bread</p>	<p>21 Baked Penne with Italian Sausage Sicilian Vegetable Blend Pesto Infused Cauliflower Whole Wheat Garlic Toast Apricot Halves</p>	<p>22 Cincinnati Style Chili Steamed Sweet Corn Oven Baked Pears Stoneground Wheat Bread Pea & Peanut Salad</p>	<p>23 Rosemary Garlic Roasted Pork Parmesan Garlic Mashed Potatoes Southern Style Succotash Stoneground Wheat Bread Fresh Banana</p>
<p>26 Crispy Cod Sandwich Sweet Potato Bites Japanese Vegetable Blend Classic Fruit Cocktail</p>	<p>27 Hand Breaded Baked Chicken Parmesan Garlic Mashed Potatoes California Vegetable Blend Stoneground Wheat Bread Pineapple Tidbits</p>	<p>28 Cheesy Breakfast Bake Oven Roasted Potatoes Oven Baked Peaches</p>	<p>29 Homestyle Goulash Steamed Sweet Peas Steamed Parisian Carrots Stoneground Wheat Bread Fresh Cut Oranges Homemade Cherry Oatmeal Cookie</p>	<p>30 Classic Chicken Marsala Parmesan Garlic Mashed Potatoes Italian Vegetable Blend Whole Wheat Garlic Toast Fresh Grapes</p>

Support Groups

Grief is a journey and not an event. The process is experienced uniquely by each individual. Upon losing a loved one, you will experience a period of bereavement. During this time, a wide range of emotions can be felt, which is normal. The source of grief (kind of loss) is often different among individuals, but the substance of grief (how we feel) contains common elements. Heartland Hospice is committed to supporting you during this journey of grief and loss. Our services are open to the community and are designed to address the unique needs of the bereaved.

Benzie County

THURSDAY'S

11:30 AM - 12:30 PM

Beulah Village Park - Pavilion
7122 Prospect Ave. Beulah, MI

We are using Mindfulness & Grief
book by Heather Stang



Kalkaska

WEDNESDAY'S

10:30 AM - 11:30 AM

Kalkaska Commission on Aging
(outside under the Gazebo)
303 S. Coral St. Kalkaska, MI

Traverse City

THURSDAY'S

2:00 PM - 3:00 PM

Heartland Hospice Office
(Located in Copper Ridge, building A)
4020 Copper View, Suite 113

We are using The Mindful Self-Compassion
Workbook by Kristen Neff and Christopher Germer



**To prevent the spread of COVID-19,
Kalkaska and Traverse City groups are
available by phone or in-person.
Benzie group is in-person only.**

**Please call during a scheduled group time:
For Phone Conference Dial**

1-877-381-1617

Enter Conference Code:

423-157-6795#

State name and Press #

(You'll be placed on hold until the conference begins)

If attending in person:

- **Please wear a mask,**
- **Please bring a chair to Benzie**

FOR MORE INFORMATION CALL: 231-935-3089

We are here to support you. Please contact us.



Skeleton

P	E	L	V	I	S	S	I	T	U	L	N	A	S
L	O	S	R	T	N	P	L	M	S	R	V	I	P
C	P	E	E	R	A	A	M	U	L	P	S	L	I
A	P	S	A	U	L	S	S	I	P	A	I	C	A
R	N	N	R	S	T	E	R	N	U	M	N	N	E
P	E	L	B	E	R	V	N	A	A	U	O	U	E
A	A	U	E	P	C	T	E	R	R	E	T	U	C
L	I	T	T	P	A	H	U	C	T	S	E	A	L
S	L	A	R	A	L	T	I	I	C	K	L	A	A
E	I	R	E	M	T	A	E	A	E	U	E	S	V
T	U	S	V	A	I	U	H	L	P	L	K	A	I
O	M	A	N	L	B	L	N	A	L	L	S	I	C
T	A	L	L	P	I	H	C	A	I	A	R	L	L
T	E	S	R	A	A	S	P	R	V	L	S	R	E

SCAPULA
STERNUM
PELVIS
CARPALS
CRANIUM
ULNA
VERTEBRAE
SPINE
SKULL
ILIUM
PATELLA
CLAVICLE
TARSALS
HIP
TIBIA
SKELETON

Play this puzzle online at : <http://thewordsearch.com/puzzle/2213/>

Want Soup?

Wednesdays at The Gathering Place we'll have a soup available during lunch curbside pick-up between 11:30 a.m. and 1:00 p.m. Just call us on Tuesdays at 231.525.0601 or 231.525.0600 to order yours. We'll be able to tell you what kind of soup we're having when you call.



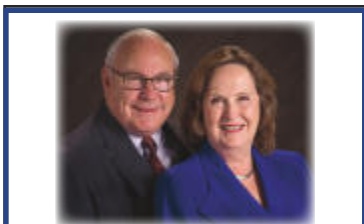
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From the Kitchen

The Kitchen Uncovered

Have you ever wondered about the inner workings of the Benzie Senior Resource's kitchen? Have you ever wished for a direct connection to those who plan, prepare, and serve the meals that you enjoy on a daily basis? Have you longed to be in the know with what may be on the horizon from our nutrition department? Well, great news! I will be writing a monthly article straight from the front lines with just that kind of raw, unfiltered information you crave. This will coincide with at least one daily Facebook post that will include an elegant photo of that day's entrée as well as a description of anything that may be of interest regarding the crafting of the meal you are about to enjoy.



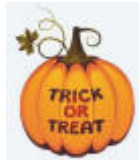
My name is David Main, and I am your Executive Chef here at Benzie Senior Resources. There is a lot that goes into each meal. There are a lot of individuals who work together to bring that meal to you. If that type of information interests you, or if you are just unbearably bored from 6 plus months of social distancing, give the article a good read through. Hopefully this can be an opportunity to highlight some of the hard work and care that goes into each meal as well as clear up any misconceptions that might be lingering out there... (our herbed mashed potatoes are NEVER made with any instant ingredients).

I hope everyone out there is hanging in there and staying healthy and safe. We can't wait to not only get back to normal here at The Gathering Place, but to do it even better than before! There are a lot of exciting improvements and new offerings that will be available when we are all back together. Until then, we hope that each meal is a small comfort and brings a bit of normalcy in these uncertain times.

Take care,

David Main
Executive Chef, The Gathering Place
Benzie Senior Resources



DATE & TIME: Mondays 1-3 pm October 5, 12, 19, 26 & November 2 & 9	 MICHIGAN STATE UNIVERSITY Extension	
LOCATION: Online	Diabetes PATH <i>(Personal Action Toward Health)</i>	
COST: Free—open to Michigan residents	DESCRIPTION: Diabetes PATH is a self-management workshop where you learn tools to manage diabetes. Over the course of 6 weeks, you will learn strategies to help you: <ul style="list-style-type: none">• deal with difficult emotions,• develop a healthy eating and exercise plan,• set goals,• problem solve, and• a variety of other tools to manage diabetes.	 <i>This series is funded by a generous grant from Lions Club International</i>
REGISTER: https://events.anr.msu.edu/DiabetesPATHOnlineOct2020	CONTACT: Contact Naomi Hyso at 231-845-3362 or hysonaom@msu.edu to register or if you have questions about the workshop.	

Open Enrollment

October 15 through December 7 is Open Enrollment for Medicare prescription drug and Medicare Advantage plans. If you're already enrolled in a Medicare, Part D prescription plan, or a Medicare Advantage Plan and you don't want to make changes to your coverage for the coming year, you don't need to do anything during Open Enrollment. If your plan is being discontinued and isn't eligible for renewal, you will receive a non-renewal notice from your carrier prior to October 15.

What can I do about Part D coverage during the annual Open Enrollment period?

Anyone who has or is applying for Medicare Part A or B can join or drop a Part D prescription drug plan. Anyone with a Part D prescription drug plan can switch to a new Part D prescription drug plan. Switching your drug coverage—or add drug coverage for the first time can make crucial medications that you need less expensive. It can also ensure that your drug plan still covers the drugs you need (as your prescriptions may not be included on your current plan's formulary for next year). If you use the Open Enrollment period to choose a new Part D plan, that new coverage will begin on January 1, 2021.

What can I do about Medicare Advantage coverage during the annual Open Enrollment period?

Anyone with Original Medicare (Parts A & B) can switch to a Medicare Advantage plan. Anyone with Medicare Advantage can drop it and switch back to just Original Medicare (Parts A & B). Anyone with Medicare Advantage can switch to a new Medicare Advantage plan.

You cannot use Open Enrollment to enroll in Part A and/or Part B for the first time.

Insurance companies sometimes make changes to Medicare Advantage plans that effect how much you pay out-of-pocket—monthly premiums, deductibles, drug costs, and provider or pharmacy “networks.” You should double-check your current plan before you lock yourself in for another year. A way to lower your medical costs is to check that your current doctors, hospital, and pharmacy are “in-network” with whatever Medicare Advantage plan you choose. If your insurance company has changed your plan's provider or pharmacy network for next year (and your doctor or other resources will no longer be included), you can use Open Enrollment to switch to a plan that will include your current doctors, hospital and/or pharmacy in-network, thereby lowering your medical costs. If you use the Open Enrollment period to choose a new Medicare Advantage plan, that new coverage will begin on January 1, 2021.

If you want help **during Open Enrollment** to review your options you can make an appointment with a certified MMAP counselor through Benzie Senior Resources. Appointments are more limited this season as there are no in-person appointments in our office because of COVID-19.

When you call us at 231.525.0600 we have a referral/intake form to complete with you so we can “triage” or prioritize the type of help you are needing. It will take longer for us to get you set up with an appointment, but we are trying to make sure we are able to determine the best way to help you.

If you are soon to be 65, soon to lose employer coverage, looking for help with an application for Medicaid, have questions on retiree coverage, need help with nursing home Medicaid or MI Choice waiver applications, have questions on TriCare for Life coverage, or would like to find a less expensive Medigap plan we will do our best to help with those focuses **before Open Enrollment starts or after Open Enrollment ends.**



October Birthdays

Faith Dulaney	1	Lynette Grimes	13	James Ptak	24
Gary Hebert	1	John Hancock	13	Janet Wynne	24
Charlotte Worden	2	Joyce MacGirr	13	Patricia Delonay	25
Donald Franklin	3	Marleen McPherson	13	Lawrence Muzzarelli	25
David Johnson	3	Michelle Leines	14	Barbara Riegler	25
Carol McAnulty	4	Robert Powell	14	Ed Gipson	25
Merryleesa Wilkins	4	Vicki Sager	14	Jeff Sattler	25
Phyliss Crowell-		Shirley Sexton-		Thomas Smeltzer	25
VanHammen	5	Damore	14	Barbara Baltazar	26
Cindy Neddo	5	David Sharman	14	Mary Lagerfeldt	26
Craig Dixon	6	Tom Burgess	15	Carole Lee	26
Gene Kerby	6	Wanda Curtis	15	Adele Maher	26
Chris Pietrusza	6	Sharon Hyll	15	Cynthia Scott	27
John Shelder	6	Clyde Kastl	15	Betty Gardner	28
Dianne Burnett	7	Josephine Swiecki	15	Julia Hyll	28
Joyce Card	7	Margaret Marcum	16	Dave Knight	28
Cathy Bodell	8	Elizabeth Demers	17	Sandy Welsh	28
Michael Esch	8	George Hillier	17	Jim Gauthier-	
Barbara Knight	8	Robert Janusch	17	Warinner	29
Carla Smith	8	John Tuohimaa	17	Verl Koski	29
William Tarker	9	Judith McLaughlin	18	Bruce Toms	29
Terry VanHeyningen	9	Carol Bishop	19	Don Louisignau	30
Judy Ann Gauld	10	Evelyn Blossey	19	Mike Ryan	30
Sandy Gill	10	LaDonna Fowler	19	Robert Swanson	30
Linda Remington	10	Fred Poynor	19	Robert Dipzinski	31
Audrey Swisher	10	Danny Shields	20	Gloria Ellis	31
Judy Acha	11	Sharon McCollum	21	Bull Kullback	31
Lois Ballard	11	Terry Montgomery	21	Robert Scholl	31
Pamela Koski	11	Alda Cook	22	Beverly Thomsen	31
Susana Green	12	Betty Mathias	22	Jim VanHammen	31
Geoffrey Allen	13	Dominick Ferrara	23		
Terry Cheeseman	13	Juliane Pelekis	24		

If we forgot your birthday we are truly sorry. Please remind us for next year.
If you'd like your name removed from the birthday list, please let us know.

Anniversary Dates and Stories Wanted

Please, email us or snail mail us this form and tell us your story. We'd love a picture and a chance to share a little more than just your name and anniversary date. Where did you meet? Where did you go on your first date? When did the proposal happen? Where were you married? Children? Grandchildren? Great-grandchildren? Favorite memories, trips, etc.

Email us at: bousamrad@BenzieSeniorResources.org or call Dawn at 231.525.0601.

Mail the form to: Benzie Senior Resources, 10542 Main Street, Honor, MI 49640 ATTN: Dawn Bousamra

Name _____

Anniversary Date _____

Yes, I'd love to share my story with you! Please call me at _____

I don't want a story but please share my anniversary date.

Staff Milestones and Activity Brainstorming

Staff Birthdays

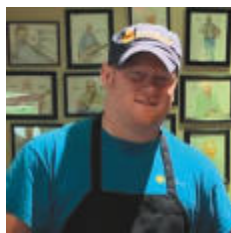


Susan Glass—October, 17th
Happy Birthday to our fabulous Senior Center Assistant! Susan is always on the move whether she is making The Gathering Place festive, teaching a craft class or planning our next adventure.



Jenya Cobb—October 21st
You will never find Jenya without her contagious smile. Fun loving and full of spunk, we are grateful to have her on our Home Health team. Jenya, we wish you well on your special day!

Staff Milestones



David Main, 8 years—October 15th
Where has the time gone? Dave has been our amazing Executive Chef for 8 years! Always up for a challenge, Dave has been working diligently to upgrade our menu giving your lunch more variety.



Angela Haase, 4 years—October 12th
Whose smiling voice do you hear when you call our main office? Our wonderful administrative assistant, Angie, of course. And we are pretty sure there isn't a single person in Benzie County she doesn't know!



BRAINSTORM THINGS TO DO EACH WEEK

WHAT I CAN DO THIS WEEK:

My week looks different now that I'm staying at home. I look forward to...

1. ...Boosting my health:

- a. I will prepare by _____
- b. I will involve _____
- c. I will need help on _____

2. ...Feeling calm, alive and full of energy:

- a. I will prepare by _____
- b. I will involve _____
- c. I will need help on _____

3. ...Achieving other goals:

- a. I will prepare by _____
- b. I will involve _____
- c. I will need help on _____

TALK TO FIVE PEOPLE EACH DAY, LET'S START A LIST:

1 I'll contact _____ because they _____
I've scheduled time for them on _____

2 I'll contact _____ because they _____
I've scheduled time for them on _____

3 I'll contact _____ because they _____
I've scheduled time for them on _____

4 I'll contact _____ because they _____
I've scheduled time for them on _____

5 I'll contact _____ because they _____
I've scheduled time for them on _____





HEALTH AND WELLNESS

Eating well, sleeping well, and staying active are important. Below are some creative ways to feel healthy and strong.



KEEP THE BLOOD FLOWING

Select a few stretches you can do daily. Ask friends to join you virtually and look for ways to challenge each other.

TIPS

- Stretch different parts of your body
- Use a timer or music for fun



MAKE A CHILDHOOD FAVORITE MEAL

Choose a recipe that is nutritious and tasty.

TIPS

- Plan getting ingredients with help from family, neighbors, or building staff
- Come up with ways to make your favorites more nutritious
- Try your hand at a “digital” cooking show. Prop your phone / computer up by the kitchen and invite someone to the experience



A NEW WAY TO COUNT SHEEP

Create an ideal environment to help relax and sleep well.

TIPS

- Avoid screens an hour before bedtime
- Try a cup of herbal tea
- Create white noise with a fan, machine, or smartphone app

FEELING GOOD & STAYING CONNECTED



Home Delivered Meals Drivers Needed!



Once a month or once a week—you decide. Must possess a valid driver's license. Go to our website: BenzieSeniorResources.org and grab an application there. We guarantee you will make a difference on day one!



Donations

Giving is not just about making a donation. It's about making a difference.

Benzie Senior Resources is an independent 501 c-3 nonprofit organization. We depend on donations to sustain our programs and we need **your** support to continue providing reliable and professional services to the seniors of Benzie County. Traditional funding sources are failing to keep up with the growing needs of the rapidly increasing population of people over age 60. Your donation will help us continue our important work!

We are dedicated to supporting older adults and the friends, family and community who surround them. No matter the age or situation, we have professional, reliable services to help keep Benzie seniors living independently—with dignity—in their own homes.

You can be assured we will continue to be good stewards of all tax-deductible gifts. If you would like to designate your gift as a Legacy or Memorial Gift, please call or email us with your wishes.

Legacy Giving: Planned gifts are a thoughtful way to remember Benzie seniors. Please consider us in your estate planning or have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

Memorial Gifts: Tribute gifts can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102,
or
email at info@BenzieSeniorResources.org

DONOR INFORMATION:

Name: _____
Check here if you wish to remain ANONYMOUS

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ Amount Enclosed: _____

Type of Donation (please circle): Legacy Tribute Other

Make Checks Payable To: Benzie Senior Resources

Mail to: 10542 Main Street, Honor, MI 49640

Benzie Senior Resources is an independent 501 (c) 3 not-for-profit organization.
Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S. regulations.
Consult your tax or legal advisor for details.

Donor Privacy Policy—Benzie Senior Resources (BSR) does not sell or distribute donor information. Be assured your information is secured and protected, and used only by BSR when processing your donation and supplying you with BSR information.



BENZIE

SENIOR RESOURCES

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NEED DENTAL HELP?



We are creating a list of those who need dental care but cannot go to the dentist. Please call **Jennifer** at **(231) 721-5337** to **register** & be ready with answers to these questions:

- Do you have insurance? (We can help with funding.)
- What makes it hard for you to go to the dental office? (We can help provide transportation for you **or** bring dental services to you.)
- What is the dental problem that you need help with? (We need to know if you are in pain, if something broke, or if you just want a check-up, etc.)
- Where do you live? (We need to determine if we can go to your house.)

When you call to discuss your dental problems, Jennifer will ask you more detailed questions in order to create a list and make a plan to get you dental care, whether it's coming to your house with the mobile dental van, or helping you get to the office. Please only call if you do not currently have dental care and need it.

Thank you!

