



**BENZIE**  
SENIOR RESOURCES

**November 2017**

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# THE SENIOR SCOOP

*Be connected.  
Be supported.  
Be home.*

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**MAY YOUR STUFFING BE TASTY,  
MAY YOUR TURKEY BE PLUMP.  
MAY YOUR POTATOES'N GRAVY...  
HAVE NARY A LUMP,  
MAY YOUR YAMS BE DELICIOUS,  
MAY YOUR PIES TAKE THE PRIZE,  
MAY YOUR THANKSGIVING DINNER  
STAY OFF OF YOUR THIGHS.**  
*Happy Thanksgiving*

National Hospice/Palliative Care Month  
National Family Caregivers Month  
COPD Awareness Month  
Diabetic Eye Disease Month  
Lung Cancer Awareness Month  
National Alzheimer's Disease Awareness Month

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*Benzie Senior Resources will not discriminate against any individual or group because of race, sex, religion, age, national origin, marital status, disability, or political beliefs.*

**DIRECTORY**

Phone: 231-525-0600 or  
Toll Free: 888-893-1102  
Fax: 231-325-4855

Email: [info@BenzieSeniorResources.org](mailto:info@BenzieSeniorResources.org).

Website:  
[www.BenzieSeniorResources.org](http://www.BenzieSeniorResources.org)

**OFFICE HOURS**

Monday – Friday:  
8:00 a.m. – 4:00 p.m.

**THE SENIOR SCOOP IS A MONTHLY  
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**Benzie Senior Resources**  
10542 Main Street  
Honor, MI 49640

**Douglas Durand, Executive Director**

**Dawn Bousamra, Editor**

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If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00 which helps to cover printing and mailing costs. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at [www.benzieseniorresources.org](http://www.benzieseniorresources.org) under the NEWS tab.





# From Our Director

I hope everyone has enjoyed Mother Nature's masterpiece of reds, oranges and yellows!

By the time you receive this newsletter, we should have our brand-new, 2018 Subaru Outback from Subaru of America. This was awarded through a grant from Subaru of America's 50 Cars for 50 Years and their collaboration with Meals on Wheels America.

Benzie Senior Resources will be celebrating this honored event Friday, November 17<sup>th</sup> at 1:30 p.m. at The Gathering Place Senior Center. We are planning a "Name the Subaru" contest with a nice prize basket awarded to the winner! The winning name will be announced at this event. Everyone is encouraged to participate in the contest.

We also have a great photo opportunity for anyone who owns a Subaru. We encourage owners of Subaru's to come down during the November 17<sup>th</sup> event and we will take a photo of our new Subaru surrounded by the other Subaru's and their owners. Sort of a Subaru welcome party! Hors d'oeuvres, beverages and cake will be served.

More information about the event will be posted on our Facebook Page [www.facebook.com/benzieseniorresources](https://www.facebook.com/benzieseniorresources) and on our new website [www.benzieseniorresources.org](http://www.benzieseniorresources.org)

November is National Family Caregivers Month. This is a great opportunity to honor those who are the primary caregiver for an aging or disabled loved one. If you are a caregiver, we admire your dedication and we are here to help you in any way we can!

An important project dear to the staff and volunteers is our Annual Holiday Christmas Gift Bags. Our goal this Holiday Season is to provide 200+ bags. For many of our recipients, family or friends are far or few. Age and lack of financial resources keep many of the elderly bound to their homes during the holidays. Many recipients often say this is the only gift they get all season. This is our way of reminding our homebound and seniors that they are not forgotten.

Benzie Senior Resources is making the season extra special by assembling and delivering these gift bags to each recipient. Each bag is filled with a variety of items, such as: calendars, liquid hand soap, travel-size toothpaste, 2-in-1 shampoo/conditioner, cheese crackers/protein bars, crossword/word search puzzles, Kleenex, socks, lotion, shampoo and toilet paper.

Help us gather items for the gift bags this holiday season and make our homebound neighbors' holiday special. If you're interested in donating any of the above items, you can drop them off at either The Gathering Place Senior Center or at the Benzie Senior Resources Administration Office by December 11<sup>th</sup>. Please help us spread some Christmas Cheer!

I am wishing everyone a safe and wonderful Thanksgiving Holiday!

As always, we are open to any ideas, comments, or suggestions.

Take care~

Douglas








# November Menu



Lunch is served Monday thru Friday at The Gathering Place from 11:30 a.m. — 1:00 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Citrus Chicken over Rice Roasted Brussel Sprouts Malibu Blend Bread Orange	<b>2</b> Cassoulet Corn Green Peas Garlic Toast Pineapple	<b>3</b> Hot Beef Sandwich Herb Mashed Potatoes Cauliflower Pear
	<b>6</b> Seasoned Beef Nachos Refried Beans Cinnamon Apples	<b>7</b> Shepard's Pie Green Peas Carrots Bread Banana	<b>8</b> Stuffed Peppers Spinach Italian Beans Garlic Toast Apple	<b>9</b> Pizza Broccoli Pesto Cauliflower Breadsticks Peaches
	<b>13</b> Chicken Parmesan Italian Beans Corn Garlic Toast Apple	<b>14</b> Sloppy Joes Roasted Potatoes Broccoli Banana	<b>15</b> Beef Empanadas Latin Rice Baked Pears	<b>16</b> Chicken Stir-fry over rice Green Beans Far East Blend Fortune Cookie Mandarins
	<b>20</b> Homestyle Beef Stew Cauliflower Green Peas Biscuits Peaches	<b>21</b> Smoked Sausage with Kraut Broccoli Carrots Bread Banana	<b>22</b> Herb Roasted Turkey Herb Mashed Potatoes Green Beans Bread Bonnie's Cranberry Sauce	<b>23</b> Closed
				<b>24</b> Closed
<b>27</b> Pollock Almondine Normandy Blend Corn Bread Orange	<b>28</b> Cinnamon French Toast Breakfast Sausage Scrambled Eggs Banana	<b>29</b> Homemade Meatloaf Herb Mashed Potatoes California Blend Bread Plum	<b>30</b> Stuffed Peppers Italian Beans Pesto Cauliflower Garlic Toast Apple	
				





# November Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>What are YOU Thankful For?</b></p>		<p><b>1</b></p> <p>8:30 Zumba 9:00 Foot Clinic at The Admin Office—By Appointment only 10:00 Stay Fit w/Doris 11:30 Lunch 12:30 BINGO 1:15 PLARN</p>	<p><b>2</b></p> <p>9:00 Hearing Clinic at The Administration Office by appointment 10:00 Bible Study 11:30 Lunch 1:00 BUNCO 3:00 Tai Chi</p>	<p><b>3</b></p> <p>9:30 BUNCO 10:30 Thompsonville Lunch, Bingo and Music 11:30 Lunch 1:00 Wii Bowling 1:00 Tech Support</p>
<p><b>6</b></p> <p>10:00 Yoga 11:30 Lunch—The Maples Blood Pressure Clinic 12:00 CARDS 1:00 Stretching &amp; Strengthening Legs 2:30 Zumba</p>	<p><b>7</b></p> <p>10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga 5:15 Zumba</p>	<p><b>8</b></p> <p>8:30 Zumba 9:00 Foot Clinic at The Admin Office—By Appointment only 10:00 Stay Fit w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN</p>	<p><b>9</b></p> <p>8:45 Little River Casino 10:00 Bible Study 11:30 Lunch 1:00 BUNCO 3:00 Tai Chi</p>	<p><b>10</b></p> <p>9:30 BUNCO 11:30 Lunch—Celebrate Veterans Day 1:00 Wii Bowling 1:00 Tech Support</p>
<p><b>13</b></p> <p>10:00 Yoga 11:30 Lunch 12:00 CARDS 1:00 Baby Shower for Tiffany 2:30 Zumba</p>	<p><b>14</b></p> <p>10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga 5:15 Zumba</p>	<p><b>15</b></p> <p>8:30 Zumba 9:00 Foot Clinic at The Admin. Office—By Appointment only 10:00 Stay Fit w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN 4:30 Board of Directors Meeting</p>	<p><b>16</b></p> <p><b>Great American Smoke-out</b> 10:00 Bible Study 11:30 Lunch—Munson Paul Oliver Blood Pressure/ Med Check 1:00 BUNCO 3:00 Tai Chi</p>	<p><b>17</b></p> <p>9:30 BUNCO 11:30 Lunch—Birthday Party 1:00 Wii Bowling 1:00 Tech Support 1:30 Subaru Welcome Event</p>
<p><b>20</b></p> <p>10:00 Yoga 11:30 Lunch 12:00 CARDS 2:30 Zumba</p>	<p><b>21</b></p> <p>10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga 5:15 Zumba</p>	<p><b>22</b></p> <p>8:30 Zumba 9:00 Foot Clinic at The Admin. Office—By Appointment only 10:00 Stay Fit w/Doris 11:30 Lunch—Thanksgiving Dinner 12:30 BINGO 1:15 PLARN</p>	<p><b>23</b></p> <p>Closed</p>	<p><b>24</b></p> <p>Closed during the day</p> <p>6:00 Ol' Time Gathering</p>
<p><b>27</b></p> <p>10:00 Yoga 11:30 Lunch 12:00 CARDS 1:00 Spinning 2:30 Zumba</p>	<p><b>28</b></p> <p>9:00 Essential Estate Planning at Admin. Office 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga 5:15 Zumba</p>	<p><b>29</b></p> <p>8:30 Zumba 9:00 Foot Clinic at The Admin. Office—By Appointment only 10:00 Stay Fit w/Doris 11:30 Lunch 12:30 BINGO 1:15 PLARN</p>	<p><b>30</b></p> <p>10:00 Bible Study 11:30 Lunch 1:00 BUNCO 3:00 Tai Chi</p>	<p>I can stop being thankful now, right? Because I really miss the old me.</p>



# Dawn's Dish



All participants in the Congregate Meal Program (The Gathering Place) must fill out a **NEW NAPIS** form starting October 1<sup>st</sup> . We are **REQUIRED** to have an updated form each year.

Please note: We are closed on Thursday, November 23rd & Friday, November 24th for the Thanksgiving holiday. **HOWEVER**, we are open for the Ol' Time Gathering on Friday, November 24th at 6 p.m.

You might find this hard to believe but it is time again for the Benzie Bucks Auction. Friday, December 15th beginning at 1:00 p.m. The auction will end by 3:00 p.m. Benzie Bucks will be given out daily to those who join us for lunch or an activity. Please see me if you didn't receive your Bucks when you were at The Gathering Place. Toss out your old bucks or give them to me. We are starting fresh so that it is fair to everyone.

We are now collecting items for the Benzie Bucks Auction. Time to send your unwanted items our way!

Here we are again facing the inevitable snowfall. Yes, I said it. SNOW. So please remember, if Benzie Central Schools are closed, so is The Gathering Place and Benzie Senior Resources Administration Office. We do not want you running around in blizzards.

Monday, November 6—1:00 p.m. Stretching and Strengthening the leg and core for lifting with Dawn Edgley, Physical Therapist at POMH. Learn how to prevent injuries with simple exercises and stretches.

Friday, November 10—Veterans Day falls on a Saturday this year, so we are going to honor our Vets during lunch at 11:30 a.m. Please join us in thanking our local men and women for their service. All Veterans eat free regardless of age. There will be a short program before lunch begins.

Monday, November 13—1:00 p.m. Tiffany is back from her maternity leave and we'd like to throw her a baby shower! Please join us for cake and to meet baby Jonathon!

Wednesdays, November 1, 8, 15, 22 & 29—Foot Clinics at the Benzie Senior Resources Administration Building. Emily Rice, R.N. will take care of those tootsies! Call 231-525-0600 for your appointment. Donations toward this service are always appreciated.

Wednesdays, 1, 8, 15, 22 & 29—1:15 p.m. PLARN. Crochet plastic mats to donate for the homeless. For more information, please call Dawn at 231-525-0601. No experience is necessary.

Fridays, November 3, 10 & 17—Tech Support. Every Friday at 1:00 p.m. we have Tech Support to help you navigate the tech world. Please call in advance to schedule your appointment with Robert. 15 and 30 minute appointments are available, and if you have your own device, please bring it.

Thursday, November 9—Little River Casino Trip. Leave The Gathering Place at 8:45 a.m. and Shop-n-Save at 9:00 a.m. Trip fee \$10. Receive \$20 River Credits & \$5 food voucher. Return by 3:00 p.m. Call now to reserve your spot on the bus! 231-525-0601 or toll free at 877-277-1306.

Tuesday, November 28—Essential Estate Planning. 9:00 a.m. to 4:00 p.m. at the Administration Office. Appointments are approximately one hour. This is an opportunity to speak with an experienced estate planning attorney for free to review, update and/or create an estate plan. Schedule an appointment by calling 231-525-0600.

Friday, November 24—Ol' Time Gathering. Please bring a dish to pass. All ages are welcome. No charge to attend and donations are accepted. Music starts at 6:00 p.m. with a potluck dinner at 7:00 p.m.







# Word Search

## Happy Turkey Day!

Apple

Blessings

Cornucopia

Cranberry Sauce

Family

Feather

Give Thanks

Gobble

Grateful

November

Pumpkin

Scarecrow

Thanksgiving

Tradition

Turkey



B	P	N	W	E	S	S	L	S	Z	V	R	M	B	J
C	I	O	V	Y	G	C	G	W	G	N	F	P	K	C
L	T	I	D	U	N	R	T	C	H	R	A	B	H	O
L	K	T	G	O	I	A	X	S	G	P	U	X	H	R
D	N	I	N	U	S	N	L	J	I	X	I	L	G	N
B	T	D	I	V	S	B	U	R	V	H	Y	S	F	U
S	R	A	V	S	E	E	F	R	E	Q	L	C	E	C
P	E	R	I	P	L	R	E	L	T	X	I	A	A	O
B	B	T	G	U	B	R	T	B	H	Q	M	R	T	P
U	M	U	S	M	W	Y	A	Z	A	C	A	E	H	I
W	E	R	K	P	A	S	R	A	N	B	F	C	E	A
L	V	K	N	K	P	A	G	O	K	O	D	R	R	D
B	O	E	A	I	P	U	U	X	S	D	L	O	O	A
Q	N	Y	H	N	L	C	M	X	X	Y	T	W	E	T
S	U	J	T	E	E	E	E	L	B	B	O	G	L	E



Appraiser Don Butkovich generously donated fees paid by those who signed up for appraising their special treasures to Benzie Senior Resources. The event was held at The Gathering Place on September 30<sup>th</sup>. Don shared his expertise through the day and said he hopes to do so again with us sometime soon. Highlights of the day included an Art Nouveau Newel Post lamp with rose-shaped

bulbs, a sweet hand-painted Prussian sugar & creamer set, paintings by regional & international artists, a cradle patented in 1855 and a spindle bed that had been found in a barn and brought back to life. Don said, "Everyone deserves a Rah!"







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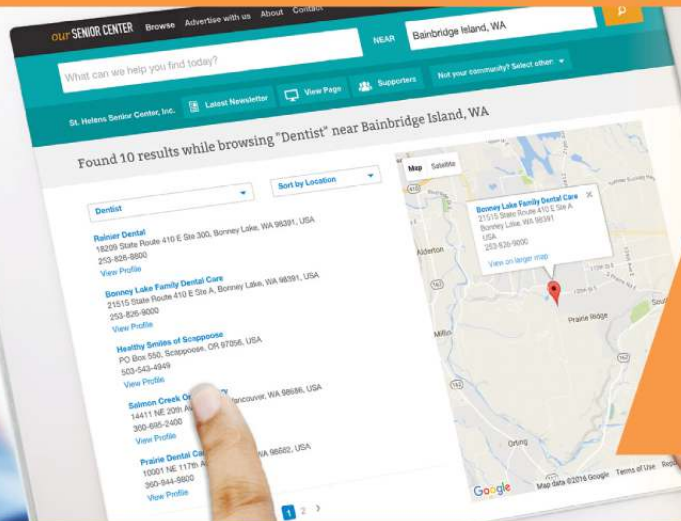
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# 13 Fearless THINGS TO KNOW about Your Social Security Number



**By Bob Simpson, Social Security District Manager in Traverse City**

1. Your Social Security number is your link to Retirement or Disability benefits since we use it to record your wages and earnings.
2. There is no charge to obtain a Social Security number and card. This service is free.
3. We keep your records confidential and don't disclose your number to anyone, except when the law requires, or when your information connects you with other government health or social services programs.
4. To prevent identity theft, keep your Social Security card in a safe place with your other important papers and be careful about sharing your number. If asked for your number, find out why your number is needed, how it will be used, and what happens if you refuse to provide it.
5. While you need a Social Security number to get a job or for other services, you often don't need to show your Social Security card. Many organizations can verify your Social Security number directly with us.
6. If your Social Security card is lost, you can replace it up to three times a year with a lifetime limit of 10 replacement cards. Legal name changes and other exceptions will not count toward these limits.
7. You can request a replacement Social Security card with the ease and convenience of our online services if you have a [my Social Security](#) account and meet our qualifications. Visit [www.socialsecurity.gov/myaccount](http://www.socialsecurity.gov/myaccount).
8. If you suspect someone is using your number for work purposes, contact us to report the problem so we can review your earnings and verify that our records are correct. You also may view your annual earnings by accessing your *Social Security Statement*, one of the many services available with a [my Social Security](#) account.
9. If you suspect someone is misusing your number to create credit or other problems for you, report the identity theft with the Federal Trade Commission (FTC) at [www.identitytheft.gov](http://www.identitytheft.gov) or by calling 1-877-IDTHEFT. We also recommend that you contact the Internal Revenue Service (IRS) if fraudulent tax refunds or reporting is involved, quickly file a complaint with the Internet Crime Complaint Center (IC3) at [www.ic3.gov](http://www.ic3.gov), and monitor your credit reports.
10. The nine-digit Social Security number was initiated in 1936 for tracking workers' earnings over the course of their lifetimes for benefits, not with the intent of personal identification. Since 1936, we have issued over 30 different versions of the Social Security number card.
11. Until June 2011, the first three digits of a Social Security number were determined by the geographical region in which the person lived. Numbers were assigned beginning in the northeast and moving westward. Residents on the east coast often have lower numbers than those on the west coast. Any number beginning with 000 will never be a valid Social Security number.
12. Beginning in June 2011, we assigned Social Security numbers randomly, which protects the integrity of the Social Security number, eliminates the geographical significance of the first three digits of the Social Security number, and extends the longevity of the nine-digit Social Security number.
13. Since November 1936, we have issued 453.7 million different numbers and there are approximately 420 million numbers available for future assignments. We assign about 5.5 million new numbers a year.

Fear not, if you properly protect your Social Security number and card. Information about applying for a Social Security card, name changes, identity theft, and other answers to frequently asked questions is available at [www.socialsecurity.gov](http://www.socialsecurity.gov), or by calling us toll-free at 1-800-772-1213 (TTY 1-800-325-0778).







# November Birthdays/ Recipes

Beverly Lyons	1
Blanche Clark	2
Carol Claypool	2
Laura Kerby	2
Loy Putney	2
Don Winters	3
Park Herren	5
Janet Huhnke	5
Robert Larson	5
Lorie Lenhard	5
Dorothy Mead	5
Steven Thompson	5
Jan Glatzer	6
Bill Waring	6
John Jenkins	8
Arthur Koenig	9
Sandra LaFever	10
Butch McKeen	10
Diana View	10
Mel Adams	11
Diane Leitgeb	11

Betty Coote	12
Paul Kennedy	12
Kathleen McManus	13
Donald Bock	14
Ann Dawe	14
Joyce Gatrell	14
Terry Tolar	14
Karlin Corey	15
William Dodge	15
Dorothy Hallock	15
Barbara Mitchell	15
Randall Stortz	15
Maxine Winters	15
Ginnie McClintock	17
Christi Flynn	18
Tammy Grostick	18
Betty Orr	18
Paul Schendel	18
Robert Short	18
Doug Wynkoop III	18
Al Bryant	19
Deb Cordell	19
Connie Chancey	20

Connie Jaquish	20
Shirley Mortenson	20
Kay Reed	20
Sonja Reitan	20
Walter Gauthier	21
Don Olney	21
Donald Amenson	22
Arlene Paul	22
Nancy Richter	22
Jimmy Thomas	22
Warren Wood	22
Melvin Blausey	23
Echo MacDonald	25
Patricia Miehlike	25
Gary Richter	25
Joy Jensen	26
Donna Olney	26
Violet Clarmont	27
Anna Toms	27
Bert Lappe	28
Ron Nostrandt	28
Doug Shifkey	29
Maria Siebertz	29

From the "Family Secrets" cookbook by the former Harbor View Senior Center in Frankfort. Published in 1984! This was gifted back to us. If you'd like to look through it, please stop by my office. ~ Dawn

## Impossible Green Bean Pie

- 8 oz. French-cut green beans
- 4 oz. can of mushroom stems & pieces, drained
- 1/2 c. chopped onion
- 2 cloves of garlic, crushed
- 1 c. shredded cheddar cheese
- 1 1/2 c. milk
- 3/4 c. biscuit mix
- 3 eggs
- 1 tsp. salt
- 1 tsp. pepper



Heat oven to 400. Lightly grease pie plate (10 x 1 1/2 inches). Cook beans, if frozen or fresh. Mix beans, mushrooms, onion, garlic and cheese in pie plate. Beat remaining ingredients until smooth. Use blender on high for 15 seconds. Pour in pie plate. Bake 30-35 minutes until golden brown and knife inserted between center and edge come clean. Makes 6-8 servings. Let stand 5 minutes before serving.

Recipe from Rita Stern



# When a Con Man Calls

Frauds using false identities are on the rise. Here's how to foil the fakers by, Doug Shadel, AARP The Magazine, October/November



Can you spot an impostor? Eighty-five percent of adults are confident they can, according to a recent AARP survey. But the majority of the survey participants then flunked an “Impostor IQ” quiz that measures the ability to spot a liar (take the quiz at [aarp.org/fraudwatchnetwork](http://aarp.org/fraudwatchnetwork)).

Welcome to what experts call the illusion of invulnerability — the belief that frauds happen to others but not you. Overconfidence in your ability to spot bad guys is a dangerous thing. Impostor fraud is among the fastest-growing scam types precisely because so many of us think we are immune to it. To help, here is a small sampling of actual impostor scams now playing out across America. The takeaway? Never accept a pitch or give any information to a stranger — on the phone, in person or over the internet — without first independently verifying that it's legitimate.

The jury duty manager: “Hi, I’m calling from the courthouse, and you missed jury duty. Pay \$ or go to prison.”

The puppy breeder: “As a dog lover, you should know we just got a beautiful litter of purebred golden retriever puppies. Just \$200 each!”

The utility company: “We will be shutting off your electricity in hours if you don’t pay the past-due amount on your bill immediately.”

The government clerk: “You have unclaimed property with our state. Simply pay this fee, and we will release it to you.”

The ticket seller: “As an affiliate of a major ticket vendor, we can get you seats for your dream concert for a discount, if you act quickly.”

The bank verifier: “There’s a data problem with your checking account. Please verify this information so we can confirm things and fix the error.”

The big-winner announcer: “I’m from the Canadian lottery, and you have won \$1 million! Pay the import tax and fee, and we’ll send you your winnings.”

The doctor representative: “Research shows conclusively that these new capsules will stop your disease in its tracks.”

The police or fire department: “We’re raising money for officers (or firefighters) injured in the line of duty. How much will you be donating today?”

The Internal Revenue Service: “You owe taxes and are at grave risk of large fines or jail time if you do not settle this situation immediately.”

The long-distance lover: “In these weeks of chatting, I’ve fallen so in love with you. Send money for a plane ticket, and oh, the magic that will happen!”

The military rep: “I’m from the Veterans Administration, and you are entitled, as an ex-soldier, to benefits from this program. I just need to know ...”





# 10 TIPS

# FOR FAMILY CAREGIVERS



Seek support from other caregivers. You are not alone!



Take care of your own health so that you can be strong enough to take care of your loved one.



Accept offers of help and suggest specific things people can do to help you.



Learn how to communicate effectively with doctors.

1

2

3

4



Be open to new technologies that can help you care for your loved one.



Watch out for signs of depression and don't delay getting professional help when you need it.



Caregiving is hard work so take respite breaks often.

7

6

5



Organize medical information so it's up to date and easy to find.



Make sure legal documents are in order.



Give yourself credit for doing the best you can in one of the toughest jobs there is!

8

9

10

CAREGIVER  
ACTION  
NETWORK  
CAN

CaregiverAction.org



# Bulletin Board



We are looking for drivers for our Meals on Wheels routes. Currently we have four routes, each one taking about 3-4 hours to complete. Volunteers deliver meals to Benzie County homebound seniors in our vehicles Monday - Friday. We are flexible; you choose how often you volunteer. Once a month, once a week, every other week, it's up to you! Please call Benzie Senior Resources at (231-525-0600), and let them know you'd like to sign up to deliver meals. Don't drive? No problem! We also need volunteers to help navigate the routes and bring meals to the door. You'll be helping us help our most vulnerable population.

The Benzie Area Alzheimer's Caregivers Support Group meets at 2:00 p.m. on the first Wednesday of each month in the REMEC room at Paul Oliver Memorial Hospital in Frankfort. Friends and family members of those with memory loss, Alzheimer's or other dementia issues are welcome. For information, contact Nancy VanderLinde 231-399-0253 or [vanderlinde1233@gmail.com](mailto:vanderlinde1233@gmail.com) or Jeanette McNinch at POMH, 231-352-9621.

## Needed Volunteers

Kids in school all day? Grandchildren gone for the school year? Bored, bored, bored? Want a position you can put on your résumé? The Benzie Area Historical Society is looking for some key volunteers.

- Volunteer coordinator- people skills needed. Position is to recruit volunteers as docents. 8 hours/ week in April and May; one hour/week in the summer
- Newsletter editor- good language skills and ability to stick to a schedule. 8 hours/week four times/year
- Webmaster- good language and design skills. One hour/ week
- Film Producer – we have a camera person and editor. Person needs understanding of Benzie history and needs to work with interviewees to create a good oral history video.

If any of these look like something you would like to accomplish in your life, please call Misty Sheehan at the Benzie Area Historical Museum 231 882 5539 or email at [info@benziemuseum.org](mailto:info@benziemuseum.org)



It's A PARTY!  
You are cordially invited to join us in welcoming our 2018 Subaru Outback on Friday, November 17th at 1:30 p.m. Help us name our Subie; there is a prize! Drive your Subaru down and we'll take a picture with all the local Subies welcoming ours. Snacks and refreshments will be served. Help us celebrate!



We are making the season extra special by assembling and delivering gift bags to our homebound neighbors. Each bag is filled with a variety of items, such as: calendars, liquid hand soap, travel-size toothpaste, 2-in-1 shampoo/conditioner, cheese crackers/protein bars, crossword/word search puzzles, Kleenex, socks, lotion, shampoo and toilet paper. Please help us gather any of the above items. You can drop them off at either The Gathering Place Senior Center or at the Benzie Senior Resources Administration Office by December 11<sup>th</sup>. Please help us spread some Christmas Cheer!





# Donations

## When You Donate. . . You Make a Difference

Benzie Senior Resources is an independent 501c3 not-for-profit organization that depends upon donations to sustain our programs. We need your support to continue to provide caring and professional services to the seniors of Benzie County and the need is greater than ever as the population over the age of 60 rises and our traditional funding sources diminish. Your support, in any way or amount, helps us continue this important work!

When you make a donation to Benzie Senior Resources, you will be helping provide important services and programs to seniors in our county. Some of these services include Home Delivered Meals Program, Homemaking Services, Senior Center Operations, Educational Programs, Chore Service, Snow Removal and more. There are many other ways to contribute to Benzie Senior Resources, now and in the future, that may fit your interests.

**Tribute Donations:** Tribute gifts of any amount can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

**Planned Giving:** As you prepare your legacy for your family and your community, please consider including Benzie Senior Resources as part of your plans. Please remember us in your estate planning or simply have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

Your tax-deductible donation can and will make a world of difference in the life of an area senior citizen or disabled individual. You can be assured we will continue to be good stewards of your gifts. If you would like to designate your gift to a specific program or in memory of or honor of an individual, please tell us and we will do our best to meet your wishes.

If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102.

### DONOR INFORMATION:

Name: \_\_\_\_\_

*Check here if you wish to remain ANONYMOUS*

Mailing Address: \_\_\_\_\_

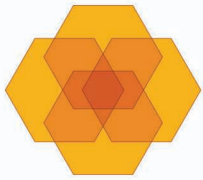
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

**Make Checks Payable To: Benzie Senior Resources**

*Benzie Senior Resources is an independent 501c3 not-for-profit organization. Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S. regulations. Consult your tax or legal advisor for details.*





# BENZIE

## SENIOR RESOURCES

10542 Main Street, Honor, MI 49640

Nonprofit Org.  
U.S. Postage  
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Permit No. #1



Fabulous volunteers  
serving soup at Benzie  
Food Partner's Soup Nite!

It was once again a  
successful fundraising  
event for our friends at  
BFP. Thank you to  
everyone who  
ventured out!



Each year students from  
Benzie Central Schools create  
bowls to be given to people  
as a take home gift from this  
event. Great job kids!