

Diabetes Open House

Thursday, November 3, 4:30 - 6:30 pm

Presbyterian Church | 701 Westminster Rd. | Traverse City, MI

Join us for a **FREE**, informative event and learn more about living well with diabetes. Munson Medical Center's certified diabetes nurse and dietitian educators will be on hand to answer your questions.

- Learn about the newest products and educational resources
- View displays with the latest information on diabetes, nutrition, exercise, and medications
- Drop off leftover Halloween candy for U.S. troops serving abroad

This free event is sponsored by Munson Medical Center Diabetes Education and Northern Michigan Diabetes Initiative.

To learn more, visit munsonhealthcare.org/diabeteseducation or call **231-935-9227**.



Guest Speaker Kate Lilly, A1C Champions® on Taking Control

Houston native Kate Lilly was surprised by her diabetes diagnosis in 2007 despite a family history of the disease. Kate loves a challenge and soon began to see her diabetes as a positive thing. She learned to successfully manage it and became an A1 Champion,® encouraging others with diabetes. "Test often, eat well, and pay attention to what your body tells you," she says. Kate would love to meet you at this event.

A program by Sanofi. Presentation sponsored by Sanofi.

