## BENZIE COUNTY COUNCIL ON AGING REFERRAL FORM

Referral Date	
Name	
Home Address	
Mailing Address (If different from above)	
Township	
Phone	
Medical Diagnosis	
Diabetic? YES NO	
If yes, is Diabetes controlled by (circle all that a	pply) Diet Medication Insulin
Other Dietary Restrictions?	
Veteran YES NO Spouse of a	Veteran YES NO
Person Making Referral	Phone
Physician	Phone
Emergency Contact	
Relationship	
Email addresses	
Durable Power of Attorney for Healthcare; such	as Five Wishes? YES NO
Is the need for Home Delivered Meals- Short Te	erm Long Term
Besides the hot meal, other meals requested?	Breakfast Bag Cold Meal
Days of Week	Frozen
Date to Start	Date Stopped
Date to Start	Date Stopped
Date to Start	Date Stopped
Termination Follow-Up	
Referral Taken By	Date

## Check off what services are being requested or are a possibility:

□ The Home Delivered Meals program is for seniors 60 and older and who are unable to prepare their own meals. This might be because of a recent surgery or a chronic illness. Our meals are delivered Monday through Friday throughout Benzie County. Depending on each client's needs, the meals consist of a hot meal for lunch, cold meal for re-heating at the client's convenience, and frozen meals for weekends and holidays. Breakfast bags are also available at the client's requests and/or during the assessment process.

Outdoor chores can sometimes be overwhelming for seniors and those who have limited mobility. Some residents need support for large jobs like mowing their lawn. The Lawn Chore program is offered to seniors (age 60 years of age and older) and full-time residents of Benzie County with physical limitations. The Lawn Chore program provides outdoor maintenance intended to increase the safety of individuals living in their own home. This service is provided by an independent contractor and operates from May through September providing up to eight (8) mows.

☐ Homemaker Program - Is it becoming harder for you to do your own housework? If you are having problems bending or lifting and it inhibits your ability to clean your own home or apartment, then you could benefit from our Homemaker Program.

Our homemaker contractors will visit every other week for up to two hours each visit. The typical services include light housekeeping such as: vacuuming, light dusting, cleaning the bathroom, kitchen, bedroom and completing a load of laundry.

Persons eligible to receive homemaker services are individuals 60 years of age or older and full-time residents of Benzie County.

□ Snow Removal Program is available to seniors of Benzie County that are 60 and older. This service provides shoveling and plowing with a maximum of 12 snow removals per year. The assigned independent contractor will insure that the seniors are able to get in and out of their homes and driveways safely during the winter months. Charges for these services are determined using a sliding fee scale based on your household income.

□ Benzie Senior Oral Health Program - Benzie County Council on Aging has teamed up with Northwest Michigan District Health Department. The Senior Oral Health Program provides up to a \$300 dollar voucher to assist a limited number of older adults in obtaining Dental Services at the Dental Clinics North location in Traverse City or the Michigan Community Dental Clinic in Manistee. The funding is to help those seniors who are between 134% and 200% of poverty and yet do not qualify for Medicaid to receive preventative dental care and other dental services.

☐ MMAP's Program - Benzie County Council on Aging has Certified MMAP Counselors who assist Benzie County Seniors in making informed decisions regarding the following:

- Prescription plans related to Medicare Part D
- Explain Medicare Health Plan Options
- Review your Medicare supplemental ("Medigap") insurance needs and compare policies
- Help with correspondence received from Medicare or Medicaid
- Assist with applications for Extra Help and Medicare Savings Programs to save you money on your Medicare costs

□ Project Lifesaver ™ is a system of personnel, training and equipment providing an effective way to keep individuals who might wander safe. Project Lifesaver's mission is to use state of the art technology to assist in the location and recovery of persons diagnosed with Alzheimer's, Dementia or other cognitive disorders and return them safelyto their caregivers.

How does Project Lifesaver work?

Rescue teams from the Benzie County Sheriff's Department are using radio technology to bring this effective life-saving system to our area. People who are part of the Project Lifesaver program wear a personalized waterproof wristband that emits a tracking signal. When caregivers notify the Benzie County Sheriff's Department that the person is missing, a search and rescue team responds in the wanderer's area and starts searching with the mobile locator tracking system.

☐ The Personal Emergency Response System (PERS) service by <u>Guardian Medical Monitoring</u> is available to seniors age 60 and older that reside full-time in Benzie County.

Guardian Medical Monitoring's Medical Alarm System is a hands-free, personal help button that preserves the independence of seniors and is designed to get help when you need it. With instant communication, battery backup and outstanding service from caring professionals, the Guardian PERS instills confidence and security.

Here's how it works:

Simply push your help button.

Our care representative will answer your call, view your profile and assess your situation.

We will then contact a family member, neighbor or emergency services. For your comfort and reassurance we will remain on the line with you until help arrives.

Other Services Needed \_\_\_\_\_