



**Benzie County  
Council on Aging, Inc.**

# *The Senior Scoop*

**Supporting Seniors Today,  
Tomorrow & the  
Future**

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## **Did You Know?....**

March 1st is the date the Nebraskans celebrate the admission of their state to the union.

March 2nd is celebrated by Texas as the anniversary of its independence from Mexico.

On March 4, 1681, William Penn was granted Pennsylvania's royal charter.

March 25th is celebrated by people in Maryland to commemorate the arrival of the first Maryland colonists in 1634.



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8:00 a.m. – 4:00 p.m.

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MONTHLY PUBLICATION  
BROUGHT TO YOU BY**

Benzie County

Council on Aging, Inc.

10542 Main Street

Honor, MI 49640

Douglas Durand,

**Executive Director**Dawn Schopieray, **Editor**

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*The Council on Aging will not discriminate against any individual or group because of race, sex, religion, age, national origin, marital status, disability, or political beliefs.*

**MISSION STATEMENT**

To provide programs for Senior Citizens of Benzie County that promote and encourage opportunities for socialization, education, health, safety, welfare and independent living with dignity.

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## FROM THE EXECUTIVE DIRECTOR

Greetings!

It's Saturday morning and the Beulah Winterfest has been cancelled. I am sitting here at my house with the wind howling and whipping the snow around fiercely! I then realize that I am in warm surroundings with my wife and our mischievous cat, Emma and think it's not too bad at all to be homebound today.

The reason I say this, is that there are many older adults in Benzie County that are by themselves and isolated from having hardly any social contact from others. They are struggling to take care of themselves and that includes the ability to make a healthy meal for themselves. Senior hunger is a real concern for many in Benzie County and throughout our region.

Benzie County Council on Aging will be joining with hundreds of Meals on Wheels Programs throughout the United States to support the "March for Meals." This program is a national campaign during the month of March, initiated by the Meals on Wheels Association of America. The main focus is to raise awareness of senior hunger and to encourage action on the part of the local community through partnerships with local businesses, volunteer recruitment and fundraising initiatives.

We have 5 area restaurants that will be taking part in a fundraising campaign to help benefit our Home Delivered Meals Program by offering a percentage of their food sales to Benzie County Council on Aging. The following dates and restaurant locations are as follows:

March 5<sup>th</sup> – Jodi's Tangled Antler outside of Honor on US 31

March 11<sup>th</sup> – PaPa J's in Honor

March 20<sup>th</sup> – Geno's Bar and Grill in Thompsonville

March 25<sup>th</sup> – Cold Creek in Beulah

March 30<sup>th</sup> – Hungry Tummy in Beulah

I am encouraging everyone to come on out and visit these superb restaurants on the above dates in support of the Home Delivered Meals Program.

Another component of the March of Meals is Community Champions and we will be having some special folks going out on one of our routes to visit a homebound senior and deliver a nutritious meal to them.

The Benzie County Council on Aging serves hot lunches and warm smiles to over 120 households each weekday. This is accomplished by a dedicated staff and volunteers that donate their time to make sure a nutritious meal is served and providing a caring smile and a safety check to the rapidly growing number of vulnerable seniors living in Benzie County.

If you are interested in volunteering, please contact us at (231) 525-0600 or stop on by.

As always I welcome your ideas, comments or suggestions.

Take care,

Douglas Durand

## RECIPE & MYPLATE, MY HEALTH

### UNSTUFFED CABBAGE ROLLS SOUP

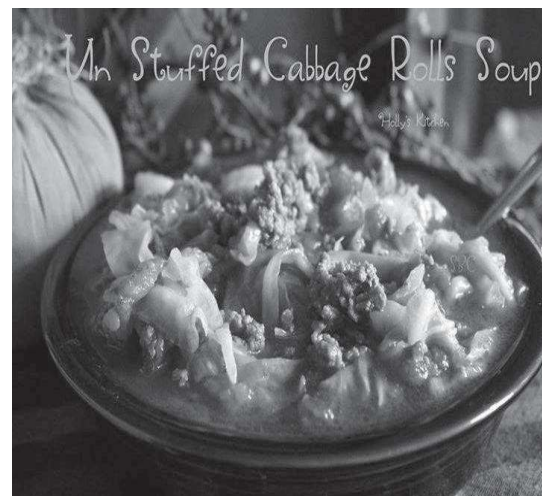
You will need:...

- 2 lbs of Ground Beef or Turkey
- 1 tablespoon olive oil
- 1 large onion chopped
- 1 Tsp minced garlic
- 1 small head of cabbage...chopped
- 2 cans (14.5 ounces each) diced tomatoes
- 1 can (8 ounces) tomato sauce
- 1/2 Cup water
- 1 tsp black pepper
- 1 tsp sea salt
- 1 tsp greek seasoning

In a large pan heat your olive oil... add your meat and onions...cook till no longer pink...add garlic...cook add'l min.

Add the chopped cabbage, tomatoes, tomato sauce, pepper, greek seasoning salt, and water...bring to a boil...cover and simmer for 20 to 30 min...or until cabbage is tender

SUPER SIMPLE AND DELICIOUS!



### MyPlate, My Health

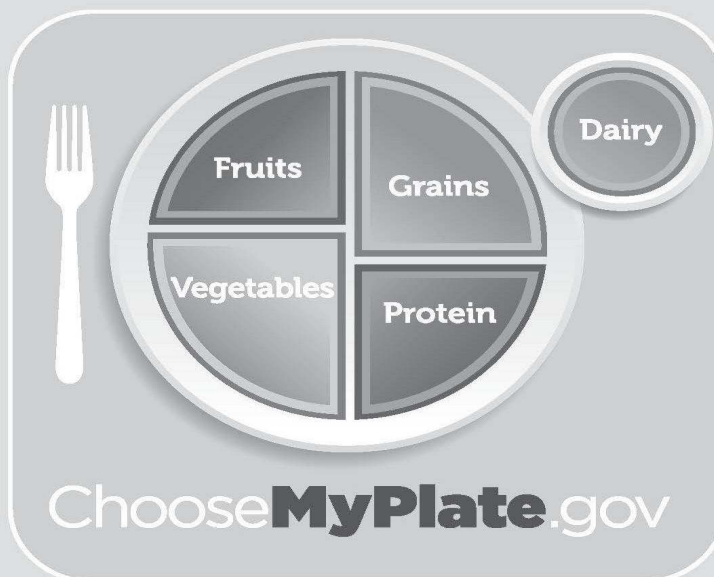
Your food and physical activity choices each day affect your health—how you feel today, tomorrow and in the future. These tips and ideas are a starting point. Choose a change that you can make today, and move toward a healthier you.

- Find your balance between food and physical activity

- Focus on fruit

- Vary your veggies

- Keep food safe to eat



- Get your calcium-rich foods

- Make at least half your grains whole grains

- Go lean with protein

### Make physical activity a regular part of your day.

Choose activities you enjoy and can do regularly, whether it's swimming, yoga, dancing or soccer. And, encourage your family and friends to move with you. Every little bit adds up and doing something is better than doing nothing.





# MENU

**SERVING LUNCH DAILY  
FROM 11:30 TIL 1:00 PM**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Brats Baked Beans Carrots Bun Pear	3 BBQ Chicken Sweet Potato Broccoli Bread Pineapple	4 Goulash Peas Wax Beans Bread Apple	5 Chicken Scampi Italian Blend Pesto Cauliflower Bread Stick Orange	6 Salmon Patties Normandy Blend Corn Bread Banana
9 BBQ Meatballs Green Beans Carrots Bread Peaches	10 Baked Pene Italian Beans Mixed Vegetables Garlic Toast Orange	11 Jerk Chicken Caribbean Blend Spinach Hawaiian Rolls Pineapple	12 Hamburgers Tater Tots Brussel Sprouts Bun Banana	13 Fish Fry Sweet Potato Malibu Blend Bread Apple
16 Spaghetti & Meatballs Pesto Cauliflower Italian Beans Garlic Toast Orange	17 Corned Beef Cabbage Red Potatoes Rye Bread Apple	18 Smoked Sausage Kraut Peas Bread Nectar	19 Smothered Chicken Garlic Parmesan Potato Spinach Roll Peaches	20 Fish Sandwich Cottage Fries Corn Bun Banana
23 BBQ Chicken Sandwich Tater Tots California Blend Bun Apple	24 Salisbury Steak Mashed Potatoes Peas Bread Pear	25 Chicken Chili Carrots Broccoli Crackers Orange	26 Pork Fritters Mashed Potatoes Green Beans Bread Banana	27 Baked Fish Normandy Blend Corn Bread Pineapple
30 Sloppy Joes Mixed Vegetables Collard Greens Bun Peaches	31 Meatloaf Carrots Cauliflower Bread Nectar			



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>10:00 Yoga 11:30 Lunch 12:00 CARDS 12:00 Knitting 12:00 Sleepiness Quiz</p>	<p>3</p> <p>10:30 Music by The Melody Makers 11:30 Lunch NO Chair Yoga</p>	<p>4</p> <p>10:00 Floor Exercise 11:30 Lunch 12:30 BINGO</p>	<p>5</p> <p>9:00 Hearing Clinic at Administration Office 10:00 Bible Study 11:30 Lunch 1:00 BUNCO</p>	<p>6</p> <p>9:30 BUNCO 10:30 Thompsonville Lunch &amp; Bingo 11:30 Lunch 1:00 Wii Bowling</p>
<p>9</p> <p>10:00 Yoga 11:30 Lunch—Daylight Savings Party 12:00 CARDS 12:00 Knitting 12:00 Cornhole</p>	<p>10</p> <p>10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga</p>	<p>11</p> <p>10:00 Floor Exercise 11:30 Lunch—Johnny Appleseed Day 12:30 BINGO 2:00 p.m. Poetry</p>	<p>12</p> <p>9:00 Little River Casino 10:00 Bible Study 11:30 Lunch 1:00 BUNCO</p>	<p>13</p> <p>9:30 BUNCO 11:00 Dining Out Day—The Hungry Tummy 11:30 Lunch 1:00 Wii Bowling</p>
<p>16</p> <p>10:00 Yoga 11:30 Lunch 12:00 CARDS 12:00 Knitting 1:15 Movie—Great Balls of Fire!</p>	<p>17</p> <p>10:30 Music by The Melody Makers 11:30 Lunch—Happy St. Patrick's Day 3:30 Chair Yoga</p>	<p>18</p> <p>10:00 Floor Exercise 11:00 Mystery Trip 11:30 Lunch 12:30 BINGO 2:00 Poetry</p>	<p>19</p> <p>10:00 Bible Study 11:30 March Birthday Party! 1:00 BUNCO</p>	<p>20</p> <p>9:30 BUNCO 11:30 Lunch—Welcome SPRING! 1:00 Wii Bowling</p>
<p>23</p> <p>10:00 Yoga 11:30 Lunch—National Chip and Dip Day 12:00 CARDS 12:00 Knitting 12:00 Cornhole 1:00 Advisory Council</p>	<p>24</p> <p>10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga</p>	<p>25</p> <p>10:00 Floor Exercise 11:30 Lunch 12:30 BINGO</p>	<p>26</p> <p>9:00 Little River Casino 10:00 Bible Study 11:30 Lunch 1:00 BUNCO</p>	<p>27</p> <p>9:30 BUNCO 11:30 Lunch 1:00 Wii Bowling 6:00 Ol' Time Gathering</p>
<p>30</p> <p>10:00 Yoga 11:30 Lunch 12:00 CARDS 12:00 Knitting 12:00 Cornhole</p>	<p>31</p> <p>10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga</p>			

## Dawn's Dish

Thank you all who donated food to our food drive all month long for our neighbors down the street at Benzie Food Partners.

Unfortunately we will not have Line Dancing or Tai Chi in March. Our instructor has headed to a warmer place!

March is National Nutrition Month. Watch for Myplate placemats on your trays as well as helpful tips to incorporate better nutrition into your diet.

Brain Awareness Week is March 16 —22. A new Brain Teaser each day this week at our front desk.

March is National Save Your Vision Month. Please join us for lunch to find helpful information at our front desk regarding your vision.

**Please remember The Gathering Place Senior Center is closed when Benzie Central Schools are closed due to inclement weather.**

Monday, March 2—This begins Sleep Awareness week. We all have our frustrations with getting a solid eight hours of sleep. See me during lunch to take the online National Sleepiness test and see how you measure up with the rest of the country.

Monday, March 2, 9, 16, 23 & 30 —March is National Kidney Month. Each Monday we'll have new articles regarding Kidney Health at the desk.

Monday, March 9, 23 & 31—Cornhole during and after lunch. Also known as "Bean bag toss" but now it has rules, regulations and an official association. Apparently it's serious business and I've missed that bus! So let's give 'er a try. I'm ordering one set and if enough people show interest we'll grow from there. Something we can do inside during these cold months and then move out to our patio in the summer.

Monday, March 16 —Movie day! 1:15 p.m. This happens to be Jerry Lee Lewis' birthday and what better way to celebrate than to watch "Great Balls of Fire!" Concentrating on the years from 1956 to 1959, the film features the songs and escapades that catapulted Lewis to the top of the charts. Also chronicled is his controversial third marriage to his 13-year-old cousin, Myra, which almost destroyed his career. Definitely a must for all Jerry Lee Lewis fans!

Monday, March 23 is National Chip & Dip Day. Along with our usual lunch we'll have chips and a variety of dips for you to sample. Always great to have an excuse to eat chips n dip!

Wednesday, March 11 & 18—

**Explorations in Poetry** at 2:00 p.m. Explore your creative side with Angie! We'll read, write share and have fun! Preferred group size 10-12 people. If you'd like please bring a favorite short poem to share. Please call our front desk at 231-525-0601 to sign up.

Wednesday, March 18—Mystery Trip.

Leave at 10:45 a.m. and still return in time for lunch at TGP! Hints: 1) It's not too far from The Gathering Place. 2) It's often "buzzing" with customers. 3) The staff is sweet as honey. Sign up at the front desk today!

Thursdays, March 12 & 26 —9:00 a.m. Little River Casino Trip. Trip fee \$10. Receive \$20 River Credits & \$5 food voucher. Return by 3pm. Call now to reserve your spot on the bus! 231-525-0601 or toll free at 877-277-1306.

Thursday, March 19— Birthday Party! Join us for cake and a celebration of our March babies!

Thursday, March 5 —9:00 a.m. Hearing Clinic, sponsored by *Miracle Ear*. Free hearing tests, check and service hearing aids. Call 800-459-5992 for appointment.

Friday, March 6—Thompsonville lunch and Bingo beginning at 10:30 a.m. Please call 231-525-0601 to sign up.

Friday, March 13—Dining Out Day! We've tried twice to get to The Hungry Tummy for lunch but both days the weather was awful. But we don't give up that easily. Meet at The Gathering Place at 11:00 a.m. Dining Out vouchers are available at the Administration Office for \$3. They are worth \$6 at participating restaurants.

Friday, March 27— Ol' Time Gathering! Enjoy food, music and fun. Music starts at 6:00 p.m. with a potluck dinner at 7 p.m. Donations accepted. All ages invited!



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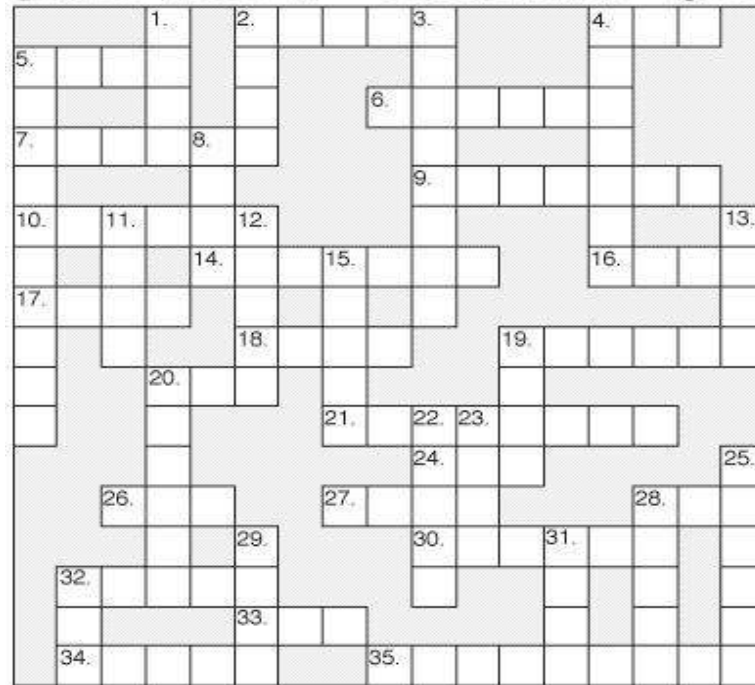
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## BIRTHDAYS & FUN

### FEBRUARY BIRTHDAYS

- 1 Mary Judd
- 1 Jo Holmes
- 3 John Bailey
- 3 Marla Dykstra
- 3 Michael Parson-McNamara
- 3 Rebecca Ramirez
- 3 Marjorie Smeltzer
- 5 Evelyn Baatz
- 5 Eugene Freed
- 5 Setsuko Pelky
- 7 Lloyd Acha
- 7 Linda Brown
- 7 Richard Wheaton
- 11 Howard Foust
- 12 Esther Schroeder
- 13 Donald McCash
- 13 Bonnie Barnes
- 15 John Noecker
- 17 Judy Flees
- 17 Violet Labadie
- 17 Patricia Tolar
- 18 Leon Bryant
- 18 Betty Wortelboer
- 24 Carolyn Bailey
- 24 Joan Frederick
- 25 Avonda Dobson
- 26 Alfred Komoll
- 29 Dorothy Cleary
- 31 Wes Fleet
- 31 Ron Fleminger

### Crossword



#### Down

- 1. Body covering?
- 2. Heal
- 3. 3 leaved clover
- 4. St. Patrick was a missionary there
- 5. Mystical being
- 8. Short form for corporal
- 11. Actor's part
- 12. \_\_\_\_\_ Patrick
- 13. X marks the \_\_\_\_\_
- 15. Peels of fruits
- 19. Layer
- 20. Procession or march
- 22. To arrive at a final destination
- 23. Walkway
- 25. Wrist or ankle injury
- 28. Household task
- 29. Measurement
- 31. Destroy
- 32. Valuable stone

#### Across

- 2. Loose change
- 4. Pens need this
- 5. Good \_\_\_\_\_
- 6. Conditional release
- 7. King's son
- 9. Let go
- 10. Mistakes
- 14. Saint \_\_\_\_\_
- 16. Let fall, rain \_\_\_\_\_

#### 17. Give aid

- 18. Number less than 10
- 19. Leprechaun's head wear
- 20. \_\_\_\_\_ of gold
- 21. St. Patrick rid Ireland of these
- 24. Hearing organ
- 26. Opposite of good

#### 27. One of the food groups

- 28. Drink container
- 30. God's house
- 32. St. Patrick's Day colour
- 33. Feline
- 34. St. Patrick's month
- 35. St. Patrick's day #

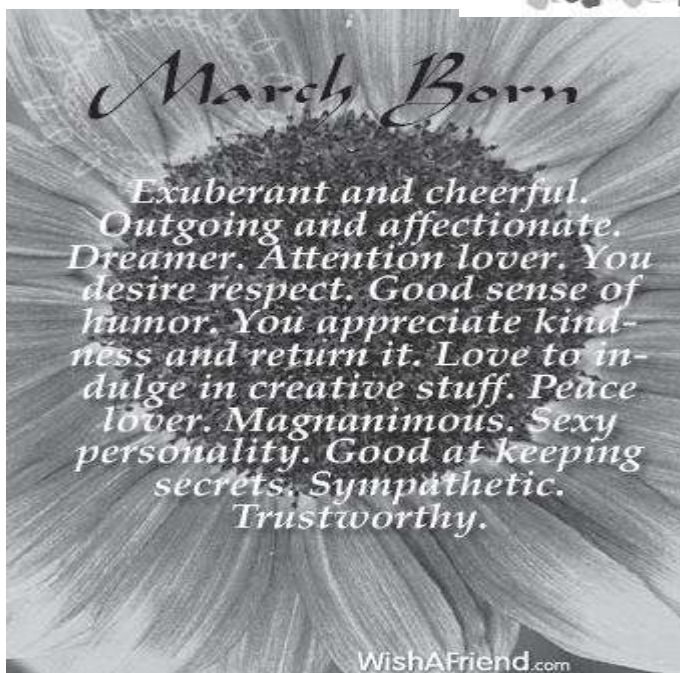


See Page 12 for Answers

### Just to keep you laughing!

On the first night of their honeymoon, the husband isn't sure how to tell the bride about his stinky feet and smelly socks, while the wife is wondering how to break the news to him about her awful breath, which so far, she's been able to cover up. After some soul-searching, the husband gathers his nerve and says, "I have a confession." She draws closer, peers into his eyes, and says, "Darling, so do I."

Recoiling, he says, "Don't tell me— you've eaten my socks."



## March is American Red Cross Month

### A Brief History of the American Red Cross

As one of the nation's premier humanitarian organizations, the American Red Cross is dedicated to helping people in need throughout the United States and, in association with other Red Cross networks, throughout the world. We depend on the many generous contributions of time, blood, and money from the American public to support our lifesaving services and programs.

Clara Barton and a circle of her acquaintances founded the American Red Cross in Washington, D.C. on May 21, 1881. Barton first heard of the Swiss-inspired global Red Cross network while visiting Europe following the Civil War. Returning home, she campaigned for an American Red Cross and for ratification of the Geneva Convention protecting the war-injured, which the United States ratified in 1882.

Barton led the Red Cross for 23 years, during which time we conducted our first domestic and overseas disaster relief efforts, aided the United States military during the Spanish-American War, and campaigned successfully for the inclusion of peacetime relief work as part of the global Red Cross network—the so-called “American Amendment” that initially met with some resistance in Europe.

The Red Cross received our first congressional charter in 1900 and a second in 1905, the year after Barton resigned from the organization. The most recent version of the charter, which was adopted in May 2007, restates the traditional purposes of the organization which include giving relief to and serving as a medium of communication between members of the American armed forces and their families and providing national and international disaster relief and mitigation.

Prior to the First World War, the Red Cross introduced its first aid, water safety, and public health nursing programs. With the outbreak of war, the organization experienced phenomenal growth. The number of local chapters jumped from 107 in 1914 to 3,864 in 1918 and membership grew from 17,000 to over 20 million adult and 11 million Junior Red Cross members. The public contributed \$400 million in funds and material to support Red Cross programs, including those for American and Allied forces and civilian refugees. The Red Cross staffed hospitals and ambulance companies and recruited 20,000 registered nurses to serve the military. Additional Red Cross nurses came forward to combat the worldwide influenza epidemic of 1918.

After the war, the Red Cross focused on service to veterans and enhanced our programs in safety training, accident prevention, home care for the sick, and nutrition education. We also provided relief for victims of such major disasters as the Mississippi River floods in 1927 and severe drought and the Depression during the 1930s.

The Second World War called upon the Red Cross to provide extensive services once again to the U.S. military, Allies, and civilian war victims. We enrolled more than 104,000 nurses for military service, prepared 27 million packages for American and Allied prisoners of war, and shipped over 300,000 tons of supplies overseas. At the military's request, the Red Cross also initiated a national blood program that collected 13.3 million pints of blood for use by the armed forces.

After World War II, the Red Cross introduced the first nationwide civilian blood program that now supplies more than 40 percent of the blood and blood products in this country. During the 1990s, we engineered a massive modernization of our blood services operations to improve the safety of our blood products. We continued to provide services to members of the armed forces and their families, including during the Korean, Vietnam, and Gulf wars. The Red Cross also expanded our services into such fields as civil defense, CPR/AED training, HIV/AIDS education, and the provision of emotional care and support in the wake of disasters. Since 2006, the Red Cross and FEMA have worked together helping government agencies and community organizations plan, coordinate and provide feeding, sheltering and family reunification services for people affected by disasters.

Today, the supporters, volunteers and employees of the American Red Cross provide compassionate care in five critical areas:

- People affected by disasters in America
- Support for members of the military and their families
- Blood collection, processing and distribution
- Health and safety education and training
- International relief and development



## FAQ ABOUT SOCIAL SECURITY

**Question:**

A few months after I started receiving my Social Security retirement benefit, my former employer offered to take me back. It's a great offer. Can I withdraw my retirement claim and reapply later to increase my benefit amount?

**Answer:**

Social Security understands that unexpected changes may occur after you begin receiving retirement benefits. If you change your mind, you may be able to withdraw your Social Security claim and re-apply at a future date. This withdrawal must occur within 12 months of your original retirement, and you are limited to one withdrawal during your lifetime. Keep in mind, you must repay all of the benefits you received. You can learn more about the one-year period when you can postpone your benefits at [www.socialsecurity.gov/retire2/withdrawal.htm](http://www.socialsecurity.gov/retire2/withdrawal.htm)

**Question:**

I heard that Social Security benefits increased at the beginning of the year. What is the average Social Security retirement payment that a person receives each month?

**Answer:**

You are right—Social Security benefits increased this year. In 2015, nearly 64 million Americans who receive Social Security or Supplemental Security Income (SSI) began receiving a cost-of-living adjustment (COLA) increase of 1.7 percent to their monthly benefit payments.

**Question:**

I am receiving Social Security and Supplemental Security Income (SSI) benefits. I just got married, and I am wondering if my benefits, and my new spouse's benefits, will stay the same.

**Answer:**

If you marry, your spouse's income and resources may change your SSI benefit. It is your responsibility to report your status change to Social Security as soon as possible. If you and your spouse both get SSI, your benefit amount will change from an individual rate to a couple's rate. If you are receiving Social Security benefits as a widow, divorced widow, widower, or divorced widower, other factors to keep in mind are:

You cannot get benefits if you remarry before age 60; and

You cannot get benefits if you're disabled and remarry before age 50.

Generally, your benefits end if you were receiving divorced spouse's benefits and you remarry. You can read more about SSI and Social Security benefits at our publications library, available at [www.socialsecurity.gov/pubs](http://www.socialsecurity.gov/pubs).

**Question:**

I know that some of my resources affect my Supplemental Security Income (SSI). Is there a list of resources Social Security takes into account when providing payments?

**Answer:**

Resources are things you own and can use to pay for food and shelter. Resources include bank accounts, personal property, and real estate. We use the value of your resources to determine if you can get SSI. We don't count all of your resources, including the value of the home and property where you live. Some resources we **do** count include:

- Cash;
  - Bank accounts, stocks, U.S. savings bonds;
  - Land;
  - Life Insurance;
  - Personal Property (excluding the value of your home);
  - Vehicles;
  - Anything else you own which could be changed to cash and used to pay for food or shelter; and
- Deemed resources.

Sometimes we deem a portion of the resources of a spouse, parent, parent's spouse, sponsor of an alien, or sponsor's spouse as belonging to the person who applies for SSI. You can learn more about which resources Social Security uses to determine your SSI payment at [www.socialsecurity.gov/ssi/text-resources-ussi.htm](http://www.socialsecurity.gov/ssi/text-resources-ussi.htm).



## Medicare News

### Patient Assistance Programs - Another option for expensive medications

Some Medicare beneficiaries are faced with huge bills for their medications even though they may have Medicare prescription drug insurance. In some cases, they simply can't afford to purchase some of their drugs, so they stop taking them. The co-pays for some medications can be very high for several brand name drugs, especially if they land in the donut hole.

There may be help for people in this situation through a service called the Patient Assistance Program (PAP). PAP is sponsored by pharmaceutical companies, and other organizations as a means to help lower income families with their prescriptions. If approved, participants can obtain certain medications either free or nearly free. Some programs will send patients a pharmacy card to be used to obtain their medicines at a local pharmacy. Other PAP's will mail the medications direct to the patient's home, or in some cases, to their physician.

Each patient assistance program has its own eligibility criteria, but it is generally based on family income relative to a specific level of poverty. The poverty levels are set by the Federal government and can change each year. There are several websites where you can find out if there is help available for a specific medication. Just enter the drug name and, if there is help available, a list will be of participating organizations will be displayed along with their contact information. Often these same websites will have application that can be downloaded and printed.

A couple of websites where this information is available are [www.needymeds.org](http://www.needymeds.org) or [www.rxassist.org](http://www.rxassist.org). Once it appears that an individual may be eligible, they can complete the application, obtain the necessary proofs of income, and forward the documents to their physician. The prescribing physician is required by the PAP to complete the medical portion of the application. Many doctors will also mail or fax the application back to the PAP on behalf of the patient. The response time is generally quick. Once approved, participants must re-apply each year.

Also, there are several organizations that can help with the PAP application process for a fee. Generally they charge a set amount each month for each prescription.

Medicare beneficiaries can also receive assistance by contacting the Medicare/Medicaid Assistance Program (MMAP) at 800-803-7174. Trained counselors are available to provide help with all aspects of Medicare and Medicaid benefits, along with guidance regarding fraud and abuse, billing issues, and many other areas pertaining to senior health care programs.

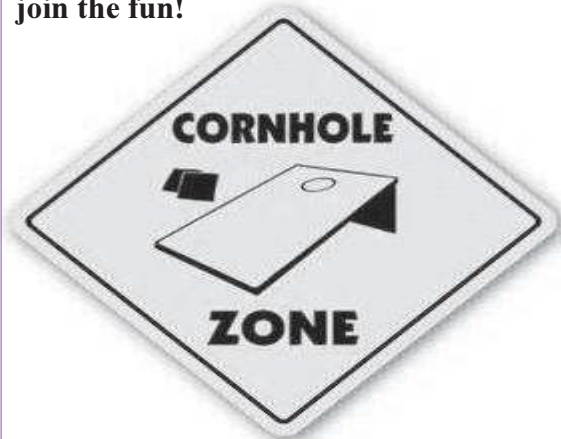
By: Jim Verville, Region 10 Coordinator  
Michigan Medicare/Medicaid Assistance Program  
Area Agency on Aging, Traverse City, Michigan

## DON'T FORGET



We are always looking for volunteers to help out. If you or someone you know would like to join us please stop in .

**New Cornhole during lunch and after on March 9th, 23rd and 31st. Come join the fun!**



No Line Dancing or Tai Chi in March.



Wednesday, March 18th is our Mystery Trip.



Sign U at The Gathering Place



Check out our New Web Site

[www.benziecoa.org](http://www.benziecoa.org)

### St. Patrick's Day

### Crossword Puzzle

#### Across

- 2.Coins
- 4.Ink
- 5.Luck
- 6.Parole
- 7.Prince
- 9.Release
- 10.Errors
- 14.Patrick
- 16.Drop
- 17.Help
- 18.Nine
- 19.Top hat
- 20.Pot
- 21.Serpents
- 24.Ear
- 26.Bad
- 27.Meat
- 28.Cup
- 30.Church
- 32.Green
- 33.Cat
- 34.March
- 35.Seventeen

#### Down

- 1.Skin
- 2.Cure
- 3.Shamrock
- 4.Ireland
- 5.Leprechaun
- 8.Corp.
- 11.Role
- 12.Saint
- 13.Spot
- 15.Rinds
- 19.Tier
- 20.Parade
- 22.Reach
- 23.Path
- 25.Sprain
- 28.Chore
- 29.Inch
- 31.Ruin
- 32.Gem

## DONATIONS

### When You Donate. . . You Make a Difference

The Benzie County Council on Aging is an independent 501c3 not-for-profit organization that depends upon donations to sustain our programs. We need your support to continue to provide caring and professional services to the seniors of Benzie County and the need is greater than ever as the population over the age of 60 rises and our traditional funding sources diminish. Your support, either large or small, helps us continue this important work!

When you make a donation to the Benzie County Council on Aging, you will be helping provide important services and programs to seniors in our county. Some of these services include Home Delivered Meals Program, Homemaking Services, Senior Center Operations, Educational Programs, Chore Service, Snow Removal and more.

There are many other ways to contribute to the Benzie Council on Aging, now and in the future, that may fit your interests.

**Tribute Donations:**

Tribute gifts of any amount can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. The Council will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

**Planned Giving:**

As you prepare your legacy for your family and your community, please consider including the Benzie County Council on Aging as part of your plans. Please remember us in your estate planning or simply have your attorney add an addendum to your will. Your bequest to the Benzie County Council on Aging will benefit many seniors and help us to continue vitally needed services for years to come.

Your tax-deductible donation can and will make a world of difference in the life of an area senior citizen or disabled individual.

You can be assured we will continue to be good stewards of your gifts. If you would like to designate your gift to a specific program or in memory of or honor of an individual, please tell us and we will do our best to meet your wishes.

If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102.

**DONOR INFORMATION:**

Name: \_\_\_\_\_  
*Check here if you wish to remain ANONYMOUS*

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

Make Checks Payable To: "Benzie County Council on Aging"

*Benzie County Council on Aging is an independent 501c3 not for profit organization. Gifts to the Benzie County Council on Aging are tax deductible under appropriate I.R.S. regulations. Consult your tax or legal advisor for details.*



**Benzie County Council on Aging, Inc.**  
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