

# March 2017

## THE SENIOR SCOOP



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#### March is....

National Kidney Disease Awareness Month

National Nutrition Month

National Colorectal Cancer Awareness Month

National Peanut Month

National Women's History Month

March is named after Mars, the Roman god of war as it was the month in which the military campaigning season got under way after winter.

In ancient Rome before Julius Caesar's calendar reform, March was the first month of the year.

It was in March 1889 that the Eiffel Tower was officially opened to the public. It was the tallest building in the world for 41 years before being surpassed by the Chrysler Building.

Alexander Graham Bell made the first ever phone call on 10 March 1876. He called his assistant and said "Mr Watson, come here. I want to see you."

It was on 29 March 1886 that Coca-Cola was developed. The original formula included a small amount of cocaine to give the drinker a bit of a buzz.



## DIRECTORY

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Toll Free: 888-893-1102

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## OFFICE HOURS

Monday – Friday:

8:00 a.m. – 4:00 p.m.

## THE SENIOR SCOOP IS A MONTHLY PUBLICATION BROUGHT TO YOU BY

Benzie Senior Resources

10542 Main Street

Honor, MI 49640

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Editor



# THE SENIOR SCOOP

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To provide exceptional services, resources and  
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## From Our Director

Greetings Everyone!

As I write this article for the newsletter, I am amazed at the warmth we are having for this time of year! I hope everyone got a chance to get out recently and enjoy a heavy dose of Vitamin D.

You may have noticed some subtle changes to the front of this newsletter. This is part of the Marketing and Branding of Benzie Senior Resources. We will be rolling out new designs of our logo, tagline, webpage, banners, etc. over the next month. A dedicated committee of staff, community members and board members worked with Brand Tonic putting together our new look. Much of the cost was covered through a grant we were awarded from Rotary Charities of Traverse City. We are very grateful for being awarded this grant.

This March, hundreds of Meals on Wheels programs across the country will reach out to their communities to build the support needed to continue delivering nutritious meals, friendly visits and safety checks to seniors. One of our missions is to deliver nutritious meals, friendly visits, safety checks and smiles to seniors. Our meals are delivered by dedicated, trained volunteer drivers who often bring in the mail, offer special treats for pets and help set-up the meal, if needed. Often, that is all it takes for seniors to live in their own home. Last year we served 43,317 nutritious meals to 236 seniors in Benzie County. Just over 58,000 miles were driven by volunteers in our agency vehicles. Since 2015, the Home Delivered Meals Program has seen a dramatic increase of 32% in the number of meals provided and clients needing them.

As part of our March for Meals events, local restaurants are donating a percentage of their evening proceeds to our Home Delivered Meals Program.

March 8 – Jodie’s Tangled Antlers from 5pm–9pm

March 13–Hungry Tummy from 4pm–9pm

March 15–Papa J’s from 4pm–close

March 21–Dinghy’s Restaurant from 5pm–9pm

March 23–Platte River Inn 5pm–8pm

March 30–Cold Creek Inn from 5pm–9pm

I encourage everyone to come out and visit these superb restaurants on their respective dates in support of our Home Delivered Meals Program.

Another component of March for Meals are *Community Champions* and we have some special folks going out on our routes to visit homebound seniors and deliver a nutritious meal to them. If you are interested in volunteering, please contact us at (231) 525-0600 or stop by.

As always I welcome your ideas, comments or suggestions.

Douglas

### About Meals on Wheels America

Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the country that are dedicated to addressing senior hunger and isolation. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America’s seniors to live nourished lives with independence and dignity. By providing funding, leadership, research, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.



## March Menu

Lunch is served Monday thru Friday at The Gathering Place from 11:30 a.m. -1:00 p.m..

Monday	Tuesday	Wednesday	Thursday	Friday	
		<b>1</b> Ham Dinner Sweet Potato Malibu Blend Hawaiian Rolls Pineapple	<b>2</b> Steakhouse Burger Tater Tots Mixed Vegetables Plum	<b>3</b> Swedish Meatballs Herb Mashed Potatoes Winter Blend Bread Apricots	
	<b>6</b> Deluxe Chicken Sandwich Collard Greens Corn Pear	<b>7</b> Cabbage Rolls Broccoli Pesto Cauliflower Bread Apple	<b>8</b> Beef Stew California Blend Green Peas Biscuits Banana	<b>9</b> Spanish Rice Refried Beans Cinnamon Apples	<b>10</b> Rosemary Garlic Pork Roast Malibu Blend Green Beans Bread Orange
	<b>13</b> Sloppy Joe's Sweet Potato Tots California Blend Apple	<b>14</b> Shepard's Pie Green Peas Carrots Bread Banana	<b>15</b> Smoked Sausage with Kraut Mixed Vegetables Broccoli Bread Pear	<b>16</b> Chicken Tacos Refried Beans Baked Peaches	<b>17</b> Corned Beef and Cabbage Roasted Potatoes Carrots Bread Fruit Cocktail
	<b>20</b> Beef Stir-Fry over Rice Far East Blend Chow Mein Noodles Mandarins	<b>21</b> Salisbury Steak Herb Mashed Potatoes Broccoli Bread Banana	<b>22</b> Hawaiian Chicken Spinach Malibu Blend Hawaiian Rolls Tropical Fruit	<b>23</b> Spaghetti with Meatballs Italian Beans Carrots Garlic Toast Plum	<b>24</b> Slow Roasted Beef Herb Mashed Potatoes California Blend Bread Pineapple
	<b>27</b> Turkey Tetrazzini Broccoli Corn Bread Apricots	<b>28</b> Goulash Green Peas Carrots Bread Peaches	<b>29</b> Southern Style Pork Fritters Herb Mashed Potatoes Spinach Bread Orange	<b>30</b> BBQ Chicken Sweet Potato Tots Cauliflower Bread Apple	<b>31</b> Hot Turkey Sandwich Herb Mashed Potatoes California Blend Bread Cranberry Applesauce





## March Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> <b>National Peanut Butter Cookie Day</b> 10:00 Stay Fit with Doris 11:30 Lunch 12:30 BINGO 	<b>2</b> 10:00 Bible Study 11:30 Lunch 1:00 BUNCO	<b>3</b> <b>National Caregiver Appreciation Day</b> 9:30 BUNCO 10:30 Thompsonville Lunch, Bingo and Music 11:30 Lunch 1:00 Benzie Central Schools Presentation with Matt Olson, Superintendent
	<b>6</b> 10:00 Yoga 11:30 Lunch 12:00 CARDS 	<b>7</b> 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga	<b>8</b> 10:00 Stay Fit with Doris 11:30 Lunch 12:30 BINGO	<b>9</b> <b>Popcorn Lover's Day</b> 8:45 Little River Casino 9:00 Foot Clinic at Administration Office 10:00 Bible Study 11:30 Lunch 1:00 BUNCO
<b>13</b> 10:00 Yoga 11:30 Lunch 12:00 CARDS	<b>14</b> <b>Pi Day</b> 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga	<b>15</b> 9:00 Foot Clinic at Administration Office 10:00 Stay Fit with Doris 11:30 Lunch 12:30 Bingo 4:30 Board of Directors Meeting	<b>16</b> 9:00 Foot Clinic at Administration Office 10:00 Bible Study 11:30 Lunch—Paul Oliver Blood Pressure Clinic and Medication 1:00 BUNCO	<b>17</b> 9:30 BUNCO 11:30 Lunch—St. Patrick's Day 1:00 Wii Bowling 
<b>20</b> <b>First Day of Spring</b> 10:00 Yoga 11:30 Lunch 12:00 CARDS 1:00 Pinterest Craft 	<b>21</b> 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga	<b>22</b> 10:00 Stay Fit with Doris 11:30 Lunch 12:30 BINGO	<b>23</b> <b>National Chip and Dip Day</b> 8:45 Little River Casino 10:00 Bible Study 11:30 Lunch 1:00 BUNCO	<b>24</b> <b>National Chocolate Covered Raisin Day</b> 9:30 BUNCO 11:30 Lunch 1:00 Wii Bowling
<b>27</b> 10:00 Yoga 11:30 Lunch 12:00 CARDS 1:00 Spinning	<b>28</b> 9:00 Essential Estate Planning in Administration Office 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga	<b>29</b> 10:00 Stay Fit with Doris 11:30 Lunch 12:30 BINGO	<b>30</b> 10:00 Bible Study 11:30 Lunch—March Birthday Party 1:00 BUNCO 	<b>31</b> 9:30 BUNCO 11:30 Lunch 1:00 Wii Bowling 6:00 Ol' Time Gathering



## Dawn's Dish

Please remember that The Gathering Place Senior Center is closed when Benzie Central Schools are closed.

I have a little announcement to make. **I have been your Senior Center Coordinator for FIVE years!** Time flies when you are having fun! :-)

March is National Kidney Month. Handouts on Chronic Kidney Disease and Kidney Failure are available at the front desk.

Brain Awareness Week is March 13-19. Watch for handout Brain Health As You Age, as well as some brain teasers to keep you sharp!

Friday, March 3—1:00 p.m. Please help us welcome Matt Olson, Superintendent of Benzie Central Schools. He will be at The Gathering Place after lunch to update you on what's new with Benzie Central Schools. This event is open to the public.

Thursdays, March 9 & 23—Little River Casino Trip. Leave The Gathering Place at 8:45 a.m. and Shop-n-Save at 9:00 a.m. Trip fee \$10. Receive \$20 River Credits & \$5 food voucher. Return by 3pm. Call now to reserve your spot on the bus! 231-525-0601 or toll free at 877-277-1306.

Thursday, March 9—9:00 a.m.—1:00 p.m. Foot Clinic at Benzie Senior Resources Administration Building. Emily Rice, R.N. will take care of those tootsies! Call 231-525-0600 for your appointment. Donations toward this service are always appreciated.

Sunday, March 12—Don't forget! It's Daylight Savings Time. Spring ahead!

Wednesday, March 15—9:00 a.m.—1:00 p.m. Foot Clinic at Benzie Senior Resources Administration Building. Emily Rice, R.N. will take care of those tootsies! Call 231-525-0600 for your appointment. Donations toward this service are always appreciated.

Thursday, March 16—9:00 a.m.—1:00 p.m. Foot Clinic at Benzie Senior Resources Administration Building. Emily Rice, R.N. will take care of those tootsies! Call 231-525-0600 for your appointment. Donations toward this service are always appreciated.

Friday, March 17—St. Patrick's Day lunch. Join us from 11:30 a.m. — 1:00 p.m. for our famous corned beef and cabbage lunch. Wear your green so you don't get pinched! I'll be watching!

Monday, March 20—Pinterest Craft time! We have a guest crafter for this one. Pam Clark, our very own Bingo caller, will be leading this craft beginning at 1:00 p.m. Please sign up at the front desk so we know how many supplies to purchase. You'll be making a decorative pin to wear out of wool. If you have favorite wool fabric bring it.

Thursday, March 30—March Birthday Party during lunch. Cake!

Tuesday, March 28—Essential Estate Planning. 9:00 a.m. to 4:00 p.m. at the Administration Office. Appointments are approximately one hour. This is an opportunity to speak with an experienced estate planning attorney for free to review, update and/or create an estate plan. Schedule an appointment by calling 231-525-0600.

Friday, March 31—O' Time Gathering Please bring a dish to pass. All ages are welcome. No charge to attend and donations are accepted. Music starts at 6:00 p.m. with a potluck dinner at 7:00 p.m.



## Word Search &amp; Birthdays

St Patricks Day Word Search

A Z V O H P  
 I Q Q N A S F B C R D M  
 R H J R K H R M C V N V R L L I V A  
 Q E Z M C M T Q A J A A O U W O H Y  
 E O I A I G V N H F J A M B J C D L O G  
 W M E D R D J L E I U O V C K K F C F Y  
 N S S T T S W H Y E N U S V I D I L T T K Y  
 V D N A L E R I W T P B J T L P A D H C P U  
 C U P W Q P X R T N Q L N O C L N J F P  
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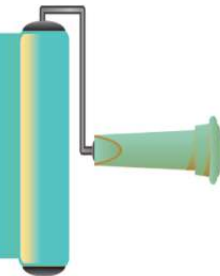
CELEBRATE  
 CELTIC  
 CLOVER  
 COINS  
 EMERALD  
 GOLD  
 GREEN  
 IRELAND  
 IRISH  
 LEPRECHAUN  
 LUCK  
 MAGICAL  
 MARCH  
 PATRICK  
 POTATO  
 RAINBOW  
 SAINT  
 SEVENTEENTH  
 SHAMROCK  
 TRADITION

*Happy Birthday to you!*

Jo Holmes	1	Linda Brown	7	Betty Wortelboer	18	Judith Feiger	27
Miriam Godoshian	2	Carol Poulisse	8	Doris Werth	19	Faye Wurm	27
Tom Maddox	2	Shirley Metternick	8	Greta Steele	19	Donna Sandeck	28
Michael McNamara	3	Joan Lichty	9	Josie Pape	20	Dorothy Cleary	29
Rebecca Ramarize	3	Howard Foust	11	Robert Charters	21	Irene Nugent	29
Marjorie Smeltzer	3	Marilyn Cook	12	Delwyn Sneller	21	Paul Glaser	30
John Bailey	3	Esther Schroeder	12	Ricky Hilliard	21	Kathy Huffman	30
Marla Dykstra	3	Bonnie Barnes	13	Toby Tull	22	Dale Janusch	30
Dolores Hughes	4	Isabelle Knapp	13	Derry Williams	23	Wes Fleet	31
Robert McCall	5	Don McCash	13	Joan Frederick	24	Ron Fleminger	31
Arthur Ellsworth	5	Erna Lentz	14	John Tobin	24	Bonnie Harris	31
Setsuko Pelky	5	John Noecker	15	Nancy Vanderlinde	24	Roger Hawkins	31
John Ryan	5	Doris Zaleski	15	Carolyn Bailey	24	Richard Heniser	31
Rita Strasser	5	Robert Nilsson	16	Becky Miller	25		
Yvonne Banks	5	Patricia Tolar	17	Lyle Crist	25		
Pam Clark	6	Violet Labadie	17	Avonda Dobson	25		
Maxine Taylor	6	Kathy Bacon	17	Richard Ritter	26		
				Teresa Stockman	26		
				Milford Goheen	6		
				Al Komoll	26		
				Jon Mead	27		



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## Consumer Alert

### Telemarketing Fraud - Never Give Personal Information to Unknown Callers

#### Phone and Telemarketing Fraud

Marketing goods or services to potential customers over the telephone is called telemarketing. When you pick up the phone and hear a recorded message instead of a live person, that's a robocall.

Increasingly, telemarketing is being done with intrusive robocalls.

Because many reputable companies use telemarketing to conduct business with live callers and robocalls, criminals often effectively use this method of direct marketing to solicit victims' credit card information or identity and then steal from them. These scams regularly top the list of complaints reported to the Michigan Attorney General Consumer Protection Division.

#### Scams with a familiar ring

Phone and telemarketing scams are prevalent because victims often find it difficult to distinguish between reputable telemarketers and scam artists. But like all scams, regardless of what they are selling, the fraudsters rely on common, time-honored tactics to get payment or a victim's personal information. Traditional scam warning signs include:

- Pressure to act immediately or to keep the contact a secret;
- Claims to be a legitimate contact with believable information; and/or
- Requires an immediate, non-traceable form of payment or personal information.

If a caller pressures you to: act now, using "today only" language; tells you to keep the contact a secret; or attempts to frighten you into action, then it's a sure sign that the call is a scam. Likewise, if a caller claims to be from the government or law enforcement seeking money or personal information, or is calling to "fix a problem" with your account, computer, or government benefits, then this, too, is a scam warning sign.

Legitimate-looking caller identification information is another tactic scammers use to trick you. Technology makes it possible for scammers to spoof or fake your Caller ID to make it look like an incoming call is from a trusted source. Don't be fooled. If the caller asks for your personal information or demands payment from a non-traceable cash system, hang up, because this is a scam.

#### New FTC rules help you spot a phone or telemarketing scam

The Federal Trade Commission (FTC) recently (Summer 2016), made it illegal for telemarketers to ask you to pay with any of the following three methods:

- Cash-to-cash money transfers like those from MoneyGram and Western Union;
- PINS from cash reload cards like MoneyPak and Vanilla Reload; and
- "Remotely created checks" or "remotely created payment orders" using your bank account information.

If a telemarketer asks you to use any of these payment methods, then the call is a scam and you should hang up and report it to the FTC.





## Consumer Alert Continued...

Placing your number on the Do Not Call Registry will help reduce the number of robocalls you receive, but it will not eliminate all of them. Companies trying to scam you don't care about following the law; thus, they won't bother to screen for numbers on the Do Not Call Registry. If your phone does ring, here are a few ways to help you avoid falling victim to a scam.

**BEFORE** you answer the phone, ask:

- Do I recognize the caller or the phone number? Don't know it? Don't answer.
- Am I on the DO NOT CALL LIST? If so, and this is not a charity, survey, or a political call, then the caller is breaking the law.
- Do I want more unsolicited phone calls? Every time you answer an unsolicited call, you verify your working number, which can result in more calls.

If you answer the phone:

- It is OK to hang up.
- NEVER give out personal information like your name, address, birthdate, and social security or account numbers.

What to do if you fall victim to phone or telemarketing fraud:

If you mistakenly provide bank account information to a suspicious caller immediately:

- Call your bank and ask to block unauthorized withdrawals. Follow up your call with a visit to the bank and written notice of the incident and your request.
- If the money has already been withdrawn, immediately ask the bank to credit your account because the debit was not authorized.

Check your bank statements to make sure there are no unauthorized payments. Report any unauthorized payments to the bank and close the account to avoid any further unauthorized withdrawals.

If you provide personal information to someone, place an initial fraud alert on your credit report for at least 90 days. When you do this, you are entitled to one free credit report from each of the three nationwide consumer reporting companies. Free annual reports are available by calling toll free 877-322-8228.

For general consumer questions or to file a complaint, call the Attorney General's Consumer Protection Division at 517-373-1140, Toll free: 877-765-8388

To reduce the number of unsolicited telemarketer calls ringing on your phone, put your number on the FTC's Do Not Call Registry. You can register by toll free 888-382-1222; TTY 866-290-4236 from the phone number you want to put on the registry or online.





## March for Meals



It's so easy!

You go out to eat and we get a donation for our Home Delivered Meals Program.

Win! Win!

March 8 – Jodie's Tangled Antlers from 5pm – 9pm

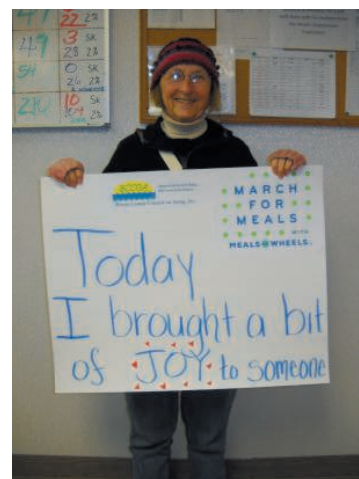
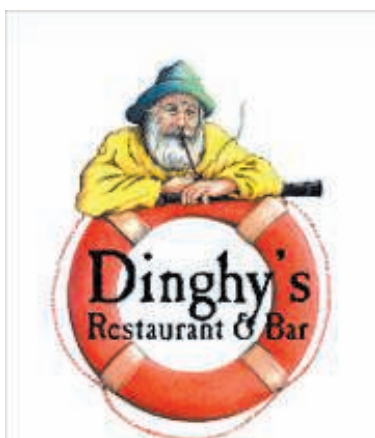
March 13—Hungry Tummy from 4pm—9pm

March 15—Papa J's from 4pm — close

March 21—Dinghy's Restaurant from 5pm--9pm

March 23—Platte River Inn 5pm—8pm

March 30—Cold Creek Inn from 5pm—9pm





## Recipes



## Irish Stew

### Ingredients

- 1/3 cup plus 1 tablespoon all-purpose flour, divided
- 1-1/2 pounds lamb stew meat, cut into 1-inch cubes
- 3 tablespoons olive oil, divided
- 3 medium onions, chopped
- 3 garlic cloves, minced
- 4 cups reduced-sodium beef broth
- 2 medium potatoes, peeled and cubed
- 4 medium carrots, cut into 1-inch pieces
- 1 cup frozen peas
- 1 teaspoon salt
- 1 teaspoon dried thyme
- 1/2 teaspoon pepper
- 1/2 teaspoon Worcestershire sauce
- 2 tablespoons water

### Directions

1. Place 1/3 cup flour in a large resealable plastic bag. Add lamb, a few pieces at a time, and shake to coat.
2. In a Dutch oven, brown lamb in batches in 2 tablespoons oil. Remove and set aside. In the same pan, saute onions in remaining oil until tender. Add garlic; cook 1 minute longer.
3. Add broth, stirring to loosen browned bits from pan. Return lamb to the pan. Bring to a boil. Reduce heat; cover and simmer for 1 hour or until meat is tender.
4. Add potatoes and carrots; cover and cook for 20 minutes. Stir in peas; cook 5-10 minutes longer or until vegetables are tender.
5. Add seasonings and Worcestershire sauce. Combine remaining flour with water until smooth; stir into stew. Bring to a boil; cook and stir for 2 minutes or until thickened. **Yield:** 8 servings (2-1/2 quarts).

## Amazingly Easy Irish Soda Bread

### Ingredients

- 4 cups all-purpose flour
- 4 tablespoons white sugar
- 1 teaspoon baking soda
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 1/2 cup margarine, softened
- 1 cup buttermilk
- 1 egg
- 1/4 cup butter, melted
- 1/4 cup buttermilk



### Directions

1. Preheat oven to 375 degrees F. Lightly grease a large baking sheet.
2. In a large bowl, mix together flour, sugar, baking soda, baking powder, salt and margarine. Stir in 1 cup of buttermilk and egg. Turn dough out onto a lightly floured surface and knead slightly. Form dough into a round and place on prepared baking sheet. In a small bowl, combine melted butter with 1/4 cup buttermilk; brush loaf with this mixture. Use a sharp knife to cut an 'X' into the top of the loaf.
3. Bake in preheated oven until a toothpick inserted into the center of the loaf comes out clean, 45 to 50 minutes. Check for doneness after 30 minutes. You may continue to brush the loaf with the butter mixture while it bakes.





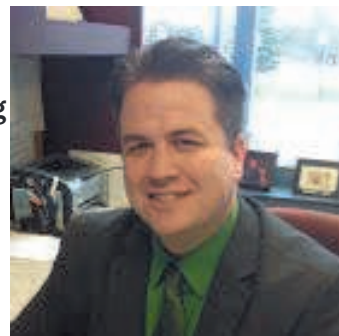
## Bulletin Board



Did you get your taxes done yet? It's not too late. We are still offering **FREE** income tax preparation. This service is provided by volunteers from Northwest Michigan Community Action Agency. Call our office at 231-525-0600 to schedule your appointment.

### BENZIE SUPERINTENDENT TO SPEAK AT THE GATHERING PLACE

Friday, March 3rd at 1:00 p.m. we'll welcome Matt Olson, Superintendent of Benzie Central Schools. Mr. Olson will be at The Gathering Place immediately after lunch to update you on the latest with Benzie Central Schools.



"Benzie Central Schools has a proud history and a strong foundation of support within the communities that make up our large geographic region. When one looks at "Benzie by the Numbers", we stack up very well regionally and beyond in terms of our academic achievement and our programs and offerings for our students and family.

Of course, Benzie Central also has our challenges. School funding is an ongoing challenge and there are issues looming that must be addressed regarding many basic operational needs including our aging and deteriorating infrastructure. With our sheer geographic size, we have unique challenges that many other districts don't have.

We embrace these challenges and seek to grow through adversity. We at Benzie Central believe we must honor our past and embrace our future. Please come and hear about where we are right now and help us shape the conversation about where we are going!"

Please share with family and friends. All are welcome and encouraged to attend.



Remember our fabulous patio last year? Would you like to help us spritz it up this year? We need:

- Hands. Lots of hands to plant our garden. There are two raised garden beds so if getting down on your knees in the dirt won't work you can still help.
- Flower/ plant donations.
- Donations toward updating our patio furniture. Our current furniture, which was generously donated by Labadie's years ago, is in need of an upgrade. Please call Dawn if you can help with any of these needs. 231.525.0601.





## Donations

### When You Donate. . . You Make a Difference

Benzie Senior Resources is an independent 501c3 not-for-profit organization that depends upon donations to sustain our programs. We need your support to continue to provide caring and professional services to the seniors of Benzie County and the need is greater than ever as the population over the age of 60 rises and our traditional funding sources diminish. Your support, in any way or amount, helps us continue this important work!

When you make a donation to Benzie Senior Resources, you will be helping provide important services and programs to seniors in our county. Some of these services include Home Delivered Meals Program, Homemaking Services, Senior Center Operations, Educational Programs, Chore Service, Snow Removal and more. There are many other ways to contribute to Benzie Senior Resources, now and in the future, that may fit your interests.

**Tribute Donations:** Tribute gifts of any amount can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

**Planned Giving:** As you prepare your legacy for your family and your community, please consider including Benzie Senior Resources as part of your plans. Please remember us in your estate planning or simply have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

Your tax-deductible donation can and will make a world of difference in the life of an area senior citizen or disabled individual. You can be assured we will continue to be good stewards of your gifts. If you would like to designate your gift to a specific program or in memory of or honor of an individual, please tell us and we will do our best to meet your wishes.

If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102.

#### DONOR INFORMATION:

Name: \_\_\_\_\_

*Check here if you wish to remain ANONYMOUS*

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

Make Checks Payable To: Benzie Senior Resources

*Benzie Senior Resources is an independent 501c3 not-for-profit organization. Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S. regulations. Consult your tax or legal advisor for details.*



*Providing exceptional services,  
resources and trusted care to support  
Benzie seniors.*



**Benzie Senior Resources**  
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