



January 2019

INSIDE THIS ISSUE

| | |
|---------------------------|----|
| Directory/ Subscription | 2 |
| From our Director | 3 |
| Menu | 4 |
| Calendar of Events | 5 |
| Dawn's Dish | 6 |
| Crossword Puzzle | 7 |
| Medicare | 8 |
| The Latest... | 9 |
| Bulletin Board | 10 |
| Social Security/ Medicare | 11 |
| Birthdays | 12 |
| Donation Information | 13 |

January is:

*Glaucoma Awareness Month
National Blood Donor Month
National Soup Month
National Braille Literacy Month
National Hobby Month*



Benzie Senior Resources' Executive Director, Douglas Durand accepts a donation from Dianna Priest on behalf of the Bunco Group at The Gathering Place. Each year, this group donates to our agency. We are grateful for their continued generosity!



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Benzie Senior Resources is funded by Benzie County residents through a property tax millage, federal and state funds through the Aging & Adult Services Agency, Area Agency on Aging of Northwest Michigan and private donations and grants from GT Band of Ottawa and Chippewa Indians 2% Allocation; Delta Dental Foundation, GT Regional Community Foundation, Rotary Charities of Traverse City & Benzie County Community Chest.

Benzie Senior Resources will not discriminate against any individual or group because of race, sex, religion, age, national origin, marital status, disability, or political beliefs.

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Email: info@BenzieSeniorResources.org
Website: www.BenzieSeniorResources.org
facebook: [@benzieseniorresources.org](https://www.facebook.com/benzieseniorresources.org)

Benzie Senior Resources Office Hours
Monday – Friday:
8:30 a.m. – 4:00 p.m.

The Gathering Place Senior Center Hours
Monday–Friday
8:00 a.m.—4:00 p.m. with exception to
special events and inclement weather.

THE SENIOR SCOOP IS A MONTHLY PUBLICATION BROUGHT TO YOU BY:

Benzie Senior Resources
10542 Main Street
Honor, MI 49640

Douglas Durand, *Executive Director*

Dawn Bousamra, *Editor*

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If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00 which helps to cover printing and mailing costs. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at www.benzieseniorresources.org under the NEWS tab.

From our Director

Happy New Year!

I hope everyone had a wonderful Christmas celebration! I had wonderful family time with our three children and their families. I enjoyed our three grandchildren opening their gifts and watching their reactions! After all the gifts were opened we played the Saran Wrap ball game. We had tons of fun with many laughs.

Our agency just completed another successful Christmas Bag Program with just over 200 gift bags that went to those in need. We had many individuals and groups, whom I like to refer to as community angels who provided many special items for the gift bags. We had help from the congregations of Trinity Lutheran Church, Blaine Christian Church, Frankfort & Elberta United Methodist Church, St. Andrews Presbyterian Church, First Congregational Church of Frankfort, First Congregational United Church of Christ in Benzonia, Lake Ann United Methodist Church and Cornerstone Assembly of God. A special thanks to Shop-n-Save for letting us park the Meals on Wheels Subaru and making it possible for their customers to help fill the Subaru with items for the gift bags. Subie-Doo was filled to the max! The children from Trinity Lutheran Church youth group and Silver Lake Elementary School decorated the gift bags with holiday cheer! A special thank you to Judy, Lynn, Cindy and Ann for putting the bags together—you are wonderful & we really appreciate your help!

But the biggest joy is receiving thank you notes and phone calls from those who received gift bags and how appreciative they are. The reward we as part of this agency receive is the many thank you cards and phone calls coming in—to know we have made a difference for those receiving the Christmas Gift Bags.

Are you thinking about your New Year's resolution? Most likely it includes taking better care of yourself through exercise, nutrition or maybe increasing some brain power! May I offer a suggestion? How about volunteering? It makes the perfect New Year's resolution because it offers a great outcome for **YOU!** Volunteering has countless benefits to the community & to the health and happiness of individuals who commit to it. One of the many benefits of volunteering is creating new connections in your community. It presents opportunities to meet new friends and strengthen the connection between those who volunteer together. Our bonds grow as we work together toward a common goal. Also, volunteering helps lessen depression, increases self-confidence and makes a healthier you—both physically and mentally. Volunteering can be as little as a few hours a month to several days a week. It is fun and an easy way to share your interests and passions.

Here at Benzie Senior Resources we couldn't function without our dedicated group of volunteers. From delivering meals to the homebound; conducting an exercise group; greeting folks coming into The Gathering Place or serving as a board member. Our volunteers keep us going!

If you're looking for ways to remain active & healthy, please visit our agency for details on how you can make a difference.

Wishing everyone a New Year of health and prosperity!

Take care,
Douglas



January Menu

Lunch is served Monday thru Friday at The Gathering Place from 11:30 a.m. — 1:30 p.m.

Menu is subject to change without notice

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| <p>Meal cost is \$4.00 suggested donation for those age 60 and older Under 60 is \$7.50 and \$5.00 for Caregivers under 60</p> | <p>1 Closed</p>  | <p>2 Chicago Style Italian Beef Tarragon Carrots Oven Baked Tater Tots Oven Baked Peaches</p> | <p>3 Homemade Meatloaf with Gravy Herb Mashed Potatoes California Vegetable blend Stone Ground Wheat Bread Tropical Fruit Blend</p> | <p>4 Spaghetti & Italian Meatballs Pesto Infused Cauliflower Steamed Sweet Corn Whole Wheat Garlic Toast Tropical Fruit Blend</p> |
| <p>7 Deluxe Chicken Sandwich Sweet Potato Bites Malibu Vegetable Blend Chunky Applesauce</p> | <p>8 Homestyle Salisbury Steak Herbed Mashed Potatoes Steamed Broccoli Florets Stone Ground Wheat Bread Banana</p> | <p>9 Homestyle Turkey Stew Green Bean Blend Steamed Sweet Corn Fresh Baked Chicken Classic Fruit Cocktail</p> | <p>10 Grand Rapids Style Wet Burrito Authentic Refried Beans Oven Baked Pears Tortilla Chips with Fire Roasted Salsa</p> | <p>11 Hand Breaded Baked Chicken Herb Mashed Potatoes Tarragon Carrots Stone Ground Wheat Bread Pineapple Tidbits</p> |
| <p>14 Classic Beef Stroganoff Cauliflower Florets Steamed Sweet Corn Stone Ground Wheat Bread Pineapple Tidbits</p> | <p>15 Whole Wheat Blueberry Pancakes Savory Sausage Links Fresh Scrambled Eggs Oven Baked Peaches</p> | <p>16 Homestyle Goulash Tarragon Carrots Steamed Green Peas Stone Ground Wheat Bread Apricots</p> | <p>17 Smothered Chicken Breast Oven Baked Potato California Vegetable Blend Stone Ground Wheat Bread Tropical Fruit Salad</p> | <p>18 Classic Homemade Lasagna Italian Style Green Beans Steamed Spinach Whole Wheat Garlic Toast Chunky Applesauce</p> |
| <p>21 Homestyle Boneless Pork Chops Cauliflower Florets Normandy Vegetable Blend Stone Ground Wheat Bread Fresh Grapes</p> | <p>22 Baked Pollock Almondine Steamed Broccoli Florets Steamed Sweet Corn Stone Ground Wheat Bread Fresh Banana</p> | <p>23 Homestyle Shepard's Pie Tarragon Carrots Steamed Green Peas Stone Ground Wheat Bread</p> | <p>24 Hand-Rolled BBQ Meatballs Oven Baked Tater Tots Capri Vegetable Blend Stone Ground Wheat Bread Diced Pears</p> | <p>25 Slow Roasted Beef Herbed Mashed Potatoes California Vegetable Blend Stone Ground Wheat Bread Pineapple Tidbits</p> |
| <p>28 Tangerine Chicken over Rice Asian Vegetable Blend Green Bean Blend Lucky Fortune Cookie Mandarin Oranges</p> | <p>29 Creamy Chicken Primavera w/ Pasta Italian Vegetable Blend Steamed Sweet Corn Whole Wheat Garlic Toast Fresh Banana</p> | <p>30 Crispy Cod Sandwich Steamed Spinach Oven Roasted Potatoes Diced Peaches Homemade Coleslaw</p> | <p>31 Savory Sausage Cassoulet Malibu Vegetable Blend Steamed Green Peas Stone Ground Wheat Bread Diced Pears</p> |  |



January Calendar of Events

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|--|
|  |  | <p>2</p> <p>9:00 Foot Clinic at Admin. Office by Appointment only 10:00 Stretch w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN</p> | <p>3</p> <p>9:00 Hearing Clinic at Administration Office by Appointment only 11:30 Lunch 1:00 BUNCO</p> | <p>4</p> <p>9:30 BUNCO 10:30 Thompsonville Lunch, Bingo and Music 11:30 Lunch 1:00 Wii Bowling 1:00 Tech Support</p> |
| <p>7</p> <p>11:30 Lunch 12:00 CARDS</p> | <p>8</p> <p>10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga—\$5</p> | <p>9</p> <p>9:00 Foot Clinic at Admin. Office by Appointment only 10:00 Stretch w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN</p> | <p>10</p> <p>8:30 Little River Casino 11:30 Lunch—The Maples Blood Pressure Clinic 1:00 BUNCO</p> | <p>11</p> <p>9:30 BUNCO 11:30 Lunch—January Birthday Party 1:00 Wii Bowling 1:00 Tech Support</p> |
| <p>14</p> <p>11:30 Lunch 12:00 CARDS</p> | <p>15</p> <p>10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga—\$5</p> | <p>16</p> <p>9:00 Foot Clinic at Admin. Office by Appointment only 10:00 Stretch w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN 4:30 Board of Directors Meeting</p> | <p>17</p> <p>11:30 Lunch—Blood Pressure and Blood Sugar Clinic with Kate 1:00 BUNCO</p> | <p>18</p> <p>9:30 BUNCO 11:30 Lunch 1:00 Wii Bowling 1:00 Tech Support</p> |
| <p>21</p> <p>11:30 Lunch 12:00 CARDS</p> | <p>22</p> <p>9:00 Estate Planning at Administration Office by Appointment only 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga—\$5</p> | <p>23</p> <p>9:00 Foot Clinic at Admin. Office by Appointment only 10:00 Stretch w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN</p> | <p>24</p> <p>8:30 Little River Casino 11:30 Lunch 1:00 BUNCO</p> | <p>25</p> <p>9:30 BUNCO 11:30 Lunch 1:00 Wii Bowling 1:00 Tech Support 6:00 Ol' Time Gathering</p> |
| <p>28</p> <p>11:30 Lunch 12:00 CARDS</p> | <p>29</p> <p>10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga—\$5</p> | <p>30</p> <p>9:00 Foot Clinic at Admin. Office by Appointment only 10:00 Stretch w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN</p> | <p>31</p> <p>11:30 Lunch 1:00 BUNCO</p> |  |

Dawn's Dish

From all of us here at The Gathering Place and across the street at Benzie Senior Resources Administration Office, we wish you a very Happy New Year!

We have adjusted the time we serve lunch to give you an extra half hour to get here! Our lunch is served from 11:30 a.m.—1:30 p.m.

All participants in the Congregate Meal Program (The Gathering Place) must fill out a NEW NAPIS form. Our new fiscal year started October 1st. We are REQUIRED to have updated forms, so please don't give my fabulous front desk volunteers a hard time. This form is part of guidelines set in place by Michigan Department of Aging & Adult Services Agency.

Tech Support with Robert is on Fridays by appointment only until further notice. Call 231.525.0601 for scheduling. Robert will not be at The Gathering Place unless he has scheduled appointments. Dustin also does Tech Support at the Benzonia Library on Mondays from 11 a.m.—1 p.m. Please call 231-882-4111 for more information. There is no charge for either Tech Support.

Bible Study, Yoga and Zumba are all off until April 2019. This means we have a little wiggle room in our schedule to try out a new activity. Something to get us through the winter! Please give me your suggestions and we'll see what we can make happen. New Activity Suggestion Box will be at the front desk.

Wednesdays, January 2, 9, 16, 23 & 30—Foot Clinic at Benzie Senior Resources Administration Office. Call 231-525-0600 for your appointment. While we don't charge a fee, we really appreciate donations toward this service by those who use it.

Wednesdays, January 2, 9, 16, 23 & 30—1:15 p.m. PLARN. Crochet plastic mats to donate for the homeless. No experience is necessary.

Thursday, January 10—Blood Pressure and Blood Sugar Checks with Sharon from The Maples during lunch.

Thursday, January 10 & 24—Little River Casino Trip. Leave The Gathering Place at 8:30 a.m. and Shop-n-Save at 8:45 a.m. Trip fee \$10. **You no longer have to earn 10 points on your card before you earn the \$20 in River Credits but there is no longer a \$5 food voucher.** The credits will download automatically on your card. Return by 3:00 p.m. Space is limited so call now to reserve a seat. 231-525-0601 or toll free at 877-277-1306. **Cancel within 24 hours of trip or pay trip fee.**

Friday, January 11—Birthday Party! Join us during lunch for cake to celebrate those born in December!

Thursday, January 17—Blood Pressure and Blood Sugar Checks with Kate from Paul Oliver Living & Rehabilitation Center during lunch.

Friday, January 25—Ol' Time Gathering music, dancing and potluck. Please bring a dish to pass. All ages are welcome. No charge to attend and donations are accepted. Music starts at 6:00 p.m. with a potluck dinner at 7:00 p.m.



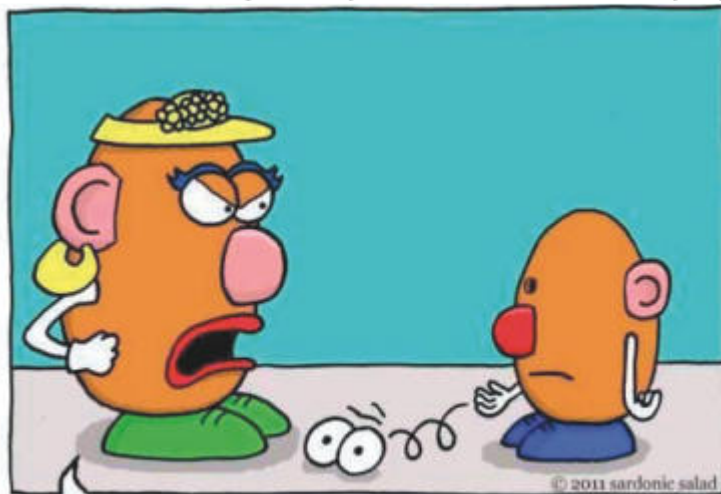
Crossword Puzzle

Parts Of The Eye

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| S | C | L | E | R | A | M | U | S | C | L | E | E | F |
| I | R | O | S | E | N | O | C | C | F | O | V | E | A |
| R | D | C | E | D | O | A | A | D | O | C | S | B | R |
| I | C | T | Y | T | C | L | H | I | A | R | C | R | A |
| S | T | C | E | C | U | U | I | E | R | O | H | A | U |
| O | M | D | L | S | O | C | I | R | R | D | O | I | A |
| B | D | R | I | M | C | A | U | L | V | S | R | N | N |
| M | M | S | D | C | R | M | U | E | D | R | O | S | A |
| U | A | R | E | T | I | N | A | C | A | R | I | A | U |
| U | V | I | T | R | E | O | U | S | B | O | D | Y | L |
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EYELID
 FOVEA
 IRIS
 RETINA
 MACULA
 SCLERA MUSCLE
 VITREOUS BODY
 PUPIL
 CORNEA
 TEAR DUCTS
 LENS
 BRAIN
 CILIARY MUSCLE
 CHOROID
 RODS
 CONES

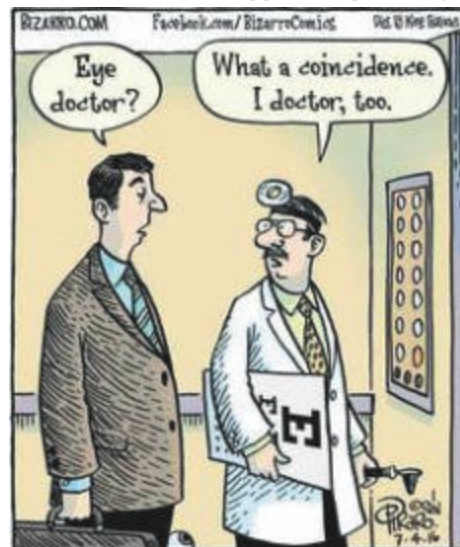
Play this puzzle online at : <https://thewordsearch.com/puzzle/37385/>



DON'T YOU ROLL YOUR EYES AT ME, YOUNG MAN!



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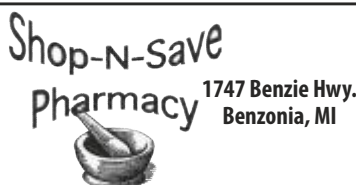


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Western District Manager

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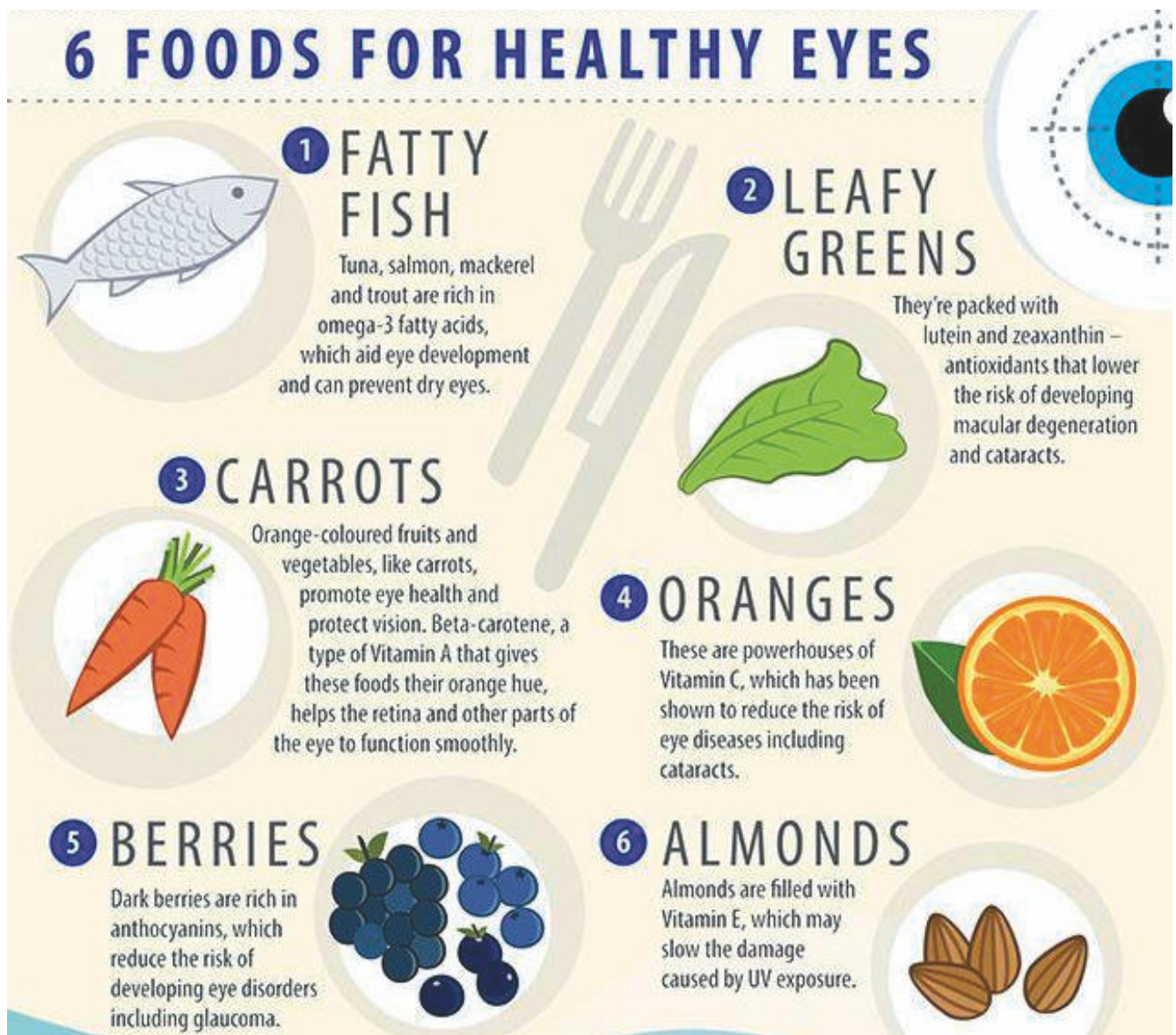
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Glaucoma Awareness Month

Glaucoma is a chronic disease in which the pressure in the eye causes damage to the optic nerve that can lead to a loss of vision. The goal of glaucoma treatment is to lower the pressure in the eye, which can be done with eye drops and medications or surgical procedures, such as laser surgery. Although research is ongoing, health care providers have some simple suggestions for dietary changes that may have an effect on glaucoma.

Avoiding processed foods like cookies, cakes, French fries, and donuts will lower your intake of trans fatty acids. Eliminating these types of foods may improve your overall health, including your eye health. People with allergies may be at higher risk for glaucoma, as noted by Dr. Eric Braverman on PathMed.com. Typical foods that are often the cause of allergies include soy, dairy, wheat and corn, according to the University of Maryland Medical Center. Another type of food to avoid when you have glaucoma is anything high in saturated fats. Saturated fats do not provide much nutritional value and should be limited in the diets of people who have glaucoma.



The Latest...

Welcome to the Team! We have two new staff members who joined us in December. Both are based in our Administration Office. Be sure to stop in and say hi!



Nancy Chmielewski has two children, a daughter (son-in-law; three grandchildren) and son. She has a rescued labradoodle named Sam and cat named Gizmo. In her spare time, she likes to garden, walk the Benzie Trail and spend most of her time outdoors. “Love to spoil my grandchildren from Virginia when they visit in the summer. My work background has been as a legal assistant, and I am very excited about being part of the Benzie Senior Resources team.”

Megan Francis, RN is our new Director of Home Health Services. Megan was born and raised in Frankfort, and currently resides in Honor. After graduation Megan worked with her mother at the Webber Insurance Agency as an Insurance Agency, but after the birth of her first son she decided to pursue her passion for nursing and went back to school. She previously worked at Munson Medical Center on the women’s and children’s unit, maternity, NICU, inpatient Rehabilitation, and other areas as well. She has 3 sons, Dylan 12, Roman 4, Samson 2, and an amazing husband Benjamin. Megan is extremely excited to be part of the Benzie Senior Resources, and looks forward to meeting and assisting all of our clients.



Pictured Above: Donald Greene listens as Eastern Michigan Dietary student Benjamin Slowinski shares important nutritional information regarding foods that help as we age.



Sheila celebrates Gerri’s 93rd Birthday. Gerri’s dear friend Ardith surprised her with a cake and Sherri brought beautiful flowers and balloons.

Bulletin Board

It's Getting Colder Every Day...

And we'd like to be able to help with getting you utilities assistance as we have in the past, **but we can't.** The State of Michigan changed the process for all help agencies we have worked with in the past—TrueNorth, NMCAA, Father Fred, & Salvation Army. We cannot access the applications and we can't submit applications for clients from our office. We have no way of contacting the help agencies on your behalf for this sort of assistance.

As of 10/01/018 it is required that those seeking help register online or with a paper application through Michigan Dept. of Health & Human Services.

You may pick up an application for help and an information booklet at the MDHHS office in Beulah at the Benzie County Government Center. If you feel this may be something needed in the near future it is a good idea to get this paperwork soon so you have it on hand and you can become familiar with the new process.

This is how to get help from TrueNorth:

1. **Complete and be approved for Michigan Department of Health and Human Services' State Emergency Relief (SER) assistance. Apply through MI Bridges.**
2. Choose **TrueNorth Community Services** as your referral partner
3. Get contacted by **emPower** to start your self-sufficiency journey

For more details, visit the [emPower information page](#) ; visit [emPower's website](#) or call 231.355.5880.

Please, share this
newsletter!
Thank you!



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so, please start out at smile.amazon.com and choose Benzie Senior Resources as your charity. Then shop as usual. The only thing that will change is that Amazon will donate 0.5% of your order dollars to our agency! Please let your friends know this great news. Remember, always start at smile.amazon.com and Amazon will donate 0.5% of the price of your eligible purchases to Benzie Senior Resources.

Euchre Happens in the region...



Weekly:

Wednesdays—Geno's Sports Bar in Thompsonville at 2:00 p.m.
231.378.2554 \$5.00

Sundays—Manistee Moose snack potluck at 1:00 p.m.
231.723.2432 \$5.00

Monthly:

1st Sunday Kaleva Lions Potluck 5'ish Cards 6:00 .m. \$6.00

2nd Tuesday Kaleva Sportsmen's Club Potluck 5'ish Cards 6:00 p.m. \$6.00

1st & 3rd Tuesday The old Bendon Township Hall Potluck at 5:00 p.m. and cards start at 6:00 p.m. \$6.00 entry

Seasonal:

Call for dates Sunday Interlochen Eagles snack potluck 231.275.7189 at 2:00 p.m. \$5.00

Social Security & Medicare

Who to Contact: Social Security or Medicare?

Article By Bob Simpson

Social Security District Manager in Traverse City

Sometimes it's confusing to know who to contact and for what. Social Security and Medicare offer related services, so people aren't always certain who does what. This "cheat sheet" can help.

Contact Social Security to:

- See if you're eligible for Medicare;
- Create a *my Social Security* account to do things like request a replacement Medicare card and report a change of address, name, or phone number;
- Sign up for Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance);
- Apply for Extra Help with Medicare prescription drug coverage (Part D) costs;
- Report a death; and
- Appeal an Income-Related Monthly Adjustment Amount (IRMAA) decision (for people who pay a higher Part B and/or Part D premium if their income is over a certain amount).

Find information on how to do all of this and more at www.socialsecurity.gov and www.socialsecurity.gov/benefits/medicare.

Contact Medicare to:

- See what services Medicare covers;
- Get detailed information about Medicare health and prescription drug plans in your area, including costs and services;
- Choose and enroll in a Medicare health or prescription drug plan that meets your needs;
- Find a Medicare Supplement Insurance (Medigap) policy in your area;
- Find doctors, health care providers, and suppliers who participate in Medicare;
- Get information and forms for filing a Medicare appeal or for letting someone speak with Medicare on your behalf;
- Compare the quality of care provided by plans, nursing homes, hospitals, home health agencies, and dialysis facilities; and
- View Medicare publications.

Visit www.medicare.gov for these services. If you need to find out your claim status, find out deductibles, or get answers to premium payment questions, you can call 1-800-MEDICARE (1-800-633-4227; TTY: 1-877-486-2048). Determining who to contact is the first step in getting the answers you need. Please share these lists with family and friends who need to know more about Social Security and Medicare.



Angie and her husband Dick having a great time at our
Staff Christmas Party!
Who doesn't want this goat sweater?

January Birthdays & Anniversaries

| | | | |
|--------------------|----|-----------------------|----|
| Judy Kader | 1 | Randy Gilbert | 19 |
| Linda Hammond | 3 | Denise Holmquist | 19 |
| Charles Mendrea | 3 | Catherine Bishop | 21 |
| Ardith Salter | 3 | Christine Danks | 21 |
| William Lyons | 4 | Dianne LaRocque | 21 |
| Sharon Cicansky | 6 | Verona Gatrell | 22 |
| Helmer Olsen | 6 | Al Hyams | 22 |
| Jerry Pelky | 6 | Betty Milliron | 22 |
| Shirley Henning | 8 | George Payne | 22 |
| Philip Hill | 8 | Tom Bishop | 23 |
| Mary Lou Kuerth | 8 | John Raz | 24 |
| Kathy Engelbertson | 9 | Sharon Wynkoop | 24 |
| Kenneth Rodgers | 9 | David Sorenson | 25 |
| Grace Ronkaitis | 10 | Ken Moore | 25 |
| Beverly Wenger | 10 | Diomar Perez | 25 |
| Gretchen Amstutz | 11 | Myra Carol | 26 |
| Beverly Poynor | 11 | Norm Pelky | 26 |
| Jean Arnold | 12 | Richard Erdman | 27 |
| Judy Fast | 12 | Leslie Putney | 27 |
| Ann Phillips | 12 | Dorothy Witzke | 27 |
| Mary Roeters | 12 | Janet Pettigrove | 28 |
| Sue Ellen Wescott | 13 | Dennis Taetsc | 28 |
| Lorie Richmann | 14 | Shirley Covey Huseman | 30 |
| Esther VanHammen | 15 | Linda Joy | 30 |
| Jean Voight | 16 | Jeffie Lynch Jones | 30 |
| Ken Wiezorek | 16 | Steve Pell | 30 |
| Karyle Howard | 17 | Carolyn Gaylord | 31 |
| Peter King | 18 | Marie Lovendusky | 31 |
| Don Voight | 18 | James Mallison | 31 |

*Happy
Anniversary to Ben
& Maxine
Taylor! Married,
January 6, 1965.
Congratulations!*

*If you'd like your
Anniversary
shared, please call
Dawn at
(231) 525-0601.*

*If we forgot your birthday
we are truly
sorry. If you'd like your
name removed from the
list, let us know.*



Can't Hear on the Phone? The CapTel® Captioned Telephone allows people with hearing loss to listen to their caller and read everything the caller says. Like captions on TV— for your phone! **Free with verified hearing loss**, you get the phone plus installation, providing you with better phone conversations. **Includes free captioning service with no monthly fees or contracts required.** *Don't miss another word! Did I mention this phone saves all of your conversation you have with your caller.*

Forms are available at Gathering Place in Honor *Requirement – for no cost- Internet and phone line. Non Internet phone also available for one time fee of \$42.40 requirement analog home phone line.

Contact Your Local Outreach Representative **Tina Caldwell • 517-898-4401**

Donations

Giving is not just about making a donation. It's about making a difference.

Benzie Senior Resources is an independent 501 c-3 nonprofit organization. We depend on donations to sustain our programs and we need your support to continue providing reliable and professional services to the seniors of Benzie County. Traditional funding sources are failing to keep up with the growing needs of the rapidly increasing population of people over age 60. Your donation will help us continue our important work!

We are dedicated to supporting older adults and the friends, family and community who surround them. No matter the age or situation, we have professional, reliable services to help keep Benzie seniors living independently—with dignity—in their own homes.

You can be assured we will continue to be good stewards of all tax-deductible gifts. If you would like to designate your gift as a Legacy or Memorial Gift, please call or email us with your wishes.

Legacy Giving: Planned gifts are a thoughtful way to remember Benzie seniors. Please consider us in your estate planning or have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

Memorial Gifts: Tribute gifts can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102, or email at info@BenzieSeniorResources.org

DONOR INFORMATION:

Name: _____

Check here if you wish to remain ANONYMOUS

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ Amount Enclosed: _____

Type of Donation (please circle): Legacy Tribute Other

Make Checks Payable To: Benzie Senior Resources

*Benzie Senior Resources is an independent 501c3 not-for-profit organization.
Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S. regulations.
Consult your tax or legal advisor for details.*

Donor Privacy Policy—Benzie Senior Resources (BSR) does not sell or distribute donor information. Be assured your information is secured and protected and only used by BSR when processing your donation and supplying you with BSR information.



BENZIE SENIOR RESOURCES

10542 Main Street, Honor, MI 49640

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A lot of work went into getting 200 Holiday Gift Bags together for our homebound clients.

A special thank you to our four elves who spent over five hours assembling these very special bags! Lynn Vanderplow, Cindy Boyd, Judy Fast and Annie Howell you ladies rock!

