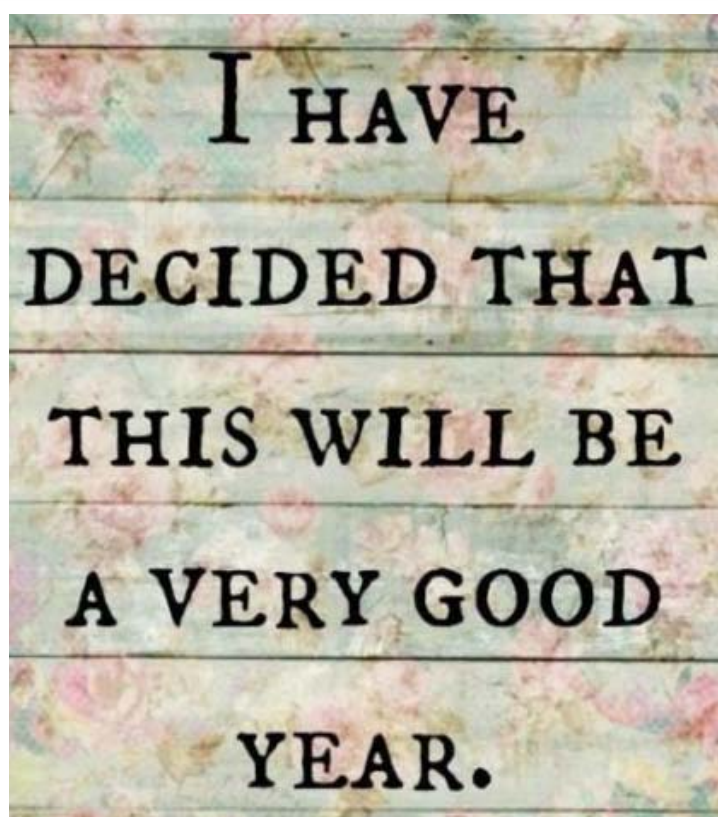




January 2018

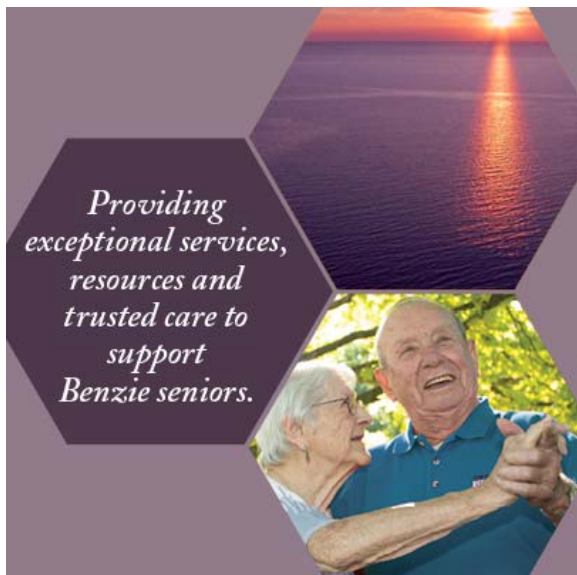
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January is:  
Cervical Health Awareness Month  
National Glaucoma Awareness Month  
Thyroid Awareness Month  
Hot Tea Month  
National Soup Month  
National Oatmeal Month





## BOARD OF DIRECTORS BENZIE SENIOR RESOURCES

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*Benzie Senior Resources is funded by Benzie County residents through a property tax millage, federal and state funds through the Aging & Adult Services Agency, Area Agency on Aging of Northwest Michigan and private donations and grants from GT Band of Ottawa and Chippewa Indians 2% Allocation; Delta Dental Foundation, GT Regional Community Foundation, Rotary Charities of Traverse City & Benzie County Community Chest.*

*Benzie Senior Resources will not discriminate against any individual or group because of race, sex, religion, age, national origin, marital status, disability, or political beliefs.*

### DIRECTORY

Phone: 231-525-0600 or

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Email: [info@BenzieSeniorResources.org](mailto:info@BenzieSeniorResources.org)

Website:

[www.BenzieSeniorResources.org](http://www.BenzieSeniorResources.org)

facebook: [@benzieseniorresources.org](https://www.facebook.com/benzieseniorresources.org)

### OFFICE HOURS

Monday – Friday:

8:00 a.m. – 4:00 p.m.

## THE SENIOR SCOOP IS A MONTHLY PUBLICATION BROUGHT TO YOU BY:

**Benzie Senior Resources**  
10542 Main Street  
Honor, MI 49640

**Douglas Durand, Executive Director**

**Dawn Bousamra, Editor**

## NEWSLETTER SUBSCRIPTION FORM

NAME \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/ST/ZIP \_\_\_\_\_ DATE \_\_\_\_\_

EMAIL \_\_\_\_\_

If you would like a copy of this newsletter mailed to your home OR emailed to you each month, please mail this form to the Benzie Senior Resources office, 10542 Main St, Honor, MI 49640. For annual mailing the subscription fee is \$10.00 which helps to cover printing and mailing costs. Subscription expiration dates are listed on the bottom of the mailing label. You can also find this newsletter on our website at [www.benzieseniorresources.org](http://www.benzieseniorresources.org) under the NEWS tab.



# From Our Director

Happy New Year!

I hope everyone had a wonderful Christmas! I especially enjoyed watching our newest grandson attempt to open his gifts (He is 10 months old). At one point he did what was sensible to him— ripped into the wrapping paper with his four front teeth!

I know it's cliché to say "I can't believe the year has gone by!" But it is so true. Where did 2017 go? Besides celebrating our 1<sup>st</sup> Anniversary as Benzie Senior Resources, the agency reached many new achievements. We...

- Delivered 50,580 meals to homebound clients; an increase of 17% over 2016
- Served 25,489 meals at The Gathering Place Senior Center; an increase of 1.5% over 2016
- Provided 4,262 service hours through the Homemaker Program; an increase of 15% over 2016
- Provided 17,436 bus rides to seniors through Benzie Bus; an increase of 16% over 2016
- Increased the number of clients receiving Personal Care, RN visits/Medication Management and Respite Care by 52% during 2017
- Increased the number of clients receiving Snow Removal services by 16% over 2016
- Increased the number of folks participating in activities at The Gathering Place Senior Center by 26% over 2016
- Increased the number of clients receiving Lawn Chore services by 50% over 2016
- Assisted 200 individuals with Medicare and Medicaid services, saving them over \$49,000 in out-of-pocket expenses
- Doubled, each month, the number of individuals receiving foot care through our foot clinics

## Other Key Accomplishments:

- ▶ Collaborated with Benzie Area Christian Neighbors (BACN) to establish a pilot project called **Senior Food Box Program**. Ten households were identified as at-risk for senior food insecurity in congruence with a lack of transportation and/or chronic health issues. BACN provides shelf-stable, senior-friendly food items for food insecure senior households. These Senior Food Boxes are delivered by Benzie Senior Resources twice per month.
- ▶ Purchased, for delivering meals, a gently used 2014 Dodge Grand Caravan replacing the 2006 Chrysler Town & Country (It had over 264,000 miles on it!). The Grand Caravan was purchased with a grant from the Grand Traverse Band of Ottawa and Chippewa Indians 2% Funds and designated donation dollars.
- ▶ Received \$85,220 in grants which helped fund: the Senior Essential Needs Fund, Marketing/Branding materials for Benzie Senior Resources, CENA training for staff, Senior Dental Program Vouchers, outreach education, meal delivery vehicle purchase, update technology, office renovations, financial assistance in our sliding scale fee program for in-home services and an all staff/volunteer in-service training.
- ▶ In August 2017, it was announced that we would be awarded a 2018 Subaru Outback to establish the new Route Five for Meals on Wheels. This generous award came from Subaru of America in their campaign of 50 Cars for 50 Years, along with a collaboration with Meals on Wheels America.
- ▶ Successful voter approval of the Benzie County Commission on Aging Senior Millage with an increase from .66 mills to .85 mills.
- ▶ The Annual Walk-A-Thon Fundraiser had an increase in number of walkers/bikers.
- ▶ Joined the Grand Traverse Region Oral Health Coalition.
- ▶ Increased our volunteer base resulting in 13,112 hours donated by our volunteers.

2017 left a positive mark on Benzie County seniors & Benzie Senior Resources staff and volunteers!





## From our Director continued...

The week of December 18<sup>th</sup>, we delivered 200 gift bags that volunteers Judy Fast, Lynn Vanderplow and Cindy Boyd carefully stuffed with all sorts of goodies! We couldn't put together 200 gift bags without help from our community. Many individuals helped contribute items to these gift bags. This year we had help from Trinity Lutheran Church, Blaine Christian Church, Frankfort United Methodist Church, St. Andrews Presbyterian Church, First Congregational Church of Frankfort, First Congregational United Church of Christ in Benzonia and Elberta United Methodist Church. A special thank you to Peggy Parks who made dozens of plastic canvas tissue boxes and David and Kim Main for the goodies placed in the coffee cups. And last but not least, to the children from Trinity Lutheran Youth Group and Silver Lake Elementary school for their precious artwork on each of the bags. New this year, customers from Shop-n-Save and Honor Market generously purchased items from a list that was handed to them as they entered the stores. The support from these wonderful folks was remarkable and we greatly appreciate it.

The many smiles, tears and thanks from the recipients of these Christmas Bags is what the spirit of Christmas is all about!

Are you thinking about your New Year's Resolution? Most likely it includes taking better care of yourself through exercise, nutrition or maybe increasing some brain power! May I offer a suggestion? How about volunteering? It could be the perfect New Year's Resolution! It offers great outcomes for YOU! Volunteering has countless benefits to the community and also to the health and happiness of individuals who commit to it. One of the many benefits of volunteering is creating new connections within your community. It presents opportunities to meet new friends and strengthen relationships between those who volunteer together. Our bonds grow as we work together toward a common goal. Also, volunteering helps lessen depression and increases self-confidence. It makes a healthier you—both physically and mentally. Volunteering can be as little as one hour a month or ten hours a week. It's a fun and easy way to nurture your interests and passions.

Here at Benzie Senior Resources, we couldn't function without our dedicated group of volunteers.

If you are looking for ways to remain active and healthy, please visit our agency for more details on how you can make a difference.

Have a Happy and Healthy New Year!

Take care,

Douglas

***If Benzie Central Schools are closed due to bad weather, there will be no meal deliveries & The Gathering Place will be closed. This is for safety!***

### Welcome to the Neighborhood!

Lisa & Ed Faeth took over Crystal Café in Benzonia on October 13<sup>th</sup>. They've lived in Copemish for a few years & are making the café their own. Lisa is from South Carolina & Ed is from Pinckney, Michigan.

The café's hours are now 6:00 a.m. to 8 p.m. daily. They're serving dinners, but you can have breakfast all day. There's a fish dinner special on Fridays & they plan to have family entrees available for take-out and delivery. They've added café baked goods. You should try their crème-centered muffins and whoopie pies! They're amazing!



**Saturday January 13<sup>th</sup> they plan a Grand Opening celebration with special menu selections to try.** As a participant in our senior dining out voucher program we wish them the best in their new beginning in our community!



# January Menu

Lunch is served Monday thru Friday at The Gathering Place from 11:30 a.m. — 1:00 p.m.

\*Menu is subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 	<b>2</b>	<b>3</b> Pulled BBQ Sandwich Baked Beans Broccoli Applesauce	<b>4</b> Chicken Parmesan Corn Italian Blend Garlic Toast Pear	<b>5</b> Hot Beef Sandwich Herb Mashed Potatoes Green Peas Pineapple
<b>8</b> Sweet Potato Encrusted Pollock Normandy Blend Corn Bread Tropical Fruit	<b>9</b> Pork Chops Stuffing California Blend Bread Apricots	<b>10</b> Chicken Tenders Baked Potato Spinach Bread Banana	<b>11</b> Swedish Meatballs Parmesan Garlic Mashed Potatoes Broccoli Bread Plum	<b>12</b> Rosemary Garlic Pork Roast Sweet Potato Malibu Blend Bread Mandarins
<b>15</b>  No Meal Delivery	<b>16</b> Salisbury Steak Herb Mashed Potatoes Green Peas Bread Banana	<b>17</b> Chicken Stir-fry over Rice Far East Blend Chow Mein Noodles Fortune Cookie Mandarins	<b>18</b> Stuffed Peppers Corn Bread Cinnamon Apples	<b>19</b> Slow Roasted Beef Herb Mashed Potatoes California Blend Bread Pear
<b>22</b> Creole Chicken over Pasta Green Beans Cauliflower Breadsticks Pear	<b>23</b> Shepard's Pie Green Peas Carrots Bread Banana	<b>24</b> Salmon Patties Normandy Blend Spinach Bread Coleslaw	<b>25</b> Steak Fajitas Refried Beans Baked Pears	<b>26</b> Baked Chicken Herb Mashed Potatoes Malibu Blend Bread Apricots
<b>29</b> Smoked Sausage with Kraut Mixed Vegetables Bread Tropical Fruit Potato Salad	<b>30</b> Citrus Chicken over Rice California Blend Green Peas Bread Banana	<b>31</b> Beef Stroganoff Broccoli Cauliflower Bread Pear		

# January Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>3</b> 9:00 Foot Clinic at the Admin. Office—By Appointment only 10:00 Stay Fit w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN	<b>4</b> National Spaghetti Day 9:00 Hearing Clinic at Admin. Office—By Appointment only 10:00 Bible Study 11:30 Lunch 1:00 BUNCO	<b>5</b> 9:30 BUNCO 10:30 Thompsonville Lunch, Bingo and Music 11:30 Lunch 1:00 Wii Bowling 1:00 Tech Support
	<b>8</b> 10:00 Yoga 11:30 Lunch—The Maples Blood Pressure Check 12:00 CARDS	<b>9</b> 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga	<b>10</b> 9:00 Foot Clinic at the Admin. Office—By Appointment only 9:30 State Theater Trip 10:00 Stay Fit w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN	<b>11</b> 8:45 Little River Casino 10:00 Bible Study 11:30 Lunch 1:00 BUNCO
<b>15</b>  No Meal Delivery	<b>16</b> 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga	<b>17</b> 9:00 Foot Clinic at the Admin. Office—By Appointment only 10:00 Stay Fit w/Doris 11:30 Lunch 12:30 Bingo 1:15 PLARN 4:30 Board of Directors Meeting	<b>18</b> 10:00 Bible Study 11:30 Lunch—Munson Paul Oliver Blood Pressure/ Med Check 1:00 BUNCO	<b>19</b> National Popcorn Day 9:30 BUNCO 11:30 Lunch 1:00 Wii Bowling 1:00 Tech Support
<b>22</b> 10:00 Yoga 11:30 Lunch 12:00 CARDS	<b>23</b> National Pie Day 9:00 Estate Planning at Admin. Office—By Appointment only 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga	<b>24</b> 9:00 Foot Clinic at the Admin. Office—By Appointment only 10:00 Stay Fit w/Doris 11:30 Lunch 12:30 BINGO 1:15 PLARN	<b>25</b> 8:45 Little River Casino 10:00 Bible Study 11:30 Lunch 1:00 BUNCO	<b>26</b> 9:30 BUNCO 11:30 Lunch 1:00 Wii Bowling 1:00 Tech Support 6:00 'Ol Time Gathering
<b>29</b> National Puzzle Day 10:00 Yoga 11:30 Lunch 12:00 CARDS 1:00 Puzzles	<b>30</b> 10:30 Music by The Melody Makers 11:30 Lunch 3:30 Chair Yoga	<b>31</b> 9:00 Foot Clinic at the Admin. Office—By Appointment only 10:00 Stay Fit w/Doris 11:30 Lunch 12:30 BINGO 1:15 PLARN		





# Dawn's Dish

Please note: We are closed Monday, January 1<sup>st</sup>, Tuesday, January 2<sup>nd</sup> and Monday, January 15<sup>th</sup>.

Please remember, if Benzie Central Schools are closed due to inclement weather so is The Gathering Place.

Fridays, January 5, 12, 19 & 26—Tech Support. Every Friday at 1:00 p.m. we have Tech Support to help you navigate the tech world. Please call in advance to schedule your appointment with Robert. 15 and 30 minute appointments are available. If you have your own device, please bring it.

Wednesdays, January 3, 10, 17, 24 & 31—Foot Clinics at the Benzie Senior Resources Administration Office. Emily Rice, R.N. will take care of those tootsies! Call 231-525-0600 for your appointment. While we don't charge a fee, we'd really appreciate donations toward this service by those who use it.

Wednesdays, January 3, 10, 17, 24 & 31—1:15 p.m. PLARN. Crochet plastic mats to donate for the homeless. For more information, please call Dawn at 231-525-0601. No experience is necessary.

Wednesday, January 10—9:30 a.m. State Theater Trip. Time to head back to the State Theater for a good ol' fashioned matinee. We'll see The Miracle of Morgan's Creek. It's only 25 cents! Nervous about driving in the winter? No worries! We'll drive you, drop you off at the door and get you back safe and sound. Trip fee is \$5 plus the cost of your treats and lunch. Speaking of lunch, we'll head over to The Grand Traverse Pie Company after the movie to eat lunch.

Thursdays, January 11 & 25—Little River Casino Trip. Leave The Gathering Place at 8:45 a.m. and Shop-n-Save at 9:00 a.m. Trip fee \$10. There is a slight change to the package. You will still receive a \$5 food voucher but now guests have to earn 10 points on their card before earning the \$20 in river credits. The credits will download automatically on their card. Return by 3:00 p.m. Call now to reserve your spot on the bus! 231-525-0601 or toll free at 877-277-1306.

Friday, January 19—National Popcorn Day! We'll have some free cheesy, caramel and regular popcorn to munch on through the day.

Friday, January 26—Ol' Time Gathering party. Please bring a dish to pass. All ages are welcome. No charge to attend and donations are accepted. Music starts at 6:00 p.m. with a potluck dinner at 7:00 p.m.

Monday, January 29—National Puzzle Day! Help me finish a puzzle!



# Bamboozables!

## Puzzle 5 Bamboozables!

A bamboozable is a saying/phrase that is made up of a display of words in an interesting way. The object is to figure out the well-known saying, person, place or thing that each Bamboozable is meant to represent. (Answers are on page 11.).

1 history history history	2 R g rose e i n	3 MEREPEAT	4 _____ read _____
5 Arrest You're	6 Me Me a l Me a l Meal	7 E more more more more	8 wonalicederland
9 me right	10 stefrankin	11 chimadena	12 settle
13 millio1n	14 d r d e v i e v i d d e v i e v i	15 land time	16 min'l'l bethereute
17 R R a a i l l	18 scope	19 ban ana	20 o_er_t_o_
21 e t a d	22 Meal Λ	23 issue issue issue issue issue issue issue issue issue issue	24 XQQQME
25 time time	26 FLUBADENCE	27 1 Knows	28 BIG BIG ignore ignore
29 BIRD	30 chair	31 ICE <sup>3</sup>	32 lang4uage
33 VA DERS	34 9S2A5F4E1T8Y6	35 ____it	36 chawhowhorge
37 RIGHT RIGHT	38 TULIPS <i>tiptoe</i>	39 \$0 all all all all	40 knee light light





# Social Security

## Ex-Spouse Benefits and How They Affect You

By Bob Simpson

Social Security District Manager in Traverse City

Just like during tax season, it's good to have all the information you need early so you can prepare and get any money you are due.

If you are age 62, unmarried, and divorced from someone entitled to Social Security retirement or disability benefits, you may be eligible to receive benefits based on his or her record. To be eligible, you must have been married to your ex-spouse for 10 years or more. If you have since remarried, you can't collect benefits on your former spouse's record unless your later marriage ended by annulment, divorce, or death. Also, if you're entitled to benefits on your own record, your benefit amount must be less than you would receive based on your ex-spouse's work. In other words, we'll pay the higher of the two benefits for which you're eligible, but not both.

You can apply for benefits on your former spouse's record even if he or she hasn't retired, as long as you divorced at least two years before applying. If, however, you decide to wait until full retirement age to apply as a divorced spouse, your benefit will be equal to half of your ex-spouse's full retirement amount or disability benefit. The same rules apply for a deceased former spouse.

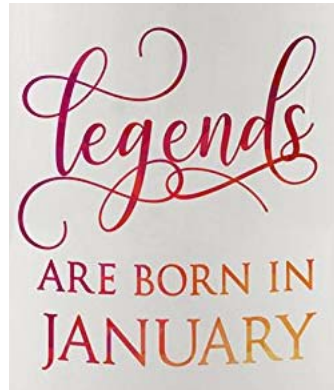
The amount of benefits you get has no effect on the benefits of your ex-spouse and his or her current spouse. Visit *Retirement Planner: If You Are Divorced* at [www.socialsecurity.gov/planners/retire/divspouse.html](http://www.socialsecurity.gov/planners/retire/divspouse.html) to find all the eligibility requirements you must meet to apply as a divorced spouse. Our benefits planner gives you an idea of your monthly benefit amount. If your ex-spouse died after you divorced, you may still qualify for widow's benefits. You'll find information about that in a note at the bottom of the website.

Visit [www.socialsecurity.gov/planners/retire/divspouse.html](http://www.socialsecurity.gov/planners/retire/divspouse.html) today to learn whether you're eligible for benefits on your ex-spouse's record. That could mean a considerable amount of monthly income. What you learn may bring a smile to your face ... even on tax day!



# January Birthdays/ Recipes

Charles Holtrey	2	Colin Bohash	8	Sue Ellen Westcott	13	Tom Bishop	23
Max Kracht	2	Shirley Henning	8	Lorie Richmann	14	Janet O'Brien	23
Sheryl Bradley	3	Mary Lou Kuerth	8	Sharon Francik	15	John Raz	24
Linda Hammond	3	Kathy Engelbertson	9	Marty Marsden	15	Ken Moore	25
Charles Mendrea	3	Lee Howard	9	Esther VanHammen	15	David Sorenson	25
Ardith Salter	3	Kenny Rodgers	9	Karyle Howard	17	Richard Lutz	27
Ed Bianco	4	Grace Ronkaitis	10	Gordon Danke	18	Leslie Putney	27
Bonny Kerby	4	Beverly Wenger	10	Marshall Sauer	18	Dorothy Witzke	27
Bill Lyons	4	Bud Middleton	11	Denise Holmquist	19	James Foster	28
Ross O'Brien	4	Beverly Poyno	11	Robert Klepac	20	Ruth Seltzer	29
Jim Petteys	5	Judy Fast	12	Catherine Bishop	21	Jeffie Lynch-Jones	30
Bud Cleghorn	6	Rosemarie Knudson	12	Christine Danks	21	Steve Pell	30
Shirley Kerr	6	Ann Phillips	12	Dianne LaRocque	21	Anita Valenti	30
Jerry Pelky	6	Mary Roeters	12	Al Hyams	22	Marie Lovendusky	31
Maris Ziemelis	6	Gail Sampier	12	Betty Milliron	22	Jim Mallison	31
Theresa Bodus	8	Vickie Vanderlinde	12	George Payne	22		



From the "Family Secrets" cookbook by the former Harbor View Senior Center in Frankfort. Published in 1984! This was gifted to me to share with you. If you'd like to look through it, please stop by my office. ~ Dawn

## Savory Salmon Loaf

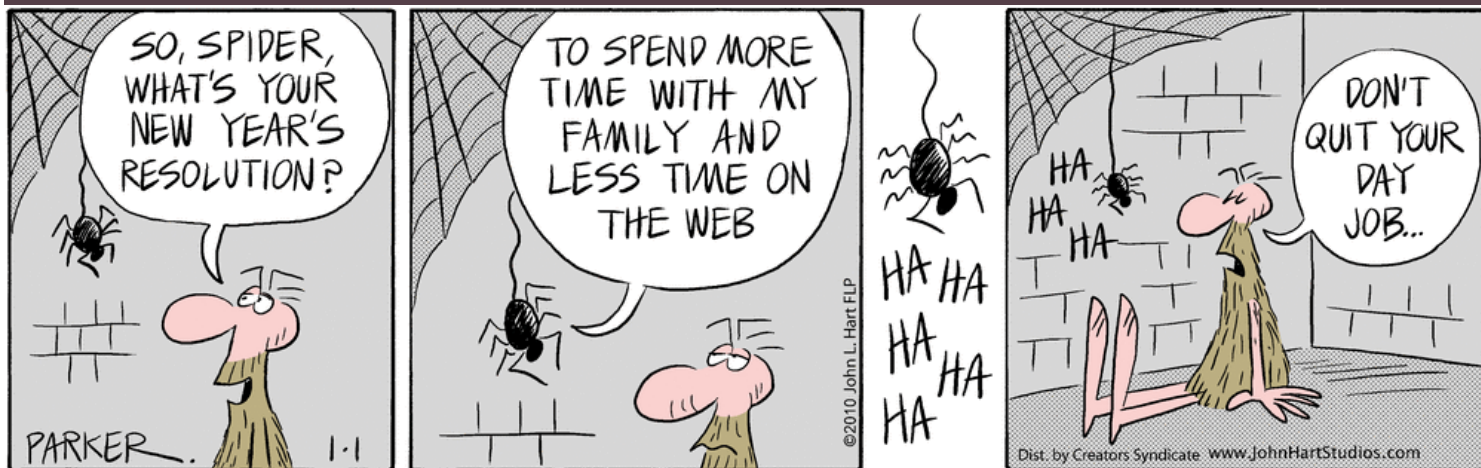
1/4 c. bread crumbs  
2 eggs, slightly beaten  
1 (1lb) can red salmon  
2 tsp. chopped parsley  
1 tsp. lemon juice  
1/2 tsp. salt  
1/2 tsp. sage  
2 tsp. chopped onion  
1 Tbsp. melted butter

Combine ingredients; pack firmly into a buttered loaf pan and bake in oven for 30-40 minutes. Garnish with hard-boiled eggs and sliced pickles. Serves 6.



Great way to get your omega 3's!





## Answers to Bamboozable from page 8.

### Puzzle 5

#### Solution

- |                           |                                    |                               |
|---------------------------|------------------------------------|-------------------------------|
| 1) History repeats itself | 15) The Land Before Time           | 29) Big Bird                  |
| 2) Ring around the rosie  | 16) I'll be there in a minute      | 30) High chair                |
| 3) Repeat after me        | 17) Rail crossing                  | 31) Ice cube                  |
| 4) Read between the lines | 18) Microscope                     | 32) Foreign language          |
| 5) You're under arrest    | 19) Banana split                   | 33) Space Invaders            |
| 6) Square meal            | 20) Painless operation             | 34) Safety in numbers         |
| 7) Ready for more         | 21) Update                         | 35) Blanket                   |
| 8) Alice in Wonderland    | 22) Well balanced meal             | 36) Who's in charge           |
| 9) Right beside me        | 23) Tennis shoe (10 issue)         | 37) Equal rights              |
| 10) Frankenstein          | 24) Excuse me                      | 38) Tiptoe through the tulips |
| 11) Made in China         | 25) Time after time or double time | 39) Free for (4) all          |
| 12) Settle down           | 26) Bad influence                  | 40) Neon lights               |
| 13) One in a million      | 27) Won by a nose                  |                               |
| 14) Four wheel drive      | 28) Too big to ignore              |                               |



# Bulletin Board

We are looking for drivers for our Meals on Wheels routes. Volunteers deliver meals to Benzie County homebound seniors in our vehicles Monday - Friday. We are flexible; you choose how often you volunteer. Once a month, once a week, every other week—it's up to you! Please call Benzie Senior Resources at (231-525-0600), and let them know you'd like to sign up to deliver meals. Don't drive? No problem! We need volunteers to help navigate the routes and bring meals to the door. You'll be helping us help our most vulnerable population.



A humongous THANK YOU to Jake Cline for volunteering to paint The Gathering Place! Yes, you read that right. He VOLUNTEERED to paint our entire senior center. It looks so much better with a fresh coat of paint! Next...new tablecloths.

The Benzie Area Alzheimer's Caregivers Support Group meets at 2:00 p.m. on the first Wednesday of each month in the REMEC room at Paul Oliver Memorial Hospital in Frankfort.

Friends and family members of those with memory loss, Alzheimer's or other dementia issues are welcome.

For information, contact Nancy VanderLinde 231-399-0253 or [vanderlinde1233@gmail.com](mailto:vanderlinde1233@gmail.com) or

## Civil War

*By Maureen Esther, HistoryTeller*

**Tuesday, January 16, 2018**

*Two presentation times offered:*

**10:00 am OR 7:00 pm**

@ Mills Community House-Upper Level  
Home of BPL, 891 Michigan Ave., Benzonia

### **Civil War (AD 1861 – AD 1865)**

From Abe Lincoln to "the littlest soldier of them all", presentation covers the time in our history that split this nation in two. Highlighting a Union drummer boy's life and the Michigan 22nd Infantry Regiment, this historical overview uses photography to show the people, places, and times that would change this country forever.



Maureen has been a Historyteller for 27 years in the Detroit area and is looking forward to bringing her love of Art and History to the Benzonia Public Library.

**Refreshments provided.**

**No charge for event, just come and enjoy.**

## Valentine's Day Couples

*By Maureen Esther, HistoryTeller*

**Tuesday, February 13, 2018**

*Two presentation times offered:*

**10:00 am OR 7:00 pm**

@ Mills Community House-Upper Level  
Home of BPL, 891 Michigan Ave., Benzonia

### **Valentine's Day Couples in History.**

Come and hear this special St. Valentine's Day lecture covering some of history's most interesting "not so famous" couples. Starting with ancient Egypt and ending in the 20th century, you will hear stories of unconditional love, loyalty, lust, and betrayal too!!

Explore this famous day of love through the "heart" of history.



# Donations

## When You Donate. . . You Make a Difference

Benzie Senior Resources is an independent 501c3 not-for-profit organization that depends upon donations to sustain our programs. We need your support to continue to provide caring and professional services to the seniors of Benzie County and the need is greater than ever as the population over the age of 60 rises and our traditional funding sources diminish. Your support, in any way or amount, helps us continue this important work!

When you make a donation to Benzie Senior Resources, you will be helping provide important services and programs to seniors in our county. Some of these services include Home Delivered Meals Program, Homemaking Services, Senior Center Operations, Educational Programs, Chore Service, Snow Removal and more. There are many other ways to contribute to Benzie Senior Resources, now and in the future, that may fit your interests.

**Tribute Donations:** Tribute gifts of any amount can also be made in memory of a loved one or in honor of an individual to commemorate a birthday, anniversary, end-of-year holiday or special occasion. Benzie Senior Resources will send a card acknowledging your gift to the one you have honored, or to surviving family members of the one you have remembered.

**Planned Giving:** As you prepare your legacy for your family and your community, please consider including Benzie Senior Resources as part of your plans. Please remember us in your estate planning or simply have your attorney add an addendum to your will. Your bequest to Benzie Senior Resources will benefit many seniors and help us to continue vitally needed services for years to come.

Your tax-deductible donation can and will make a world of difference in the life of an area senior citizen or disabled individual. You can be assured we will continue to be good stewards of your gifts. If you would like to designate your gift to a specific program or in memory of or honor of an individual, please tell us and we will do our best to meet your wishes.

If you have any questions, please feel free to call us at (231)525-0600 or toll free 888-893-1102.

### DONOR INFORMATION:

Name: \_\_\_\_\_

☐ Check here if you wish to remain ANONYMOUS

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

Make Checks Payable To: Benzie Senior Resources

*Benzie Senior Resources is an independent 501c3 not-for-profit organization. Gifts to Benzie Senior Resources are tax deductible under appropriate I.R.S. regulations. Consult your tax or legal advisor for details.*





# BENZIE

## SENIOR RESOURCES

10542 Main Street, Honor, MI 49640

Nonprofit Org.  
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Judy Polhamus answered the door in her “bear” feet, excited to get her Christmas bag!



231.525.0600 • [BenzieSeniorResources.org](http://BenzieSeniorResources.org)