



# BENZIE

## SENIOR RESOURCES

October 2019

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# THE SENIOR SCOOP



### October is...

Breast Cancer Awareness Month  
Computer Learning Month  
Cookie Month  
National Pasta Month  
National Popcorn Popping Month  
National Diabetes Month  
Physical Therapist Month  
National Pizza Month  
National Arts & Humanities Month  
Adopt a Shelter Dog Month



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*Benzie Senior Resources is funded by Benzie County residents through a property tax millage, federal and state funds through the Aging & Adult Services Agency, Area Agency on Aging of Northwest Michigan and private donations and grants from GT Band of Ottawa and Chippewa Indians 2% Allocation; Delta Dental Foundation, GT Regional Community Foundation, Rotary Charities of Traverse City & Benzie County Community Chest.*

*Benzie Senior Resources will not discriminate against any individual or group because of race, sex, religion, age, national origin, marital status, disability, or political beliefs.*

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Phone: 231-525-0600 or  
Toll Free: 888-893-1102  
Fax: 231-325-4855  
Email: [info@BenzieSeniorResources.org](mailto:info@BenzieSeniorResources.org)  
Website:  
[www.BenzieSeniorResources.org](http://www.BenzieSeniorResources.org)  
facebook: [@benzieseniorresources.org](https://www.facebook.com/benzieseniorresources.org)  
The Gathering Place: 231-525-0601

Benzie Senior Resources Office Hours  
Monday – Friday: 8:30 a.m. – 4:00 p.m.

The Gathering Place Senior Center  
Hours are Monday – Friday  
8:00 a.m. – 4:00 p.m. with exception to  
special events and inclement weather.

**THE SENIOR SCOOP IS A MONTHLY PUBLICATION  
BROUGHT TO YOU BY:**

**Benzie Senior Resources**  
10542 Main Street  
Honor, MI 49640

**Douglas Durand, Executive Director**

**Dawn Bousamra, Editor**

**Angela Haase copy/finish edits**

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If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00. There is no charge for emailing. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at [www.benzieseniorresources.org](http://www.benzieseniorresources.org) under the NEWS tab, at our Benzie Senior Resources office and at The Gathering Place.





## From our Director

Dear Friends,

Another summer has come to an end and if you are like me, I can't believe it's over so quickly! Hopefully we still will have some great weather in October, something they call "Indian Summer."

This summer was rather exciting for the Durand family! Our 10 year old granddaughter played softball for Bullock Creek's 10 and under league. Then she had tryouts for the All-Star Team and made the team! The Bullock Creek All-Stars went undefeated in their respective league and took the district title for the first time in many years. They went on to the State Finals in Marysville and finished in 5<sup>th</sup> place. We are so proud of the girls for a phenomenal season. Currently, Jaedyn is playing for a traveling softball team. Go Jaedyn!

October 1<sup>st</sup> marks a new fiscal year for Benzie Senior Resources, and we are set and ready for it! As with the previous six years, I expect another year of increasing numbers of clients needing our services.

You will see Benzie Senior Resources in the spotlight on two billboards in the county celebrating and promoting Medicare Open Enrollment. The Medicare Open Enrollment is from October 15, 2019 through December 7, 2019. We received a grant to support marketing Medicare to the community and will be using these funds to advertise outreach services during the Open Enrollment period in several locations throughout Benzie County. Our wonderful Medicare/Medicaid Assistance Program Counselor Fran Wallace is available for unbiased assistance/advice in choosing a drug plan, supplemental insurance and other Medicare and Medicaid questions. Please set up an appointment to see Fran by calling our administration office at 231-525-0600.



The other day I was walking through the kitchen at The Gathering Place while Toni, Cathy and Lori were busy prepping the salad bar. What I noticed the most, besides the ladies cutting up all the veggies, was the amazing scent of *freshness*. Speaking of freshness, the Kitchen Crew is very proud of the meals they prepare from the fresh produce for the gigantic salad bar to the from-scratch soups and entrées. Not to mention the homemade bread, other cold salads and special desserts that pop up every now and then. For a suggested donation of just \$4.00, your lunch will look like the picture on the left! (Does any fast food restaurant offer something this delicious and nutritious?!)

September was National Senior Center Month. Susan and Dawn went above and beyond to promote the many wonderful reasons to come to The Gathering Place Senior Center. I hope everyone has taken notice of all the exciting craft projects Susan has introduced. Based on the many positive comments, they have been well received by you.

Another huge project that Susan tackled was the design and implementation of the Tranquility Garden. Many of the garden ornaments, bird feeders and plants were graciously donated—we are very appreciative to those individuals who did so. I'm sure the November Senior Scoop will have a nice article on the dedication ceremony of the garden along with some great pictures.

One last little tidbit—Don't forget to come out in support of the 22<sup>nd</sup> Annual Benzie Food Partners Empty Bowls Soup Nite. The event will be held at The Gathering Place on October 9<sup>th</sup> from 4:00 p.m. – 6:30 p.m. Enjoy the beautiful fall colors and crisper days!

Take Care ~ Douglas



# October Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch is served Monday thru Friday at The Gathering Place 11:30 a.m. — 1:30 p.m.  Menu is subject to change without notice	1 Homestyle Shepard’s Pie Steamed Green Peas Tarragon Carrots Stone Ground Wheat Bread Fresh Banana	2 Oktoberfest Smoked Sausage with Sauerkraut Green Bean Blend Stone Ground Wheat Bread Fruit Cocktail in Juice	3 Chicken Stir-fry over Rice Asian Vegetable Blend Steamed Broccoli Florets Lucky Fortune Cookie Mandarin Oranges	4 Seasoned Beef Taco Bar Authentic Refried Beans Oven Baked Peaches Tortilla Chips with Fire Roasted Salsa
7 Five Cheese Manicotti Italian Vegetable Blend Steamed Sweet Corn Whole Wheat Garlic Toast Diced Peaches	8 Hand Breaded Baked Chicken Parmesan Garlic Mashed Potatoes Steamed Spinach Stone Ground Wheat Bread Apricots	9 *Soup Nite—Close at 1:00 p.m. Sweet Potato Encrusted Pollock Malibu Vegetable Blend Steamed Green Peas Stone Ground Wheat Bread Pineapple Tidbits	10 Greek Style Pita Sandwich Pesto Infused Cauliflower Tarragon Carrots Fresh Banana	11 Caribbean Style Roasted Pork Whipped Sweet Potatoes Capri Vegetable Blend Stone Ground Wheat Bread Tropical Fruit Blend
14 Homemade Sloppy Joe Sweet Potato Bites California Vegetable Blend Apricots	15 Steakhouse Cheeseburger Bar Baked Beans with Bacon Steamed Spinach Fresh Banana	16 Hand Rolled BBQ Meatballs Oven Baked Tater Tots Steamed Broccoli Florets Stone Ground Wheat Bread Pineapple Tidbits	17 National Pasta Day! Baked Penne with Italian Sausage Steamed Green Peas Key West Vegetable Blend Whole Wheat Garlic Toast Fruit Cocktail in Juice	18 Slow Roasted Beef Herb Mashed Potatoes Malibu Vegetable Blend Stone Ground Wheat Bread Chunky Applesauce
21 Special Monday Meal! Homestyle Roasted Turkey Herb Mashed Potatoes Green Bean Blend Stone Ground Wheat Bread Bonnie’s Famous Cranberry Sauce	22 National Nut Day! Homemade Glazed Meatloaf Herb Buttered Potatoes Steamed Broccoli Florets Pea & Peanut Salad Stone Ground Wheat Bread/ Fresh Banana	23 NEW MEAL! Cheesy Breakfast Bake Savory Sausage Links Oven Baked Spiced Apples	24 Baked Pollock Almondine Oven Roasted Potatoes Normandy Vegetable Blend Stone Ground Wheat Bread Pineapple Tidbits	25 Classic Homemade Lasagna Italian Style Green Beans Pesto Infused Cauliflower Whole Wheat Garlic Toast Diced Peaches
28 Crispy Cod Sandwich Sweet Potato Bites Normandy Vegetable Blend Fresh Grapes	29 Homestyle Salisbury Steak Herbed Mashed Potatoes Steamed Broccoli Florets Stone Ground Wheat Bread Diced Pears	30 Hawaiian Style Chicken & Rice Steamed Spinach Malibu Vegetable Blend Stone Ground Wheat Bread Fresh Banana	31 Homestyle Goulash Steamed Green Peas Tarragon Carrots Stone Ground Wheat Bread Fruit Cocktail in Juice	Meal price is a \$4.00 suggested donation for age 60 and older  Under 60 is \$7.50 Caregivers under 60 are \$5.00

# October Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> 10:30 Music by The Melody Makers 11:30 Lunch <b>NO Chair Yoga</b> 5:15 Zumba—\$3	<b>2</b> 8:30 Zumba—\$3 9:00 Foot Clinic at the Admin. Office—By Appointment only 10:00 Balance & Stretching 11:30 Lunch 12:30 Bingo	<b>3</b> <b>11:00—Grief Support at the Administration Office</b> <b>11:30 Lunch—The Maples Blood Pressure Clinic</b> 1:00 BUNCO	<b>4</b> 9:30 BUNCO 10:30 Thompsonville Lunch, Bingo and Music 11:30 Lunch 1:00 Wii Bowling
<b>7</b> 10:00 YOGA & MORE <b>11:30 Lunch—Flu shot clinic sponsored by Hometown Pharmacy</b> Noon—CARDS 2:30 Zumba—\$3	<b>8</b> 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga—\$5 5:15 Zumba—\$3	<b>9</b> 8:00 Tunnel of Trees Trip 8:30 Zumba—\$3 9:00 Foot Clinic at the Admin. Office—By Appointment only 10:00 Balance & Stretching 11:30 Lunch <b>NO BINGO</b> <b>1:00 Lunch ends CLOSING early</b> <b>4:00 Empty Bowls</b>	<b>10</b> 8:45 Little River Casino <b>11:00—Grief Support at the Administration Office</b> 11:30 Lunch 1:00 BUNCO	<b>11</b> 9:30 BUNCO <b>11:30 Lunch—October Birthday Party</b> <b>11:30 Medicare/Medicaid Assistance Program w/Fran</b> 1:00 Wii Bowling
<b>14</b> 10:00 YOGA & MORE 11:30 Lunch Noon—CARDS 2:30 Zumba—\$3	<b>15</b> 10:30 Music by The Melody Makers 11:30 Lunch <b>NO Chair Yoga</b> 5:15 Zumba—\$3	<b>16</b> 8:30 Zumba—\$3 9:00 Foot Clinic at the Admin. Office—By Appointment only <b>9:15 State Theater Trip</b> 10:00 Balance & Stretching 11:30 Lunch 12:30 Bingo 4:30 Board of Directors Meeting	<b>17</b> <b>11:00—Grief Support at the Administration Office</b> <b>11:30 Lunch—Munson Paul Oliver Blood Pressure/ Med Check</b> 1:00 BUNCO	<b>18</b> 9:30 BUNCO <b>11:30 Lunch—Flu shot clinic with the Benzie-Leelanau Health Department</b> 1:00 Wii Bowling
<b>21</b> 10:00 YOGA & MORE 11:30 Lunch Noon—CARDS <b>1:00 Christmas Craft with Susan</b> 2:30 Zumba—\$3	<b>22</b> <b>National Nut Day!</b> <b>9:00 Estate Planning at Admin. Office—By Appointment only</b> 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga—\$5 5:15 Zumba—\$3	<b>23</b> 8:30 Zumba—\$3 9:00 Foot Clinic at the Admin. Office—By Appointment only 10:00 Balance & Stretching 11:30 Lunch 12:30 Bingo <b>1:30 Closing for Staff Training</b>	<b>24</b> <b>Pink Day!</b> 8:45 Little River Casino <b>11:00—Grief Support at the Administration Office</b> <b>11:30 Lunch—Medical Moment with Megan</b> 1:00 Bunco	<b>25</b> 9:30 BUNCO 11:30 Lunch 1:00 Wii Bowling 6:00 'Ol Time Gathering
<b>28</b> 10:00 YOGA & MORE 11:30 Lunch Noon—CARDS <b>1:00 Craft with Susan</b> 2:30 Zumba—\$3	<b>29</b> <b>National Oatmeal Day!</b> 8:00 Wanda's Oatmeal Bar 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga—\$5 5:15 Zumba—\$3	<b>30</b> <b>7:30 Frankenmuth Trip</b> 8:30 Zumba—\$3 9:00 Foot Clinic at the Admin. Office—By Appointment only 10:00 Balance & Stretching 11:30 Lunch 12:30 Bingo <b>1:15 Matinee Wednesday</b>	<b>31</b> <b>11:00—Grief Support at the Administration Office</b> 8:45 Little River Casino <b>11:30 Lunch—Halloween Party!</b> 1:00 Bunco	<b>We accept Cash, Visa, Mastercard and Discover.</b>  <b>Personal Checks are also accepted made out to BSR.</b>  <b>Small bills are appreciated.</b>

## Dawn's Dish

The Gathering Place Senior Center is closing at 1:00 p.m. on Wednesday, October 9<sup>th</sup> to prepare for Empty Bowls Soup Nite fundraiser. We will not have Bingo. We are also closing at 1:30 p.m. on Wednesday, October 23<sup>rd</sup> for staff training. All scheduled activities will still be held.

All participants in the Congregate Meal Program (The Gathering Place) must fill out a **NEW NAPIS** form starting October 1<sup>st</sup>. We are **REQUIRED** to have an updated form each year. Please don't give my fabulous front desk volunteers a hard time when they ask you to fill it out.

Thursdays, October 3, 10, 17, 24 & 31—11:00 a.m. to 12:00 p.m. Grief Support Group at the Administration Office. Kristi Spencer, MA, LPC is the Bereavement Coordinator for Heartland and she's offering free support in the private atmosphere of our office. You don't have to navigate a loss alone. Call 231-525-0601 with questions.

Monday, October 7—11:00 a.m.—1:00 p.m. Flu Shot Clinic sponsored by Hometown Pharmacy. Please sign up at our front desk for this clinic. Bring your insurance cards.

Wednesday, October 9—Empty Bowls Soup Nite. See page 14 for flyer. We will close at 1:00 p.m. to prepare for this event. We will not have Bingo.

Wednesday, October 9—Tunnel of Trees Trip. See page 7 for flyer. Trip leaves at 8:00 a.m. and you must sign up in advance at our front desk or call 231-525-0601. Space is limited!

Thursdays, October 10 & 24—Little River Casino Trip. Leave The Gathering Place at 8:30 a.m. and Shop-n-Save at 8:45 a.m. Trip fee \$10. \$20 in River Credits The credits will download automatically on your card. Return by 3:00 p.m. Space is limited so call now to reserve a seat. 231-525-0601 or toll free at 877-277-1306.

**Cancel within 24 hours of trip or you must pay the trip fee.**

Friday, October 11—During lunch see our Medicare/ Medicaid Assistance Program volunteer Fran with your questions. Remember, Open Enrollment begins October 15th!

Wednesday, October 16—***State Theater Trip.*** Join Susan and head to TC for the 25¢ Matinee. We'll be seeing **Abbott and Costello Meet Frankenstein**. Leave at 9:15 a.m. and return about 2:00 p.m. Lunch is at the Grand Traverse Pie Company. You are responsible for your lunch and movie costs. Trip fee is \$5.

Thursday, October 18—Flu Shot Clinic during Lunch with Benzie-Leelanau Health Department. Please call (231) 882-4409 to pre-register for this clinic.

Monday, October 21—Christmas craft with Susan. 1:00 p.m. No charge! Just come for fun!

Thursday, October 24—Medical Moment with Megan. Have medical questions? Megan Francis, our Director of Home Health Services is here the 4th Thursday of each month, during lunch (11:30 a.m. to 1:30 p.m.) to answer your questions. Have some topics you'd like her to cover? Please leave your ideas/ questions at the front desk and we'll pass them on to her.

Thursday, October 24—Pink Day! October is Breast Cancer Awareness Month. Wear pink (yes, men too!) whether it's your whole outfit, a ribbon, socks, hat, bracelet or lipstick. Let's show our support!

Friday, October 25 — 6:00 p.m. Ol' Time Gathering party. Please bring a dish to pass. All ages are welcome. No charge to attend and donations are accepted. Music starts at 6:00 p.m. & potluck dinner at 7:00 p.m.

Wednesday, October 30—1: 15 p.m. Matinee Wednesday. **Please note the new time.** We play a movie in-house at The Gathering Place with free popcorn and drinks! This month's movie is a Halloween surprise (don't worry—it's not scary!).

Wednesday, October 30—7:30 a.m. Frankenmuth Trip! See flyer on page 11.

Thursday, October 31—Halloween Party during lunch! Wear your favorite costume! There will be treats!



## Bulletin Board



### Flu Shot Clinics At The Gathering Place during lunch

Monday, October 7<sup>th</sup> sponsored by Hometown Pharmacy. **Please sign up at our front desk** for this clinic. Bring your insurance cards.

Thursday, October 18<sup>th</sup> with Benzie-Leelanau Health Department. **Please call (231) 882-4409 to pre-register** for this clinic.

### Tunnel of Trees Trip! Wednesday, October 9<sup>th</sup>.

Our yearly excursion on this beautiful drive departs at 8:00 a.m. and returns about 5:00 p.m. We'll stop at Good Hart General Store where you can buy a Homemade Chicken Pot Pie to take home (they are AMAZING!) and we'll grab lunch at Legs Inn. Trip fee is \$10.00 & you are responsible for buying your own lunch at Legs Inn. Call to sign up at (231) 525-0601. Hurry! Space is limited.



Tuesday, October 29<sup>th</sup> is National Oatmeal Day! Drop in from 8:00 a.m. to 10:00 a.m. and enjoy Wanda's Loaded Oatmeal bar! Breakfast is on us!

### Did you know?

There are Medication Drop boxes located at all Munson Hospital locations and at the Benzie Sheriff's Department. It's easier than ever to clear out old, expired medications safely.



### Home Delivered Meals Drivers Needed!



Once a month or once a week—you decide. Must possess a valid driver's license. Stop by either The Gathering Place or Benzie Senior Resources for your volunteer application, or go to our website:

[BenzieSeniorResources.org](http://BenzieSeniorResources.org) and grab one there. Join our team! We guarantee you will make a difference on day one. Drive our vehicles, use our gas and travel beautiful Benzie County!



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## Autumn Fun

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R	E	F	S	Q	U	A	S	H	E	A	E	T	G
U	H	A	Y	R	I	D	E	S	N	S	A	R	O
H	E	W	L	R	F	O	O	T	B	A	L	L	U
L	H	A	L	L	O	W	E	E	N	L	I	V	R
E	T	S	E	V	R	A	H	R	Y	U	A	S	D
A	E	E	C	N	S	L	E	R	R	I	U	Q	S
V	C	R	K	S	N	R	O	C	A	A	E	E	E
E	I	K	S	A	I	B	O	N	F	I	R	E	S
S	D	T	H	A	N	K	S	G	I	V	I	N	G
N	E	S	D	L	W	O	R	C	E	R	A	C	S
D	R	S	C	A	N	D	Y	C	O	R	N	R	U
S	T	R	I	H	S	T	A	E	W	S	W	N	N
C	P	U	M	P	K	I	N	S	K	T	P	S	S

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BONFIRES  
PUMPKINS  
CANDY CORN  
SCARECROW  
ACORNS  
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LEAVES  
SWEATSHIRTS  
FOOTBALL  
SOUP  
CIDER  
HARVEST  
SQUIRRELS  
HAY RIDES  
GOURDS  
RAKE

Play this puzzle online at : <http://thewordsearch.com/puzzle/832/>

Euchre Happens in the region...

### Weekly:

Wednesdays—Geno's Sports Bar in Thompsonville at 2:00 p.m. 231.378.2554 \$5.00

Thursdays—Doubles at The Platte River Inn, Honor. 7 p.m. Singles Sunday at 1:00 p.m. Sign ups are 30 minutes prior.

Sundays—Manistee Moose snack potluck at 1:00 p.m. 231.723.2432 \$5.00

Sundays—Singles at The Platter River Inn, Honor at 1:00 p.m. Sign ups are 30 minutes prior.

### Monthly:

1<sup>st</sup> Sunday Kaleva Lions Potluck 5'ish Cards 6:00 p.m. \$6.00

2<sup>nd</sup> Tuesday Kaleva Sportsmen's Club Potluck 5'ish Cards 6:00 p.m. \$6.00

1<sup>st</sup> & 3<sup>rd</sup> Tuesday The old Bendon Township Hall Potluck at 5:00 p.m. and cards start at 6:00 p.m.



## October Birthdays

Faith Dulaney	1	Terry Cheeseman	13	Betty Mathias	22
Annie Beeman	2	Bonnie Forbes	13	Dale Boughner	23
Donald Champine	2	Lynette Grimes	13	Ed Gipson	25
Jim Nicholas	2	Marleen McPherson	13	Lawrence Muzzarelli	25
Charlotte Worden	2	Bob Powell	14	Jeff Sattler	25
Nancy Kasperzak	3	Shirley Sexton-	14	Barbara Baltazar	26
Randy Boyd	4	Damore		Charles Hicks	26
Carol McAnulty	4	David Sharman	14	Mary Lagerfeldt	26
Phyliss Crowell-	5	Clyde Kastl	15	Adele Maher	26
VanHammen		Carol Ebright	16	James Catts	27
James Loucks	6	Doris Loll	16	Lonny Cech	27
Chris Pietrusza	6	Margaret Marcum	16	Cynthia Scott	27
Lee Kimbrough	8	George Hillier	17	Betty Gardner	28
Barbara Knight	8	Rob Janusch	17	Julia Hyll	28
Carla Smith	8	John Tuohimaa	17	Flavia Nicolanti	28
Bill Tarker	9	Jim VanHammen	17	Bruce Toms	29
Terry VanHeyningen	9	Charles Hammond	18	Robert Swanson	30
Sandy Gill	10	Evelyn Blossey	19	Robert Dipzinski	31
Linda Remington	10	Fred Poynor	19	Gloria Ellis	31
Judy Acha	11	Danny Shields	20	Robert Scholl	31
Betty Croft	11	Sharron McCollum	21	Beverly Thomsen	31
Lois Ballard	11	Terry Montgomery	21	Jim VanHammen	31
Susana Green	12	Alda Cook	22		
Geoffrey Allen	13	Bob Grooters	22		



*If we forgot your birthday we are truly sorry. If you'd like your name removed from the birthday list, please let us know.*

## Can't Hear on the Phone?

The CapTel® Captioned Telephone allows people with hearing loss to listen to their caller and read everything the caller says. Like captions on TV— for your phone! **Free with verified hearing loss**, you get the phone plus installation, providing you with better phone conversations.

**Includes free captioning service with no monthly fees or contracts required. Don't miss another word! Did I mention this phone saves all of your conversation you have with your caller.**

Forms are available at Gathering Place in Honor

\*Requirement – for no cost- Internet and phone line.

Non Internet phone also available for one time fee of \$42.40 requirement analog home phone line.

Contact Your Local Outreach Representative

**Tina Caldwell • 517-898-4401**



## Frankenmuth Trip!

Wednesday, October 30<sup>th</sup>.  
Leave The Gathering Place at 7:30 a.m. Quick stop at McDonalds in Cadillac for coffee and breakfast. We'll grab lunch at world-famous Zehnder's of Frankenmuth

Restaurant where hospitality abounds. You'll find traditional family style chicken dinners and tantalizing breads and pastries. Then we'll explore Bronner's CHRISTmas WONDERLAND which started from humble beginnings, quickly growing through several expansions to become the World's Largest Christmas Store with beautifully landscaped grounds covering 27 acres.

Estimated time to return to The Gathering Place is 7:00 p.m. This trip is only \$15 and you are responsible for your meal costs. Please sign-up at the front desk or call 231-525-0601. Space is limited so call today!



## Medicare Open Enrollment

Every year October 15 through December 7 is shopping season (Open Enrollment) for Medicare prescription drug and Medicare Advantage plans.

If you're already enrolled in a Medicare Part D prescription plan or a Medicare Advantage Plan and you don't want to make changes to your coverage for the coming year, you don't need to do anything during the shopping season, assuming your current plan will continue to be available. (If your plan is being discontinued and isn't eligible for renewal, you will receive a non-renewal notice from your carrier prior to October 15)

Even if you're confident that you want to keep your current coverage for next year, it's important to make sure you understand any changes that may apply, and that you've double checked to make sure that your current plan is still the best available option. The available plans and what they cover changes from one year to the next, so even if the plan you have now was the best option when you shopped last year, it's important to verify that again before you lock yourself in for another year.

If you want help reviewing your options during open enrollment you can make an appointment to talk with a certified MMAP counselor at Benzie Senior Resources. Just call (231) 525-0600 to make an appointment.



## Bulletin Board

### *Staff Anniversaries*

Congratulations to the following staff  
on their work anniversaries!

David Main, Head Chef—7 years

Toni Hillier, Kitchen staff—3 years

Angela Haase, Administrative Assistant—3 years

### Welcome New Staff!



Erica Baker is camera shy but we'd still like to welcome her to our kitchen staff! Erica grew up in Frankfort and graduated from Frankfort High School. She has a dog named Lola and a contagious giggle that can't be missed!



Jessica Rastelli joined our Home Health Aide team in August. She grew up in the Mt. Pleasant area. She enjoys gardening and spending time with her family and dog. She's likes most food except for liver and head cheese.



**Do you have  
trouble  
hearing?**

**Don't miss out on all the sounds of life.  
Schedule your FREE Hearing Evaluation Today!**

**Call 231.882.5640  
for an Appointment**

**Programs are available to help  
pay for hearing aides.**

**Advanced Hearing Center is a  
TruHearing Provider**

**FOOT CLINIC**—Weekly at Benzie  
Senior Resources Administration Office.

October dates are: Wednesdays, October  
2, 9, 16, 23 & 30.

Please call 231-525-0600 for your appointment. We  
don't charge a fee, but we do appreciate donations.



When is the next Benzie Bucks Auction? I'm glad you asked! It's Friday, December 6<sup>th</sup> at 1:00 p.m. So...now is the time to bring your items for the auction down to The Gathering Place! What can you bring? Anything but clothes please.

Benzie Bucks are given out daily to those who join us for lunch and/or an activity starting on November 1<sup>st</sup>. See Dawn or Susan if you didn't receive yours when you were at The Gathering Place. Collect your bucks, save 'em up and get ready for some crazy bidding!





### Concerts on the Hill at St. Andrews Church

**Thursday, October 3<sup>rd</sup> at 7:00 p.m.**  
**Peter, Paul and Mary Remembered.**

Benzie Senior Resources is the recipient of funds donated at this concert. This is a free will offering event.



**Sunday, October 20<sup>th</sup> The Singing Strings and Brilliant Brass** concert will be performed by Interlochen Arts Academy faculty and friends. The concert will be at 3:00 P.M. and will include both classical and pops selections. BACN will be the recipient of funds donated at this concert. This is a free will offering event.

## BENZIE FOOD PARTNERS Empty Bowls Project



### 22nd Annual "Soup Nite"

- Celebrity Servers
- Area's Favorite Soups
- Try one or Try all
- Bread – Beverage
- Salad - Dessert

• Silent Auction

Wednesday  
**October 9, 2019**  
4:00 pm – 6:30 pm

At  
**The Gathering Place  
Senior Center**

**Honor Plaza, Honor, MI**

**Adult: \$8.00**

**Children 12 years and under: \$2.50**

**Carry Outs Available**

**Take-Away Empty Bowl to Keep With Your  
Donation**  
**Your Donation Will Help Fill Empty Bowls In Benzie  
County!**



Have an idea for the newsletter? Want to write a guest column? Email or call Dawn at [Bousamrad@BenzieSeniorResources.org](mailto:Bousamrad@BenzieSeniorResources.org) or 231.525.0601 ext. 201.



Blood Pressure Clinics at  
The Gathering Place.  
Both are during lunch  
11:30 a.m. to 1:30 p.m.

**Thursday, October 3<sup>rd</sup>**  
with The Maples  
&

**Thursday, October 17<sup>th</sup>**  
with Kate from Paul Oliver Living &  
Rehabilitation Center

Both clinics are free of charge.



**Karen Korolenko is the Director at the Benzie County Department of Veterans Affairs. She can be reached at 231.882.0034 or by email at [kkorolenko@benzieco.net](mailto:kkorolenko@benzieco.net).**



### Tech Support!

**Benzonia Library** on Mondays from  
11:00 a.m.—1:00 p.m.

Please call 231-882-4111 for more  
information. There is no charge.

**Darcy Library** on Thursdays from  
12:00 p.m.—4:30 p.m.

with Carol McAnulty

Please call 231-882-4037 for more  
information.





## Donations

**Giving is not just about making a donation. It's about making a difference.**

Benzie Senior Resources is an independent 501 c-3 nonprofit organization. We depend on donations to sustain our programs and we need your support to continue providing reliable and professional services to the seniors of Benzie County. Traditional funding sources are failing to keep up with the growing needs of the rapidly increasing population of people over age 60. Your donation will help us continue our important work!

We are dedicated to supporting older adults and the friends, family and community who surround them. No matter the age or situation, we have professional, reliable services to help keep Benzie seniors living independently—with dignity—in their own homes.

You can be assured we will continue to be good stewards of all tax-deductible gifts. If you would like to designate your gift as a Legacy or Memorial Gift, please call or email us with your wishes.

**Legacy Giving:** Planned gifts are a thoughtful way to remember Benzie seniors. Please consider us in your estate planning or have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

**Memorial Gifts:** Tribute gifts can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102, or email at [info@BenzieSeniorResources.org](mailto:info@BenzieSeniorResources.org)

### DONOR INFORMATION:

Name: \_\_\_\_\_  
*Check here if you wish to remain ANONYMOUS*

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

Type of Donation (please circle): Legacy      Tribute      Other

Make Checks Payable To: Benzie Senior Resources

*Benzie Senior Resources is an independent 501c3 not-for-profit organization.  
Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S. regulations.  
Consult your tax or legal advisor for details.*



**Donor Privacy Policy**—Benzie Senior Resources (BSR) does not sell or distribute donor information. Be assured your information is secured and protected and only used by BSR when processing your donation and supplying you with BSR information.





# BENZIE SENIOR RESOURCES

10542 Main Street, Honor, MI 49640

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We had a blast marching in the 2019 Coho Festival parade! Alice and Luana chauffeured King James and Queen Patty while the rest of us clowned around!



231.525.0600 • [BenzieSeniorResources.org](http://BenzieSeniorResources.org)

