



THE SENIOR SCOOP

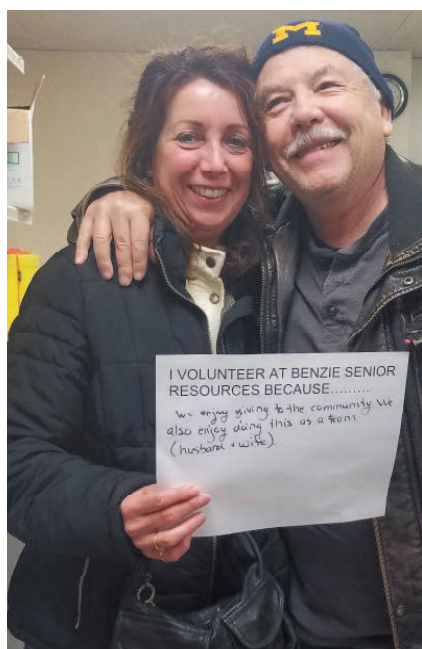


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May 2018

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**MANY
HANDS
MAKE
LIGHT
WORK**

May is...

Blood Pressure Awareness Month

Stroke Awareness Month

Arthritis Awareness Month

Osteoporosis Month



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Benzie Senior Resources will not discriminate against any individual or group because of race, sex, religion, age, national origin, marital status, disability, or political beliefs.

DIRECTORY

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facebook: [@benzieseniorresources.org](https://www.facebook.com/benzieseniorresources.org)

Benzie Senior Resources Office Hours

Monday – Friday:

8:30 a.m. – 4:00 p.m.

The Gathering Place Senior Center Hours

Monday–Friday

8:00 a.m.—4:00 p.m. with exception to special events.

THE SENIOR SCOOP IS A MONTHLY PUBLICATION BROUGHT TO YOU BY:

Benzie Senior Resources
10542 Main Street
Honor, MI 49640

Douglas Durand, *Executive Director*

Dawn Bousamra, *Editor*

NEWSLETTER SUBSCRIPTION FORM

NAME _____ DOB: ____/____/____

ADDRESS _____

CITY/ST/ZIP _____ DATE _____

EMAIL _____

If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00 which helps to cover printing and mailing costs. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at www.benzieseniorresources.org under the NEWS tab.



From Our Director

Greetings,

As I am writing my article for the Senior Scoop on 4/22 and looking out at the beautiful weather, I am in awe by how fast the weather changes! Just last weekend we were dealing with heavy snows, sleet and some freezing rain. A week later it's sunny and in the upper 50's! It's been a long time since we saw upper 50's and it sure feels good!

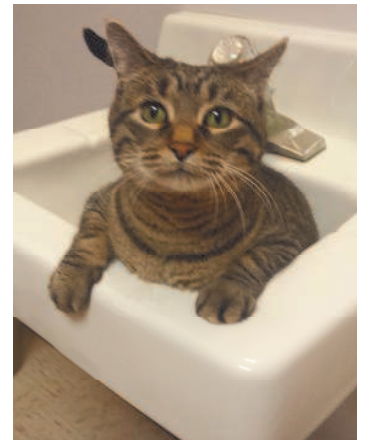
Benzie Senior Resources took part in the Benzie County Chamber of Commerce Business Expo Saturday, April 21st. It was nice to see many of our friends that either come to The Gathering Place Senior Center for lunch and/or attend the activities to those who receive services from us that came by to say "Hello". I was delighted to hear many compliments about our agency and how we are making a positive difference for many of you! We truly aim to be the difference in someone's day. We accomplish this with 28 employees, 20 homemaker, lawn chore and snow removal contractors and just under 150 volunteers.

In March, we established another milestone in our Home Delivered Meals Program— We delivered a total of 5,330 meals in a combination of hot, cold, frozen and breakfast bags. This would not have been possible without the help from Subaru of America, Meals on Wheels America and Serra Subaru of Traverse City. If you recall, in celebration of its 50th anniversary, and in keeping with its commitment to support local communities nationwide, Subaru of America, Inc. donated a Meals on Wheels delivery vehicle to Benzie Senior Resources, in partnership with Meals on Wheels America. Receiving the Subaru allowed us to create a new route and we now are serving 26 individuals on this route delivering 196 meals weekly and traveling 230 miles a week in order to accomplish this. The go anywhere Subie-Doo has not let us down!

May is Older Americans Month and this year's theme is, "Engage at Every Age." Across the country, older Americans – a rapidly growing population – are taking part in activities that promote wellness and social connection. They are sharing their wisdom and experience with future generations, plus they are giving back to enrich their communities. They're working and volunteering, mentoring and learning, leading and engaging.

For 55 years, Older Americans Month (OAM) has been observed to recognize older Americans and their contributions to our communities. Led by the Administration for Community Living's Administration on Aging, every May offers opportunity to hear from, support, and celebrate our nation's elders. This year's OAM theme, "Engage at Every Age," emphasizes the importance of being active and involved, no matter where or when you are in life. You are never too old (or too young) to participate in activities that can enrich your physical, mental, and emotion well-being. Check out May's Calendar of Events for The Gathering Place Senior Center and do not forget we have volunteer opportunities that promote wellness and socialization.

Finally and importantly, Happy Mother's Day! Join us on Friday, May 11th for our Mother's Day Luncheon!



Douglas

May Menu

Lunch is served Monday thru Friday at The Gathering Place from 11:30 a.m. — 1:00 p.m.

Menu is subject to change without notice

Meal cost is \$4.00 suggested donation for those age 60 and older

Under 60 is \$7.50 and \$5.00 for Caregivers under 60

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Laurie's Famous Chicken Bake Scandinavian Blend Green Peas Bread Pear	2 Chicken Primavera over Pasta Corn Garlic Toast Plum	3 Swedish Meatballs Herb-buttered Potatoes Broccoli Bread Pineapple	4 Seasoned Beef Tacos Refried Beans Baked Peaches
7 Pollock Almondine Sweet Potato Tots Normandy Blend Bread Applesauce	8 Salisbury Steak Herb Mashed Potatoes Cauliflower Bread Banana	9 Bratwurst and Peppers on Bun Baked Beans Cauliflower Pineapple	10 Chicken Stir-fry over Rice Far East Blend Green Beans Fortune Cookie Mandarins	11 Slow Roasted Beef Herb Mashed Potatoes Malibu Blend Bread Strawberry Shortcake
14 Chicken Parmesan Italian Blend Spinach Garlic Toast Tropical Fruit	15 Steakhouse Burger Sweet Potato Tots Capri Blend Pineapple	16 Shepard's Pie Carrots Green Peas Bread Applesauce	17 Cabbage Rolls Green Beans Cauliflower Bread Peaches	18 Pork Chops Stuffing Broccoli Bread Pear
21 Chicken Tenders Tater Tots Green Beans Bread Pineapple	22 Southern Style Pork Fritters Baked Potato Cinnamon Apples Coleslaw	23 Turkey Tetrazzini Green Peas Corn Bread Peaches	24 Deluxe Chicken Sandwich Spinach Carrots Plum	25 Hot Beef Sandwich Herb Mashed Potatoes California Blend Applesauce
28 Closed 	29 Sweet Potato Encrusted Pollock Parmesan Garlic Mashed Potato Malibu Blend Bread Banana	30 Chicken Marsala Roasted Potatoes Scandinavian Blend Bread Plum	31 Homemade Lasagna Italian Beans Corn Garlic Toast Tropical Fruit	

May Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
	1 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga 5:15 Zumba	2 8:30 Zumba 9:00 Foot Clinic at Admin. Office by Appointment only 10:00 Stretching w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN	3 9:00 Hearing Clinic at Admin. Office by Appointment only 11:30 Lunch 1:00 BUNCO	4 9:30 BUNCO 10:30 Thompsonville Lunch, Bingo and Music 11:30 Lunch—Cinco De Mayo (a day early!) and May Birthday Party 1:00 Wii Bowling
7 10:00 Yoga 11:30 Lunch 12:00 CARDS NO ZUMBA	8 VE Day World Red Cross Day 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga NO ZUMBA	9 NO ZUMBA 9:00 Foot Clinic at Admin. Office by Appointment only 10:00 Stretching w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN	10 11:30 Lunch 1:00 BUNCO 	11 9:30 BUNCO 11:30 Lunch—Mother's Day Luncheon 1:00 Wii Bowling 1:00 Corsages with Judy
14 National Police Week 10:00 Yoga 11:30 Lunch 12:00 CARDS 2:30 Zumba	15 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga 5:15 Zumba 	16 Wear Purple Day 6:30 Older Michigania's Day Trip 8:30 Zumba 9:00 Foot Clinic at Admin. Office by Appointment only 10:00 Stretching w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN 4:30 Board of Directors Meeting	17 8:45 Little River Casino 11:30 Lunch—Munson Paul Oliver Blood Pressure/ Med Check and Jessica with Benzie Bus 1:00 BUNCO	18 9:30 BUNCO 11:30 Lunch 1:00 Wii Bowling 
21 Emergency Medical Services Week 10:00 Yoga 11:30 Lunch 12:00 CARDS 2:30 Zumba	22 9:00 Estate Planning at Admin. Office by Appointment only 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga 5:15 Zumba	23 8:30 Zumba 9:00 Foot Clinic at Admin. Office by Appointment only 10:00 Stretching w/Doris 11:30 Lunch 12:30 BINGO 1:15 PLARN	24 11:30 Lunch 1:00 BUNCO 	25 9:30 BUNCO 11:30 Lunch 1:00 Wii Bowling 6:00 'Ol Time Gathering
28 Closed 	29 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga 5:15 Zumba	30 8:30 Zumba 9:00 Foot Clinic at Admin. Office by Appointment only 10:00 Stretching w/Doris 11:30 Lunch 12:30 BINGO 1:15 PLARN	31 11:30 Lunch 1:00 BUNCO 	



Dawn's Dish

Upcoming Trip!—Branson for a Holiday Show Extravaganza November 4-10 for 7 days and 6 nights at \$675/ person (double occupancy). Please see our flyers at The Gathering Place or call Judy Fast at 248-425-5849 or Lynn Vanderplow at 231-944-5463 for more information.

Please note, we are closed on Monday, May 28th in observance of Memorial Day.

Wednesdays, May 2, 9, 16, 23, 30—Foot Clinic at the Benzie Senior Resources Administration Office. Call 231-525-0600 for your appointment. While we don't charge a fee, we really appreciate donations toward this service by those who use it .

Wednesdays, May 2, 9, 16, 23, 30—1:15 p.m. PLARN. Crochet plastic mats to donate for the homeless. For more information, please call Dawn at 231-525-0601. No experience is necessary.

Friday, May 11—Celebrate Mother's Day with us! We'll have a delicious roast for lunch and then strawberry shortcake for dessert. Yum! Every lady who joins us will receive a flower.

Friday, May 11—1:00 p.m. Create corsages with Judy Acha. There is no charge for this, but please sign up at the desk so we know how many to expect. Take this moment to dote on yourself! Or create one for a friend.

The week of May 14th is National Police Week. We're inviting our local law enforcement agencies to join us for lunch any day they are available during this week. Please, if you see one of our officers enjoying lunch with us, be sure to say hello and thank them for keeping us safe. And if you are a retired police officer, please let us know!

The week of May 21st is Emergency Medical Services Week. We are inviting our local first responders to join us for lunch throughout the week. We are fortunate to have so many dedicated folks in our community to help us out when we really need them. If you notice one in uniform during this week, please say thanks!

Wednesday, May 16—Older Michiganians Day Trip. Leave Honor plaza at 6:30 a.m. and return at 6:00 p.m. Join myself and our Executive Director, Douglas Durand as we head to Lansing for this opportunity to BE HEARD. Participate in a rally, meet with State Legislators and hear from keynote speakers. Lunch is free. The trip is free! Call now! Space is limited!

Wednesday, May 16—Wear Purple Day! It's meant to stand for peace throughout the world.

Thursday, May 17—Little River Casino Trip. This is the only trip to the casino this month. Leave The Gathering Place at 8:45 a.m. and Shop-n-Save at 9:00 a.m. Trip fee \$10. There is a slight change to the package. You will still receive a \$5 food voucher but now guests have to earn 10 points on their card before earning the \$20 in River credits. The credits will download automatically on their card. Return by 3:00 p.m. Space is limited so call now to reserve a seat. 231-525-0601 or toll free at 877-277-1306.

Thursday, May 17—Jessica with Benzie Bus will be here during lunch to share updates and information with us. Please be sure to say hello!

Friday, May 25—Ol'Time Gathering music, dancing and potluck. Please bring a dish to pass. All ages are welcome. No charge to attend and donations are accepted. Music starts at 6:00 p.m. with a potluck dinner at 7:00 p.m.

Please, help us help others and share this newsletter! Thank you!





Older Michiganian's Day Trip. Join us as we head to Lansing on Wednesday, May 16th to make sure our voices are heard!

We'll sit down with our State Legislators to discuss our concerns. Tour the Capitol building and have lunch on the lawn. Older Michiganian's Day is an annual rally that takes place on the East Lawn of the Capitol Building in Lansing. This event brings together hundreds of seniors, aging service providers and senior advocates with their legislators and key state officials.

It is a long day driving to Lansing and back but well worth it for the experience! Call Dawn at 231-525-0601 for information. Space is limited!

WE NEED YOU!

ARE YOU 55 YEARS OF AGE OR BETTER WITH TIME TO GIVE?

In exchange for 15-20 hours of weekly volunteer activity, you earn up to **\$220** per month **tax-free** (if you meet income eligibility requirements) that will not affect any benefits you receive. We also provide you with paid training and cost reimbursements for mileage and meals. The **Senior Volunteer Programs** are designed to offer a meaningful volunteer opportunity and to help meet community needs.

SENIOR COMPANIONS are found doing what friends do for friends – assisting with grocery shopping or other errands, offering a lift to the doctor, sharing a meal, talking about old times and new challenges, easing their loneliness and providing a caregiver respite.

FOSTER GRANDPARENTS are found at supervised sites tutoring children in schools, reading to Head Start children, rocking infants in day care centers, nurturing a child at a homeless shelter, or mentoring a child with a unique need.

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Remember, always start at **smile.amazon.com** and Amazon will donate 0.5% of the price of your eligible purchases to Benzie Senior Resources.

Please help us re-fill our loan closet as it's in need of your donations of bath chairs, benches, commodes, wheeled walkers, etc. Thanks!

Would you like to help us spruce up our patio? We need:

- **Hands.** Lots of hands to plant our garden. There are two raised garden beds— if getting down on your knees in the dirt won't work, you can still help!
- **Flower/ plant donations.**
- **Donations toward updating our patio furniture.** Our current furniture that was generously donated by Labadie's years ago, is in need of replacement.

Please call Dawn if you can help with any of these needs. 231.525.0601.

The Benzie Area Alzheimer's Caregivers Support Group meets at 2:00 p.m. on the first Wednesday of each month in the REMEC room at Paul Oliver Memorial Hospital in Frankfort. Friends and family members of those with memory loss, Alzheimer's or other dementia issues are welcome.

For information, contact

Nancy VanderLinde 231-399-0253 or

vanderlinde1233@gmail.com or Jeanette McNinch at POMH, 231-352-9621.





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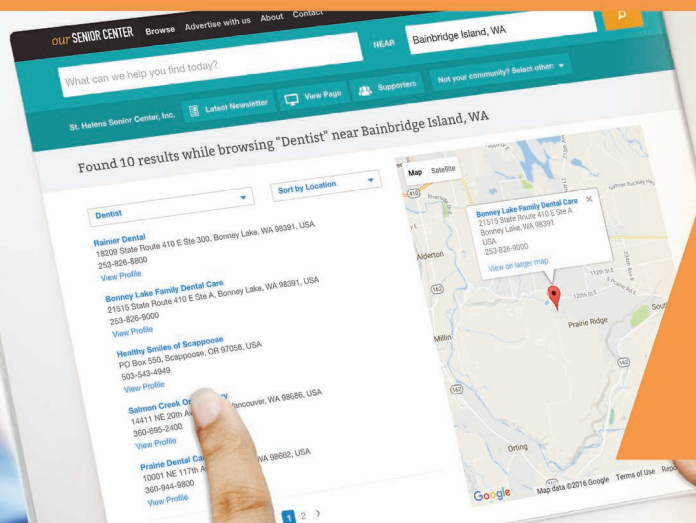
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Senior Dining Out Program

Bulletin Board

AARP Smart Driver Course

When? June 20 & 21

Where? The Gathering Place
Senior Center in Honor Plaza

Time? 1:00 p.m.—5:00 p.m.

Cost? \$15 for AARP and \$20 for
non-members

This course is designed for those
age 50 & older. This is an 8 hour
class & you must attend both
days. You may be eligible to re-
ceive an auto insurance discount
once you complete this class. Ask
your insurance agent!

Space is limited— call Dawn today! 231-525-0601.



Subie doo had a very busy beginning of 2018! Thanks to her, we delivered a record number of meals in March! 5,330! And she drove over 920 miles in April!

Subie doo also delivered our chili to Winterfest for the Chili Cook-off Contest. We didn't win but sure delivered in style!

Subie doo helped get the Easter Bunny to a very snowy Easter Egg hunt and parade in Beulah.

Creating Confident Caregivers, 2018 Workshops to be held at The Area Agency on Aging of Northwest Michigan, 1609 Park Drive, Traverse City.

Meet once a week for 6 weeks.

Mondays 2:00 p.m.-4:00 p.m.

June 4, 11, 18, 25, July 2, 9

Wednesdays, 1:00 p.m.—3:00 p.m.

Oct. 31, Nov. 7, 14, 21, 28, Dec. 5

Mondays 5:30 p.m.-7:30 p.m.

Sept. 10, 17, 24, Oct. 1, 8, 15

No costs to attend. Optional donations are appreciated. Space is limited to 12 participants and pre-registration is required. Register with Sharon at 1-800-442-1713

May Birthdays/ Recipe

Mary Baker	1	Dorothy Kjergaard	11	Jane Dolph	20
Robin MacKenzie	1	William Hanson	11	Harry Friend	20
Jill Claybour	4	Roger Blue	12	Margaret Winnie	20
Beverly Holbrook	4	Barbara Gauthier-Warriner	12	Eugene Golanda	21
Larry Sawallich	4	Roger Gilroy	12	Bob Hazlett	21
Gloria Sproul	4	Hope Clifton	13	Vince Rogers	21
Eugene Heniser	5	George Hillier	13	Sharon McKeon	22
Irene Rath	5	Jane Elzerman	14	Catherine Bright	23
Larry Bishop	6	Claudia Bailey	14	John Hlavac	23
Jim Coates	6	Nancy Dillingham	14	Ann Marie Parson-McNamara	23
Sivert Crawford	6	Bonnie Fast	14	Joanne Hickman	24
Mary Dykstra	6	Donald Gensman	14	Edward Laffleur	24
Kay Boyne	7	Rodney Mick	14	Jack Howell	25
Frank Walterhouse	7	Janeth Stevens	15	Kathleen Leach	25
Diana Cutler	8	Mary Campbell	16	Richard Melton	26
Richard Geren	8	Sharon Harrett	16	Edward Davis	27
Lynn Kuehneman	8	George Janssen	16	Patty Fagan	28
Curtis Roberts	8	Alfred Pischke	16	Mae Hansen	29
Jack Holtrey	9	Ann Berndt	17	Patty Adams	30
Sophia Bryan	10	David Peterson	17	Shirley Beaton	30
Anne Damm	10	Jeanne Strathman	17	Richard Hitchingham	30
Sandra Houghtaling	10	Morris Booth	18	Al Nagel	30
Mike Sheronick	10	Ray Tate	19	Paula Showers	30
Jerome Kekel	11	Patricia Danke	20	Suzanne Strom	30
				M. Joanne Quine	31

If we forgot your birthday we are truly sorry.

If you'd like your name removed from the birthday list, please let us know.

Pasta Primavera

Ingredients:

- Kosher salt
- 12 ounces fusilli or other corkscrew pasta
- 1/2 pound sugar snap peas, halved lengthwise, or broccoli florets (or a combination)
- 2 carrots, shredded
- 1 yellow bell pepper, cut into thin strips
- 1/4 cup extra-virgin olive oil, plus more for drizzling
- 4 cloves garlic, thinly sliced
- 1 pint cherry tomatoes, halved
- 1/4 to 1/2 teaspoon red pepper flakes
- 1/2 cup roughly chopped fresh mint
- 1/2 cup grated parmesan cheese
- 4 ounces goat cheese, crumbled



Bring a large pot of salted water to a boil. Add the fusilli and cook as the label directs. Add the sugar snap peas and/or broccoli, carrots and bell pepper to the boiling water during the last 2 minutes of cooking.

Reserve 1/2 cup cooking water, then drain the pasta and vegetables and return to the pot.

Meanwhile, heat the olive oil in a large skillet over medium heat. Add the garlic and cook until just golden, about 30 seconds. Add the tomatoes, red pepper flakes and 1 teaspoon salt; cook until the tomatoes begin to wilt, about 2 minutes. Stir in 1/4 cup of the reserved cooking water. Pour the tomato mixture over the pasta and vegetables. Add the mint, parmesan and half the goat cheese and toss to combine. Season with salt. Divide the pasta among bowls. Top with the remaining goat cheese and drizzle with olive oil.



Crossword Puzzle

Gone With The Wind

K	R	L	L	E	T	H	C	O	P	E	R	E	C
N	R	R	A	A	R	A	H	S	I	I	S	I	P
A	H	U	N	G	E	R	A	O	T	N	A	N	L
R	L	T	E	A	T	I	R	L	T	A	T	O	A
F	B	O	N	N	I	E	L	D	Y	L	L	R	N
L	A	Y	M	M	A	M	E	I	P	E	A	T	T
O	I	S	M	O	N	O	S	E	A	M	N	H	A
A	P	Y	S	S	I	R	P	R	T	A	T	R	T
C	S	Y	E	L	H	S	A	S	T	M	A	L	I
P	L	E	L	N	H	O	T	A	R	A	L	S	O
S	C	A	R	L	E	T	T	O	H	A	R	A	N
E	Y	S	R	A	O	R	E	N	E	G	A	D	E
S	O	U	T	H	A	E	Y	P	T	A	W	A	R
R	Y	A	N	K	E	E	D	E	A	T	H	S	A

FRANK
HUNGER
WAR
SCARLETT OHARA
PRISSY
SOLDIERS
BONNIE
YANKEE
TARA
MAMMY
SOUTH
PLANTATION
RENEGADE
CHARLES
MELANIE
PITTYPAT
ATLANTA
ASHLEY
DEATH
NORTH

Play this puzzle online at : <http://thewordsearch.com/puzzle/6669/>

If you've moved recently, or simply haven't checked in a while, make sure Social Security has your current mailing address. We're starting to mail new Medicare cards to the name and address you have on file with Social Security, so it's important that we have your most up-to-date information.

You can update or verify your address by visiting your online [my Social Security account](#).

Remember: Your new Medicare cards will have a new Medicare Number—instead of your Social Security Number—to help protect you from identity theft and fraud. Want to learn more about your new Medicare card? Visit [Medicare.gov](#).



SAVE THE DATE

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SENIOR EXPO 2018

Friday, June 8, 2018 • 9:00 AM – 1:00 PM

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Medicare gives you access to a variety of preventive tests and screenings, **most at no cost to you**. In addition to yearly wellness visits, Medicare covers screening tests for diabetes, colon cancer, breast cancer, osteoporosis, heart disease, and obesity management—just to name a few.

Preventive services can help keep you from getting sick, and can help you find health problems early, when treatment works best. Taking advantage of them is a proactive step in maintaining a healthy lifestyle.

Start your spring by practicing preventive care, so you can stay healthy throughout the year. Visit [Medicare.gov](https://www.medicare.gov) to see a complete list of Medicare-covered preventive services.



Facts You Should Know About Enrolling in Medicare Parts A & B

Can I still get Medicare at 65?

Yes, you're still eligible for Medicare starting at 65, no matter what year you were born.

If you or your spouse worked and paid Medicare taxes for at least 10 years, you're eligible for Part A (hospital insurance) at age 65 for free. Part A helps pay for inpatient care in a hospital or skilled nursing facility following a hospital stay. It also pays for some home health care and hospice care. You're also eligible for Part B (medical insurance) if you choose to get it and pay a monthly premium. Part B helps pay for services from doctors and other health care providers, outpatient care, home health care, durable medical equipment, and some preventative services. If you are receiving Social Security benefits already, you will be automatically enrolled in Medicare Parts A and B at age 65. Because you must pay a premium for Part B, you can choose to turn it down. However, if you don't enroll in Part B when you're first eligible for it, and choose to enroll later, you may have to pay a late enrollment penalty for as long as you have Part B coverage.

If you're not receiving Social Security benefits, you have a seven-month period (your Initial Enrollment Period) to sign up for Part B. Generally, your initial enrollment period begins three months before your 65th birthday, includes the month you turn age 65, and ends three months after your birth month.

If you're covered under an employer group health plan, you may have a special enrollment period for Part B.

If you are 65 or older and covered under a group health plan, either from your own or your spouse's current employment, you may have a special enrollment period during which you can sign up for Medicare Part B. This means that you may delay enrolling in Part B without having to wait for a general enrollment period and without paying the lifetime penalty for late enrollment. Additional rules and limits apply, so if you think a special enrollment period may apply to you, read our *Medicare* publication at www.socialsecurity.gov/pubs/, and visit the Centers for Medicare and Medicaid Services at Medicare.gov for more information.

To avoid a tax penalty, you should stop contributing to your Health Savings Account (HSA) at least six months before you apply for Medicare.

If you have an HSA when you sign up for Medicare, you can't contribute to your HSA after you your Medicare coverage begins or you may have to pay a tax penalty. Premium-free Part A coverage begins six months before the date you apply for Medicare, but no earlier than the first month you were eligible for Medicare. To avoid an unwanted tax penalty, you should stop contributing to your HSA six months before you apply for Medicare.

You can withdraw money from your HSA after you enroll in Medicare to help pay for medical expenses like deductibles, premiums, coinsurance, or copayments. If you'd like to continue contributing to your HSA, you shouldn't apply for Medicare or Social Security benefits.

How Much Does Part B Coverage Cost?

You are responsible for the Part B premium each month. Most people will pay the standard premium amount, which is \$134 in 2018 if you sign up for Part B when you're first eligible. This amount can change every year. You can find up-to-date premium amounts on Medicare.gov.

Donations

Giving is not just about making a donation. It's about making a difference.

Benzie Senior Resources is an independent 501 c-3 nonprofit organization. We depend on donations to sustain our programs and we need your support to continue providing reliable and professional services to the seniors of Benzie County. Traditional funding sources are failing to keep up with the growing needs of the rapidly increasing population of people over age 60. Your donation will help us continue our important work!

We are dedicated to supporting older adults and the friends, family and community who surround them. No matter the age or situation, we have professional, reliable services to help keep Benzie seniors living independently—with dignity—in their own homes.

You can be assured we will continue to be good stewards of all tax-deductible gifts. If you would like to designate your gift as a Legacy or Memorial Gift, please call or email us with your wishes.

Legacy Giving: Planned gifts are a thoughtful way to remember Benzie seniors. Please consider us in your estate planning or have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

Memorial Gifts: Tribute gifts can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102, or email at info@BenzieSeniorResources.org

DONOR INFORMATION:

Name: _____
Check here if you wish to remain ANONYMOUS

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ Amount Enclosed: _____

Type of Donation (please circle): Legacy Tribute Other

Make Checks Payable To: Benzie Senior Resources

*Benzie Senior Resources is an independent 501c3 not-for-profit organization.
Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S. regulations.
Consult your tax or legal advisor for details.*

Donor Privacy Policy—Benzie Senior Resources (BSR) does not sell or distribute donor information. Be assured your information is secured and protected and only used by BSR when processing your donation and supplying you with BSR information.





BENZIE SENIOR RESOURCES

10542 Main Street, Honor, MI 49640

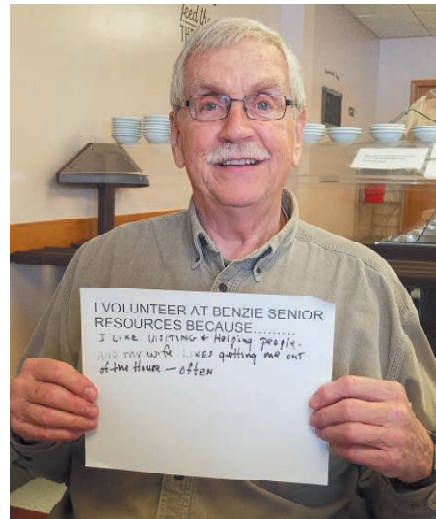
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We asked our volunteers why they volunteer with us.

Betty, pictured left, calls Bingo on Wednesdays at The Gathering Place. *She enjoys seeing the big smiles on the faces when they win.*

Bill, pictured below, says *he likes visiting and helping people. And my wife likes getting me out of the house—often.*



WE 
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